

EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



February 2019
Volume 43, Issue 2



Step Two:

“Came to believe that a Power greater than ourselves could restore us to sanity.”

THE moment they read Step Two, most A.A. newcomers are confronted with a dilemma, sometimes a serious one. How often have we heard them cry out, “Look what you people have done to us! You have convinced us that we are alcoholics and that our lives are unmanageable. Having reduced us to a state of absolute helplessness, you now declare that none but a Higher Power can remove our obsession. Some of us *won't* believe in God, others can't, and still others who do believe that God exists have no faith whatever He will perform this miracle. Yes, you've got us over the barrel, all right—but where do we go from here?”

Twelve Steps & Twelve Traditions, page 21. Copyright © 1981 Alcoholics Anonymous World Services, Inc.

Second Step Prayer

Heavenly Father, I know in my heart that only you can restore me to sanity. I humbly ask that you remove all twisted thought and addictive behavior from me this day. Heal my spirit and restore in me a clear mind.

DISTRICT MEETINGS

District 1 meets 11:00 a.m. on the second Saturday at the Renaissance Ctr., Kingsport, TN.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday at 2:00pm at Happy Destiny meeting place.

District 50/51 meets the first Monday of the month at 6:30pm at the Intergroup Office.

District 6 meets at 10:00am the first Saturday of the month at the Serenity Club.

SERVICE COMMITTEES

Intergroup Committee meets at 12:30pm on the 2nd Sunday of the month at the Intergroup Office.

District 50/51 - Treatment Committee meets at 7:00pm on the 2nd Thursday of the month at Park 40; includes Bridging the Gap.

Tradition Two:

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.”

The Twelve Traditions Illustrated. Copyright © 1971 Alcoholics Anonymous World Services, Inc.

Tradition Two Checklist:

- Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
 - Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?
 - Do I look for credit in my AA jobs? Praise for my AA ideas?
 - Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?
 - Although I have been sober a few years, am I willing to serve my turn at AA chores?
 - In group discussions, do I sound off about matters on which I have no experience and little knowledge?
-

Concept II:

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs. *The Twelve Concepts for World Service Illustrated.* Copyright © 1986 Alcoholics Anonymous World Services Inc.

Concept II Checklist:

- Do we have an understanding of the history of the General Service Conference (the “Conference”)?
- What is a Conference Advisory Action? Does our home group’s G.S.R., D.C.M., area delegate report back to the group on the highlights of the Conference and Conference Advisory Actions?
- Is our group meeting its wider Seventh Tradition responsibilities?

UNITY NEWSLETTER

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

AA BIRTHDAYS

Back to Basics Group, Oak Ridge
Johnnie S., January 15 —20 years

Primary Purpose , Oak Ridge
December 2018 Anniversaries
Manwell P., 39 years
Steve D., 3 years
January 2019 Anniversary
Joe S., 2 years

Kodak Group
Monty L. 33 years
Mike C. 33 years

Maryville 12 Step Group
Jerry O. 34 years
Richard "Rocky" B. 27 years
Greg S., 34 years
Howard B., 38 years

Submit AA Anniversaries to:
newsletter@etiaa.org

Please use the following format:

- ◇ *first full name*
- ◇ *last name initial*
- ◇ *birthday month*
- ◇ *bumber of years sober*

NEWSLETTER SUBMISSIONS

Would you like to submit something for the Newsletter?

****Is your group celebrating Birthday/Anniversaries? Are you?**

****Do you have AA-related questions or myths that (ETIAA) East Tennessee of Alcoholics Anonymous can answer for you?**

****Is there an "In Memory" group member to be recognized?**

We have expanded the newsletter!

We have increased the subscription rate to cover a \$1 stamp so that we are no longer limited to 12 pages and tiny (unreadable) type. If you receive the newsletter by email, it will be the same — longer but more readable.

District 3 Inventory

When: Feb. 9, 2019, 1:30 PM.

Who: All AA members

Where: 314 South Fairmont, Morristown

Ralph J. (Area 64 past State Delegate) will be conducting a District 3 inventory with the help of all members attending. You don't have to be part of the AA service structure to take part in the inventory.

This is an AA function and a great time to come together to learn about and be part of District 3's service structure. Come and help AA find out what we can do better to carry the message by making District 3 stronger and more effective. Tell us what needs to be changed or improved, as well as strengths to be retained.

Sponsors this will be a good learning experience for sponsees as well, so please bring them along.

Bring your concerns and questions.

Please bring finger foods, snacks, etc.

Coffee will be provided.

MOBILE INTERGROUP

When should we visit your group?

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**Appalachian Regional Roundup**

**March 22-24, 2019**

**Meadowview Resort**

**Kingsport**

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Is there an AA-related event you would like Intergroup to attend? If so, please contact us at:

865-522-9667 or email
manager@etiaa.org

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## We're on Facebook

ETIAA has a private FB group. If you would like to join, call the Intergroup Office: 865-522-9667

We'll be happy to add you to the group.



## INTERGROUP SERVICE NEEDS

**Want to get involved and do rewarding service work?** Several Service Work opportunities are available at Intergroup.  
**24/7 Hotline Volunteers:** Volunteer monthly, bi-monthly, or weekly. Answer the phones when the office is closed.

**Current shift opening: Thursday Nights 5pm-9am**  
**12-Step Volunteers:** When someone calls the office/hotline for help and the hotline worker cannot easily help, we try to hook them up with a person of the same sex as geographically close to them as possible. That way, it's more convenient if you plan to hook up at a meeting. Callers usually need to be 12-stepped, are new to the area, need directions to local meetings, etc. This is separate from the Hotline and you can put stipulations on the type of calls you are willing to receive. To serve, contact Jacque H., Hotline Coordinator.

Or visit the website at [ETIAA.org](http://ETIAA.org),  
Or email us at [manager@etiaa.org](mailto:manager@etiaa.org),  
Or call us at 865-522-9667.

**Office Workers:** Answer the phones, complete sales and keep the Intergroup Office open.

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We are looking to fill the following positions.

Mobile Intergroup - Service workers for Intergroup Mobile events needed also.

Events & Workshop Committee Chairperson - We want to have some fun events! Plan and coordinate events.

Intergroup Committee Co-Chairperson - Chair the monthly Intergroup Meeting when Chair is unable to attend.

Intergroup Reps: Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Take the information back to your groups.

Outreach Committee: Visit meetings and talk to groups about Intergroup.

The term of office, qualifications and duties are on the website:
<http://www.etiaa.org/service/>

Members interested in any of these positions should attend the next meeting of Intergroup at 12 p.m. on the second Sunday of the month at the Intergroup office at 5833 Clinton Highway, Suite 202, Knoxville, TN 37912. 865-522-9667

How can groups participate?

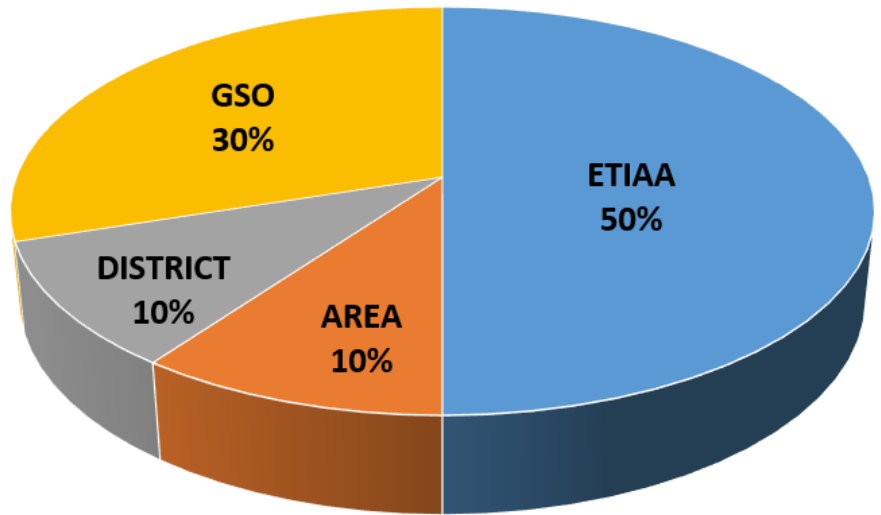
To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support: Where Money and Spirituality Mix. Go to www.aa.org/assets/en_US/f-3_selfsupport.pdf].

7 TH TRADITION SUGGESTED CONTRIBUTIONS

From "AA's Self Support: Where Money and Spirituality Mix" Pamphlet



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution addresses

ETIAA East Tennessee Intergroup of Alcoholics Anonymous
 5833 Clinton Highway
 Suite #202
 Knoxville, TN 37912
 865-522-9667
www.etiaa.org

General Service Office
 Grand Central Station
 P.O. Box 459
 New York, NY 10163
www.aa.org

Area 64 Assembly *NEW ADDRESS
 2500 Murfreesboro Pike
 Suite 105, Box 235
 Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
 Stephanie H.
 2213 Pendragon Rd
 Kingsport, TN 37660

District 2 Treasurer
 PO BOX 1872
 Johnson City, TN 37605

District 3 Treasurer
 John H.
 1466 Darbee Dr.
 Morristown, TN 37814

District 4 Treasurer
 PO Box 264 *NEW ADDRESS
 Alcoa, TN 37701

District 6 Treasurer
 Richard B.
 105 Mariner Point
 Clinton, TN 37716

Districts 50/51 Treasurer
 PO Box 27264
 Knoxville, TN 37917

DECEMBER GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to Intergroup through AA's Seventh Tradition, would you check on your group's contribution at the next business meeting? If your group has any concerns that need addressing, let us know. If desired, we would love the chance to address them and possibly attend your business meeting.

***NOTE:** East Tennessee Intergroup of AA fiscal year is July 1 -June 30. July 1, 2018, began the current FY.

	Dec 18	Jul - Dec 18		Dec 18	Jul - Dec 18
1ST THINGS 1ST-P40	0.00	1,255.00	MEMORIAL RECOVERY	0.00	100.00
4-WAY GROUP	0.00	10.17	MONROE COUNTY	0.00	100.00
4TH DIMENSION	0.00	100.00	MORRISTOWN GROUP	0.00	30.00
50/51 CHRISTMAS PARTY	3.65	3.65	NEW BEGINNING- LOUDON	0.00	150.00
50/51 PANCAKE BREAKFAST	0.00	1.40	NEW PATH	0.00	105.00
501 Group	0.00	60.00	NORRIS CLINTON GROUP	0.00	100.00
BACK TO BASICS- OAK RIDGE	0.00	50.61	NORRIS GROUP	20.00	20.00
BACK TO BASICS- SWEETWATER	0.00	120.00	NORTH GATLINBURG GR	0.00	651.75
BIG BOOK RECOVERY	0.00	89.00	ONEIDA	0.00	20.00
BIG BOOKS STUDY P40	163.92	344.59	OUR PRIMARY PURPOSE	0.00	161.00
BLOUNT COUNTY GROUP	250.00	350.00	PHOENIX GROUP	0.00	365.50
COLONIAL GROUP	0.00	100.00	PRIMARY PURPOSE- OAK RIDGE	0.00	240.00
COLONIAL HEIGHTS	0.00	25.00	PRIME TIME	300.00	580.00
CONCORD GROUP	0.00	42.00	PRINCIPLES BEFORE PERSONALI- TIES	0.00	50.00
CONTRIBUTION JAR	8.00	55.44	RIVERSIDE GROUP	0.00	333.92
COOKIE GROUP	120.00	240.00	ROADMAP EVENT	0.00	70.00
CORRECTIONS 50/51	0.00	2.36	RULE 62	0.00	45.00
CORRECTIONS DIST 3	0.00	5.67	SERENITY IMPROVEMENT	0.00	150.00
COURAGE TO CHANGE	0.00	150.00	SERENITY IN THE SMOKIES EVENT	0.00	11.08
COVER TO COVER	0.00	115.00	SERENITY SEEKERS	0.00	140.00
DISTRICT 50/51	30.00	150.00	SERENITY SISTERS	0.00	578.71
DISTRICT 6	0.00	0.44	SEYMOUR SHARING	0.00	498.76
FIRST 164	0.00	20.00	SIMPLY AA	0.00	30.00
FOUNTAIN CITY SERENITY	50.00	1,042.27	SOBRIETY SOCIETY- SO-SO	112.50	262.50
GREEN PASTURES	0.00	250.00	STEPS FORWARD	0.00	55.00
GROUP WITH NO NAME	0.00	388.78	TELLICO VILLAGE	60.00	120.00
GSMRC EVENT	0.00	7.27	TENNESSEE GROUP	0.00	278.92
HAPPY DESTINY	0.00	750.00	TRI-STATE GROUP	50.00	257.80
HIGH NOON ROGERSVILLE	0.00	20.00	TRUDGING THE ROAD	0.00	50.14
HOPE IN THE CHAPEL	0.00	30.00	TURNIP PATCH	0.00	74.98
Individual	410.14	1,131.35	WELCOME HOME DINNER	0.00	0.00
KODAK GROUP	0.00	250.00	WEST KNOXVILLE GROUP	0.00	111.05
LAFOLLETTE-THERE IS HOPE	20.00	120.00	WORKING WITH OTHERS	0.00	100.00
LOUDON	0.00	125.00	TOTAL	<u>1,690.31</u>	<u>13,680.11</u>
LUNCH BUNCH- GREENEVILLE	92.10	334.00			
MARYVILLE 12 STEP	0.00	100.00			

INTERGROUP JANUARY MINUTES

Intergroup Minutes January 20, 2019

Attendees: Joni Q, Rebekah R, Nick T, Fawn L, Annie B, Trent W, Lisa F, Barb S, Carol T, Sandra B, Joan S, Louise S, Bob W, Kathryn

The meeting was opened with a moment of silence followed by the Serenity Prayer. Introductions were made around the room. A motion was made and passed to accept the minutes of last month's meeting with correction of "Severe" to "Sevier".

Intergroup Manager Report: Rebekah R.

Lease expires in April. Former Comcast rooms too expensive, no advantage to rooms across the hall. Thermostat move disallowed. Probable renewal of current lease.

Al-Anon request to rent space here. Kathryn reported that their group has a reasonably firm offer to rent space at Park 40 Club.

Insurance Review. Slide presentation of coverage by additional policy of \$751.40 per year. We have received a quote for a much lower rate. Rebekah continues to investigate.

Mobile Intergroup Update. Sales at the Area 64 Quarterly Assembly totaled \$1734.07. Only 3 attendees at the 9pm Service Workshop.

Narcan training is still being pursued.

Park 40 Club has agreed to start purchasing books and possible other materials from Intergroup Office.

Appalachian Regional Roundup will provide a respite room during the meetings.

The "GOD Word" pamphlet is now in stock and available for \$0.45.

Treasurer Report: Fawn L.

Contribution continue at a slightly increasing rate overall.

Balance sheet for December was good.

Profit and Loss: December had a positive net income leaving us with a FYTD net income of minus \$159.80.

Hotline: Jacquie H. No major changes.

Office Service Workers: Annie B.

Most afternoon adequately covered, only closed early on two days. We still need more volunteers. Criteria for service workers to be posted in the office workbook and on the website.

Archives: Annie B.

At the Archives meeting during the Area 64 Qtrly Assembly, others reported difficulty in getting and updating Group History records.

Group historical records can be submitted to the Intergroup Archives Chair and/or the Area 64 Archives Chair.

Website: Shelley M. nothing to report.

Treatment: Beth H. (not present)

Corrections: Lisa F.

Newport jails doing very well. Still working on access to Sevier Co. and Jefferson Co. facilities. We will need people to service these facilities once we get access to bring meetings

Outreach: Nick T. Still going to meetings.

Events: Liz P. (not present)

Old Business

Insurance still under review with respect to new quote and liability for children in the office..

New Business

Motion made to pay \$50 to Park 40 Club for their gift of chairs and a coffee maker. Approved by 9 votes in favor vs 2 votes against. Dissension expressed about "... self-supporting declining outside contributions..." Park 40 is not AA, therefore contributions would be acceptable only if items were given to an AA member who then gave them to the group. A separate motion to decline the offer of the coffee pot was approved.

The meeting was adjourned with a prayer.

Next meeting: February 10, 2019 at 12:30pm.

DISTRICT 50/51 JANUARY MINUTES

Attending: Nicole, Angela, Robin, Sheldon, Jerry, Sandra, Karen, Jacque, Frankie, Ralph, Trey, Eddie

The meeting was opened with a moment of silence followed by The Serenity Prayer.

Introductions were made around the room.

A motion was made to accept the minutes as written; seconded and passed unanimously as.

Robin: District 51

Robin reminded everyone that the assembly was this weekend. She has been meeting with the hotel and everything is ready to go. She has received a copy of Proposed Conference Agenda Items from our delegate for the General Conference if anyone is interested in receiving a copy.

Robin can be reached robingavi-lan@gmail.com and/or 865-438-3571

Jerry: District 50

Jerry shared that he gave the treasurer the final contribution to district from proceeds from the Christmas party. The amount of the check was \$517.00.

He will be at the assembly and encouraged everyone to be there!

Jerry can be reached at jerrytheman@yahoo.com and/or 865-719-0308.

CPC/PI- Paul: Not present.

Archives Report – Karen: She shared that someone named Kelly (unsure of her last name) is interested in possibly taking over the Archives Chair position. Trey brought up

that he thought Natalie had been interested in the position. Karen said that she would check with her. She is looking to get some “new blood” in the position. She is looking forward to the assembly.

Corrections Report – Frankie: He reported that they are in the process of reorganizing the corrections committee. They will need chairs for Literature, Training, and Recruiting. They have been buying Big Books. They meet once per month. They are meeting January 10th @ 6pm at the Intergroup office. They currently have 11 people going into Knox County and 4 people whose applications are processing. They will be requesting more money this year to buy more Big Books and literature. They are also looking for ways to raise money.

Grapevine Report – Sandra: She said that she needs copies of old Grapevines if anyone has any. She reported that she will be attending Grapevine workshops at Assembly.

Treatment Report – No report but Robin reported that the treatment committee is struggling and needs help. They are needing people to help take meetings in Bradford. Kings Academy is wanting more meetings brought in. Sandra will talk to the committee about this.

Events Report – We currently have no chair.

Bridging the Gap Report – John not present

Treasurer’s Report – Nicole: We currently have a balance of \$2,211.17 (including

DISTRICT 50/51 JANUARY MINUTES

the \$517 from the Christmas party). She renewed the P.O. box. A motion was made to accept the treasurer's report. The motion was seconded and passed unanimously.

Committees need to be working on their budgets for the March meeting.

There was a question about where to allocate the \$517 from the Christmas party. A motion was made to keep the \$517 in district funds. The motion was seconded and passed unanimously.

Frankie nominated Trey for CPC/PI chair (previous chair has missed three consecutive meetings). Trey is willing to stand. The motion was seconded and passed unanimously.

Frankie would like to request \$200.00 from the 2019 proposed budget

A motion was made to pay \$30 to Intergroup

OLD BUSINESS: None

NEW BUSINESS:

Committees need to be working on their budgets for the March meeting.

There was a question about where to allocate the \$517 from the Christmas party. A motion was made to keep the \$517 in district funds. The motion was seconded and passed unanimously.

Frankie nominated Trey for CPC/PI chair (previous chair has missed three consecutive meetings). Trey is willing to stand. The motion was seconded and passed unanimously.

Frankie would like to request \$200.00 from the 2019 proposed budget

A motion was made to pay \$30 to Intergroup for rent for tonight's meeting. The motion was seconded and passed unanimously.

Group Announcements: TN Group will hold their anniversary dinner on January 26. Dinner at 6:00pm and the meeting at 7:30pm. Tim R will be the speaker.

The 1st Quarter Assembly is this weekend and Heather G. is the speaker.

A motion was made to adjourn the meeting. The motion was seconded and passed unanimously.

The meeting was closed with a moment of silence followed by The Lord's Prayer.

DISTRICT 6 MINUTES, JANUARY 5, 2019

Attendees: Sandy W., DCM, Richard B., Lynette B., Joan S., Tara H., Emma S.

Meeting was opened with Serenity Prayer at 10:00 AM. Tara H. read the 12 Traditions.

Secretary Report: Richard B. made a motion to accept minutes as submitted. Tara H. seconded. Motion passed

Treasurer Report: Richard B. reported account is in good shape, even though for the year we had a deficit. Sandy W. made a motion to accept Treasurer's report as submitted. Joan S. seconded. Motion passed.

Group Reports: Primary Purpose- Richard reported that the meetings are steady in attendance especially on last Friday of month with open speaker meeting and birthday celebration. No newcomers yet this year. Happy, Joyous & Free – Sandy W. reported small attendance lately. Lynette will help with Treasurer position for the group. Norris Clinton – Tara H. reported steady attendance and group continues to support District financially. She hasn't heard back from people from Journey Pure. Norris – Tara H. relayed that several new people have come to the meeting for several weeks.

Intergroup: Outreach, Hotline and Office Workers are needed, especially office workers in January. Next meeting is January 20 at 12:30. Note day change due to 1st Quarter Assembly.

Corrections: Sandy W. reported she and sponsees are writing to inmates but still not able to take meeting in. Also when a person is released, they cannot take in a meeting themselves for 2 years but can correspond immediately.

DCM: Sandy W. reminded of Assembly On January 11-13. The 2018 final conference report was given to GSRs. The next Conference is slated to revise and update Court Order pamphlet to reflect the differences in the programs; Service Manual- take out "AA helps find hospitalization" and "AA keeps records." Discussion of 5th Edition of the Big Book; Living Sober- add "encourage people to participate in group conscience and business meetings' You Tube-discontinue AA relationship; all under consideration or forwarded for consideration. Forwarded to Literature committee- revision of "Question & Answers on Sponsorship"; revise "AA Group"; Literature Committee received draft text regarding safety in AA, for inclusion in Living Sober and/or Questions & Answers on Sponsorship.

New Business: Brief discussion of changing District meeting time.

Motion to adjourn at 11:00 AM. 7th Tradition - \$15.00 Next District meeting on February 2, 2019 at 10:00 AM.

DISTRICT 4 DECEMBER MINUTES

District 4 Meeting Minutes -December 2018

02 December 2018 @ 2:00pm: Happy Destiny II, 325 Whitecrest Road, Maryville TN 37801
Attendees: Debbie H., Mike T., Susan N., Leslie O; Grace L; Ed H.; Tony M.; Jay D.; Charlie C.; Johnny H.

Debbie H. opened the meeting with *The Serenity Prayer*; Mike T. read the *12th Tradition (long form)*; Introductions were made around the room.

Secretary's Report: Johnny H. reported August 2018 District meeting minutes. Mike T. made a motion to accept the minutes, none opposed.

Treasurer's Report: Debbie reported for Toby: There is \$1185.01 in the checking account less outstanding deposits. Checks in P.O. Box totaled \$482.98; Prudent reserve is fully funded at \$1,500.00. Johnny H. made a motion to accept the treasurer's report, none opposed.

Group Reports:

Ed H. GSR Riverside group reported he attended the State Convention in Murfreesboro TN.; group meeting attendance is steady.

Leslie N.- GSR "North Gatlinburg Group" –No eat and Speak meeting in December. There will be a lunch on Wednesday 12/12 at 11am followed by an open discussion at 1200 noon. The group will assign an alternate GSR on 12/3. Otherwise meeting attendance is approximately 15

Grace L – new GSR "Daily Reprieve Group" held elections. Grace GSR, Kathy B. alternate GSR, Ruth P. treasurer

Mike T. GSR- "Happy Destiny II Group" – meeting attendance is excellent. Tony is the new alternate GSR; Group conscience meeting went very well; Great turnout for Thanksgiving; same plan in place for Christmas. Fliers have made their way to various external groups

Charlie C. added evening meetings could use support from members will more sobriety to support the treatment center attendees

DCM Report: Debbie H. reports: district 4 is encouraging groups to send in group change forms to Area 64, Jimmy Welch. An e-mail address is forthcoming

A discussion ensued about how to garner more enthusiasm from groups within District 4

New Business

The next assembly will be held 11-13 January in Knoxville hosted by Districts 50 and 51. Charlie C. will present the final report from the Gatlinburg assembly held last summer.

A motion was made to fund Debbie \$250 to attend the January assembly. Mike T made a motion to approve. None opposed.

The 7th tradition basket was passed. Johnny H. made a motion to close, none opposed.

Meeting closed with the *Lord's Prayer*. Next meeting will be Sunday February 3 at Happy Destiny II at 2pm.

Pre-Conference Workshop

Sunday March 3rd, 2019

2:00pm to 5:00pm

**Presented by:
Area 64 Representative**

**Watauga Avenue Presbyterian Church
610 East Watauga Avenue
Johnson City, TN 37601**



**For Information Contact Tony L
(631) 676-0662**



APPALACHIAN REGIONAL ROUNDUP

“ROCKETED INTO A FOURTH DIMENSION”

MARCH 22-24 2019

KINGSPORT, TN

Meadowview Conference Resort
& Convention Center
1901 Meadowview Parkway
Kingsport, TN 37660

Room Rate \$115.00
Rate Cut Off Date Feb 28, 2019
Call Or Visit Our Website To Book
423-578-6600
Use Phrase "Appalachian Regional
Roundup" To Receive
Discounted Room Rate

Join us for a golf outing on Friday!
Starts at 10AM. 9 holes for \$23 or 18 holes for \$38

Make check or money order payable to
Appalachian Regional Roundup & mail to:
P.O. Box 7494
1001 N. Eastman Rd
Kingsport, Tn 37664

Pre-registration is \$25.00 & \$30.00 at the door
Online pre-registration is available at
www.appalachianregionalroundup.com

Roundup T-Shirts are \$12.00 or two for \$20.00
& will be available for pickup upon arrival.
Sizes may be limited on site.

SPEAKERS

- BILL C from CA
- CANDICE M from CA
- CHARLIE P from TX
- CHRIS R from TX
- EARL H from AZ
- JENNIFER H-K from TX
- KATIE P from TX
- LARGENE G from CA : AL-ANON

For more information, contact Ryan K at 862-268-4579 or visit our website at www.appalachianregionalroundup.com

2ND ANNUAL APPALACHIAN REGIONAL ROUNDUP

NAME: _____	NAME: _____
ADDRESS: _____	ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____	CITY: _____ STATE: _____ ZIP: _____
PHONE: _____	PHONE: _____
EMAIL: _____	EMAIL: _____
NAME ON BADGE: _____	NAME ON BADGE: _____
NUMBER OF T-SHIRTS: _____ SIZE(S): _____	NUMBER OF REGISTRATIONS: _____ TOTAL: \$ _____
SCHOLARSHIP CONTRIBUTION: \$ _____	

Lend a hand to those unable to pay the registration fee

AVAILABILITY & MEETING ANNOUNCEMENTS

MEETING NOTICES:

PLEASE HELP: Seeking a Washburn-area AA-er to help start a meeting in Washburn. I moved here 2-1/2 years ago and saw Grainger County is sadly lacking in meetings. I have co-founded several meetings where I got sober, in New Hope, PA. I have 42 years of sobriety and 45 years in A.A., and still need meetings, but have to travel to find one. I'd like to enjoy one in my own home town. Here's where I let go and let God and see what happens. Can anyone help? In the bond of the fellowship, Jude T., Cloudcottage@bellsouth.net or phone 865-497-2820.

Hope In The Chapel (meeting at 7pm Tuesdays at Sharps Chapel Community Senior Center) is closing it's doors. We may reopen in the summers. Please give call if you have any questions: 772-285-2769

The ***Primary Purpose Group*** meets each Friday at 8pm, at the Erin Presbyterian Church at 200 Lockett Rd., Knoxville, in Bearden just off Kingston Pike. It is a small 12-Step/12-Tradition Study group and hopes to expand the size and impact of the group. Treatment center groups are most welcome.

Serenity Improvement Group now meets at Noon instead of 12:30.

Serenity Sisters at Park 40 is now an open meeting the 4th week of the month.

Seven Islands Sobriety is moving to 4pm on Saturdays.

The ***Oneida AA Meeting*** has been cancelled.

Two new meetings in Greeneville:

1. ***A Woman's Journey***, Sundays from 2-4 pm. This is an open, women's literature meeting and is handicap accessible. It meets at St. James Episcopal Church, 107 W. Church St., Greeneville 37745.
2. ***Search for Serenity*** meets on Mondays from 5:15 - 6:45 pm at St. James Episcopal Church, 107 W. Church St., Greeneville 37745. This is an open discussion meeting. It is handicap accessible.

Name change. Serenity at 7 meeting is now called ***Sunrise Serenity Group***. It continues to meet at Munsey Counseling Center on Tuesdays and Thursdays at 7 am. in Johnson City.

The ***AA Comes Alive*** Meeting on Tuesday nights in Kingsport no longer meets.

The ***Newport Big Book Study*** on Tuesday nights at 8pm at Newport Church of God has been cancelled.

UPCOMING EVENTS

SPONSORSHIP MEET & GREET

FOR THOSE LOOKING FOR SPONSORS AND SPONSEES

FIRST SATURDAY MORNING OF EVERY
MONTH FROM 9AM TO 11AM.

DONUTS AND COFFEE PROVIDED.

VERY INFORMAL...JUST SHOW UP.

AT THE INTERGOUP OFFICE

5833 CLINTON HIGHWAY

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KNOXVILLE, TN 37912



WORKSHOP

Presented by: Cliff G. Oklahoma City, OK

Eastview Recreation Center

456 E. Bernard Avenue • Greeneville, TN • 37745

FEB.

16TH
Sat.

2pm - 5pm

- TOPICS -

- ◆ **Surrender**
- ◆ **Inventory**

You Won't Want to Miss This!!!

For Info Call Glenn K. at (423) 823-7000

2nd Annual Roundup Warm Up!!!

Spaghetti Cook Off

When: Saturday, February 16th

Where: Boones Creek Christian Church
305 Christian Church Road
Johnson City, TN

Time: Dinner 6:00pm



**Suggested Dinner
Contribution \$3.00**

- ❖ Enter Your Spaghetti or Vote for Your Favorite
- ❖ Voting is by Cash Contributions
- ❖ Prize for 1st Place
- ❖ Winner will be Announced after the Speaker
- ❖ All Proceeds will Benefit the AR Roundup

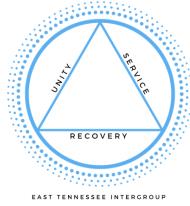


Speaker at 7:30pm
Clif G.
Oklahoma City, OK

FOR MORE INFORMATION

Call: (423) 302-7723

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