

EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



August 2019
Volume 43, Issue 8

Step Eight:

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

... Having carefully surveyed this whole area of human relations, and having decided exactly what personality traits in us injured and disturbed others, we can now commence to ransack memory for the people to whom we have given offense. To put a finger on the nearby and most deeply damaged ones shouldn't be hard to do. Then, as year by year we walk back through our lives as far as memory will reach, we shall be bound to construct a long list of people who have, to some extent or other, been affected. We should, of course, ponder and weigh each instance carefully. We shall want to hold ourselves to the course of admitting the things *we* have done, meanwhile forgiving the wrongs done us, real or fancied. We should avoid extreme judgments, both of ourselves and of others involved. We must not exaggerate our defects or theirs. A quiet, objective view will be our steadfast aim.

Whenever our pencil falters, we can fortify and cheer ourselves by remembering what A.A. experience in this Step has meant to others. It is the beginning of the end of isolation from our fellows and from God.

Twelve Steps and Twelve Traditions, page 81. Copyright © 1981
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Eighth Step Prayer

Higher Power, I ask Your help in making my list of all those I have harmed.

*I will take responsibility for my mistakes and
Be forgiving to others as You are forgiving to me.
Grant me the willingness to begin my restitution.
This I pray.*

From Alcoholics Anonymous of Cleveland, OH

<https://www.aacle.org/twelve-step-prayers/20Step%20Prayers%20-%20Spiritual%20-%20Alcoholics%20Anonymous%20Cleveland.htm>



DISTRICT MEETINGS

District 1 meets 11:00am on the second Saturday at the Renaissance Ctr., Kingsport, TN.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday at 2:00pm at Happy Destiny meeting place.

District 50/51 meets the first Monday of the month at 6:30pm at the Intergroup Office.

District 6 meets at 10:00am the first Saturday of the month at the Serenity Club.

SERVICE COMMITTEES

Intergroup Committee meets at 12:30pm on the 2nd Sunday of the month at the Intergroup Office.

District 50/51 - Treatment Committee meets at 7:00pm on the 2nd Thursday of the month at Park 40; includes Bridging the Gap.

Tradition Eight (Long Form):

Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholics.

Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.

Twelve Steps and Twelve Traditions, page 191. Copyright © 1981 Alcoholics Anonymous World Services, Inc.

Tradition Eight Checklist:

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition—How It Developed*?

Concept VIII:

The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Concept VIII Checklist:

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities?
- Does my home group subscribe to G.S.O.’s bimonthly newsletter *Box 4-5-9*? A.A. Grapevine? Do I?

The Twelve Concepts for World Service Illustrated. Copyright © 1986 Alcoholics Anonymous World Services Inc.

UNITY NEWSLETTER

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

NEWSLETTER SUBMISSIONS

Would you like to submit something for the Newsletter?

- Is your group celebrating a Birthday/Anniversary? Are you?
- Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous East Tennessee of Alcoholics Anonymous (ETIAA) can answer for you?
- Is there an "In Memory" group member to be recognized?
- We welcome all appropriate submissions at:

Newsletter Coordinator, newsletter@etiaa.org

Please make sure submissions arrive by the 20th of the month prior to the month you want your notice to appear in the Unity Newsletter! For notices arriving after the 25th, we cannot guarantee they will be included.



AA BIRTHDAYS

Flat Iron Group

Trent W., July 16, 25 years

Primary Purpose Group, Oak Ridge TN

July 2019 Anniversaries

John D., 38 years
 Dick M., 32 years
 Cheryl B., 26 years
 Dave C., 14 years
 Sterling S., 8 years

Tennessee Group

July 2019 Anniversaries

Linda K. 29 years
 Marian G. 32 years
 Jessica B. 11 years
 Anita T. 31 years

Tennessee Group

August 2019 Anniversaries

Pam S.	9 years
Natalie H.	7 years
Beth	2 years
Angela L.	10 years
April	2 years
Krisa B.	8 years
Candace	1 year
Ryan B.	8 years
Phil B.	7 years
Will B.	3 years
Sandy C.	1 year
Lindsay D.	3 years

Submit AA Anniversaries to:
newsletter@etiaa.org

Please use the following format:

- ◇ first full name
- ◇ last name initial
- ◇ birthday month
- ◇ number of years sober

MOBILE INTERGROUP

When should we visit your group?

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**Mobile Intergroup is available to visit with your group. Let us know if your group would like a visit from the Mobile Intergroup.**

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**Is there an AA-related event you would like Intergroup to attend? If so, please contact us at: 865-522-9667 or email [manager@etiaa.org](mailto:manager@etiaa.org)**

## **We're on Facebook**

ETIAA has a private FB group. If you would like to join, call the Intergroup Office: 865-522-9667.

We'll be happy to add you to the group.



# INTERGROUP SERVICE NEEDS

**Want to get involved and do rewarding service work?** Currently there are many Service Work opportunities available at Intergroup.

**24/7 Hotline Volunteers:** Volunteer monthly, bi-monthly or weekly. Answer the phones when the office is closed.

**12-Step Volunteers:** When someone calls the office/hotline for help and the hotline worker cannot easily help, we try to hook them up with a person of the same sex as geographically close to them as we can. That way if you want to connect at a meeting, it's convenient. Callers usually need to be 12 stepped, are new to the area, need directions to local meetings, etc. This is separate from the Hotline and you can stipulate the type of calls you are willing to receive.

To serve, contact Jacque H., Hotline Coordinator. Or email us at [manager@etiaa.org](mailto:manager@etiaa.org), visit the website at [ETIAA.org](http://ETIAA.org), or call us at 865-522-9667.

**Office Workers:** Answer the phones, complete sales and keep the Intergroup Office open. Monday, Tuesday and Friday afternoons are open.

**Mobile Intergroup Coordinator** – Coordinate, pack, prepare for Mobile Intergroup Events. Service workers for Intergroup Mobile events also are needed.

**CPC/PI Chairperson** – Coordinate Cooperation with the Professional Community and Public Information Committees

**Events and Workshop Committee Chairperson** – We want to share some fun events! Plan and coordinate events.

**Intergroup Reps:** Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Take the information back to your groups.

**Outreach Committee:** Visit meetings and talk to them about Intergroup.

We are looking to fill the above positions. The term of office, qualifications and duties are on the website <http://www.etiaa.org/service/>

Members interested in any of these positions should attend the next meeting of Intergroup on the second Sunday of the month at the Intergroup Office at 5833 Clinton Highway, Suite 202, Knoxville, TN 37912 865-522-9667.

## How can groups participate?

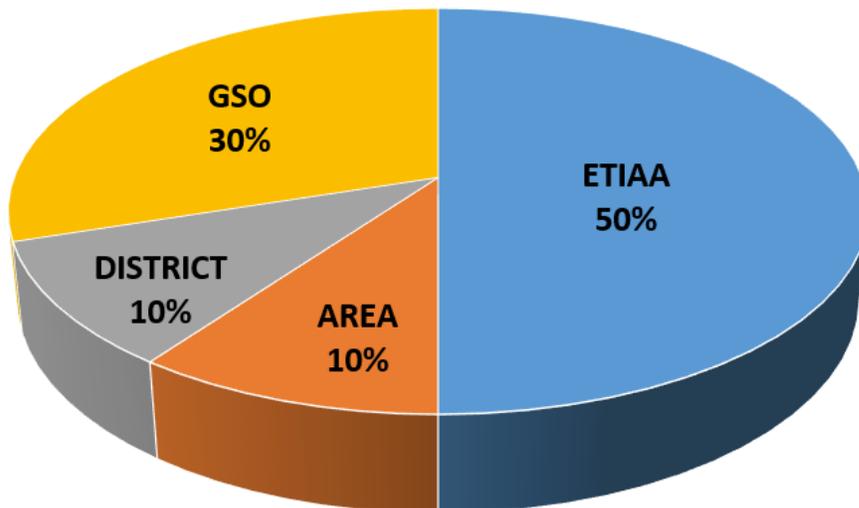
To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support: Where Money and Spirituality Mix. Go to [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)].

## 7 TH TRADITION SUGGESTED CONTRIBUTIONS

From "AA's Self Support: Where Money and Spirituality Mix" Pamphlet



*Every AA group ought to be fully self-supporting, declining outside contributions.*

## Contribution addresses

**ETIAA East Tennessee Intergroup of Alcoholics Anonymous**  
5833 Clinton Highway  
Suite #202  
Knoxville, TN 37912  
865-522-9667  
[www.etiaa.org](http://www.etiaa.org)

**General Service Office**  
Grand Central Station  
P.O. Box 459  
New York, NY 10163  
[www.aa.org](http://www.aa.org)

**Area 64 Assembly** \*NEW ADDRESS  
2500 Murfreesboro Pike  
Suite 105, Box 235  
Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
Stephanie H.  
2213 Pendragon Rd  
Kingsport, TN 37660

**District 2 Treasurer**  
PO BOX 1872  
Johnson City, TN 37605

**District 3 Treasurer**  
John H.  
1466 Darbee Dr.  
Morristown, TN 37814

**District 4 Treasurer**  
PO Box 264 \*NEW ADDRESS  
Alcoa, TN 37701

**District 6 Treasurer**  
Richard B.  
105 Mariner Point  
Clinton, TN 37716

**Districts 50/51 Treasurer**  
PO Box 27264  
Knoxville, TN 37917

## JUNE 2019 GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to Intergroup through AA's Seventh Tradition, would you check on your group's contribution at the next business meeting? If your group has any concerns that need addressing, let us know. If desired, we would love the chance to address them and possibly attend your business meeting.

**NOTE:** *East Tennessee Intergroup of AA fiscal year is July 1 -June 30. July 1, 2018, began the current FY.*

|                           | Jun '19 | Jul 18 -<br>Jun '19 |                                      | Jun '19         | Jul 18 -<br>Jun '19 |
|---------------------------|---------|---------------------|--------------------------------------|-----------------|---------------------|
| 1ST THINGS 1ST-P40        | 357.22  | 2,783.67            | MONDAY NIGHT MEN'S                   | 500.00          | 700.00              |
| 4-WAY GROUP               | 0.00    | 10.17               | MONROE COUNTY                        | 0.00            | 100.00              |
| 4TH DIMENSION             | 0.00    | 1,001.00            | MORRISTOWN GROUP                     | 0.00            | 85.61               |
| 50/51 CHRISTMAS PARTY     | 0.00    | 3.65                | NEW BEGINNING- LOUDON                | 0.00            | 250.00              |
| 50/51 PANCAKE BREAKFAST   | 0.00    | 1.40                | NEW PATH                             | 0.00            | 225.00              |
| 501 Group                 | 0.00    | 60.00               | NORRIS CLINTON GROUP                 | 0.00            | 360.00              |
| AA ASSEMBLY               | 0.00    | 17.36               | NORRIS GROUP                         | 0.00            | 20.00               |
| ARR                       | 0.00    | 719.24              | NORTH GATLINBURG GR                  | 0.00            | 1,101.85            |
| ARR SPAGHETTI DINNER      | 0.00    | 2.91                | NORTH STATION GR                     | 0.00            | 237.21              |
| BACK TO BASICS- OAK RIDGE | 0.00    | 100.61              | ONEIDA                               | 0.00            | 20.00               |
| BACK TO BASICS-SWEETWATER | 0.00    | 120.00              | OUR GROUP                            | 30.00           | 30.00               |
| BIG BOOK RECOVERY         | 25.00   | 186.00              | OUR PRIMARY PURPOSE                  | 0.00            | 259.00              |
| BIG BOOKS STUDY P40       | 60.80   | 529.15              | PHOENIX GROUP                        | 0.00            | 711.50              |
| BLOUNT COUNTY GROUP       | 50.00   | 450.00              | PRIMARY PURPOSE- OAK RIDGE           | 0.00            | 677.52              |
| COLONIAL GROUP            | 0.00    | 175.00              | PRIME TIME                           | 0.00            | 580.00              |
| COLONIAL HEIGHTS          | 0.00    | 25.00               | PRINCIPALS BEFORE PERSONALI-<br>TIES | 50.00           | 100.00              |
| CONCORD GROUP             | 0.00    | 45.28               | RIVERSIDE GROUP                      | 0.00            | 2,983.65            |
| CONTRIBUTION JAR          | 13.14   | 163.53              | ROADMAP EVENT                        | 0.00            | 70.00               |
| COOKIE GROUP              | 120.00  | 600.00              | ROANE COUNTY UNITY                   | 0.00            | 104.37              |
| CORRECTIONS 50/51         | 0.00    | 2.36                | ROCKFORD                             | 0.00            | 5.82                |
| CORRECTIONS DIST 3        | 0.00    | 5.67                | RULE 62                              | 0.00            | 45.00               |
| COURAGE TO CHANGE         | 0.00    | 150.00              | SEEDS OF HOPE                        | 0.00            | 174.00              |
| COVER TO COVER            | 0.00    | 235.00              | SERENITY IMPROVEMENT                 | 0.00            | 750.00              |
| DISTRICT 50/51            | 30.00   | 360.00              | SERENITY IN THE SMOKIES EVENT        | 0.00            | 11.08               |
| DISTRICT 6                | 0.00    | 0.44                | SERENITY SEEKERS                     | 0.00            | 140.00              |
| DOWN BY THE RIVER         | 0.00    | 100.00              | SERENITY SISTERS                     | 0.00            | 1,015.87            |
| FIRST 164                 | 0.00    | 20.00               | SEVEN ISLANDS                        | 100.00          | 140.00              |
| FOUNTAIN CITY SERENITY    | 0.00    | 1,542.27            | SEYMOUR SHARING                      | 0.00            | 1,104.76            |
| FREE AT LAST              | 0.00    | 80.00               | SIMPLY AA                            | 0.00            | 30.00               |
| GREEN PASTURES            | 0.00    | 250.00              | SISTERS IN SOBRIETY                  | 0.00            | 40.00               |
| GROUP WITH NO NAME        | 295.00  | 918.98              | SOBRIETY SOCIETY- SO-SO              | 0.00            | 426.38              |
| GSMRC EVENT               | 0.00    | 7.27                | SPIRITUAL PROGRESS                   | 0.00            | 130.00              |
| HAPPY DESTINY             | 0.00    | 1,625.00            | STEPS FORWARD                        | 0.00            | 110.00              |
| HAPPY HOUR                | 0.00    | 1,182.13            | SUNDAYS AT 7                         | 0.00            | 430.27              |
| HAPPY, JOYOUS AND FREE    | 50.00   | 100.00              | TELLICO VILLAGE                      | 0.00            | 180.00              |
| HIGH NOON ROGERSVILLE     | 30.00   | 75.00               | TENNESSEE GROUP                      | 0.00            | 597.42              |
| HOPE IN THE CHAPEL        | 0.00    | 30.00               | TRI-STATE GROUP                      | 0.00            | 257.80              |
| Individual                | 50.15   | 1,713.22            | TRUDGING THE ROAD                    | 0.00            | 106.34              |
| KODAK HWY 66              | 100.00  | 450.00              | TURNIP PATCH                         | 0.00            | 112.88              |
| LAFOLLETTE-THERE IS HOPE  | 20.00   | 240.00              | WELCOME HOME DINNER                  | 0.00            | 0.00                |
| LENGUAJE DEL CORAZON      | 0.00    | 100.00              | WEST KNOXVILLE GROUP                 | 0.00            | 222.21              |
| LOUDON                    | 0.00    | 225.00              | WORKING WITH OTHERS                  | 0.00            | 215.00              |
| LUNCH BUNCH- GREENEVILLE  | 95.58   | 572.90              |                                      |                 |                     |
| MARYVILLE 12 STEP         | 0.00    | 100.00              |                                      |                 |                     |
| MARYVILLE UNITY           | 0.00    | 625.00              |                                      |                 |                     |
| MEMORIAL RECOVERY         | 0.00    | 100.00              |                                      |                 |                     |
| METRO GROUP               | 0.00    | 875.00              |                                      |                 |                     |
|                           |         |                     | <b>TOTALS</b>                        | <b>1,976.89</b> | <b>33,539.75</b>    |

## INTERGROUP SPECIAL MEETING: JULY MINUTES

Intergroup Special Meeting – July 28, 2019

Opened at 12:35pm with serenity prayer and seventh tradition.

**Attending:** Beth H., Clay W., Fawn L., David R., Bob W., Trent W., Wendell S., Annie r., David C., Carole W., Natalie H., Sandra B., Jacque H., Barbara S., Mike D., Louise S., Robin S., Jerry H., Rebecca R.

**Groups Represented:** 1<sup>st</sup> Things 1<sup>st</sup>, Steps Forward, TN Group, Prime Time (P40), 7 Islands Sobriety, Happy Destiny II, So-So, Cookie, 4<sup>th</sup> Dimension, Colonial Heights, Happy Hour, Seymour Sharing

### A. Property Search – Rebecca R.

1. After more than 3 months intensive search via real estate agent, Craig's List, etc. the possibilities acceptable within our price range narrowed to three:
  - a. Remain at the Clinton Highway location
  - b. Move to the Sherway location
  - c. Move to the Park West location
2. Discussion of facilities advantages and disadvantages for each location:
  - a. Sherway location rejected for low visibility, distance from freeway and bus lines, and heavy rush hour traffic along Kingston Pike.
  - b. Clinton location would mean no move but continued problems small space and HVAC unreliability.
  - c. Park West location favored for visibility, closeness to freeway and bus line, access to members of other groups, and potential for increased activity in office. Strong negative voiced about nearness of large homeless population and aggressiveness of smokers in front of Park 40 Club.

### B. Lease Renewal

1. Clinton location has taken several months to send a new lease which included some unacceptable clauses. The electric bill issue was removed but NO cap is given for the \$250 per repair on the HVAC system. One year lease at \$675/month or two year lease at \$675/month for first year, \$700/month for second year.
2. Park West offers a one year lease at \$775/month or a three year lease at \$775/month with desired renovations done prior to occupancy.
3. Motion to move to Park West: Yes-10, no-3. Passed.
4. Motion to select three year lease. Passed
5. Motion to move by October 1. Passed
6. Motion to have lease reviewed by a lawyer prior to signing. Passed.

### C. Office Hours

Discussion to change office hours. Consensus that a change in times to reflect activity in the office might be beneficial. Volunteers to be polled by Annie about possible changes as related to the move. Poll results to be presented at next intergroup meeting.

Meeting closed at 2:00pm with serenity prayer.

Next Meeting: Sunday, August 11, 2019 at 12:30pm

# DISTRCT 50/51 JULY MINUTES

July 1, 2019

Attending: Angela, Paul, Sheldon, Edwin, Frankie, Jason, Nicole, Robin, Karen, Katie L., Rick, Trey, Sandra, Krisa, Jacque, Jerry, John S.

The meeting was opened by Jerry with a moment of silence followed by The Serenity Prayer.

A motion was made to accept the minutes from last month as written. The motion was seconded and passed unanimously.

## **Jerry District 50**

The Founder's Day picnic was awesome and there were about 75 people there. The baskets donated by the Serenity Sisters were a hit and the raffle raised \$126.00. The 7<sup>th</sup> Tradition basket was passed and raised another \$143.85.

Jerry spent \$375.36 on food and supplies but he is deducting \$50 from the total because he kept some of the leftover hamburgers.

Jerry attended the Post Conference report given by Shane Shepherd, the alternate delegate. Full face actors were approved for PSA's. The Fifth Edition Big Book was not approved. Taking the Gray Pages out of the Grapevine failed. The decision for AA to get a LinkedIn page was postponed.

Jerry made his reservations for the 3<sup>rd</sup> quarter assembly which will be at the Holiday Inn in Manchester TN August 16, 17 and 18<sup>th</sup>. The cost is \$115.00 and you can reserve your room by calling 931-728-9383 and the discount code is AREA64.

Jerry can be reached at [jerrythebman@yahoo.com](mailto:jerrythebman@yahoo.com) and/or 865-719-0308.

## **Robin District 51**

Robin shared that she also attended the Post Conference Report. She reported that about 8 people from 3 different districts attended. She shared that the Spanish Big Book was approved for the Fourth Edition. She shared that they talked about the corrections database being feasible at the Areal level but not the General Service level.

Robin will also be attending the 3<sup>rd</sup> quarter assembly in Manchester in August.

Robin can be reached [robinalgilan@gmail.com](mailto:robinalgilan@gmail.com) and/or 865-438-3571

## **Treasurer's Report – Nicole:**

Nicole stated that our current balance is \$4,308.70

The remaining Corrections budget balance is \$1887.51.

Trey made a motion to put the monies collected from the raffle at the Founder's Day picnic toward the Corrections Budget. Motion was seconded and passed unanimously.

## **CPC/PI – Trey:**

Trey reported that it was decided at the General Service Conference not to do a LinkedIn page at this time. They want a better plan for it next year. They paid an outside company, Impact Collaborative to do a report and then they fired that company.

They approved full face actors to do two new PSA's not to exceed \$50,000 each.

Locally, Trey is doing a service workshop in District 3 on August 24<sup>th</sup> in Morristown.

He is also doing a CPC workshop in Memphis on July 27<sup>th</sup>.

He is setting up a table at a veteran's event on August 20<sup>th</sup> from 10am to 3pm at the National Guard Armory on Sutherland Avenue. He might need a volunteer to help. He encourages everyone to stop by.

## **Archives Report – Karen:**

Karen said there was nothing to report.

## **Treatment Report – John S.:**

The treatment committee has a new chair – John S.

There was talk at the General Service Conference about combining the corrections and bridging the gap pamphlet. That was denied. They believe that it may be helpful to combine the pre-release and bridging the gap. They want the committees to meet to see what this would look like, gather more information and bring it back to the conference next year. They want CPC/PI to be involved also.

## DISTRCT 50/51 JULY MINUTES

They are currently taking meetings into Center Point, Cornerstone of Recovery through the TN Group and Great Starts. The Helen Ross McNabb youth program may want a meeting brought in. They are also forming a relationship with a new halfway house that might want a meeting.

The treatment committee meets at Park 40 in the Blue Room on the second Thursday of each month at 7:00.

They are wanting to do a workshop somewhere around September 2<sup>nd</sup> or 3<sup>rd</sup> called "How to Bring the Message In".

You may contact John at [jsincl2@gmail.com](mailto:jsincl2@gmail.com)

### **Corrections Report – Frankie:**

They are still working on the fundraiser Pancake breakfast which will be on October 5<sup>th</sup> at Trinity United Methodist. Marian has obtained a speaker for the event. They will begin selling tickets soon.

A new meeting has been added at Maloneyville Road! Bree will be taking a meeting in to max on Monday nights!

The corrections committee will be changing the date of their monthly meetings. It will probably be on the 2<sup>nd</sup> or 3<sup>rd</sup> Friday of each month at 6:00pm at Intergroup. It has not been decided yet.

Frankie can be reached at: [frankie.ramos@rocketmail.com](mailto:frankie.ramos@rocketmail.com)

### **Grapevine Report – Sandra:**

Sandra will be ordering three Grapevine subscriptions. She will give one to corrections, one to put in the lobby of VMC and the other one to place in lobbies of doctor's offices.

Sandra can be reached at: [sgbrown0418@comcast.net](mailto:sgbrown0418@comcast.net)

**Events Report** – We currently do not have an events committee chair.

### **Bridging the Gap Report – Jason:**

Jason is the new chair for Bridging the Gap and is very excited and on fire!

Jason and Paul went to New Opportunity Half Way house and spoke and tied their talk into Bridging the Gap.

He currently has relationships with Jellnick, Steps House, Fresh Start, The Goodman Center, A Prodigal Path (Kingston) and English Mountain.

Working on trying to get a relationship with Journey Pure, Stepping Stones and New Hope.

Jason can be reached [btgk5150@gmail.com](mailto:btgk5150@gmail.com) or 865-272-9526

### **Group News:**

On Saturday August 10<sup>th</sup>, the Big Book Study Group from Park 40 will be hosting The Family Afterward picnic at Concord Park. They will be providing the meat. Each family needs to bring a covered dish and their own drinks.

### **OLD BUSINESS:**

### **NEW BUSINESS:**

Eddie nominated Paul as events chair. The nomination was seconded. Paul agreed to stand. He was voted in unanimously.

Krisa made a motion to pay Intergroup \$30 for using it for using the room for the District meeting. The motion was seconded and passed unanimously.

Trey made a motion to pay Intergroup \$30 for the use of the room for the post conference report on the previous Saturday. The motion was seconded and passed unanimously.

Nicole announced her resignation as treasurer because she is moving.

Ralph said he would step up and help until a new treasurer is elected. Nicole will be at the meeting next month to hand everything over to Ralph.

The next District Meeting will be on August 5 at 6:30pm at the Intergroup office.

A motion was made to adjourn. The motion was seconded and passed unanimously.

## AVAILABILITY AND MEETING ANNOUNCEMENTS

### NEW MEETINGS:

***Metro Group*** (Downtown Knoxville) meets on Mondays from noon to 1:30pm at St. John's Episcopal Church, 401 Cumberland Ave., Knoxville, TN 37902. Closed, Discussion group. Look for the Bill W. plaque off Walnut Street, room on the right.

***Morristown Group*** (Morristown) meets on Saturdays from 9am to 10am at 314 S. Fairmont, Morristown, TN 37813. Women's Step Meeting. Back side of the Smoke Shop.

***Cookie Group*** (North Knoxville) meets Fridays from 7:00pm to 8:00pm at Powell United Methodist Church, 323 W. Emory Rd., Powell, TN 37849. Now a Closed, Big Book Study group. Left building, 2nd floor.

***NEWCOMER IS MOST IMPORTANT Group*** meets Mondays, 8:00pm to 9:00pm, at the Western Ave. Trade Center, 3631 Western Ave., Knoxville, TN 37931. Newcomer open meeting.

***Day Drinkers Group*** meets Wednesdays, Noon to 1:00pm, at the Western Ave. Trade Center, 3631 Western Ave., Knoxville, TN 37931.

***Men's Meeting Group*** meets Sundays, 2:00pm to 3:00pm, at the REBOS Building, 213 E Maple St, Johnson City, TN 37601. Discussion, Open, Wheelchair Access

## **BONUS MATERIAL**

### **From the British Broadcasting Corporation (BBC)**

Al Kennedy tells the story of Alcoholics Anonymous. Founded in Akron, Ohio, by Bill Wilson and Dr Bob Smith in 1935, AA has a presence in most countries around the world. You can hear Bill Wilson's voice talking about the early days of the program -- also a good many comments and explanations from Gail L. from Akron, Ohio (who does a marvelously good job of speaking to the British audience) -- also the voices of many British members of AA talking about how they found the 12-step program.

<https://www.bbc.co.uk/programmes/b05pnrvo>

# **1<sup>st</sup> ANNUAL CORRECTIONS COMMITTEE GRATITUDE PANCAKE BREAKFAST**



**Speaker Jami S. – Chattanooga**

Saturday, October 12<sup>th</sup>

Breakfast from 9 a.m. to 9:45 a.m.

Speaker at 10:00 a.m.

Trinity United Methodist Church  
5613 Western Avenue, Knoxville

**TICKETS \$10.00**

Presale Tickets Available



Event Information:

Frankie R. (865) 257-5222

Marian G. (661) 209-4642

# Serenity Improvement Group



## **25<sup>th</sup> Annual WELCOME HOME CELEBRATION**

**Saturday August 10, 2019**

**Dinner: 6:15pm**

Meat and Beverages Provided  
Please Bring a covered dish or dessert

**Speaker: 7:30 pm**

**Suzie F. – Greeneville, TN**

(got sober in San Diego area of California)

**First Broad Street United Methodist Church**

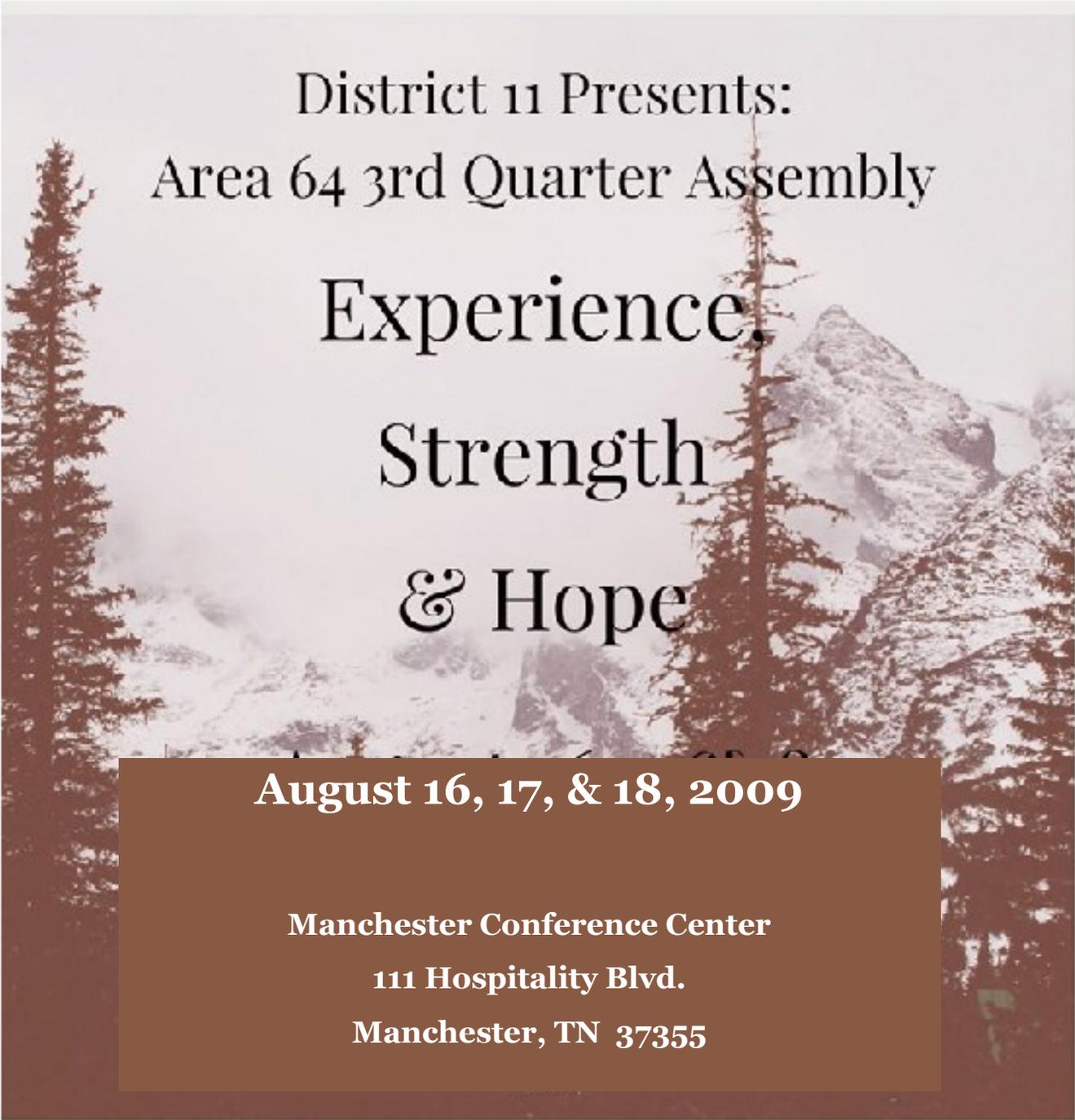
**Fellowship Hall – Use Back Alley Entrance**

**100 East Church Circle**

**Kingsport, TN 37660**

**This is an open meeting of AA**

**ALL AA members, Family & Friends are Invited**



District 11 Presents:  
Area 64 3rd Quarter Assembly  
Experience,  
Strength  
& Hope

**August 16, 17, & 18, 2009**

**Manchester Conference Center**

**111 Hospitality Blvd.**

**Manchester, TN 37355**

Holiday Inn Express & Suites 111 Hospitality Blvd,  
Manchester Tn, 37355 Phone (931) 728-9383 Room rate  
\$115 Cut off date Aug 2, 2019. Group code AREA64  
Additional info call Hal H. (931) 434-5224 cell

The Saturday Morning Big Book Group Invites you to....

# The Family Afterward Picnic

Saturday

August 10, 2019

12:00 to 4:00

McFee Park

917 McFee Road, Farragut

Walking trails, athletic fields, playground and Splash Pad

We have acquired a Pavilion...bring your family

Hot Dogs, Hamburgers, Buns, Condiments  
and paper goods will be provided.

We ask that you bring a side dish  
or desert and your own drinks.



# **FALL CAMPOUT**

## **67<sup>th</sup> Great Smoky Mountain Recovery Campout**

**Sept 20<sup>th</sup> - 22<sup>nd</sup> 2019**

Open A.A. Meetings 11am and 8pm Daily  
Al-anon Meetings Saturday and Sunday @ 9:30am

Saturday Sept 21<sup>st</sup> Dinner @ 5pm

Speakers @ 6:45pm

Marian and David G. from Knoxville, TN

For more info email [gsmrc.greenbrier@gmail.com](mailto:gsmrc.greenbrier@gmail.com)

Or call Toby W. (865) 654 - 3884

For campground reservations contact:

Greenbrier Campground

<https://www.smokymountaincamping.com/>

5406 Pittman Center Road

Pittman Center 37836

(865) 430 - 7415

**Please no pets at the meetings**

**FYI Save the date for Campouts: May 28-31st 2020, Sept 18-20th 2020**

# *SPIRITUALITY IN RECOVERY*

## *4<sup>th</sup> Annual Women's Retreat August 23rd-25th*

Mountain Lake  
Ranch  
2865  
Mountain  
Ranch Dr.  
Dandridge, TN  
37725

Fun, Fellowship,  
Swimming,  
Walks, Fireside  
and  
Yoga Meditation



### Mission:

A  
community  
of  
recovering  
women  
united for  
one  
weekend to  
share our  
experience,  
strength  
and hope

### Bring:

Big Book  
12X12  
Towels  
Toiletries  
Sheets  
(Full  
Queen)  
Yoga  
Mat  
Blanket

Contacts: Terry Johnson 865-805-8107 Terryajohnson2012@gmail.com  
Leslie O'Neil 865-386-5423 Anotherme1@aol.com

Registration

\*\*\*\*NO REFUNDS\*\*\*\*

\$125.00 for weekend (includes meals)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

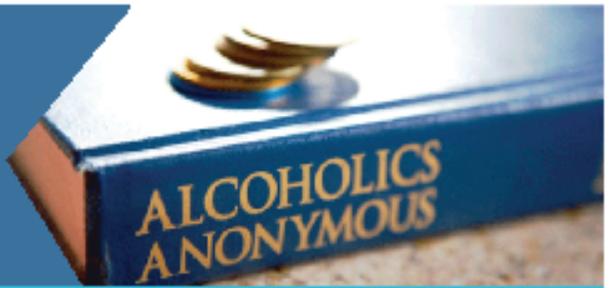
Email: \_\_\_\_\_ Roommate Request: \_\_\_\_\_

Wertheim Scholarship Fund Donation: (optional) \$ \_\_\_\_\_

OCTOBER 25-26, 2019

# A DESIGN FOR LIVING

Including: Step 4 The Easy Way



## REGISTRATION

\$20.00

Eventbrite.com  
or at the door

## LOCATION

Prospect Center  
1425 E. Center St  
Kingsport, TN

## SCHEDULE

Friday, October 25th  
6pm-9pm

Saturday, October 26th  
9am-12pm

Break

1:30pm-5:30pm

Break

7pm-8pm

## CONTACT

Ben R.  
423-333-7746

## SPEAKERS

**Scott L.**

Nashville, TN

**John E.**

Frederick, MD



## SPECIAL SATURDAY NIGHT SPEAKER

7:00pm

**Marian G.**

Knoxville, TN

Space limited and will sell out.

Book TODAY

## District 3

### Is Holding A Service Workshop

When: Sat. Aug. 24,

Where: 214 Fairmont St., Morristown

Starting at 1:30 P.M.

All A.A. members are invited to a service workshop. A panel of members who have been active in service will be presenting information on district and group service positions. Question and answer period will follow. You can learn what these initials (GSR, DCM, CPC, PI, etc.) mean and how they help to make A.A. effective in carrying the message of sobriety. Learn how you can serve and possibly stand for a position in the fall election in our district and your home group.

Bring a covered dish—finger foods.

From the 61st International Conference of Young People in AA, notice of a conference August 22-25 in Boston, MA. "Young People" is not an exclusionary term, we define it as someone young at heart with room to grow and change.

**VISIT ICYPAA.ORG**  
**FOR HOTEL INFO AND TO PRE REG!**

**\$35**  
PRE REGISTER HERE

THE 61<sup>ST</sup> ICYPAA  
**ENTIRE PSYCHIC CHANGE**  
BOSTON  
AUGUST 22 - 25, 2019

BOSTON MARRIOTT COPLEY PLACE  
BOOK YOUR HOTEL HERE

WITH AL ANON ALATEEN PARTICIPATION

The graphic features a dark blue space background with stars. It contains three circular elements: a QR code on the left for pre-registration, a central circle with a city skyline and the event title, and another QR code on the right for hotel booking. Text is arranged around these elements, including the website URL at the top and the Al Anon Alateen logo at the bottom.



The Flat Iron 4 cordially invites you to the beginning of a new **MONTHLY** trend

**THE  
SECOND SUNDAY SUPER SPADES  
EVENT**

Cost is \$5/person  
\$10/team  
Winning team takes half  
entry fees  
concessions will be open & available  
Come for the background music, dance  
game, or conversation  
Possible 50/50 raffle

5:00 P.M. Cards are dealt  
Ends when one team is left standing

**SECOND SUNDAY SUPER SPADES  
EVENT**

@

The Flat Iron 4  
5925 Chapman Highway  
579-5854

Times, dates, raffle, cost, music, games, and concessions subject to change



**EAST  
TENNESSEE  
INTERGROUP  
UNITY  
NEWSLETTER**



PLEASE  
PLACE  
STAMP  
HERE

5833 CLINTON HIGHWAY  
SUITE 202  
KNOXVILLE, TN 37912  
NEWSLETTER@etiaa.org

24/7 HOTLINE  
865-522-9667  
Manager@etiaa.org  
ETIAA.ORG

**NEWSLETTER  
SUBSCRIPTION**

If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription to cover postage.

**ETIAA**  
5833 Clinton Highway  
Suite 202  
Knoxville, TN 37912

-OR-

Sign up at [ETIAA.org](http://ETIAA.org) for a free email subscription.

**AUGUST 2019**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Phone number \_\_\_\_\_