

# EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



January 2019  
Volume 43, Issue 1

## **Step One:**

*“We admitted we were powerless over alcohol—that our lives had become unmanageable.”* Who cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of Providence can remove it from us.

*Twelve Steps & Twelve Traditions*, page 21. Copyright © 1981 Alcoholics Anonymous World Services, Inc.

## **First Step Prayer**

Dear Lord, Help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism. (This prayer is developed from the chapter, *More About Alcoholism*)



## **DISTRICT MEETINGS**

**District 1** meets 11 a.m. on the second Saturday at the Renaissance Center, Kingsport, TN.

**District 2** meets the second Thursday of the month at 6:30pm at the Mountain Home VA in Johnson City.

**District 3** meets the first Sunday of the month at 12:30pm at the Morristown Group.

**District 4** meets the first Sunday at 2:00pm at Happy Destiny .

**District 50/51** meets the first Monday of the month at 6:30pm at the Intergroup Office.

**District 6** meets at 10:00am the first Saturday of the month at the Serenity Club.

## **SERVICE COMMITTEES**

**Intergroup Committee** meets at 12:30pm on the 2nd Sunday of the month at the Intergroup Office.

**District 50/51 - Treatment Committee** meets at 7:00pm on the 2nd Thursday of the month at Park 40; includes Bridging the Gap.

**Tradition One:** Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward. *The Twelve Traditions Illustrated*. Copyright © 1971 Alcoholics Anonymous World Services, Inc.

**Tradition One Checklist:**

1. Our common welfare should come first; personal recovery depends upon AA unity.
  2. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other member's inventories?
  3. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
  4. Am I gentle with those who rub me the wrong way, or am I abrasive?
  5. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
  6. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
  7. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
  8. Am I as considerate of AA members as I want them to be of me?
  9. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
  10. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
  11. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of the fellowship?
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**Concept One:** The final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship. *The Twelve Concepts for World Service Illustrated*. Copyright © 1986 Alcoholics Anonymous World Services Inc.

**Concept 1 Checklist:**

1. Does our group have a general service representative (G.S.R.)? Do we feel that our home group is part of A.A. as a whole and do our group's decisions and actions reflect that?
2. Do we hold regular group conscience meetings encouraging everyone to participate?
3. Do we pass that conscience on to the district, area, or the local intergroup meetings?
4. Is the "collective conscience" of Alcoholics Anonymous at work in my home group? In my area?
5. Where do we fit in the upside-down triangle of A.A.?
6. Are we willing to do what it takes to insure that our democracy of world service will work under all conditions?

## UNITY NEWSLETTER

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

### NEW MEETING

**Group:** Steps to Freedom

**Location:**

107 Paint Rock Ferry Rd.  
Kingston, TN 37763

**Day/Time:** Monday - 7 pm

\*\*Open Meeting

**Contact:** (865)730-6628

### BIRTHDAYS

Primary Purpose , Oak Ridge, TN  
November 2018

**Becky M.** 18 years

**John N.** 14 years

Tennessee Group, Nov. 2018

**Alyssa S.** 3 years

December 2018

**Eric O.** 1 year

**Michael C.** 34 years

**Jacque H.** 7 years

**Audry McD.** 2 years

**Manwell P** 39 years

January 2019

**Sherman H.** 38 years

Submit AA Anniversaries to:

[newsletter@etiaa.org](mailto:newsletter@etiaa.org)

Please use the following format:

◇ *First full name*

◇ *Last name initial*

◇ *Birthday month*

◇ *Number of years sober*

## NEWSLETTER SUBMISSIONS

**Would you like to submit something for the Newsletter?**

\*\*Is your group celebrating Birthday/Anniversaries? Are you?

\*\*Do you have AA-related questions or myths that (ETIAA)

East Tennessee of Alcoholics Anonymous can answer for you?

\*\*Is there an "In Memory" group member to be recognized?

\*\*We encourage all appropriate submissions by sending them to:

**We have expanded the newsletter!**

**We have increased the subscription rate to cover a \$1 stamp so that we are no longer limited to 12 pages and tiny (unreadable) type. If you receive the newsletter by email, it will be the same — longer but more readable.**

## The Tennessee Group

**1ST ANNIVERSARY  
EAT AND SPEAK**

*January 26th 2019*

*Ebenezer United Methodist Church  
1001 Ebenezer Road Knoxville, Tennessee 37923*

*Dinner at 6:00 pm*

*(Main dish and drinks included. Please bring side dish or dessert.)*

*Speaker at 7:30 pm*

*Guest Speaker*

*Tim H. from Louisville, KY*

## MOBILE

### INTERGROUP

*When should we visit your group?*

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Area 64 1Q Assembly

January 11-12

Holiday Inn Cedar Bluff

Knoxville

~~~~~

Appalachian Regional

Roundup

March 22-24, 2019

Meadowview Resort

Kingsport

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Is there an AA-related event you would like Intergroup to attend? If so, please contact us at:  
865-522-9667 or email [manager@etiaa.org](mailto:manager@etiaa.org)

### We're on Facebook

ETIAA has a private FB group. If you would like to join, call the Intergroup Office: 865-522-9667

We'll be happy to add you to the group.



## INTERGROUP SERVICE NEEDS

Want to get involved and do rewarding service work?

Several Service Work opportunities are available at Intergroup.

**24/7 Hotline Volunteers:** Volunteer monthly, bi-monthly, or weekly.

Answer the phones when the office is closed.

**Current shift opening: Thursday Nights 5pm-9am**

**12-Step Volunteers:** When someone calls the office/hotline for help and the hotline worker cannot easily help, we try to hook them up with a person of the same sex as geographically close to them as possible. That way, it's more convenient if you plan to hook up at a meeting. Callers usually need to be 12-stepped, are new to the area, need directions to local meetings, etc. This is separate from the Hotline and you can put stipulations on the type of calls you are willing to receive. To serve, contact Jacque H., Hotline Coordinator.

Or visit the website at [ETIAA.org](http://ETIAA.org),

Or email us at [manager@etiaa.org](mailto:manager@etiaa.org),

Or call us at 865-522-9667.

**Office Workers:** Answer the phones, complete sales and keep the Intergroup Office open.

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**We are looking to fill the following positions.**

**Mobile Intergroup** - Service workers for Intergroup Mobile events needed also.

**Events & Workshop Committee Chairperson** - We want to have some fun events! Plan and coordinate events.

**Intergroup Committee Co-Chairperson** - Chair the monthly Intergroup Meeting when Chair is unable to attend.

**Intergroup Reps:** Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Take the information back to your groups.

**Outreach Committee:** Visit meetings and talk to groups about Intergroup.

The term of office, qualifications and duties are on the website:

<http://www.etiaa.org/service/>

Members interested in any of these positions should attend the next meeting of Intergroup at 12 p.m. on the second Sunday of the month at the Intergroup office at 5833 Clinton Highway, Suite 202, Knoxville, TN 37912. 865-522-9667

## How can groups participate?

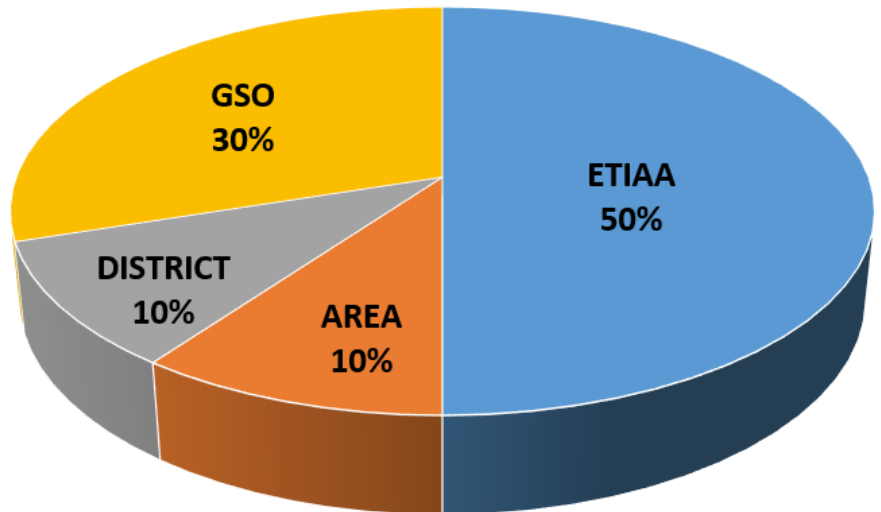
To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support: Where Money and Spirituality Mix. Go to [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)].

## 7 TH TRADITION SUGGESTED CONTRIBUTIONS

From "AA's Self Support: Where Money and Spirituality Mix" Pamphlet



*Every AA group ought to be fully self-supporting, declining outside contributions.*

## Contribution addresses

**ETIAA East Tennessee Intergroup of Alcoholics Anonymous**  
 5833 Clinton Highway  
 Suite #202  
 Knoxville, TN 37912  
 865-522-9667  
[www.etiaa.org](http://www.etiaa.org)

**General Service Office**  
 Grand Central Station  
 P.O. Box 459  
 New York, NY 10163  
[www.aa.org](http://www.aa.org)

**Area 64 Assembly** \*NEW ADDRESS  
 2500 Murfreesboro Pike  
 Suite 105, Box 235  
 Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
 Stephanie H.  
 2213 Pendragon Rd  
 Kingsport, TN 37660

**District 2 Treasurer**  
 PO BOX 1872  
 Johnson City, TN 37605

**District 3 Treasurer**  
 John H.  
 1466 Darbee Dr.  
 Morristown, TN 37814

**District 4 Treasurer**  
 PO Box 264 \*NEW ADDRESS  
 Alcoa, TN 37701

**District 6 Treasurer**  
 Richard B.  
 105 Mariner Point  
 Clinton, TN 37716

**Districts 50/51 Treasurer**  
 PO Box 27264  
 Knoxville, TN 37917

## NOVEMBER GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to Intergroup through AA's Seventh Tradition, would you check on your group's contribution at the next business meeting? If your group has any concerns that need addressing, let us know. If desired, we would love the chance to address them and possibly attend your business meeting.

**\*NOTE:** East Tennessee Intergroup of AA fiscal year is July 1 -June 30. July 1, 2018, began the current FY.

November 2018	Nov 18	Jul - Nov 18			
			<b>MEMORIAL RECOVERY</b>	100.00	100.00
<b>1ST THINGS 1ST-P40</b>	0.00	1,255.00	<b>MONROE COUNTY</b>	0.00	100.00
<b>4-WAY GROUP</b>	0.00	10.17	<b>MORRISTOWN GROUP</b>	0.00	30.00
<b>4TH DIMENSION</b>	0.00	100.00	<b>NEW BEGINNING- LOUDON</b>	0.00	150.00
<b>50/51 PANCAKE BREAKFAST</b>	1.40	1.40	<b>NEW PATH</b>	0.00	105.00
<b>501 Group</b>	0.00	60.00	<b>NORRIS CLINTON GROUP</b>	0.00	100.00
<b>BACK TO BASICS- OAK RIDGE</b>	50.61	50.61	<b>NORTH GATLINBURG GR</b>	0.00	651.75
<b>BACK TO BASICS- SWEETWATER</b>	0.00	120.00	<b>ONEIDA</b>	0.00	20.00
<b>BIG BOOK RECOVERY</b>	25.00	89.00	<b>OUR PRIMARY PURPOSE</b>	0.00	161.00
<b>BIG BOOKS STUDY P40</b>	0.00	180.67	<b>PHOENIX GROUP</b>	0.00	365.50
<b>BLOUNT COUNTY GROUP</b>	0.00	100.00	<b>PRIMARY PURPOSE- OAK RIDGE</b>	0.00	240.00
<b>COLONIAL GROUP</b>	0.00	100.00	<b>PRIME TIME</b>	0.00	280.00
<b>COLONIAL HEIGHTS</b>	25.00	25.00	<b>PRINCIPALS BEFORE PERSONALITIES</b>	50.00	50.00
<b>CONCORD GROUP</b>	0.00	42.00	<b>RIVERSIDE GROUP</b>	0.00	333.92
<b>CONTRIBUTION JAR</b>	31.64	47.44	<b>ROADMAP EVENT</b>	0.00	70.00
<b>COOKIE GROUP</b>	0.00	120.00	<b>RULE 62</b>	0.00	45.00
<b>CORRECTIONS 50/51</b>	0.00	2.36	<b>SERENITY IMPROVEMENT</b>	0.00	150.00
<b>CORRECTIONS DIST 3</b>	0.00	5.67	<b>SERENITY IN THE SMOKIES EVENT</b>	0.00	11.08
<b>COURAGE TO CHANGE</b>	0.00	150.00	<b>SERENITY SEEKERS</b>	0.00	140.00
<b>COVER TO COVER</b>	115.00	115.00	<b>SERENITY SISTERS</b>	0.00	578.71
<b>DISTRICT 50/51</b>	30.00	120.00	<b>SEYMOUR SHARING</b>	0.00	498.76
<b>DISTRICT 6</b>	0.44	0.44	<b>SIMPLY AA</b>	0.00	30.00
<b>FIRST 164</b>	20.00	20.00	<b>SOBRIETY SOCIETY- SO-SO</b>	0.00	150.00
<b>FOUNTAIN CITY SERENITY</b>	150.00	992.27	<b>STEPS FORWARD</b>	55.00	55.00
<b>GREEN PASTURES</b>	0.00	250.00	<b>TELLICO VILLAGE</b>	0.00	60.00
<b>GROUP WITH NO NAME</b>	0.00	388.78	<b>TENNESSEE GROUP</b>	0.00	278.92
<b>GSMRC EVENT</b>	0.00	7.27	<b>TRI-STATE GROUP</b>	50.00	207.80
<b>HAPPY DESTINY</b>	0.00	750.00	<b>TRUDGING THE ROAD</b>	0.00	50.14
<b>HIGH NOON ROGERSVILLE</b>	0.00	20.00	<b>TURNIP PATCH</b>	0.00	74.98
<b>HOPE IN THE CHAPEL</b>	0.00	30.00	<b>WELCOME HOME DINNER</b>	0.00	0.00
<b>Individual</b>	89.97	721.21	<b>WEST KNOXVILLE GROUP</b>	111.05	111.05
<b>KODAK GROUP</b>	0.00	250.00	<b>WORKING WITH OTHERS</b>	0.00	100.00
<b>LAFOLLETTE-THERE IS HOPE</b>	20.00	100.00	<b>TOTAL</b>	<b>925.11</b>	<b>11,989.80</b>
<b>LOUDON</b>	0.00	125.00			
<b>LUNCH BUNCH- GREENEVILLE</b>	0.00	241.90			
<b>MARYVILLE 12 STEP</b>	0.00	100.00			

# INTERGROUP DECEMBER MINUTES

## **Intergroup Minutes December 16, 2018**

Open with serenity prayer

**Attendees:** Joni Q, Rebekah R, Mark R, Nick T, Fawn L, Jacque H, Annie B, Beth H, David C, Trent W, Lisa F, Barb S

### **Prior Meeting Minutes:**

Accepted November Minutes

### **Intergroup Manager Report: Rebekah R**

Mobile IG update

50/51 Christmas Dinner 12/1 \$186

Lease is up in April Update

Nothing available in our price range

Approach landlord to move thermostat, we pay, around \$100.00 to \$200.00 to do

Square printer update. Barcode Scanner \$119

Narcan Training in the works

Insurance Update

Get a legal waiver for children

\$130.00 a year for Non-profit Directors and Officers Policy to cover any mistakes

\$558.00 a year for Employment Practices Liability, to cover discrimination

Intergroup workshop 1Q Assembly take mobile intergroup for the weekend, need a room for Friday night T-shirts \$212, also made new logos, make our stuff look more consistent

Make a new thank you letter for donations explaining what we do

Delegate/Office Managers conference call, John Phillips has asked all office managers in the state to get on a call quarterly after the assembly

Flock Note, allows texts to a whole group, up to 40 for free

Al-Anon having a financial crisis, asked if we can share a little space with them. They would be self-supporting paying a little rent

Getting a new pamphlet "The God Word" Also going through the pamphlets to clear out those we don't sell much of

### **Treasurer Report: Fawn L**

Mistake on last month report, Didn't deduct rent

August, November and June traditionally low income, highest is January

See Reports

### **Hotline: Jacque H**

Everything is going well

Starting over with the 12 step call list

Hotline has enough people now

### **Office Service Workers: Annie B**

Need volunteers for all weekday afternoons (1pm to 5pm)

### **Website: Shelley**

Nothing to report

### **Archives: Annie B**

Nothing to report

### **Accessibilities: Need Chair**

### **Spanish Speaking Liaison: Need Chair**

### **Treatment: Beth H**

Nothing to report

### **CPCPI: Need Chair**

### **Corrections: Lisa F**

Went to the convention,

Got information about going to prisons, some into jails

Many speakers who were in prison who became Corrections reps

Discussed bidding for area 64 to hold Corrections conference here, not able to

Great conference met many contacts, 3 from Nashville

Good possibility to get in Severe County

### **Outreach: Nick T**

Still needs volunteers.

### **Events: Liz**

Has many ideas for events, Add list.

### **Old Business:**

Mileage money for corrections

Motion to suspend payment for mileage, Passed 6 for the motion, 0 to keep, 2 abstain

### **New Business:**

Motion to approach landlord to offer to pay to move thermostat to our office **Passed**

Motion to approve up to \$200.00 to move thermostat **Passed**

Motion to get Non-Profit Directors and Officers Policy \$130.00 **Passed**

Motion to have agent come explain the Employment Practices Liability Police in January **Passed**

Motion to get a hotel room for 1Q assembly up to \$109.00 plus fees **Passed**

### **Elections All Elected**

Vice Chair

David C

Secretary

Amber R

Hotline

Jacque H

Archives

Annie B

Accessibilities

Outreach

Nick T

Treatment

Beth H

### **Close with Prayer**

### **Next meeting:**

January 20, 2019

## DISTRICT 4 DECEMBER MINUTES

### District 4 Meeting Minutes -December 2018

02 December 2018 @ 2:00pm: Happy Destiny II  
325 Whitecrest Road, Maryville TN 37801

**Attendees:** Debbie H., Mike T., Susan N., Leslie O; Grace L; Ed H.; Tony M.; Jay D.; Charlie C.; Johnny H.

Debbie H. opened the meeting with *The Serenity Prayer*  
Mike T. read the *12th Tradition (long form)*.

### **Introductions were made around the room**

**Secretary's Report:** Johnny H. reported August 2018 District meeting minutes. Mike T. made a motion to accept the minutes, none opposed.

**Treasurer's Report:** Debbie reported for Toby: There is \$1185.01 in the checking account less outstanding deposits. Checks in P.O. Box totaled \$482.98; Prudent reserve is fully funded at \$1,500.00. Johnny H. made a motion to accept the treasurer's report, none opposed.

### **Group Reports:**

Ed H. GSR Riverside group reported he attended the State Convention in Murfreesboro TN.; group meeting attendance is steady.

Leslie N.- GSR "North Gatlinburg Group" –No eat and Speak meeting in December. There will be a lunch on Wednesday 12/12 at 11am followed by an open discussion at 1200 noon. The group will assign an alternate GSR on 12/3. Otherwise meeting attendance is approximately 15  
Grace L – new GSR "Daily Reprieve Group" held elections. Grace GSR, Kathy B. alternate GSR, Ruth P. treasurer

Mike T. GSR- "Happy Destiny II Group" – meeting attendance is excellent. Tony is the new alternate GSR; Group conscience meeting went very well; Great turnout for Thanksgiving; same plan in place for Christmas. Fliers have made their way to various external groups  
Charlie C. added evening meetings could use support from members will more sobriety to support the treatment center attendees

**DCM Report:** Debbie H. reports: district 4 is encouraging groups to send in group change forms to Area 64, Jimmy Welch. An e-mail address is forthcoming  
A discussion ensued about how to garner more enthusiasm from groups within District 4

### **New Business**

The next assembly will be held 11-13 January in Knoxville hosted by Districts 50 and 51. Charlie C. will present the final report from the Gatlinburg assembly held last summer.

A motion was made to fund Debbie \$250 to attend the January assembly. Mike T made a motion to approve. None opposed.

The 7<sup>th</sup> tradition basket was passed.

Johnny H. made a motion to close, none opposed.

Meeting closed with the *Lord's Prayer*. Next meeting will be Sunday February 3 at Happy Destiny II at 2pm.



# DISTRICT 50/51 DECEMBER MINUTES

## District 50/51 Meeting

Meeting Minutes 12/03/18

### **Opening**

The regular meeting of the District 50/51 Meeting was called to order at 6:30pm on 12/03/18 at Intergroup Office by Robin G with the Serenity Prayer.

**Present:** Robin G., Krisa B., Nicole C, Sandra B, Fawn L., Sheldon, Jacque H., Trey M., Frankie R., Jerry H.

### **Approval of Minutes**

The minutes of the previous meeting were unanimously approved as distributed.

### **District 51 – Robin G.**

Working on things for the 1st Quarter Assembly in January 2019. Robin and Caitlin are working on a board for new GSR's for when they come to Assembly.

### **District 50 – Jerry H.**

Did well at Christmas Party. Preliminary Totals: \$551.00 Baskets, \$232.00 7th Tradition, Spent \$250.00 for supplies. These are only preliminary as all monies have not been paid to appropriate entities.

Monday Men's Meeting is now a group in District 51 at Erin Presbyterian Church at 200 Lockett Rd. Knox, TN  
Flat Iron is still struggling and needs support.

### **Treasurer – Nicole C.**

Have a balance of \$1573.53. Deposits from groups totaled \$727.00. Paid Jerry for 4th Quarter Assembly. Balance of \$1329.95. Frankie given \$292.08 for Corrections. Balance of \$1037.87.

### **Corrections – Frankie R.**

Had meeting on 11/15/18- Created service positions (literature, recruitment, etc.) Currently have 11 people going into Knox Co. corrections facilities. Next meeting will be 12/13/18 6:00 pm at Intergroup.

### **Grapevine – Sandra B.**

Needing used Grapevines for corrections or soft back literature.

### **Treatment – Fawn**

Taking meetings into the following facilities-Bradford, Center Point, Kingston Academy, and Great Starts. Bridging the Gap getting calls from newcomers.

### **CPC/PI – Paul W. – Not Present**

### **Archives – Karen – Not Present**

### **Events – No Chair**

### **Bridging the Gap – Not Present**

**Old Business:** Jerry paid for the 4th Quarter Assembly.

### **New Business:**

Motion to pay \$30 donation to Intergroup for use of the office for meeting –Passed

Jerry gave preliminary figures and no monies have been distributed or decisions made on direction of funds.

When budgets due for committees-by March District Meeting.

Nicole asked if anybody needs money for committees. Corrections-\$292.08 to Frankie R.

Group Announcements: TN Group Dinner, Alcahthon and OSAAT  
New Year's Day Hike.

### **Adjournment**

Meeting adjourned by Robin G. The next general meeting will be at 6:30 PM on 1/07/2019, at Intergroup Office.

### **District 4 Meeting Minutes -December 2018**

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325 Whitecrest Road, Maryville TN 37801

**Attendees:** Debbie H., Mike T., Susan N., Leslie O; Grace L; Ed H.; Tony M.; Jay D.; Charlie C.; Johnny H.

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# 2019 ASSEMBLY HOST COMMITTEE



*"I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that:*

*I am responsible."*

**FIRST MONDAY OF EVERY MONTH  
BEFORE DISTRICT MEETING  
INTERGROUP OFFICE  
5:30 PM**

NOTE: Date and time of host committee meetings could change. Call for questions.

## *Committees Needed:*

- 1. Contribution*
- 2. Hospitality*
- 3. Volunteers*
- 4. Entertainment*
- 5. Coordination*
- 6. Coffee*
- 7. Registration*
- 8. Treasurer*



For more information, call:  
Robin G.: (865)438-3571  
Caitlin F.: (865)548-1114



# APPALACHIAN REGIONAL ROUNDUP

## “ROCKETED INTO A FOURTH DIMENSION”

### MARCH 22-24 2019

### KINGSPORT, TN

Meadowview Conference Resort  
& Convention Center  
1901 Meadowview Parkway  
Kingsport, TN 37660

Room Rate \$115.00  
Rate Cut Off Date Feb 28, 2019  
Call Or Visit Our Website To Book  
423-578-6600  
Use Phrase "Appalachian Regional  
Roundup" To Receive  
Discounted Room Rate

Join us for a golf outing on Friday!  
Starts at 10AM. 9 holes for \$23 or 18 holes for \$38

Make check or money order payable to  
Appalachian Regional Roundup & mail to:  
P.O. Box 7494  
1001 N. Eastman Rd  
Kingsport, Tn 37664

Pre-registration is \$25.00 & \$30.00 at the door  
Online pre-registration is available at  
[www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

Roundup T-Shirts are \$12.00 or two for \$20.00  
& will be available for pickup upon arrival.  
Sizes may be limited on site.

## SPEAKERS

- BILL C from CA
- CANDICE M from CA
- CHARLIE P from TX
- CHRIS R from TX
- EARL H from AZ
- JENNIFER H-K from TX
- KATIE P from TX
- LARGENE G from CA : AL-ANON

For more information, contact Ryan K at 862-268-4579 or visit our website at [www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

## 2ND ANNUAL APPALACHIAN REGIONAL ROUNDUP

NAME: _____	NAME: _____
ADDRESS: _____	ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____	CITY: _____ STATE: _____ ZIP: _____
PHONE: _____	PHONE: _____
EMAIL: _____	EMAIL: _____
NAME ON BADGE: _____	NAME ON BADGE: _____
NUMBER OF T-SHIRTS: _____ SIZE(S): _____	NUMBER OF REGISTRATIONS: _____ TOTAL: \$ _____
SCHOLARSHIP CONTRIBUTION: \$ _____	

Lend a hand to those unable to pay the registration fee

# AVAILABILITY & MEETING ANNOUNCEMENTS

## MEETING CHANGES:

Serenity Improvement Group is meeting at Noon instead of 12:30

**1st  
Quarter  
2019**

**January 11-13th, 2019**

**Holiday Inn West Cedar Bluff  
9134 Executive Park Drive  
Knoxville, TN 37923**

**Reservations:  
1-888-HOLIDAY or (865) 693-1011  
\$105 per night + tax**

**CUT-OFF DATE :  
DEC. 21, 2018**

**Group Code:  
Area 64**

**Call Robin G. for more  
info: (865)438-3571**

**We're All Grown Up**

*"The most vital, yet least understood,  
group of services that A.A. has are  
those that enable us to function as a whole..."*

*"...our Fellowship was ready and able  
to take these responsibilities from us."*

**A.A.'s Legacy of Service pg. 3-4**

## UPCOMING EVENTS

# SPONSORSHIP MEET & GREET

FOR THOSE LOOKING FOR SPONSORS AND SPONSEES

FIRST SATURDAY MORNING OF EVERY  
MONTH FROM 9AM TO 11AM.

DONUTS AND COFFEE PROVIDED.

VERY INFORMAL...JUST SHOW UP.

AT THE INTERGOUP OFFICE

5833 CLINTON HIGHWAY

SUITE 202, LOWER LEVEL, BACK DOOR

KNOXVILLE, TN 37912



**EAST  
TENNESSEE  
INTERGROUP  
UNITY  
NEWSLETTER**



PLEASE  
PLACE  
STAMP  
HERE

5833 CLINTON HIGHWAY  
SUITE 202  
KNOXVILLE, TN 37912  
NEWSLETTER@etiaa.org

24/7 HOTLINE  
865-522-9667  
Manager@etiaa.org  
ETIAA.ORG

**NEWSLETTER  
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If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription to cover postage.

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Knoxville, TN 37912

-OR-

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**JANUARY 2019**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone number \_\_\_\_\_