

EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



April 2019
Volume 43, Issue 4

Step Four:

“Made a searching and fearless
moral inventory of ourselves.”

CREATION gave us instincts for a purpose. Without them we wouldn't be complete human beings. If men and women didn't exert themselves to be secure in their persons, made no effort to harvest food or construct shelter, there would be no survival. If they didn't reproduce, the earth wouldn't be populated. If there were no social instinct, if men cared nothing for the society of one another, there would be no society. So these desires — for the sex relation, for material and emotional security, and for companionship — are perfectly necessary and right, and surely God-given.

Yet these instincts, so necessary for our existence, often far exceed their proper functions.

Twelve Steps & Twelve Traditions, page 42. Copyright © 1981
Alcoholics Anonymous World Services, Inc.

Fourth Step Prayer

Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine and I will begin a searching and fearless moral inventory. I will write down my wrongs, but I will also include that which is good. I pray for the strength to complete the task.

From Alcoholics Anonymous of Cleveland, OH
<https://www.aacle.org/twelve-step-prayers/>



DISTRICT MEETINGS

District 1 meets 11:00am on the second Saturday at the Renaissance Ctr., Kingsport, TN.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday at 2:00pm at Happy Destiny meeting place.

District 50/51 meets the first Monday of the month at 6:30pm at the Intergroup Office.

District 6 meets at 10:00am the first Saturday of the month at the Serenity Club.

SERVICE COMMITTEES

Intergroup Committee meets at 12:30pm on the 2nd Sunday of the month at the Intergroup Office.

District 50/51 - Treatment Committee

meets at 7:00pm on the 2nd Thursday of the month at Park 40; includes Bridging the Gap.

Tradition Four (Long Form):

With respect to its own affairs, each A.A. group should be responsible to no other authority other than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the General Service Board. On such issues our common welfare is paramount.

Twelve Steps & Twelve Traditions, page 189. Copyright © 1981 Alcoholics Anonymous World Services, Inc.

Tradition Four Checklist:

1. Do I insist that there are only a few right ways of doing things in AA?
 2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?
 3. Do I put down other members' behavior when it is different from mine, or do I learn from it?
 4. Do I always bear in mind that, to those outsiders who know I am in AA, I may to some extent represent our entire beloved Fellowship?
 5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober?
 6. Do I share my knowledge of AA tools with other members who may not have heard of them?
-

Concept IV:

At all responsible levels, we ought to maintain a traditional “Right of Participation,” allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

The Twelve Concepts for World Service Illustrated. Copyright © 1986 Alcoholics Anonymous World Services Inc.

Concept IV Checklist:

- Do we understand the spiritual principles underlying the “Right of Participation”?
- What does “in reasonable proportion” mean? Do we understand when it is appropriate for A.A. paid staff to have a vote at the General Service Conference or in our local service structure?
- Do we expect that, because we are A.A. members, we should be allowed to vote at any group, even if we are not active members of that group?

UNITY NEWSLETTER

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

AA BIRTHDAYS

Primary Purpose Group, Oak Ridge TN

March 2019 Anniversaries

Nora G., 26 years
Bob B., 16 years
Bill W., 13 years
Richard B., 10 years
Susan M., 6 years

Over Here/Over There Group

Preston M. Mar. 4 42 years

Metro Group

Calvin S. Mar. 11 14 years
Dennis O. Mar. 13 29 years

Monday Night Men's Group

Joe C., 21 years

Submit AA Anniversaries to:
newsletter@etiaa.org

Please use the following format:

- ◇ *first full name*
- ◇ *last name initial*
- ◇ *birthday month*
- ◇ *number of years sober*

NEWSLETTER SUBMISSIONS

Would you like to submit something for the Newsletter?

- Is your group celebrating Birthday/Anniversary? Are you?
- Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) East Tennessee of Alcoholics Anonymous can answer for you?
- Is there an "In Memory" group member to be recognized?
- We encourage all appropriate submissions by sending them to:

Newsletter Coordinator, newsletter@etiaa.org

***Please make sure
submissions arrive by
the 20th of the month prior
to the month you want your
notice to appear in the Unity
Newsletter! For notices arriving after the
25th, we cannot guarantee they will be included.***



We have expanded the newsletter!

We have increased the subscription rate to cover a \$1 stamp so that we are no longer limited to 12 pages and tiny (unreadable) type. If you receive the newsletter by email, it will be the same — longer but more readable.

MOBILE INTERGROUP

When should we visit your group?

~~~~~  
Mobile Intergroup will be at:

Colonial Heights 39th  
Gratitude Dinner,  
April 25, 6:30-8:00pm  
(see flyer p. 14)

and

Great Smoky Mountain Recovery Camp  
Out, from 4pm to 8pm  
on June 1, Saturday  
night, for the camp  
out.  
(see flyer p. 16)

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Is there an AA-related event you would like Intergroup to attend? If so, please contact us at:  
865-522-9667  
or email  
manager@etiaa.org

## We're on Facebook

ETIAA has a private FB group. If you would like to join, call the Intergroup Office:  
865-522-9667.

We'll be happy to add you to the group.



# INTERGROUP SERVICE NEEDS

**Want to get involved and do rewarding service work?** Currently there are many Service Work opportunities available at Intergroup.

**24/7 Hotline Volunteers:** Volunteer monthly, bi-monthly or weekly. Answer the phones when the office is closed.

**12-Step Volunteers:** When someone calls the office/hotline for help and the hotline worker cannot easily help, we try to hook them up with a person of the same sex as geographically close to them as we can. That way if you want to reconnect at a meeting, it's convenient. Callers usually need to be 12 stepped, are new to the area, need directions to local meetings, etc. This is separate from the Hotline and you can stipulate the type of calls you are willing to receive.

To serve, contact Jacque H., Hotline Coordinator. Or email us at manager@etiaa.org, visit the website at ETIAA.org, or call us at 865-522-9667.

**Office Workers:** Answer the phones, complete sales and keep the Intergroup Office open. Monday, Tuesday and Friday afternoons are open.

**Mobile Intergroup Coordinator** – Coordinate, pack, prepare for Mobile Intergroup Events. Service workers for Intergroup Mobile events also are needed.

**CPC/PI Chairperson** – Coordinate Cooperation with the Professional Community and Public Information Committees

**Events & Workshop Committee Chairperson** – We want to share some fun events! Plan and coordinate events.

**Intergroup Reps:** Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Take the information back to your groups.

**Volunteer Coordinator:** Manage Service Workers schedules and make sure all shifts are covered.

**Outreach Committee:** Visit meetings and talk to them about Intergroup.

We are looking to fill the above positions. The term of office, qualifications and duties are on the website <http://www.etiaa.org/service/>

Members interested in any of these positions should attend the next meeting of Intergroup on the second Sunday of the month at the Intergroup Office at 5833 Clinton Highway, Suite 202, Knoxville, TN 37912 865-522-9667.

## How can groups participate?

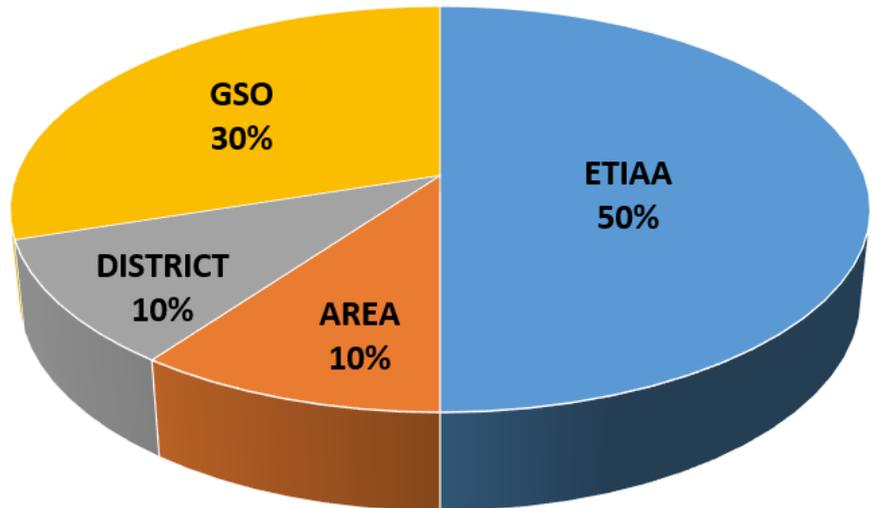
To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support: Where Money and Spirituality Mix. Go to [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)].

## 7 TH TRADITION SUGGESTED CONTRIBUTIONS

*From "AA's Self Support: Where Money and Spirituality Mix" Pamphlet*



***Every AA group ought to be fully self-supporting, declining outside contributions.***

## Contribution addresses

**ETIAA East Tennessee Intergroup of Alcoholics Anonymous**  
**5833 Clinton Highway**  
**Suite #202**  
**Knoxville, TN 37912**  
**865-522-9667**  
[www.etiaa.org](http://www.etiaa.org)

**General Service Office**  
**Grand Central Station**  
**P.O. Box 459**  
**New York, NY 10163**  
[www.aa.org](http://www.aa.org)

**Area 64 Assembly** \*NEW ADDRESS  
**2500 Murfreesboro Pike**  
**Suite 105, Box 235**  
**Nashville, TN 37217**  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
**Stephanie H.**  
**2213 Pendragon Rd**  
**Kingsport, TN 37660**

**District 2 Treasurer**  
**PO BOX 1872**  
**Johnson City, TN 37605**

**District 3 Treasurer**  
**John H.**  
**1466 Darbee Dr.**  
**Morristown, TN 37814**

**District 4 Treasurer**  
**PO Box 264** \*NEW ADDRESS  
**Alcoa, TN 37701**

**District 6 Treasurer**  
**Richard B.**  
**105 Mariner Point**  
**Clinton, TN 37716**

**Districts 50/51 Treasurer**  
**PO Box 27264**  
**Knoxville, TN 37917**

## FEBRUARY 2019 GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to Intergroup through AA's Seventh Tradition, would you check on your group's contribution at the next business meeting? If your group has any concerns that need addressing, let us know. If desired, we would love the chance to address them and possibly attend your business meeting.

**NOTE:** *East Tennessee Intergroup of AA fiscal year is July 1 -June 30. July 1, 2018, began the current FY.*

|                            | Feb 19 | Jul 18 -<br>Feb 19 |                               | Feb 19          | Jul 18 -<br>Feb 19 |
|----------------------------|--------|--------------------|-------------------------------|-----------------|--------------------|
| 1ST THINGS 1ST-P40         | 0.00   | 1,255.00           | MEMORIAL RECOVERY             | 0.00            | 100.00             |
| 4-WAY GROUP                | 0.00   | 10.17              | METRO GROUP                   | 0.00            | 875.00             |
| 4TH DIMENSION              | 0.00   | 589.00             | MONDAY NIGHT MEN'S            | 0.00            | 200.00             |
| 50/51 CHRISTMAS PARTY      | 0.00   | 3.65               | MONROE COUNTY                 | 0.00            | 100.00             |
| 50/51 PANCAKE BREAKFAST    | 0.00   | 1.40               | MORRISTOWN GROUP              | 0.00            | 30.00              |
| 501 Group                  | 0.00   | 60.00              | NEW BEGINNING- LOUDON         | 0.00            | 250.00             |
| AA ASSEMBLY                | 0.00   | 17.36              | NEW PATH                      | 0.00            | 105.00             |
| ARR SPAGHETTI DINNER       | 2.91   | 2.91               | NORRIS CLINTON GROUP          | 0.00            | 260.00             |
| BACK TO BASICS- OAK RIDGE  | 0.00   | 50.61              | NORRIS GROUP                  | 0.00            | 20.00              |
| BACK TO BASICS-SWEETWATER  | 0.00   | 120.00             | NORTH GATLINBURG GR           | 257.35          | 909.10             |
| BIG BOOK RECOVERY          | 25.00  | 139.00             | ONEIDA                        | 0.00            | 20.00              |
| BIG BOOKS STUDY P40        | 123.76 | 468.35             | OUR PRIMARY PURPOSE           | 0.00            | 259.00             |
| BLOUNT COUNTY GROUP        | 0.00   | 350.00             | PHOENIX GROUP                 | 0.00            | 711.50             |
| COLONIAL GROUP             | 0.00   | 125.00             | PRIMARY PURPOSE- OAK RIDGE    | 0.00            | 240.00             |
| COLONIAL HEIGHTS           | 0.00   | 25.00              | PRIME TIME                    | 0.00            | 580.00             |
| CONCORD GROUP              | 0.00   | 42.00              | PRINCIPALS BEFORE PERSONALI-  |                 |                    |
| CONTRIBUTION JAR           | 9.04   | 98.34              | TIES                          | 0.00            | 50.00              |
| COOKIE GROUP               | 0.00   | 240.00             | RIVERSIDE GROUP               | 0.00            | 333.92             |
| CORRECTIONS 50/51          | 0.00   | 2.36               | ROADMAP EVENT                 | 0.00            | 70.00              |
| CORRECTIONS DIST 3         | 0.00   | 5.67               | ROCKFORD                      | 5.82            | 5.82               |
| COURAGE TO CHANGE          | 0.00   | 150.00             | RULE 62                       | 0.00            | 45.00              |
| COVER TO COVER             | 0.00   | 115.00             | SEEDS OF HOPE                 | 100.00          | 100.00             |
| DISTRICT 50/51             | 30.00  | 210.00             | SERENITY IMPROVEMENT          | 300.00          | 450.00             |
| DISTRICT 6                 | 0.00   | 0.44               | SERENITY IN THE SMOKIES EVENT | 0.00            | 11.08              |
| DOWN BY THE RIVER          | 100.00 | 100.00             | SERENITY SEEKERS              | 0.00            | 140.00             |
| FIRST 164                  | 0.00   | 20.00              | SERENITY SISTERS              | 0.00            | 578.71             |
| FOUNTAIN CITY SERENITY     | 0.00   | 1,442.27           | SEVEN ISLANDS                 | 0.00            | 40.00              |
| FREE AT LAST               | 40.00  | 40.00              | SEYMOUR SHARING               | 0.00            | 791.16             |
| GREEN PASTURES             | 0.00   | 250.00             | SIMPLY AA                     | 0.00            | 30.00              |
| GROUP WITH NO NAME         | 0.00   | 623.98             | SISTERS IN SOBRIETY           | 0.00            | 40.00              |
| GSMRC EVENT                | 0.00   | 7.27               | SOBRIETY SOCIETY- SO-SO       | 0.00            | 262.50             |
| HAPPY DESTINY              | 375.00 | 1,125.00           | SPIRITUAL PROGRESS            | 130.00          | 130.00             |
| HAPPY, JOYOUS AND FREE     | 50.00  | 50.00              | STEPS FORWARD                 | 0.00            | 55.00              |
| HIGH NOON ROGERSVILLE      | 0.00   | 20.00              | TELLICO VILLAGE               | 0.00            | 120.00             |
| HOPE IN THE CHAPEL         | 0.00   | 30.00              | TENNESSEE GROUP               | 0.00            | 278.92             |
| Individual                 | 53.00  | 1,484.35           | TRI-STATE GROUP               | 0.00            | 257.80             |
| KODAK - BIG BOOK STUDY     | 0.00   | 50.00              | TRUDGING THE ROAD             | 0.00            | 50.14              |
| KODAK - STEPS & TRADITIONS | 0.00   | 50.00              | TURNIP PATCH                  | 37.90           | 112.88             |
| KODAK GROUP                | 0.00   | 250.00             | WELCOME HOME DINNER           | 0.00            | 0.00               |
| LAFOLLETTE-THERE IS HOPE   | 20.00  | 160.00             | WEST KNOXVILLE GROUP          | 0.00            | 111.05             |
| LOUDON                     | 0.00   | 225.00             | WORKING WITH OTHERS           | 0.00            | 215.00             |
| LUNCH BUNCH- GREENEVILLE   | 0.00   | 341.96             |                               | <u>1,659.78</u> | <u>19,389.67</u>   |
| MARYVILLE 12 STEP          | 0.00   | 100.00             | TOTAL                         |                 |                    |

## INTERGROUP MARCH MINUTES

Open with serenity prayer and monthly tradition  
Introduction and Sign-in sheet  
Accept/modify previous minutes: Accepted, none opposed.

### **Manager's report – Rebekah R**

March 2 Pre-Conference Report – With John Phillips; fantastic. Will put the recording online.  
Park 40 Bulk discounts- Chips, Medallions (430/yr) and Pamphlets – First purchase!  
Chips 10% over 100  
Pamphlets 10% over 100  
Medallions? – Currently no discount on anything but cases of books and pamphlets.  
Lease is up in April Update – Still waiting on new lease, so it's assumed we'll be month to month basis now.  
Insurance Update:  
Main ins from \$776 to \$469 – Renter's policy  
Directors and Officers policy is \$755 – Most non-profits have it, "CYA" Policy.  
Mobile IG update  
ARR – Coming up and have double the people than last year. We sold \$2,200 last year so we have a ton of stock to take, hopefully will double our profits.  
Spaghetti Dinner 2/16 AND :  
Greenville Workshop 2/16 – Sold more than the Spaghetti Dinner. Sold \$600ish between the Spaghetti Dinner and Workshop.  
Narcan and Square Training -3pm May 19<sup>th</sup> – After our meeting. Free to anyone who wants to come but we won't publicize it. Square training will be after it.  
Meet and Greet Viability – Not being supported.  
MIAP/Bookmark/Sticker price increase .23 – Tax Included, great money makers.  
App – Spoke to Designer and they're making more functionality like a Daily Reflection.

**Treasurer report** – Fawn L – Below average for the month but still in the black. Accepted.

Hotline – Jacque H – At the Galveston, GA retreat. Everything's going great.  
Office Service Workers- Annie B – Need afternoons Monday and Tuesday.  
Archive – Annie B – Workshop March 17<sup>th</sup> at Presbyterian Church on Broadway 2-3:30 by Tom R.  
Website – Shelley M – Absent.  
Accessibilities – *Open*  
Spanish Speaking Liaison – *Open*  
CPC/PI – *Open*  
Treatment- Beth H – Accessibilities is under treatment umbrella – Trying to gather that info for each meeting. We're getting more knowledgeable; Slides coming soon on the Area 64 website.  
Corrections – Lisa F – Absent. Making an appointment to see somebody soon.  
Outreach – Nick T – Still going good – Still need to work on redoing the 12step call list.  
Events - *Open*

### **Old Business**

#### **New Business -**

May Meeting is Mother's Day – Motion approved to move May Meeting to May 19<sup>th</sup>.  
Park 40/Anyone Bulk discounts – Motion approved for Chips 10% and Pamphlets 10% both over 100.

Counter Motion approved to Amend Pamphlet amount to 50 instead of 100.

Directors and Officers policy is \$755 – Motion approved to accept new insurance policy.  
Meet and Greet Viability – Will try one more month before canceling this event.  
MIAP/Bookmark price increase .23 - Motion approved to increase this price.  
Next Meeting April 14<sup>th</sup> at 12:30pm

## DISTRICT 50/51 MARCH 2019 MINUTES

Attending: Angela, Caitlin, Robin, Frankie, Krisa, Paul, Sheldon, Trey, Nathan, Jerry, Sandra, Nicole, Jacque, Rick, Charles

The meeting was opened with a moment of silence followed by The Serenity Prayer.

Introductions were made around the room.

A motion was made to accept last month's minutes as written; seconded and passed unanimously.

### **Robin District 51**

Robin shared that she attended the Pre-Conference Report on Saturday given by Jon Phillips.

Jon really wants feedback from the groups regarding the proposed draft of procedures for partial or complete reorganization of the General Service Board.

There are two separate motions that will be made at the next assembly to take away the voice and votes of past delegates.

Robin can be reached [robingavilan@gmail.com](mailto:robingavilan@gmail.com) and/or 865-438-3571

### **Jerry District 50**

Jerry shared that he also attended the Pre-Conference Report with Jon Phillips.

There is a proposal for producing a Fifth Edition Big Book.

There is also going to be some discussion at the General Service Conference about using full faced actors in our PSA's.

The World Conference will be held in Detroit in 2020. Jerry is thinking about taking a bus so let him know if you are interested in going.

The room cut off rate for the 2<sup>nd</sup> quarter assembly in Murfreesboro is today.

Jerry can be reached at [jerrytheman@yahoo.com](mailto:jerrytheman@yahoo.com) and/or 865-719-0308.

**Treasurer's Report – Nicole:** She has two checks that she needs to deposit. After the deposit, our balance will be \$2,680.45. A motion was made to accept the treasurer's report. The motion was seconded

### **CPC/PI- Paul – Trey:**

They had their first meeting two weeks ago.

The next meeting will be on March 24 at 1:00pm at the Intergroup office.

They are attempting to rewrite the pamphlet "Speaking at Non-AA Events".

They are trying to alter the area's slide show to be fitting for medical staff and have Covenant include it in their training for people getting their CEU's.

They are trying to get back in the health loop.

Trey will be attending the National Mental Health Conference in March to share information.

He reminded everyone that our delegate really wants to hear from groups regarding two items specifically:

\*whether we should use full faced actors for our PSA's.

\*how we feel about the AA LinkedIn page. (AA will be launching the LinkedIn page two weeks before the analytics come in).

Trey shared briefly about Google. Since we are a non-profit, we get so many clicks on ad words per month of the words that we choose. After the free ones, it would cost us \$108,000 every six months.

**Archives Report – Karen** (Not present)

## DISTRICT 50/51 MARCH 2019 MINUTES

### **Corrections Report – Frankie:**

They are working on streamlining corrections in Knox County.

The Corrections Committee has established a board. The Corrections Committee meets the 2<sup>nd</sup> Thursday of every month at 6:00pm at the Intergroup Office. They are accepting any and all literature donations.

Frankie is working on an itemized budget of where they will be spending their 2019 funds. They currently have 11 people going in to the Knox County Detention Center. There are 4 or 5 applicants in the queue.

**Grapevine Report – Sandra:** Nothing new to report.

**Treatment Report:** Lee is the chair of this committee; not present. Sandra reported that Sandy White is working with the treatment committee to take meetings into Kingston Academy.

They are trying to develop a chart that they can take and present to different groups to encourage them to take responsibility for taking meetings into one specific treatment center (ex: like the TN Group takes meetings into Cornerstone of Recovery).

**Events Report** We currently have no chair for events committee.

**Bridging the Gap Report – John** not present.

**OLD BUSINESS: None**

**NEW BUSINESS:**

**BUDGETS:**

**Corrections:** Frankie proposed a \$2600.00 budget for this year. He will have an itemized statement next month as to where the money will be going. He states that 95% of it will go toward literature. He does not have any fund-raising events planned at this time but is something he will consider. Jerry made a motion to approve the budget contingent upon itemized budget. The motion was seconded and passed unanimously.

**Treatment:** Sandra proposed a \$350.00 budget for this year. They are asking for a little more because they want to do a workshop this year. A motion was made to approve the budget. The motion was seconded and passed unanimously.

**CPC/PI:** Trey proposed a \$600.00 budget for this year. The increased budget is to cover entry fees into health fairs, more PSA's, etc. Jerry made a motion to approve the budget. The motion was seconded and passed unanimously.

**Grapevine:** Sandra proposed a \$100.00 budget. A motion was made to accept the budget. The motion was seconded and passed unanimously.

**Events:** Trey made a motion to keep the \$500 budget. The motion was seconded and passed unanimously.

Natalie suggested that everyone go back to their groups and show them the pie chart for suggested monetary donations. Let everyone know that the pie chart is a suggestion only and they can send more, or less to any division.

Trey made a motion that we pay Intergroup \$30 for the use of the office for tonight's district meeting. The motion was seconded and passed unanimously.

Trey made a motion that we pay Intergroup \$30 for the use of the office for the Pre-Conference Report the previous weekend. The motion was seconded and passed unanimously.

**GROUP ANNOUNCEMENTS:**

Age of Miracles – District 50 moved locations and now will be meeting at St. James Episcopal on Broadway and they will meet every Friday at 8pm. It is an open meeting. Nathan will give the information to Rebekah to update the meeting schedule.

The next District Meeting will be on April 1 at 6:30pm.

A motion was made to adjourn. The motion was seconded and passed unanimously.

## DISTRICT 6 MINUTES, MARCH 2, 2019

Attendees: Sandy W., DCM, Richard B., Robert G., Lynette B., Joan S., Tara H.,

Meeting was opened with Serenity Prayer at 10:00 AM. Lynette B. read the 12 Traditions.

**Secretary Report:** Richard B. made a motion to accept minutes as submitted. Tara H. seconded. Motion passed

**Treasurer Report:** Richard B. reported we had no expenses for the month and account is in good shape. Joan S. made a motion to accept Treasurer's report as submitted. Tara H. seconded. Motion passed.

**Group Reports:** Primary Purpose- Richard reported several newcomers coming to meetings & more people willing to chair meetings. Big Book & 12 & 12 meeting attendance up. Happy, Joyous & Free – Sandy W. noted increase in attendees from rehab centers; there will be an Eat and Speak on 3/13 noon meeting. Norris Group – Tara H. reported an increase in attendance with a few newcomers. Oneida/Scott County Group meets on Wednesday at 7:00 pm at 234 N. Main St, Oneida; it is an open meeting and handicap accessible.

**Intergroup:** No report this month.

**Corrections:** Sandy W. noted correspondence with inmates is ongoing and doing well.

**DCM:** Sandy W. reported that the General Service Conference Agenda items will include review of kit & workbooks for the following: Archives, Accessibility, Public Information, CPC & Corrections. Contributions to GSO are up by about \$200 from previous year. 50% of groups in District 6 regularly contribute to GSO. Southeast Regional Forum will be held on December 4-6, 2020 at Golden Nugget in Biloxi, MS. Lynette B. volunteered to take a meeting into Kingston Academy but with building structure concerns and children being removed, she will wait on that. An Area 64 proposal is being put together that suggests past Delegates not vote at Assemblies.

**New Business:** Upcoming workshops: Lynette received no response from group's members asking for topics. Robert G. suggested 4<sup>th</sup> & 5<sup>th</sup> Steps as topic. Other topics mentioned were Big Book workshop, Concepts and Safety in AA. Richard mentioned Area Officers may be good for a panel. Joan S. made a motion that 1<sup>st</sup> workshop topic be 4<sup>th</sup> & 5<sup>th</sup> Steps. Richard B. seconded. Motion passed. Richard B. made a motion that Sandy W. explore availability of Area Officers for workshop. Joan S seconded. Motion passed. Robert G. noted to mention upcoming workshop(s) when visiting groups in District. District Picnic: will probably be Fall Picnic. Richard will check into pavilion on Melton Lake Drive for availability and fees.

Motion to adjourn at 11:15 am. 7<sup>th</sup> Tradition - \$22.00 Next meeting to be held on May 4 at 10:00 at Serenity Club in Oak Ridge.



# Founders' Day Herald

84<sup>th</sup> Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2019 | Akron, Ohio | Birthplace of A.A.

## FRIDAY ACTIVITIES

### A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour  
Chaired by: Jeff C.

### A.A. Early Bird Meeting\* • 3:00 p.m.

Chad S. - Akron, OH  
"A Quiet Mind and A Loving Heart"  
Chaired by: Aaron K.

### Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"A Song and a Coffee Pot"

### A.A. Speaker Meeting\* • 7:00 p.m.

Jennifer K. - Plano, TX  
"Everything Is Bigger In Texas"  
Chaired by: Woody W.

### Serenity Singers • 8:30 p.m. - 9:00 p.m.

Olin Hall

### NEW MEETING!

### A.A. Speaker Meeting\* • 9:00 p.m.

Denny S. - Woodlands, CA  
"Together Our Lives Come Full Circle"  
Chaired by: Tom O.

### Junta en Español • 9:00 p.m. - 11:00 p.m.

"Los Jóvenes en AA" Crispin O., Morristown, TN  
"Experiencia, Fortaleza y Esperanza"  
Mauricio R., Alcoa, TN  
"La Viña, nuestra reunión impresa"  
Raymundo L., San José, CA

### A.A. Alkathon • 11:00 p.m. - 2:30 a.m.

## SATURDAY ACTIVITIES

### Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.  
2 buses continuously - Bierce Circle

### A.A. Archives

Located in Akron Intergroup Office  
(Stop on bus tour)

### The 12 Traditions • 9:00 a.m.

Gail L. & Harmon V.  
"Why It Works"  
Chaired by: Tom O.

### Taller Internacional de La Viña

11:00 a.m. - 1:00 p.m.  
Coordinador: Ana L., San José, CA  
Expositores: Arturo A. y Juan T., San José, CA

### A.A. Old Timers' Panel\* • 10:30 a.m.

Topic: "Early In Sobriety"  
Debbie D. - Concord, CA  
Tommy M. - Largo, FL  
Tom H. - Cuyahoga Falls, OH  
Chaired by: Tom O.

### Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"A Song and a Coffee Pot"

### NEW TIME, DAY & LOCATION!

### A.A. & Al-Anon Speaker Meeting\* • 12:00 p.m.

Dain and Rhonda J. - Rocky Hill, CT  
"Honesty, Purity, Unselfishness and Love"  
E.J. Thomas Hall  
Chaired by: Cathy C.

### A.A. Speaker Meeting\* • 2:00 p.m.

Chris S. - Bedminster, NJ  
"Your Job Now Is To Be In A Place Where You  
May Be Of Maximum Usefulness To Others"  
Chaired by: Jeff C.

### The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - The Villages, FL  
Chaired by: Aaron K.

### A.A. Speaker Meeting\* • 8:00 p.m.

Tim H. - Louisville, KY  
"I Lied My Whole Life, When The Truth  
Was Good Enough"  
UA Infocision Stadium\*\*  
Chaired by: Scott T.

### \*\*Stadium Weather Contingency Plan for Saturday Night - See Web Site

### DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.  
Saturday Night

## SUNDAY ACTIVITIES

### MOTORCADE TO DR. BOB'S GRAVE\*

7:30 a.m.  
Motorcycle procession and graveside  
memorial tribute to Dr. Bob & Anne S.  
Speaker: Harmon V.  
Chaired by: Woody W.

### A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "God As I Understand Him"  
Chaired by: Jeff C.

### A.A. Closing Speaker Meeting\*

10:30 a.m.  
Don L. - Bellingham, WA  
"I Found That Change Was Impossible  
Without First Being Wrong About Something.  
I Learned To Embrace The Power Of Being Wrong"  
Chaired by: Joyce B.

## AL-ANON

## FRIDAY ACTIVITIES

### Al-Anon Panel • 9:00 a.m. - 1:00 p.m.

Concepts  
Chaired by: Irena H.

### Marathon Al-Anon Meeting

2:00 p.m. - 8:00 p.m.  
Come Share Your Experience, Strength  
and Hope!  
Chaired by: Amber M. and Dan C.

## AL-ANON

## SATURDAY ACTIVITIES

### Al-Anon Sponsorship Panel • 9:30 a.m.

Pat A., Cheryl B., Julie C.  
Chaired by: Dan C.

### NEW TIME, DAY & LOCATION!

### A.A. & Al-Anon Speaker Meeting\* • 12:00 p.m.

Dain and Rhonda J. - Rocky Hill, CT  
"Honesty, Purity, Unselfishness and Love"  
E.J. Thomas Hall  
Chaired by: Cathy C.

### Al-Anon Band • 2:00 p.m.

12 Songs Of Recovery  
The 12 Steppers - Columbus, OH  
Chris M. - Piano, Vocals  
Tony J. - Mandolin, Flute  
Mike S. - Drums  
TL V. - Bass Guitar  
Intro by: Cathy C.

### Alateen • 3:30 p.m.

Chaired by: Wendy Y.

## REGISTRATION

### UA STUDENT UNION

### CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.  
Saturday 8:00 a.m. - 6:00 p.m.

### Registrations must be picked up by

6:00 p.m. Saturday - **NO EXCEPTIONS!**

### Package Plans must be picked up at designated dormitories. Check confirmation letter or e-mail.

### Coffee & Fellowship Room

Student Union

### A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.  
Saturday 8:00 a.m. - 5:00 p.m.

### CREDIT CARDS ACCEPTED!

### \* A.S.L. INTERPRETER

**NO BASIC REGISTRATION REFUND.  
\$30.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!**

**FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.**

**Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!**

## **Bonus Reading: FOREWORD TO SECOND EDITION**

*Figures given in this foreword describe the Fellowship as it was in 1955.*

SINCE the original Foreword to this book was written in 1939, a wholesale miracle has taken place. Our earliest printing voiced the hope "that every alcoholic who journeys will find the Fellowship of Alcoholics Anonymous at his destination. Already," continues the early text, "twos and threes and fives of us have sprung up in other communities."

Sixteen years have elapsed between our first printing of this book and the presentation of 1955 of our second edition. In that brief space, Alcoholics Anonymous has mushroomed into nearly 6,000 groups whose membership is far above 150,000 recovered alcoholics. Groups are to be found in each of the United States and all of the provinces of Canada. A.A. has flourishing communities in the British Isles, the Scandinavian countries, South Africa, South America, Mexico, Alaska, Australia and Hawaii. All told, promising beginnings have been made in some 50 foreign countries and U.S. possessions. Some are just now taking shape in Asia. Many of our friends encourage us by saying that this is but a beginning, only the augury of a much larger future ahead.

The spark that was to flare into the first A.A. group was struck at Akron, Ohio in June 1935, during a talk between a New York stockbroker and an Akron physician. Six months earlier, the broker had been relieved of his drink obsession by a sudden spiritual experience, following a meeting with an alcoholic friend who had been in contact with the Oxford Groups of that day. He had also been greatly helped by the late Dr. William D. Silkworth, a New York specialist in alcoholism who is now accounted no less than a medical saint by A.A. members, and whose story of the early days of our Society appears in the next pages. From this doctor, the broker had learned the grave nature of alcoholism. Though he could not accept all the tenets of the Oxford Groups, he was convinced of the need for moral inventory, confession of personality defects, restitution to those harmed, helpfulness to others, and the necessity of belief in and dependence upon God.

Prior to his journey to Akron, the broker had worked hard with many alcoholics on the theory that only an alcoholic could help an alcoholic, but he had succeeded only in keeping sober himself. The broker had gone to Akron on a business venture which had collapsed, leaving him greatly in fear that he might start drinking again. He suddenly realized that in order to save himself he must carry his message to another alcoholic. That alcoholic turned out to be the Akron physician.

This physician had repeatedly tried spiritual means to resolve his alcoholic dilemma but had failed. But when the broker gave him Dr. Silkworth's description of alcoholism and its hopelessness, the physician began to pursue the spiritual remedy for his malady with a willingness he had never again up to the moment of his death in 1950. This seemed to prove that one alcoholic could affect another as no nonalcoholic could. It also indicated that strenuous work, one alcoholic with another, was vital to permanent recovery.

Hence the two men set to work almost frantically upon alcoholics arriving in the ward of the Akron City Hospital. Their very first case, a desperate one, recovered immediately and became A.A. number three. He never had another drink. This work at Akron continued through the summer of 1935. There were many failures, but there was an occasional heartening success. When the broker returned to New York in the fall of 1935, the first A.A. group had actually been formed, though no one realized it at the time.

A second small group promptly took shape at New York, to be followed in 1937 with the start of a third at Cleveland. Besides these, there were scattered alcoholics who had picked up the basic ideas in Akron or New York who were trying to form groups in other cities. By late 1937, the number of members having substantial sobriety time behind them was sufficient to convince the membership that a new light had entered the dark world of the alcoholic.

It was now time, the struggling groups thought, to place their message and unique experience before the world. This determination bore fruit in the spring of 1939 by the publication of this volume. The membership had then reached about 100 men and women. The fledgling society, which had been nameless, now began to be called Alcoholics Anonymous, from the title of its own book. The flying-blind period ended. A.A. entered a new phase of its pioneering time.

With the appearance of the new book a great deal began to happen. Dr. Harry Emerson Fosdick, the noted clergyman, reviewed it with approval. In the fall of 1939 Fulton Oursler, the editor of *Liberty*, printed a piece in his magazine, called "Alcoholics and God." This brought a rush of 800 frantic inquiries into the little New York office which meanwhile had been established. Each inquiry was painstakingly answered; pamphlets and books were sent out. Businessmen, traveling out of existing groups, were referred to these prospective newcomers. New groups started up and it was found, to the astonishment of everyone, that A.A.'s message could be transmitted in the mail as well as by word of mouth. By the end of 1939 it was estimated that 800 alcoholics were on their way to recovery.

In the spring of 1940, John D. Rockefeller, Jr. gave a dinner for many of his friends to which he invited A.A. members to tell their stories. News of this got on the world wires; inquiries poured in again and many people went to the bookstores to get the book "Alcoholics Anonymous." By March 1941 the membership had shot up to 2,000. Then Jack Alexander wrote a feature article in the *Saturday Evening Post* and placed such a compelling picture of A.A. before the general public that alcoholics in need of help really deluged us. By the close of 1941, A.A. numbered 8,000 members. The mushrooming process was in full swing, A.A. had become a national institution.

Our Society then entered a fearsome and exciting adolescent period. The test that it faced was this: Could these large numbers of erstwhile erratic alcoholics successfully meet and work together? Would there be quarrels over membership, leadership and money? Would there be strivings for power and prestige? Would there be schisms which would split A.A. apart? Soon A.A. was beset by these very problems on every side and in every group. But out of this frightening and at first disrupting experience the conviction grew that A.A.'s had to hang together or die separately. We had to unify our Fellowship or pass off the scene.

As we discovered the principles by which the individual alcoholic could live, so we had to evolve principles by which the A.A. groups and A.A. as a whole could survive and function effectively. It was thought that no alcoholic man or woman could be excluded from our Society; that our leaders might serve but not govern; that each group was to be autonomous and there was to be no fees or dues; our expenses were to be met by our own voluntary contributions. There was to be the least possible organization, even in our service centers. Our public relations were to be based upon attraction rather than promotion. It was decided that all members ought to be anonymous at the level of press, radio, TV and films. And in no circumstances should we give endorsements, make alliances, or enter public controversies.

This was the substance of A.A.'s Twelve Traditions, which are stated in full on page 564 of this book. Though none of these principles had the force of rules or laws, they had become so widely accepted by 1950 that they were confirmed by our first International Conference held at Cleveland. Today the remarkable unity of A.A. is one of the greatest assets that our Society has.

While the internal difficulties of our adolescent period were being ironed out, public acceptance of A.A. grew by leaps and bounds. For this there were two principal reasons: the large numbers of recoveries, and reunited homes. These made their impressions everywhere. Of alcoholics who came to A.A. and really tried, 50% got sober at once and remained that way; 25% sobered up after some relapses, and among the remainder, those who stayed on with A.A. showed improvement. Other thousands came to a few A.A. meetings and at first decided they didn't want the program. But great numbers of these-about two out of three-began to return as time passed.

Another reason for the wide acceptance of A.A. was the ministration of friends-friends in medicine, religion, and the press, together with innumerable others who became our able and persistent advocates. Without such support, A.A. could have made only the slowest progress. Some of the recommendations of A.A.'s early medical and religious friends will be found further on in this book.

Alcoholics Anonymous is not a religious organization. Neither does A.A. take any particular medical point of view, though we cooperate widely with the men of medicine as well as with the men of religion. Alcohol being no respecter of persons, we are an accurate cross section of America, and in distant lands, the same democratic evening-up process is now going on. By personal religious affiliation, we include Catholics, Protestants, Jews, Hindus, and a sprinkling of Moslems and Buddhists. More than fifteen percent of us are women.

At present, our membership is pyramiding at the rate of about twenty percent a year. So far, upon the total problem of several million actual and potential alcoholics in the world, we have made only a scratch. In all probability, we shall never be able to touch more than a fair fraction of the alcohol problem in all its ramifications. Upon therapy for the alcoholic himself, we surely have no monopoly. Yet it is our great hope that all those who have as yet found no answer may begin to find one in the pages of this book and will presently join us on the highroad to a new freedom.

**COLONIAL HEIGHTS 39<sup>TH</sup>  
ANNUAL GRATITUDE DINNER  
APRIL 25<sup>TH</sup>, 2019**

***SPEAKER: PATTI A.  
KNOXVILLE, TN***

**When:** Dinner 6:30pm, Speaker 8:00pm

**Where:** Colonial Heights Presbyterian Church (gym)  
213 Colonial Heights Road, Kingsport, TN

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***PLEASE JOIN US FOR AN EVENING OF FUN FOOD & FELLOWSHIP***

***MEATS AND DRINKS ARE PROVIDED***

***BRING YOUR FAVORITE COVERED DISH OR DESSERT***

***FAMILY & FRIENDS ARE WELCOME!***

# **SPONSORSHIP MEET & GREET**

**FOR THOSE LOOKING FOR SPONSORS AND SPONSEES**

**FIRST SATURDAY MORNING OF EVERY  
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**DONUTS AND COFFEE PROVIDED.**

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**AT THE INTERGOUP OFFICE**

**5833 CLINTON HIGHWAY**

**SUITE 202, LOWER LEVEL, BACK DOOR**

**KNOXVILLE, TN 37912**



# **NEW DATES!!!**

*66<sup>th</sup> Great Smoky Mountain*

*Recovery Campout*

**May 30<sup>th</sup> - June 2<sup>nd</sup>**

Open AA Meetings 11am and 8pm daily

Al-anon Meetings Sat. and Sun. @ 9:30am

Sat. June 1<sup>st</sup> Dinner @ 5pm

Speaker @ 6:45pm

**Linda H.**

**from South Carolina**

For more info email [gsmrc.greenbrier@gmail.com](mailto:gsmrc.greenbrier@gmail.com)

or call Toby W. 865-654-3884

No pets at the meetings please

For campground reservations contact

Greenbrier Campground

<https://www.smokymountaincamping.com/>

5406 Pittman Center Rd

Pitman Center 37836

865-430-7415

## AVAILABILITY & MEETING ANNOUNCEMENTS

**The Age of Miracles** meeting, which formerly met Friday nights 9:30pm to 10:30 pm in South Knoxville, now meets Fridays, 8:00pm to 9:00pm at St. James Episcopal Church at 1101 N Broadway, Knoxville, TN 37917. The group is an open, young-people meeting .

The **Friends of Bill and Dorothy Group** (LGBTQ, Literature, Open) Sunday evenings, 6:30pm to 7:30pm at 802 Buffalo St, Johnson City, TN 37604.

Changes to two meetings in Greeneville and Elizabethton, TN:

1. Format change: **A Woman's Journey** in Greeneville is no longer a literature meeting. It is now an open, women-only discussion meeting; the venue is handicap-accessible.
2. Location change for the **Green Pastures Group** in Elizabethton. It now meets at 429 East Elk Ave., Elizabethton, 37643.

The **Primary Purpose Group** meets each Friday at 8:00pm at the Erin Presbyterian Church at 200 Lockett Rd., Knoxville, in Bearden just off Kingston Pike. It is a small 12-Step/12-Tradition Study group and hopes to expand the size and impact of the group. Treatment center groups are most welcome.

We want to make you aware of a **Friday Meditation Meeting** that has started. We are going to apply as a formal AA group in the near future. **See the flyer on the next page for details.**

### **Available Meeting Space:**

The Ketron Memorial United Methodist Church in Kingsport has available space for meetings. Call Josh at 865-776-1805.

## **NEW MEETING ANNOUNCEMENT**

- What:** 11<sup>th</sup> Step Meditation Meeting
- When:** Friday Night at 7:00 PM – 8:00 PM  
*Access to the building limited from 6:30 PM – 7:15 PM*
- Where:** Concord United Methodist Church - Room 293  
11020 Roane Drive  
Knoxville, TN 37934  
**Park near Playground to enter building.**  
*Access to the building limited from 6:30 PM – 7:15 PM*
- How:** This is an OPEN meeting of Alcoholics Anonymous that includes a 20-minute period of silent mediation. This meeting is designed to help us improve our conscious contact with our Higher Power as We understand it and is not an open discussion meeting.



***NOTE:** This is not a meeting that promotes any form of meditation over another. We have no opinions on religious or spiritual practices and ask all present to be respectful and kind.*

**EAST  
TENNESSEE  
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NEWSLETTER**



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**APRIL 2019**

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