

EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

JANUARY 2018 Volume 40, Issue 1



TRADITION ONE CHECKLIST

Our common welfare should come first; personal recovery depends upon AA unity.

- 1. In my AA program, am I a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
- 2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
- 3. Am I gentle with those who rub me the wrong way, or am I abrasive?
- 4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
- 5. Am I critical of AA activities as if I were superior for not participating in this or that aspect of AA?
- 6. Am I informed about AA as a whole? Overall, am I supportive of AA in every way possible, or only in the parts I understand and approve?
- 7. Am I as considerate of AA members as I want them to be of me?
- 8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
- 9. Do I go to enough AA meetings or read enough AA literature to genuinely keep in touch?
- 10. Do I share all of me with AA--the bad and the good--accepting as well as giving the gift of fellowship?

DISTRICT MEETINGS

District 1 meets the second Saturday of the month at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of the month at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at the Intergroup Office.

District 6 meets the first Saturday of the month at 10:00am at the Serenity Club.

SERVICE COMMITTEES

Intergroup Committee meets the 2nd Sunday of the month at the

Intergroup Office at 12:30pm.

District 50/51 Treatment Committee meets the 2nd Thursday at Park 40 at 7pm; includes Bridging the Gap.

First Step:

We admitted we were powerless over alcohol—that our lives had become unmanageable.

First Tradition:

Our common welfare should come first; personal recovery depends upon AA unity.

First Concept:

Final responsibility and ultimate authority for AA World Services should always reside in the collective conscience of our whole Fellowship.

First Step Prayer:

Dear God, I admit I am powerless over my alcoholism. I admit my life is unmanageable when I try to control it. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism.

UNITY NEWSLETTER

A monthly publication of East Tennessee Intergroup.

About, by, and for members of AA.

Opinions herein are not to be attributed to Alcoholics Anonymous.

Except when indicated, this publication does not imply endorsement by either AA or the Newsletter.

Delegates to the
General Service
Conference, April 24,
1972, agreed that the
use of full names and
addresses could
improve communication within the
Fellowship. We may use
full names for AA
service members.

To assure anonymity, it is requested that the Newsletter be kept within the Fellowship.

INTERGROUP MOBILE EVENTS

Appalachian Regional Roundup March 23-25, 2018

Second Quarterly Area 64 Assembly April 6-8, 2018

Is there an AA-related event you would like Intergroup to attend?
If so, please contact us:
865-522-9667 or manager @etiaa.org

MEETING ANNOUCEMENTS

West Knoxville: A new closed literature meeting will start January 25th at Ebenezer UMC, 1001 Ebenezer Road, Knoxville. The Tennessee Group meets on Thursdays at 6pm for fellowship and 7pm for the meeting.

South Knoxville: The Flat Iron has added two new meetings. Sunday at 1pm is a closed step study and Wednesday at 7pm is a 12&12 meeting.

Lenoir City: Amor y Servico is no longer meeting.

Greeneville: The Lunch Bunch Group has added a new closed women's meeting on Wednesdays at 7pm.

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

INTERGROUP SERVICE NEEDS

Office Volunteers:

Run the Intergroup office, answer the phone, sell big books and answer general questions.

Intergroup Reps:

Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Bring back the information to your groups.

12-Step Volunteers:

Respond to calls from alcoholics in need.

Email us at manager@etiaa.org; visit the website at ETIAA.org, or call us at 865-522-9667 to volunteer or to tell us of another service opportunity for publication here.

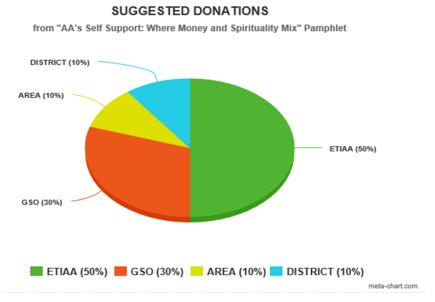
How can groups participate?

To help support A.A.'s essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of, for example: (rent, refreshments, A.A. literature, Grapevine literature, local meeting lists, G.S.R. travel expenses to attend service functions), and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following A.A. service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.
- The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Service Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordination of group activities; A.A. literature sales; institutions work; public information and cooperation with the professional community activities.
- A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A.'s literature; and supplies information and experience to professionals and others interested in A.A.

(Self-Support: Where Money and Spirituality Mix, www.aa.org/assets/ en_US/f-3_selfsupport.pdf)

7TH TRADITION SUGGESTED CONTRIBUTIONS



Every A.A. group ought to be fully self-supporting, declining outside contributions.

CONTRIBUTION ADDRESSES

ETIAA East Tennessee Intergroup of Alcoholics Anonymous 5833 Clinton Highway Suite #202 Knoxville, TN 37912 865-522-9667 www.etiaa.org

General Service Office Grand Central Station P.O. Box 459 New York, NY 10163 www.aa.org

Area 64 Assembly PMB #235 2479 Murfreesboro Rd Nashville, TN 37217-2554 www.area64assembly.org

District 1 Treasurer Stephanie H. 2213 Pendragon Rd Kingsport, TN 37660 District District 2 Treasurer PO BOX 1872 Johnson City, TN 37605

District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer Toby W. 1139 Denton Road Sevierville, TN 37862

District 6 Treasurer Richard B. 105 Mariner Point Clinton, TN 37716

Districts 50/51 Treasurer Ralph B. PO Box 27264 Knoxville, TN 37917

NOVEMBER GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to the Intergroup through your Seventh Tradition, would you check on your group's contribution at your next business meeting? Contributions are down roughly 25% versus this time last year. If your group has any concerns that need addressing, let us know. We would love the chance to address those and possibly attend your business meeting if desired.

	Nov 17 Ju	ll - Nov 17		Nov 17	Jul - Nov 17
4TH DIMENSION	0.00	666.00	LOUDON	0.00	150.00
AMOR Y SERVICO	0.00	60.00	LUNCH BUNCH- GREENE- VILLE	33.81	243.19
BACK TO BASICS- OAK RIDGE	0.00	97.00	MARYVILLE 12 STEP	0.00	60.00
BACK TO BASICS- SWEETWATER	50.00	50.00	MEMORIAL RECOVERY	0.00	50.00
BLOUNT COUNTY GROUP	0.00	125.00	MONROE COUNTY	50.00	132.00
		-	MORRISTOWN GROUP	0.00	2.39
COLONIAL GROUP	0.00	70.00	NEW BEGINNING- LOUDON	0.00	125.00
CONCORD GROUP	0.00	69.35	NORRIS CLINTON GROUP	0.00	89.00
CONTRIBUTION JAR	1.19	49.57	NORTH GATLINBURG GR	298.25	497.25
COOKIE GROUP	0.00	120.00	PHOENIX GROUP	0.00	235.80
COURAGE TO CHANGE	0.00	224.00	PRIME TIME	0.00	246.00
COVER TO COVER	133.00	133.00	RIVERSIDE GROUP	0.00	236.86
DISTRICT 50/51	30.00	150.00	ROCKFORD	0.00	40.00
FIRST THINGS FIRST-P40	0.00	507.08	SATURDAY MORNING SE- RENITY	0.00	500.00
FOUNTAIN CITY SERENITY	0.00	150.00	SERENITY IMPROVEMENT	0.00	100.0
GROUP WITH NO NAME	0.00	415.00	SERENITY SEEKERS	0.00	120.00
			SERENITY SISTERS	0.00	131.40
HAPPY DESTINY	300.00	500.00	SEYMOUR SHARING	0.00	450.9
HIGH NOONERS-P40	0.00	393.00	STEPS FORWARD	0.00	55.00
ICYPAA	0.00	120.20	TELLICO VILLAGE	0.00	120.00
Individual	0.00	42.00	TRI-STATE GROUP	0.00	71.1
JEFFERSON CITY UNITY	0.00	105.61	TRUDGING THE ROAD	66.81	66.8
KODAK- STEPS AND TRADI- TIONS	0.00	50.00	TURNIP PATCH	27.39	27.39
KODAK-BIG BOOK STUDY	0.00	50.00	WEST KNOXVILLE GROUP	0.00	189.7
KODAK GROUP	50.00	100.00	WORKING WITH OTHERS	0.00	100.00
LAFOLLETTE-THERE IS HOPE.	20.00	100.00		1,060.45	8.386.77

BIRTHDAYS

Sherman H.

1/18 37 years

ROCKFORD

Sharon S.

3 yrs 12/17/14

Steve G.

3 yrs 12/15/14

Doug K.

6 yrs 12/9/11

Sherry R.

2 yrs 12/15/15

Michael H.

1 yr 12/8/16

Chad Y.

1 yr 12/8/16

SEYMOUR SHARING

Smitty

3 yrs 1/2015

Steve L.

3 yrs 1/2015

Sandy P.

7 yrs 1/2011

AVAILABLE MEETING SPACE

Tillery Ridge Apartments near Clinton Highway and Merchants, would like to offer free meeting space. If you are interested, call Stacy at 865-688-4673.

Morningside Garden Apartments on Linden Avenue in East Knoxville by the old Intergroup Office has a community room available. Call Tonda at 865-637-3239 if interested.

1st Annual

Appalachian Regional

ROUNDUP

~Sobriety Is Not Enough~

Johnson City, TN

Holiday Inn Johnson City 101 West Springbrook Drive Johnson City, Tn. 37604

Dates- 03/23/2018 - 03/25/2018

Room Rate \$99.00

Rate cut off date March 2nd 2018 (Two breakfast vouchers per night 25.00 value) Available to the first 600 Call to book <u>1-423-282-4611</u>

Use Phrase "Appalachian Regional Round Up"

To receive discounted room rate

For Conference Information Call Tony L.

631-676-0662

or Email

P.I.Chair@appalachianregionalroundup.com

Make Check or Money Order Payable to (Round Up - Frankie Nunley) & Mail to: P.O. Box 7494 1001 N. Eastman Rd Kingsport, TN 37664

Pre-Registration is \$25.00 & \$30.00 At the Door Online Pre-Registration Available at www.appalachianregionalroundup.com Program
*Speakers Confirmed and Schedule Subject to Change

FRIDAY 03/23/2018 Mrs. Michael E. Of GA - 7:00PM - Topic Mr. Ralph W. Of CA - 8:30PM - Topic

SATURDAY 03/24/2018
Mr. Sheldon F. Of NV - 8:00AM - Steps 1&2
Mr. Bob D. Of NV - 9:30AM - Step 3
Mrs. Jennifer K. Of TX - 11:00AM - Steps 4&5
Mr. Lee S. Of TN - 1:45PM - Al-Anon
Mr. Ralph W. Of CA - 3:00PM - Steps 6&7
Mrs. Michael E. Of GA - 4:30PM - 8&9
Mr. Sheldon F. Of NV - 7:30PM - Topic &
Countdown

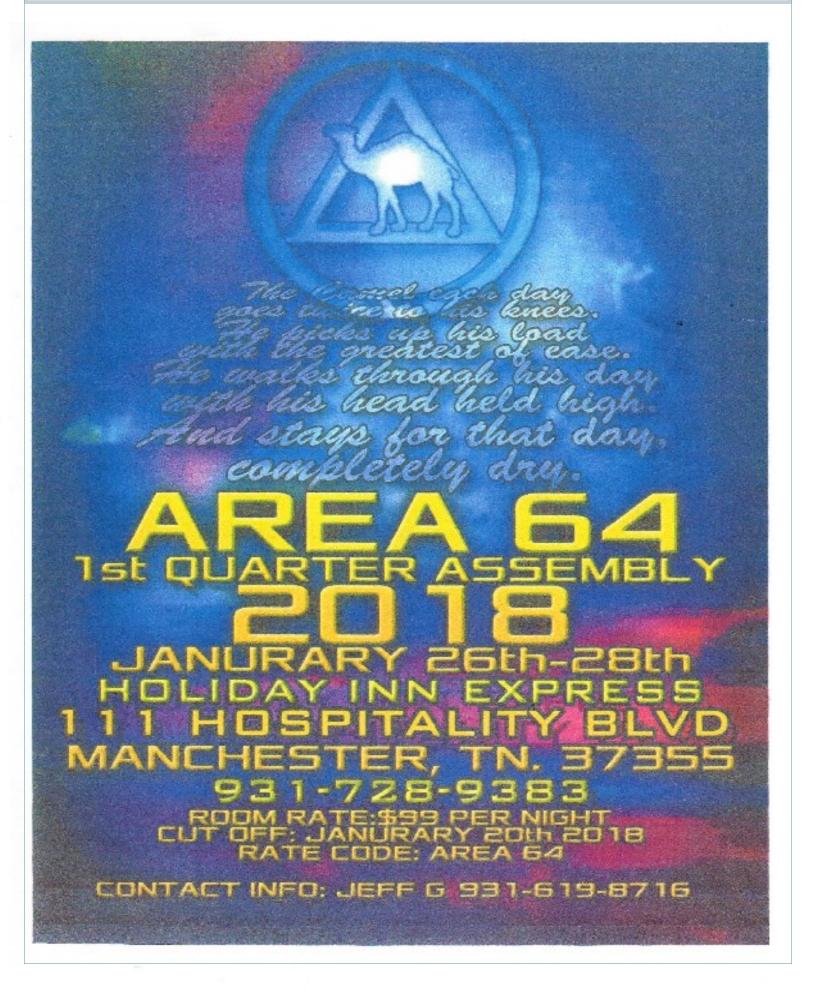
SUNDAY 03/25/2018 Mrs. Jennifer K. Of TX- 8:15AM - Steps 10&11 Mr. Bob D. Of NV - 9:45AM - Step 12

Round Up T-Shirts are \$12.00 or 2 for \$20.00 & Will Be Available for Pick-Up Upon Arrival.

Sizes May Be Limited On Site.

1st Annual	- Appalachian	Regional	Roundup -	Johnson	City,	ΤN

Name:			Name:		
Address:			Address:		
City:	State:	Zip:	City:	State:Zip:	
Phone:	Email:		Phone:	Email:	
Name On Badge:			Name On Badge:		
Number of T-shirts:	Size(s):		Number of Registrations:	Total:	



SECOND QUARTER ASSEMBLY INFORMATION

INTERGROUP WANTS NEEDS

We would love a full-sized refrigerator in the IG office.

If you have items to contribute, please call us during business hours at 865-522-9667.

SUBMIT

Would you like to submit something for the newsletter? We encourage all appropriate submissions. Email us at manager@etiaa.org

SUNLIGHT OF THE SPIRIT

2ND QUARTER AREA 64 ASSEMBLY

APRIL 6-8, 2018

EDGEWATER HOTEL

402 RIVER ROAD

GATLINBURG, TN 37738

FOR RESERVATIONS CALL:

865-436-4151 or

800-423-9582

HTTPS://EDGEWATER-HOTEL.COM/

ROOM RATE: \$98 PLUS TAX
HOTEL REQUIRES FIRST NIGHT DEPOSIT

CUTOFF DATE: MARCH 6TH, 2018

GROUP CODE:

TN AREA ASSEMBLY 2018

FOR MORE INFORMATION CALL

CHARLIE C AT 865-679-7906



DECEMBER INTERGROUP MINUTES

Open with Serenity Prayer

Attendees: Joni Q., Rebekah R., Jacque H., Jim M., Fawn L., Annie B., Trent W., Lisa F., Michelle M. Mike A., David C., Shelley M., Robert G., Nick T., Louie G.

Prior Meeting Minutes: November Minutes approved

Intergroup Manager's Report: Rebekah R.

501c3 status retroactively reinstated.

Accountant search update. Steve P. has offered to do monthly review of books at \$25/hour.

Pricing information on medallions presented.

Treasurer Report: Jim M.

Profit and Loss: FYTD has 2 months of positive net income, 3 months of negative net income for a total of -\$2459.02. We will need to tap the prudent reserve to meet December bills.

Profit and Loss: Comparison of 2017 with 2016 YTD is at -187.5%. To remain solvent, we need to decrease spending and increase income. Group contributions are still below previous levels.

Hot Line: Jacque H.

Coverage is needed for 5 PM Dec. 22 through 9 AM Dec. 27. Hours of coverage are expected to be distributed over several operators.

Office Service Workers: Annie B.

Two new people nearly ready to be placed on shifts; more still needed.

The "Square" for transaction recording is the hardest part of the training.

Website: Shelley M. Event information is available on the web site but needs to be submitted in PDF format.

Archives: Annie B.

Looking for containers in which to store the tape cassettes.

Accessibilities: Need chairperson

Spanish Speaking Liaison: Need chairperson

CPC/PI: Need chairperson

Corrections: Lisa F.

The conference in St. Louis had over 400 attendees. Next year will be in northeast.

Cocke County certification was attended by 7 persons who are waiting for their certification cards.

carus

Outreach: Needs chairperson.

Old Business

By-Laws Review. The last review was in 2015. Joni Q. appointed a committee of Mike A., David C., Robert G., and Trent W. to review current bylaws and suggest changes to correct new procedural problems.

New Business

Alkathon being held 6:45 PM Dec. 24 through 3 PM Dec. 25 will be at the Park 40 West Club. Still needed are hosts for some of the late hour slots and snack foods for the night hours.

Chips

Motion carried to keep medallion prices unchanged. Opposing votes were based on the potential loss of revenue from on-line purchases.

Motion carried to add the month to future orders of chips, change the orange chips to "visitor" chips and to purchase purple chips for 2 months. 18 month medallions are now available.

Accountant. Motion carried to fund accountant review of books at \$25/hour.

Motion carried to approve transfer of \$1000 from prudent reserve to checking.

Officers Elected for next term starting in January 2018

Officers Committee Chairpersons
Chair Joni O.

Hotline Jacque H.
Outreach Nick T.

Co-Chair Mike A.

Website Shelley M.

CPC/PI Robert G.
Treasurer Fawn L.

Archives Annie B.

Treatment Michelle M.

Secretary Mark R
Corrections Lisa F.
Spanish Liaison OPEN

Accessibility Trent W.

Closed with the Serenity Prayer

Next Meeting: Sunday, January 14, 2018 at 12:30pm.

DECEMBER DISTRICT 4 MINUTES

4 December 2017 @ 2:00pm

Happy Destiny II

325 Whitecrest Road, Maryville TN 37801

Attendees:

Charlie C.

Debbie H.

Rebekah R.

Toby W.

Al H.

Ed H.

Ralph J.

Carroll M.

Susan N.

Johnny H.

Charlie C. opened the meeting with *The Serenity* Prayer

12 Traditions were read

Secretary's Report: Johnny H. stated there was no minutes taken at the November meeting.

Treasurer's Report: Toby W. Reported on current District 4 financial status. (I could not hear the numbers will need to get hard copy in the future). Toby suggested the district obtain a post office box. Charlie sembly. New delegates were elected including John asked what a P.O. Box would cost. The idea was tabled until next meeting.

Group Reports:

Debbie H. Past GSR-"Happy Destiny II Group" – Mike T. was elected new GSR for the group but not in attendance today. 7am meeting attendance is very good; Thanksgiving dinner went well. A Christmas dinner is planned as well. Saturday night Speaker Meeting starting at 7:30pm needs support.

Toby W. GSR "The Riverside Group"- Newly elected officers will take over 1 January. Attendance is good. Noon meeting attendance is up significantly.

Johnny H. GSR- "Rockford Fellowship Group" -Newly elected officers will assume respective responsibilities 1 January however the GSR officer is unfilled as of this writing. Thanksgiving dinner went very well. Christmas dinner is planned as well. Flyer is in the newsletter and on the Intergroup calendar. Al H. GSR – "Down on the River Group" – Alan is the new GSR. Other positions filled include Alt. GSR, Secretary and Treasurer. Budget is in place. Checks were written to District, The second quarter Assembly, Intergroup and GSO. Attendance on Sunday is up to 40-50 every week.

Rebekah R. GSR- "The Colonial Group"- Attendance steady. Eric L. will assume GSR responsibilities 1 January.

Leslie O. - "North Gatlinburg Group" - doing good attendance picking up

Ed H. GSR "Pigeon River Group" Ed announced he is the newly elected GSR for the group.

Carol M. GSR "North Gatlinburg Group"- group continues to have many out of town visitors. First Friday speaker meeting continues to do well.

Susan N. - GSR "Daily Reprieve Group" The group on Monday at 7pm at the First Baptist Chuch in Maryville. They added a new meeting on Thursdays at 7pm at the Rockford Club. This is a Big Book study. Attendance at both meetings is good. Please come on out to support both meetings.

Old Business:

Second Quarter 2018 Spring Assembly will be in Gatlinburg

Dates: April 6,7,8

New Business

Debbie H is the newly elected DCM for District 4; Charlie C. is the elected alternate DCM

Rebekah R. attended to Fourth Ouarter Voting As-**Philips**

Ralph J. – "Area 64" representative brought copies of the Second Quarter Assembly in Gatlinburg Draft Agenda. Further vetting of the Agenda will be done before it is released for press.

Marian (?) will be the guest speaker at the Assembly. Carmen (?) will translate for Spanish speaking attendees.

Toby W. will obtain additional copies of the Assembly Flyer and approved Agenda.

"Intergroup Report" - Rebekah R. reports contributions to Intergroup are down 25% when compared to last year at this time.

The 'Chip System' is changing. 60 day chips will be Purple; visitor chips Orange; Resentment chips Black The new Meeting Guide App is being used quite a bit

Toby W made a motion to adjourn.

Meeting closed with the Lord's Prayer. Next meeting will be 07 January 2018, 2pm at Happy Destiny 2

Respectfully submitted, Johnny Hart District 4 Secretary

DECEMBER DISTRICT 50/51 MINUTES

3 December 2017

Attending: Trey M. DCM 51; Caitlin F. DCM 50; Frankie R. Corrections Chair; Paul W. CPC/PI Chair; Sandra Grapevine Justin M. ETYPAA; Pam H. GSR First Things First; Karen S. Treatment Chair; Karen C. Archives Chair; Robin G. Area 64 Treatment Chair; Scott S. GSR Phoenix Group; Jerry H. Incoming DCM 50; Louie visitor

Opened: Trey M. Opened at 6:34pm with a moment of silence and Serenity Prayer; Paul W. read the 12 Traditions.

Previous Minutes: motion to accept; seconded; passed

DCM 51 Report: (Trey M.) Passed budget for next year at Assembly. Jon P. is new Delegate; Shane S. is Alt. Delegate; Shannon C. Chairperson; Jimmy W. Secretary; Caitlin F. Alt. Secretary; Patrick W. Treasurer; Meredith Alt. Treasurer.

DCM 50 Report: (Caitlin F.) Visited New Path; good meeting; did great job putting on the Christmas Party; Have 3 new meetings in South Knox - unsure if all are "A.A." I have been informed that a couple of them may not be. Will help in-coming DCM to take on. Motion at last Assembly to take out "Grey pages"/ "Alcoholism at Large" in Grapevine- please take this back to groups and ask what we want to do. This group also motioned to ask the Twelve Concepts into the Grapevines, passed at Area level - will be taking this to Conference in 2018.

CPC/PI: (Paul W.) WATE TV PSA will air late night channel 6 starting now; Will start the online PSA Dec 15th - Jan 15th.

Archives: (Karen C.) has asked to step down from Archives and would like someone to step up and take this position; is attempting to digitize the flyers for the events; keeps group histories - digitizes histories and sends to state archives.

Corrections: (Frankie R.) Always taking applications; unable to expand into a juvenile detention. Must have 1 year; it usually takes about 9 months to get authorization to take meetings into jails; please call Frankie R. for more information - (813)486-3085

Grapevine: (Sandra) - Needs help getting word out about Grapevine. Suggestions to get in touch with East, Middle, West connected.

Treatment (Karen S.) Still taking in meetings to Mandela House/Bradford/Centerpoint/Great Starts; Meet 2nd Thursday of the month P40 Blue Room at 7pm. Treatment workshop went really well; about 25 people there; lots of interest especially brought interest into CPC to help with treatment facilities.

Events: Justin & Louie - ETYPAA will have 3rd Annual Alcathon; Location: Park 40; Time: Christmas Eve until Christmas Day. Sponsored by ETYPAA; put on by local groups. Call Louie at (865) 973-1219 or Justin at (208) 521-4242

Treasurers Report: (Ralph B.) Current balance: \$854.58 (\$500.00 for PSA not cleared)

Announcements/Group News:

Old Business: no old business

New Business: Motion to give Intergroup \$30 for rent. Seconded. Passed.

Motion to increase the quarterly distribution for DCM expenses to \$300/DCM. Seconded Passed.

Motion to purchase all standing committee kits. Seconded. Passed.

Jon P Area 64 Delegate wants to do a pre and post conference in 2018.

EAST TENNESSEE INTERGROUP UNITY

NEWSLETTER

5833 CLINTON HIGHWAY SUITE 202 KNOXVILLE, TN 37912

24/7 HOTLINE 865-522-9667 Manager@etiaa.org ETIAA.ORG



NEWSLETTER SUBSCRIPTION

If you would like the newsletter mailed to your home, please fill out the form to the left and mail it to the address shown below. Include \$5.00 for a one-year subscription.

ETIAA

5833 Clinton Highway Suite 202 Knoxville, TN 37912

Or sign up at ETIAA.org for a free emailed copy.

JANUARY 2018

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