

MAY 2018 Volume 42, Issue 5



Fifth Step:

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Fifth Tradition:

Each group has but one primary purpose – to carry its message to the alcoholic who still suffers

Fifth Concept:

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Fifth Step Prayer:

Higher Power, thank You for helping me complete my housecleaning. I can now look the world in the eye. I can be alone at perfect peace and ease. My fears have fallen from me. I have begun to feel Your nearness. I have begun to have a spiritual experience. I feel I am on the Broad Highway, walking hand in hand with the Spirit of the Universe.

Practice These Principles....

Tradition Five CHECKLIST:

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- 2. Am I willing to explain firmly to newcomers the limitations of AA help, even if they become angry because I don't provide them loans?
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- 4. Am I willing to twelfth-step the next newcomer regardless of who it is or what is in it for me?
- 5. Do I help my group in every way I can to fulfill our primary purpose?
- 6. Do I remember that AA old-timers too can be alcoholics who still suffer? Do I try both to help them and to learn from them?

DISTRICT **MEETINGS**

District 1 meets the second Saturday of the month at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of the month at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at the Intergroup Office.

District 6 meets the first Saturday of the month at 10:00am at the Serenity Club.

SERVICE COMMITTEES

Intergroup Committee meets the 2nd Sunday of the month at the Intergroup Office at 12:30pm (3rd Sunday for May 2018).

District 50/51 Treatment Committee meets the 2nd Thursday at Park 40 at 7pm; includes Bridging the Gap.

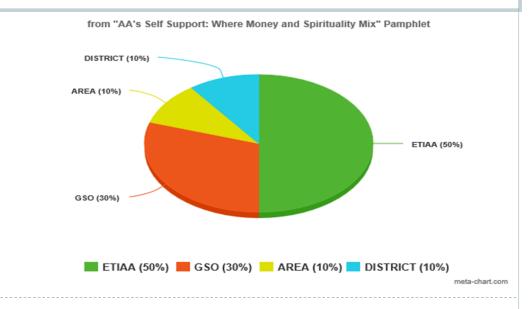
How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support: Where Money and Spirituality Mix. Go to www.aa.org/assets/en_US/f-3_selfsupport.pdf].

7 TH TRADITION SUGGESTED CONTRIBUTIONS



Every AA group ought to be fully self-supporting, declining outside contributions.

CONTRIBUTION ADDRESSES

ETIAA East Tennessee Intergroup of Alcoholics Anonymous 5833 Clinton Highway Suite #202 Knoxville, TN 37912 865-522-9667 www.etiaa.org

General Service Office Grand Central Station P.O. Box 459 New York, NY 10163 www.aa.org



2500 Murfreesboro Pike Suite 105 Box 235 Nashville, TN 37217 www.area64assembly.org District 1 Treasurer Stephanie H. 2213 Pendragon Rd Kingsport, TN 37660 District

District 2 Treasurer PO BOX 1872 Johnson City, TN 37605

District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer PO Box 264 Alcoa, TN 37701

District 6 Treasurer Richard B. 105 Mariner Point Clinton, TN 37716

Districts 50/51 Treasurer PO Box 27264 Knoxville, TN 37917

UNITY NEWSLETTER

A monthly publication of East Tennessee Intergroup.

About, by, and for members of Alcoholics Anonymous (AA).

Opinions herein are not to be attributed to AA.

Except when indicated, this publication does not imply endorsement by either AA or the Newsletter.

Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members.

To assure anonymity, it is requested that the Newsletter be kept within the Fellowship.

Service Work Opportunity

Hay House, Kingsport, TN

Volunteers must have:

- 3-6 months (with sponsor)
- 6 months (no sponsor required)
- 1 year to chair

Meetings will start in May.

Please contact Cindi at 423-791-8441

Meetings will be:

o Men: Tuesday - 6:00 to 7:00

o Women: Wednesday - 6:00 to 7:00



MOBILE INTERGROUP

District 3 Picnic May 20, 2018 Panther Creek State Park

Great Smoky Mountain Recovery Campout May 26, 2018 Greenbriar Campground

Summer Splash Picnic June 10, 2018 Watauga Point Recreation Area

Is there an AA-related event you would like Intergroup to attend? If so, please contact us: 865-522-9667 or manager@etiaa.org

MEETING ANNOUCEMENTS

Sevierville: Wears Valley has added a Tuesday night meeting at 7:30pm.

Johnson City: GRITS has moved from REBOS to Watauga Presbyterian.

Greeneville: A new discussion meeting has started on Wednesdays at 7pm at Eastview Rec Center.

No Longer Meeting: Primary Purpose at First Presbyterian in Morristown and Big Book Study at the Remax Building in Kingsport.

Tellico Village: Sisters in Sobriety, a new, closed, 12&12 women's meeting, has started at the Community Church of Tellico Village on Fridays at 11:30am, Room 1A.

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

INTERGROUP SERVICE NEEDS

Office Volunteers:

Run the Intergroup office, answer the phone, sell big books and answer general questions.

Intergroup Reps:

Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Bring back the information to your groups.

12-Step Volunteers:

Respond to calls from alcoholics in need.

Email us at manager@etiaa.org, visit the website at ETIAA.org, or call us at 865-522-9667 to serve.

MARCH GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to Intergroup through AA's Seventh Tradition, would you check on your group's contribution at the next business meeting? If your group has any concerns that need addressing, let us know. If desired, we would love the chance to address them and possibly attend your business meeting.

	Mar 18 Jul '17 - Mar			Mar 18 Jul '17 - Mar 18	
4-WAY GROUP	0.00	25.00	LOUDON	100.00	250.00
4TH DIMENSION	0.00	1,685.00	LUNCH BUNCH- GREENEVILLE	0.00	351.53
501 Group	0.00	60.00	MARYVILLE 12 STEP	94.40	154.40
AMOR Y SERVICO	0.00	60.00	MEMORIAL RECOVERY	0.00	100.00
BACK TO BASICS- OAK RIDGE	0.00	97.22	METRO GROUP	0.00	750.00
BACK TO BASICS-SWEETWATER	0.00	180.00	MONDAY NIGHT MEN'S	0.00	250.22
BIG BOOK RECOVERY	0.00	157.88	MONROE COUNTY	0.00	152.12
BLOUNT COUNTY GROUP	0.00	125.00	MORRISTOWN GROUP	0.00	2.39
COLONIAL GROUP			NEW BEGINNING- LOUDON	0.00	350.00
	0.00	120.00	NEWPORT GROUP	0.00	20.00
CONTRIBUTION IAB	0.00	69.35	NORRIS CLINTON GROUP	0.00	164.00
CONTRIBUTION JAR	5.86	80.93	NORTH GATLINBURG GR	0.00	806.00
COOKIE GROUP	240.00	480.00	PHOENIX GROUP PRIMARY PURPOSE-	0.00	235.80
CORRECTIONS DIST 2	0.00	0.25	OAK RIDGE	201.05	201.05
COURAGE TO CHANGE	0.00	224.00	PRIME TIME	0.00	346.00
COVER TO COVER	0.00	133.00	RIVERSIDE GROUP	0.00	467.00
DISTRICT 50/51	30.00	300.00	ROANE COUNTY UNITY	0.00	100.00
FIRST THINGS FIRST-P40	0.00	833.12	ROCKFORD	50.00	90.00
FLATIRON	0.00	0.89	SATURDAY MORNING SERENITY	0.00	1,100.00
FOUNTAIN CITY SERENITY	0.00	300.00	SERENITY IMPROVEMENT	0.00	300.00
FREE AT LAST	0.00	50.00	SERENITY SEEKERS	0.00	120.00
GROUP WITH NO NAME	0.00	644.00	SERENITY SISTERS	0.00	277.40
HAPPY DESTINY	160.00	900.00	SEYMOUR SHARING	0.00	718.91
HAPPY HOUR	0.00	500.00	SOBER PRIDE	0.00	200.00
HEART TO HEART	0.00	1,000.00	SOBRIETY SOCIETY- SO-SO	0.00	42.50
HIGH NOONERS-P40	0.00	393.00	STEPS FORWARD	0.00	110.00
ICYPAA	0.00	120.20	TELLICO VILLAGE	0.00	180.00
Individual	166.50	741.27	TRI-STATE GROUP	0.00	73.41
JEFFERSON CITY UNITY	61.71	167.32	TRUDGING THE ROAD	0.00	66.81
KODAK - BIG BOOK STUDY KODAK - STEPS AND TRADI-	0.00	100.00	TURNIP PATCH	0.00	57.39
TIONS	0.00	100.00	WEST KNOXVILLE GROUP	0.00	481.19
KODAK GROUP	50.00	150.00	WORKING WITH OTHERS	0.00	200.00
LAFOLLETTE-THERE IS HOPE	20.00	180.00		1,179.52	18,695.55

SUBMIT

Would you like to submit something for the Newsletter? We encourage all appropriate submissions. Email us at:
Manager@etiaa.org

We are on
Facebook.
ETIAA has a
private FB group.
If you would like
to join, call the
Intergroup Office
at 865-522-9667
and we will add
you to the group.

APRIL INTERGROUP MINUTES

Intergroup Minutes April 15, 2018

Open with serenity prayer

Attendees: Rebekah R, Mark R,
Shelly M, Nick T, Fawn L, Shannon
C, Lisa F, Jacque H, Anne B, Barbara S, Steve T

Prior Meeting Minutes:

Accepted March Minutes

Intergroup Manager Report: Rebekah R

Mobile IG update
ARR Over \$2000.00 in sales
2Q Assembly \$1200.00 in sales
CH Dinner \$300.00 in sales
Upcoming Events
District 3 Picnic, May 20
GSMRC, May 26
Summer Splash Picnic June 10

Tablet Died Looking into replacing it

MI Coordinator Suggest we have a coordinator for Mobile Intergroup Wifi for transactions in the field, maybe a cell phone

Newsletter Coordinator, Shellie is willing to take over the newsletter, will start this week

ICOAA Montreal Will research, ball park guess of \$1500.00

Ripple Effect Book, second book after drop the rock

Potential Workshops

Service Work Fair

Roadmap to Recovery

Treasurer Report: Fawn L

Accountant Update See Reports
Financially sound
Look into breaking out MI sales on
financial report

Hotline: Jacque H

Hotline Workshop Report:

Projector would have been good to have to show a slide show and look at the website

Volunteers will work on getting the

12 step list updated

Office Service Workers: Annie B

Need a worker Friday afternoons, Annie will do it until filled

Archives: Annie B

Biggest issue with archives and tapes is anonymity, have to make sure no last names

Website: Shelley M

2200 visitors in March, about2 minutes on site, most come from internet search

Accessibilities: Need Chair

Spanish Speaking Liaison:

Need Chair

Treatment: Michelle M

In Texas-Nothing to report

CPCPI: Robert G

Corrections: Lisa F

Cocke county jails going very well, 10-15 women attending meetings, still working on Jefferson County jails.

Attending district 3 picnic with mobile intergroup

Have book available for those going into jails

Outreach: Nick T

Went to district 3 meeting to get the word out, going to visit groups to get the word out too

Old Business:

Bylaws Revision Tabled

New Business:

Motion to reimburse Jacque \$72 for Hotline Workshop Passed Motion to carry Ripple Effect

Passed

Motion to authorize \$1500.00 for office manager convention Passed

Close with Prayer

Next meeting: 20 May 2018

DISTRICT 50/51 MINUTES

District Meeting

2 April 2018

Attending: Robin G. DCM 51; Jerry H. DCM 51 Trey M. PI Chair Area 64; Marybeth P. GSR Group with No Name; Jacque H. GSR The Tennessee Group; Caitlin F.; Karen C. Alt. DCM 51; Sandra B. Grapevine Chair; Paul CPC PI Chair & GSR So-So; Krisa GSR 4th Dimension; Katie J. GSR Cookie Group; Frankie R. Corrections Chair, Rick B. GSR Sat. Morning Big Book Study; Nicole C. GSR Serenity Sisters; Pam H. GSR 1st Things 1st; Angela Lister GSR Free at Last

<u>Opened:</u> Robin G. Opened at 6:30pm with a moment of silence and Serenity Prayer; Marybeth P. read the 12 Traditions.

<u>Previous Minutes:</u> Motion to dispense reading the minutes; seconded; passed. Motion to accept the minutes as written, seconded. Passed.

<u>DCM 51 Report:</u> (Robin G.) Passed around form to be signed to show support of assembly hosted by the districts. The delegates pre-conference report went well and was very informative. He will give another report at the upcoming assembly in Gatlinburg. Making firm BID at upcoming assembly for 1st quarter 2019.

<u>DCM 50 Report:</u> (Jerry H.) Made round-up in Johnson City. Second round-up already scheduled. Our Intergroup showed up with mobile Intergroup and did really well. Going to second quarter assembly in Gatlinburg this coming weekend. Extended version of District when Area 64 gets together.

<u>CPC/PI:</u> (Paul W.) No news. Contact knoxaa-info@gmail.com

<u>Archives:</u> (Karen C.) Handing out group histories from groups. She would be glad to come to your meeting.

<u>Corrections:</u> (Frankie R.) Applications located at Intergroup. Can email, but request it be emailed back to him. Must have 1 year; it usually takes about 9 months to get authorization to take meetings into jails; class required before going into the jails; please call Frankie R. for more information.

<u>Grapevine:</u> (Sandra) – Tried to announce at groups to have a Grapevine representative. Looking around for ideas to get information about Grapevine out to members. A rep at group level would announce Grapevine, tell what it is and how to get a subscription, and how you can submit stories. Groups can order subscriptions for about \$30/year.

Treatment: (Emily) Not present; need people to volunteer & show up to monthly meeting. Paul standing as new Centerpoint lead; Still taking in meetings to Mandela House/ Bradford/ Centerpoint/Great Starts; Meet 2nd Thursday of month P40 Blue Room at 7pm. Thought about changing meeting day. No requirements to go into meeting; 6 months to chair; 1 year to share your story. Would like 6 month commitment.

Events: (Leigh C.) Not present; 1st Quarter Assembly 2019 to be hosted by Knoxville Districts 50&51 IF firm bid accepted by Area 64. Needs: financial, volunteers, planning.

<u>Treasurers Report:</u> (Ralph B.) Not Present Current balance: \$869.83 in checking. Motion to accept report. Seconded. Passed. Discussion about Alt. Treasurer.

Bridging the Gap: (John) Not present (865) 272-9526 and email address is BTGK5150@gmail.com

Announcements:

Assembly this weekend.

Jacque H. – Hotline and 12th Step List Workshop coming up for Intergroup April 17th

Old Business:

Caitlin F. – returns \$18.50 from a previous assembly.

Motion to utilize \$18.50 returned and additional contributions given from table to purchase 6 Big Books for adolescence at Kingston Academy. Second. Passed.

New Business:

Past recommendation is to replace any chair that misses 3 meetings in a row, but considering the circumstances and the fact that he has continued to communicate and send reports, most are inclined to continue to let him serve, but add an alternate.

Motion to let Ralph continue as current Treasurer and let Nicole stand as Alt. Secretary. Seconded. Passed. Nicole is our new Alternate Treasurer.

Motion for Karen to create a list for standing chairs to be distributed at the next district meeting. Seconded.

Motion to pay rent to Intergroup for \$30. Seconded. Passed.

Motion to adjourn. Seconded. Passed.

AVAILABLE MEETING SPACE

BIRTHDAYS

MARYVILLE
12 STEP

Howard B 38 yrs

Christina C 13 yrs

Richard B 26yrs

Howard H 7 yrs

David M 5 yrs

Steps House Recovery Central Clubhouse at 808 Sevier Avenue has open meeting space for any 12 step fellowship or events . Call Don 865-243-6530. \$25 per month.

Tillery Ridge Apartments, near Clinton Highway and Merchants, would like to offer free meeting space. If you are interested, call Stacy at 865-688-4673.

Morningside Garden Apartments on Linden Avenue in East Knoxville by the old Intergroup Office has a community room available. Call Tonda at 865-637-3239 if interested.

The new location of Ridgepoint Church in Joyner, TN has space available. If interested please contact Chris at chris@ridgepointchurch.net

PRIMARY PURPOSE GROUP OAK RIDGE, TN

Karen D 43 yrs

Barbara W 35 yrs

Jack P 32 yrs

Jeff C 17 yrs

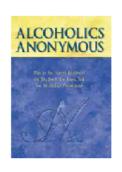
Paula M 4 yrs

Diane D 4 yrs



JOIN US FOR THIS ONE DAY EVENT

JOURNEY THROUGH THE FIRST 164 PAGES OF THE BIG BOOK OF ALCOHOLICS ANONYMOUS



Presented in the spirit of Joe M. and Charlie P. from the Big Book Comes Alive.

Presented by Chris B. (Murfreesboro, TN) Daniel T. (Murfreesboro, TN)

FREE LUNCH, SNACK & REFRESHMENTS

SATURDAY MAY 26 (9AM - 6PM)

Sponsored by



Fellowship United Methodist Church 2511 TN-99 Aurfreesboro, TN 37128

Contact Chris B. (615) 900-4688



Area 64 3rd Quarter 2018 Assembly
July 13-15-2018
Hilton Memphis
939 Ridge Lake Blvd.
Memphis, TN 38120
\$119.00 + Tax

Cut Off Date: June 13, 2018
For Reservations call 901-684-6664
Group Code: QA0713
OR go To Link Below:

http://www.hilton.com/en/hi/groups/personalized/M /MEMPHHF-QA0713-20180713/index.jhtml?WT.mc_id=POG

Directions- From Nashville: I-40 West: Keep left to stay on I-40 W: Use the middle 2 lanes to take exit 10 A for I-240/Jackson Miss: Merge onto I-240 W: Exit onto US-72 E/Poplar Ave: Continue on US-72 E/Poplar Ave. Turn Left on Ridgeway Center Pkwy: Hilton Memphis 939 Ridge Lake Blvd, Memphis, TN 38120

For More Information Contact Larry K. @ 901-849-8701

The I am Responsible Group of Mountain City will hold its 7th annual





Sundets), June 10, 2018 10:00 et.ms, ambil 777

At Weitewast Point Recrestion Ares

Speaker: Dale C. From Boone, NC At 1:00 p.m.

Food will be served at 12:00 p.m.
Hamburgers and hot dogs will be provided.
Bring your own soft drinks
and a favorite side dish to share.

Friends and family welcomed!

We will be set up at the covered shelter in the park.
Bring your kayak, boat, bathing suit, towel,
beach blanket, lawn chair, and sunscreen,
and be ready for lots of fun and fellowship – rain or shine.

For more information call Chuck @ (423) 957-0171

Directions:

Watauga Point Recreation Area is on beautiful Lake Watauga off Highway 321, approximately 4 miles west of Butler Memorial Bridge. (toward Hampton and before you get to Shook Branch Beach.)

2019 ASSEMBLY HOST COMMITTEE

"I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that:

I am responsible. "

FIRST MONDAY OF EVERY MONTH BEFORE DISTRICT MEETING INTERGROUP OFFICE 5:30 PM

NOTE: Date and time of host committee meetings could change. Call for questions.

Committees Needed:

- 1. Contribution
- 2. Hospitality
- 3. Volunteers
- 4. Entertainment
- 5. Coordination
- 6. Coffee
- 7. Registration
- 8. Treasurer

For more information, call: Robin G.: (865)438-3571 Caitlin F.: (865)548-1114



64™ Great Smoky Mountain Recovery Campout



MAY 25TH, 26TH, 27TH 28TH 2018 POT LUCK DINNER MAY 26TH @ 5PM SPEAKERS: TODD H. @ 7PM







AA Meetings 11am and 8 pm Daily Al-Anon Meetings Sat and Sun 9:30 am (All Meetings are Open)

Food - Fun - Fellowship

E-Mail GSMRC-GERENBEIRE@GMAIL.COM MG TOBY W. 665-654-5884 GREENBRIER CAMPGROUND 5406 PITTMAN GENTER RD, PITTMAN CENTER, TN 37836 CALLY GREENBRIER CAMPGROUND TENT/RV RESERVATION 865-430-7415

Follow us on Facebook! **III** GSMRCgreenbrier



EAST TENNESSEE INTERGROUP UNITY

NEWSLETTER

5833 CLINTON HIGHWAY SUITE 202 KNOXVILLE, TN 37912

24/7 HOTLINE 865-522-9667 Manager@etiaa.org ETIAA.ORG



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MAY 2018

PLACE STAMP

HERE