

EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



July 2019
Volume 43, Issue 7

Step Seven:

"Humbly asked Him to remove our shortcomings."

SINCE this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to us.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all.

Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

Humility, as a word and as an ideal, has a very bad time of it in our world. Not only is the idea misunderstood; the word itself is often intensely disliked. Many people haven't even a nodding acquaintance with humility as a way of life. Much of the everyday talk we hear, and a great deal of what we read, highlights man's pride in his own achievements.

*Twelve Steps and Twelve Traditions, page 70. Copyright © 1981
Alcoholics Anonymous World Services, Inc.*

Seventh Step Prayer

*My Creator,
I am now willing that you should have all of me, good and bad.
I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows.*

Grant me strength, as I go out from here to do your bidding.

From Alcoholics Anonymous of Cleveland, OH

<https://www.aacle.org/twelve-step-prayers/>

20Step%20Prayers%20-%20Spiritual%20-%20Alcoholics%20Anonymous%



DISTRICT MEETINGS

District 1 meets 11:00am on the second Saturday at the Renaissance Ctr., Kingsport, TN.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday at 2:00pm at Happy Destiny meeting place.

District 50/51 meets the first Monday of the month at 6:30pm at the Intergroup Office.

District 6 meets at 10:00am the first Saturday of the month at the Serenity Club.

SERVICE COMMITTEES

Intergroup Committee meets at 12:30pm on the 2nd Sunday of the month at the Intergroup Office.

District 50/51 - Treatment Committee meets at 7:00pm on the 2nd Thursday of the month at Park 40; includes Bridging the Gap.

Tradition Seven (Long Form):

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their ownmembers. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous whether by groups, clubs, hospitals, or other outside agencies, that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise.

Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

Twelve Steps and Twelve Traditions, page 191. Copyright © 1981 Alcoholics Anonymous World Services, Inc.

Tradition Seven Checklist:

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

Concept VII:

The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Concept VII Checklist:

- Do we act responsibly regarding the “power of the purse”?
- Do we realize that the practical and spiritual power of the Conference will nearly always be superior to the legal power of the G.S.B.?

UNITY NEWSLETTER

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

AA BIRTHDAYS

Flat Iron Group

Trent W., July 16, 25 years

Primary Purpose Group, Oak Ridge TN

June 2019 Anniversaries

Steve G., 47 years

Phyllis S., 26 years

Marvin H., 23 years

Don B., 9 years

Dawn V., 6 years

Robert G., 5 years

Richard P., 1 year

Submit AA Anniversaries to:

newsletter@etiaa.org

Please use the following format:

- ◇ *first full name*
- ◇ *last name initial*
- ◇ *birthday month*
- ◇ *number of years sober*

NEWSLETTER SUBMISSIONS

Would you like to submit something for the Newsletter?

- Is your group celebrating a Birthday/Anniversary? Are you?
- Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous East Tennessee of Alcoholics Anonymous (ETIAA) can answer for you?
- Is there an "In Memory" group member to be recognized?
- We welcome all appropriate submissions at:

Newsletter Coordinator, newsletter@etiaa.org

Please make sure submissions arrive by the 20th of the month prior to the month you want your notice to appear in the Unity Newsletter! For notices arriving after the 25th, we cannot guarantee they will be included.



**NEW ITEMS FOR SALE
AT THE
INTERGROUP
OFFICE!!!**

See p. 22 for details.

MOBILE INTERGROUP

When should we visit your group?

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**Mobile Intergroup will be at:**

**Great Smoky Mountain Recovery Camp Out, from 4pm to 8pm on June 1, Saturday night, for the camp out.  
(see flyer p. 15)**

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**Is there an AA-related event you would like Intergroup to attend? If so, please contact us at: 865-522-9667 or email [manager@etiaa.org](mailto:manager@etiaa.org)**

## **We're on Facebook**

ETIAA has a private FB group. If you would like to join, call the Intergroup Office: 865-522-9667.

We'll be happy to add you to the group.



# INTERGROUP SERVICE NEEDS

**Want to get involved and do rewarding service work?** Currently there are many Service Work opportunities available at Intergroup.

**24/7 Hotline Volunteers:** Volunteer monthly, bi-monthly or weekly. Answer the phones when the office is closed.

**12-Step Volunteers:** When someone calls the office/hotline for help and the hotline worker cannot easily help, we try to hook them up with a person of the same sex as geographically close to them as we can. That way if you want to connect at a meeting, it's convenient. Callers usually need to be 12 stepped, are new to the area, need directions to local meetings, etc. This is separate from the Hotline and you can stipulate the type of calls you are willing to receive.

To serve, contact Jacque H., Hotline Coordinator. Or email us at [manager@etiaa.org](mailto:manager@etiaa.org), visit the website at [ETIAA.org](http://ETIAA.org), or call us at 865-522-9667.

**Office Workers:** Answer the phones, complete sales and keep the Intergroup Office open. Monday, Tuesday and Friday afternoons are open.

**Mobile Intergroup Coordinator** – Coordinate, pack, prepare for Mobile Intergroup Events. Service workers for Intergroup Mobile events also are needed.

**CPC/PI Chairperson** – Coordinate Cooperation with the Professional Community and Public Information Committees

**Events and Workshop Committee Chairperson** – We want to share some fun events! Plan and coordinate events.

**Intergroup Reps:** Attend the monthly Intergroup meetings at 12:30pm on the 2nd Sunday of the month. Take the information back to your groups.

**Outreach Committee:** Visit meetings and talk to them about Intergroup.

We are looking to fill the above positions. The term of office, qualifications and duties are on the website <http://www.etiaa.org/service/>

Members interested in any of these positions should attend the next meeting of Intergroup on the second Sunday of the month at the Intergroup Office at 5833 Clinton Highway, Suite 202, Knoxville, TN 37912 865-522-9667.

## How can groups participate?

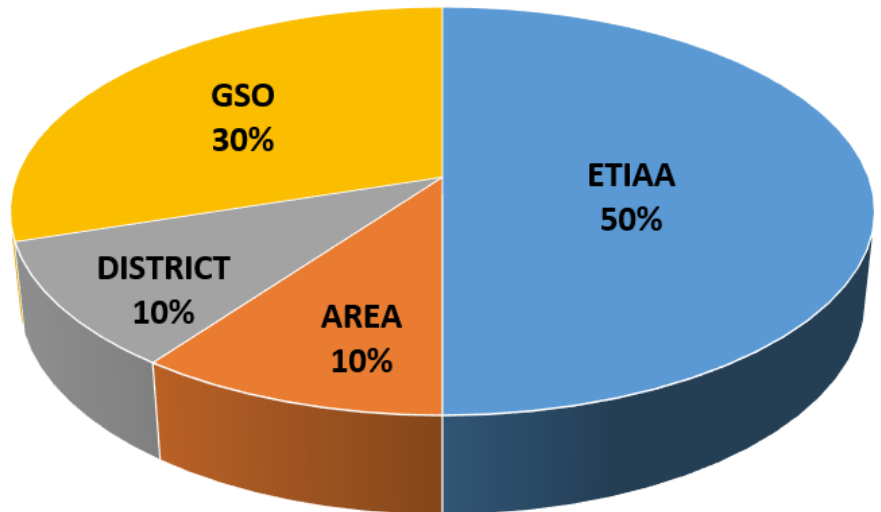
To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support: Where Money and Spirituality Mix. Go to [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)].

## 7 TH TRADITION SUGGESTED CONTRIBUTIONS

From "AA's Self Support: Where Money and Spirituality Mix" Pamphlet



*Every AA group ought to be fully self-supporting, declining outside contributions.*

## Contribution addresses

**ETIAA East Tennessee Intergroup of Alcoholics Anonymous**  
 5833 Clinton Highway  
 Suite #202  
 Knoxville, TN 37912  
 865-522-9667  
[www.etiaa.org](http://www.etiaa.org)

**General Service Office**  
 Grand Central Station  
 P.O. Box 459  
 New York, NY 10163  
[www.aa.org](http://www.aa.org)

**Area 64 Assembly** \*NEW ADDRESS  
 2500 Murfreesboro Pike  
 Suite 105, Box 235  
 Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
 Stephanie H.  
 2213 Pendragon Rd  
 Kingsport, TN 37660

**District 2 Treasurer**  
 PO BOX 1872  
 Johnson City, TN 37605

**District 3 Treasurer**  
 John H.  
 1466 Darbee Dr.  
 Morristown, TN 37814

**District 4 Treasurer**  
 PO Box 264 \*NEW ADDRESS  
 Alcoa, TN 37701

**District 6 Treasurer**  
 Richard B.  
 105 Mariner Point  
 Clinton, TN 37716

**Districts 50/51 Treasurer**  
 PO Box 27264  
 Knoxville, TN 37917

# MAY 2019 GROUP CONTRIBUTIONS

If you belong to one of the groups that is able to contribute to Intergroup through AA's Seventh Tradition, would you check on your group's contribution at the next business meeting? If your group has any concerns that need addressing, let us know. If desired, we would love the chance to address them and possibly attend your business meeting.

**NOTE:** *East Tennessee Intergroup of AA fiscal year is July 1 -June 30. July 1, 2018, began the current FY.*

|                              | May 19   | Jul 18 -<br>May 19 |                                 | May 19          | Jul 18 -<br>May 19 |
|------------------------------|----------|--------------------|---------------------------------|-----------------|--------------------|
| 1ST THINGS 1ST-P40           | 0.00     | 2,426.45           | MARYVILLE UNITY                 | 0.00            | 625.00             |
| 4-WAY GROUP                  | 0.00     | 10.17              | MEMORIAL RECOVERY               | 0.00            | 100.00             |
| 4TH DIMENSION                | 0.00     | 1,001.00           | METRO GROUP                     | 0.00            | 875.00             |
| 50/51 CHRISTMAS PARTY        | 0.00     | 3.65               | MONDAY NIGHT MEN'S              | 0.00            | 200.00             |
| 50/51 PANCAKE BREAKFAST      | 0.00     | 1.40               | MONROE COUNTY                   | 0.00            | 100.00             |
| 501 Group                    | 0.00     | 60.00              | MORRISTOWN GROUP                | 0.00            | 85.61              |
| AA ASSEMBLY                  | 0.00     | 17.36              | NEW BEGINNING- LOUDON           | 0.00            | 250.00             |
| ARR                          | 700.00   | 719.24             | NEW PATH                        | 0.00            | 225.00             |
| ARR SPAGHETTI DINNER         | 0.00     | 2.91               | NORRIS CLINTON GROUP            | 0.00            | 360.00             |
| BACK TO BASICS- OAK RIDGE    | 0.00     | 100.61             | NORRIS GROUP                    | 0.00            | 20.00              |
| BACK TO BASICS-SWEETWATER    | 0.00     | 120.00             | NORTH GATLINBURG GR             | 0.00            | 1,101.85           |
| BIG BOOK RECOVERY            | 0.00     | 161.00             | NORTH STATION GR                | 0.00            | 237.21             |
| BIG BOOKS STUDY P40          | 0.00     | 468.35             | ONEIDA                          | 0.00            | 20.00              |
| BLOUNT COUNTY GROUP          | 0.00     | 400.00             | OUR PRIMARY PURPOSE             | 0.00            | 259.00             |
| COLONIAL GROUP               | 0.00     | 175.00             | PHOENIX GROUP                   | 0.00            | 949.02             |
| COLONIAL HEIGHTS             | 0.00     | 25.00              | PRIMARY PURPOSE- OAK RIDGE      | 0.00            | 440.00             |
| CONCORD GROUP                | 0.00     | 45.28              | PRIME TIME                      | 0.00            | 580.00             |
| CONTRIBUTION JAR             | 12.15    | 150.39             | PRINCIPALS BEFORE PERSONALITIES | 0.00            | 50.00              |
| COOKIE GROUP                 | 0.00     | 480.00             | RIVERSIDE GROUP                 | 0.00            | 2,983.65           |
| CORRECTIONS 50/51            | 0.00     | 2.36               | ROADMAP EVENT                   | 0.00            | 70.00              |
| CORRECTIONS DIST 3           | 0.00     | 5.67               | ROANE COUNTY UNITY              | 0.00            | 104.37             |
| COURAGE TO CHANGE            | 0.00     | 150.00             | ROCKFORD                        | 0.00            | 5.82               |
| COVER TO COVER               | 0.00     | 235.00             | RULE 62                         | 0.00            | 45.00              |
| DISTRICT 50/51               | 30.00    | 330.00             | SEEDS OF HOPE                   | 0.00            | 174.00             |
| DISTRICT 6                   | 0.00     | 0.44               | SERENITY IMPROVEMENT            | 300.00          | 750.00             |
| DOWN BY THE RIVER            | 0.00     | 100.00             | SERENITY IN THE SMOKIES EVENT   | 0.00            | 11.08              |
| FIRST 164                    | 0.00     | 20.00              | SERENITY SEEKERS                | 0.00            | 140.00             |
| FOUNTAIN CITY SERENITY       | 0.00     | 1,592.27           | SERENITY SISTERS                | 437.16          | 1,015.87           |
| FREE AT LAST                 | 40.00    | 80.00              | SEVEN ISLANDS                   | 0.00            | 40.00              |
| GREEN PASTURES               | 0.00     | 250.00             | SEYMOUR SHARING                 | 0.00            | 1,104.76           |
| GROUP WITH NO NAME           | 0.00     | 623.98             | SIMPLY AA                       | 0.00            | 30.00              |
| GSMRC EVENT                  | 0.00     | 7.27               | SISTERS IN SOBRIETY             | 0.00            | 40.00              |
| HAPPY DESTINY                | 500.00   | 1,625.00           | SOBRIETY SOCIETY- SO-SO         | 67.38           | 426.38             |
| HAPPY HOUR                   | 1,182.13 | 1,182.13           | SPIRITUAL PROGRESS              | 0.00            | 130.00             |
| HAPPY, JOYOUS AND FREE       | 0.00     | 50.00              | STEPS FORWARD                   | 0.00            | 110.00             |
| HIGH NOON ROGERSVILLE        | 0.00     | 45.00              | SUNDAYS AT 7                    | 216.90          | 430.27             |
| HOPE IN THE CHAPEL           | 0.00     | 30.00              | TELLICO VILLAGE                 | 0.00            | 180.00             |
| Individual                   | 50.56    | 1,688.07           | TENNESSEE GROUP                 | 0.00            | 597.42             |
| KODAK - BIG BOOK STUDY       | 0.00     | 50.00              | TRI-STATE GROUP                 | 0.00            | 257.80             |
| KODAK - STEPS AND TRADITIONS | 0.00     | 50.00              | TRUDGING THE ROAD               | 0.00            | 106.34             |
| KODAK GROUP                  | 0.00     | 250.00             | TURNIP PATCH                    | 0.00            | 112.88             |
| LAFOLLETTE-THERE IS HOPE     | 20.00    | 220.00             | WELCOME HOME DINNER             | 0.00            | 0.00               |
| LENGUAJE DEL CORAZON         | 0.00     | 100.00             | WEST KNOXVILLE GROUP            | 0.00            | 222.21             |
| LOUDON                       | 0.00     | 225.00             | WORKING WITH OTHERS             | 0.00            | 215.00             |
| LUNCH BUNCH- GREENEVILLE     | 77.76    | 477.32             |                                 |                 |                    |
| MARYVILLE 12 STEP            | 0.00     | 100.00             |                                 |                 |                    |
|                              |          |                    | <b>TOTALS</b>                   | <b>3,634.04</b> | <b>31,637.86</b>   |

## INTERGROUP JUNE MINUTES

June 9, 2019

Open with serenity prayer and monthly tradition

Attendees: Rebekah R, Joan S, Jacque H, Susi M, Annie B, Beth H, Carol T, Shellie

Introduction and Sign-in sheet

Accept/modify previous minutes: Accepted.

Manager's report – Rebekah R

- Mobile IG update
- MIG Picnic made \$150.00 May 25
- GSMRC May 30 - June 2 Made \$250.00
- General Service Post Conference Report June 29<sup>th</sup> 6:30pm. This will be here at the IG office. Shari S. alt. delegate will be here
- Aug. 24 Dist. 3 Service workshop Morristown group
- Aug 29 Vet Event CPCPI
- Narcan and Square Training was educational and interesting. The training is recorded and available on the website for those unable to attend. There is also square training on FB private page.
- T-Shirts are here. Peculiar Mental Twist, Mr. Brown needs a beating & more. Available in all sizes. Can customize also via special order. 1 week turnaround time. \$15.00 Reg. shirts all sizes. \$20.00 Women's/ladies Fitted all sizes
- DVD's- "Bill W." DVD documentary is here for sale at [\\$15.00 \(\\$29.00 on Amazon\)](#)

Relocation progress: Not much available. Checking on Bldg. at 5<sup>th</sup> and Broadway

Sept 2019 National AA Technology Workshop- Educational opportunity for Intergroup Mgr. Registration \$65.00. Estimated money need to go \$574.00 for Rebekah to go. Shellie and Sandra are going also.

Treasurer report – Rebekah giving report for Fawn – Cash drawer was high. Rebekah made a deposit. Treas-

urers report accepted.

Hotline – Jacque H – Going good. Tues night. Not answering. She will check on this. Has a possible replacement. Still needs help. Also the 12<sup>th</sup> Step List is being revised.

Office Service Workers- Annie B. -Tues. afternoon service at intergroup needed 1pm-5pm Sat morning service position open 9 am – 1pm

Archive – No Report available

Website – Shelley M –2500 visitors this month to our website

Accessibilities – *Open* –

Spanish Speaking Liaison – *Open*

CPC/PI – *Open*

Treatment- Beth H – open

Corrections – open

Outreach – open

Events – *Open*

**Old Business** None to cover

**New Business**

Jacque made a motion to fund Rebekah's trip to NAATW in Bowling Green. Discussion ensued with the outcome of giving her \$700.00 was voted on and passed.

Founders Day picnic at Adair Park Sat June 15<sup>th</sup> from 11am. – 4pm hosted by SoSo and Dist. 50/51

Motion made to send Rebekah to Arizona ICOAA . Money not to exceed \$1,200.00. Voted.

Approved.

Closed meeting at 1:28 pm

Next Meeting

July 14<sup>th</sup> at 12:30pm.

## DISTRCT 50/51 JUNE MINUTES

June 3, 2019, 2019

District 50/51 Meeting

Attending: Jacque, Paul, Jerry, Robin, Trey, Frankie, Eddie, Rick

The meeting was opened by Jerry with a moment of silence followed by The Serenity Prayer.

Trey made a motion to dispense the reading of the May minutes, all agreed.

### **Jerry District 50**

Jerry brought the flyer for the Founder's Day Picnic to be distributed. Picnic is at Adair Park on June 15, 2019 starting at 11:00. Need nominations for speaker for the picnic. He also attended the GSMC at Greenbrier. There approximately 193 in attendance with over 1600 years of sobriety. Jerry reminded everyone to register for the 3<sup>rd</sup> quarter assembly.

Jerry can be reached at [jerrythebman@yahoo.com](mailto:jerrythebman@yahoo.com) and/or 865-719-0308.

### **Robin District 51**

Robin received an email from John P. our area delegate about the General Service Conference. He was very excited about all the information discussed. She will email it to you if you would like to have it. Reminded everyone of the Post Conference Report on June 26<sup>th</sup> at 6:30 pm at the Intergroup office. The report will be given by our Alt. Delegate Shane S.. Jacque will make a flyer to be distributed and put on ETIAA website.

Robin can be reached [robingavilan@gmail.com](mailto:robingavilan@gmail.com) and/or 865-438-3571

### **Treasurer's Report – Nicole:**

Nicole not present but sent report with Robin G. to give to the group. There is a balance of \$ 3343.34 as of today. An invoice in the amount of \$112.49 was paid to Intergroup for Big Books purchased by the Corrections committee. There was an overpayment of \$84.76 and has been credited to the account so it will be used first when purchasing books in the future. Corrections has a balance remaining in their budget of \$1887.51. All other committees still have their full budget amounts. If you need budget money, please contact Nicole at 865-684-9364 or [nicole.carman@comcast.net](mailto:nicole.carman@comcast.net).

### **CPC/PI – Trey:**

At the 2<sup>nd</sup> quarter assembly, a recommendation came out of a committee to do away with the pamphlet Alcoholics Anonymous in Your Community. It is part of the Service Kit for PI and CPC. It is believed that the pamphlets Alcoholics Anonymous at a Glance and Information on Alcoholics Anonymous provide the same information. A vote was taken by the attending members to discontinue pamphlets. This will now go to area. There will be a workshop in District 3 on August 24<sup>th</sup> in Morristown. More details to come.

### **Archives Report – Karen:**

Chair not present.



## DISTRCT 50/51 JUNE MINUTES

### **Treatment Report (per Robin):**

There is service position open of Treatment Chair. The requirement is one year of sobriety. Looking for another rehab (detox) to go into. Robin checking with Tennova North in Powell. Bradford is interested in us having a Wed. night meeting brought in to facility. Age of Miracles group interested in possibly doing this.

The Treatment Committee meets on the second Thursday of the month at Park 40 at 7:00pm in the Blue Room.

### **Corrections Report – Frankie:**

Frankie is purchasing the books for corrections for the District. Intergroup has agreed to invoice and then have district treasurer pay invoices.

The Corrections Committee meets the first Thursday of every month at the intergroup office at 6:00.

Frankie can be reached at: [frankie.ramos@rocketmail.com](mailto:frankie.ramos@rocketmail.com)

**Grapevine Report – Sandra:** Chair not present. Nothing new to report via phone call.

### **Events Report – Jerry:**

Founder's Day Picnic nominees. Jerry will call the nominees to see who is available to speak.

**Bridging the Gap Report –** Chair not present.

### **Announcements:**

The Post Conference report will be at the Intergroup office on June 29<sup>th</sup> at 6:30pm.

The 3<sup>rd</sup> Quarter Assembly is in Manchester at the Holiday Inn on August 16,17 and 18. The room rate is \$115 and you can call and make reservations at 931-728-9383 and the room code is AREA64.

If you have any questions about the 3<sup>rd</sup> Quarter Assembly, call 931-434-5224.

Cookie Group has a new Big Book meeting on Friday nights at 7:00pm.

The Metro Group has added a new meeting on Mondays at St. John's Episcopal.

Park 40 is adding a Sunday Step Study at 5:30.

### **OLD BUSINESS:**

Trey will be reaching out to the Area in regards to the meals for the 4<sup>th</sup> Quarter Assembly.

### **NEW BUSINESS:**

Robin made a motion that District 50/51 writes a check to Intergroup for \$30 for using the office. The motion was seconded and passed unanimously.

The next District Meeting will be on July 1, 2019 at 6:30pm. A motion was made to adjourn. The motion was seconded and passed unanimously.

The meeting was closed with The Lord's Prayer.

# **The Flatiron**

5925 Chapman Hwy, Knoxville, TN, 37920

## **Issue #2**

**Hi, I'm Trent W the Manager of "The Flatiron" in South Knoxville. After a lot of straightening, every room in "The Flatiron" is now useable. We now have activity spaces all around the club. This will be reminiscent of the days of old. We will not only be a place to have meetings, but we'll be a place where anyone can hangout in a safe alcohol and drug free environment.**

**There is a social room to the front of the clubhouse with a couch and chairs. It's a good Sponsor/ Sponsee meeting area. It's also a good social area to spend time in between meetings. We are installing a pool table for entertainment in the front room, also.**

**There is also a card / dominos table available for everyone to use during business hours. Decks of AA cards are available for purchase at the Concession Stand. This table will only be off limits during meeting times, but between meetings this is a wonderful social area.**

**We're trying to collect recovery artwork, slogans, and pictures from all around the area for our walls. I'd like to mostly focus on "The Flatiron," but I'm also interested in anything related to East Tennessee, United States, or even World Wide recovery. Any Photographs or original works that can be provided to me can be copied and returned because I know how valuable these memories are to you. They'd also be important to our entire local recovery community to see.**

**Saturdays (weather permitting) we will be continuing one of our most popular 8pm meetings out back around the fire. This meeting is becoming popular, and I hope everyone gets a chance to attend it, at least once. Arrive early for fellowship. If your running late, just come around back to join the group.**

**The posted hours can be changed as demand grows. My hope is to ultimately have the club opened from at least 9am until 9pm every day.**

**Any ideas can be brought directly to me and discussed or it can be dropped in the suggestion box on the Concession Stand counter. Every idea will be seriously considered. If you include your name and contact information I'll reply within a few days and personally discuss your idea with you.**

**With your help, "The Flatiron" will thrive again.**

**Thanks for your help**

**Trent**

## AVAILABILITY AND MEETING ANNOUNCEMENTS

### NEW MEETINGS:

**Metro Group** (Downtown Knoxville) meets on Mondays from noon to 1:30pm at St. John's Episcopal Church, 401 Cumberland Ave., Knoxville, TN 37902. Closed, Discussion group. Look for the Bill W. plaque off Walnut Street, room on the right.

**Morristown Group** (Morristown) meets on Saturdays from 9am to 10am at 314 S. Fairmont, Morristown, TN 37813. Women's Step Meeting. Back side of the Smoke Shop.

### MEETING CHANGES:

**Cookie Group** (North Knoxville) meets Fridays from 7pm to 8pm at Powell United Methodist Church, 323 W. Emory Rd., Powell, TN 37849. Now a Closed, Big Book Study group. Left building, 2nd floor.

**11th Step Group**; 1:00pm; Sunday meeting at flat iron is now closed and no longer meets.

Serenity Improvement Group has added a 5:30pm m-f OD Meeting

**4-Way Group** Saturday night meeting is moving to 7pm as of July 6th.

**4th Dimension Group**, meets Tuesdays at 11:00 am. Closed, Discussion, Young People, (on Bus Route: 11) at Laurel Church of Christ, 3457 Kingston Pike, Knoxville, TN 37919, (West Knoxville). Lower right parking lot at Cherokee Blvd Main door then left.

**SERENITY IMPROVEMENT Group**, meets on Mondays at 5:30 pm- 6:30 pm; Open Discussion, at the Renaissance Center, 1200 E Center St, Kingsport, TN 37660 (Corner of Center and Wateree).

**GOOD VIBES Group**, meets on Saturdays at 10:00 pm -- 11:00 pm. Open, Wheelchair Access WESTERN AVENUE TRADE CENTER; 3631 Western Ave, Knoxville, TN 37921.

**Roane County Unity Group** meets at the Rockwood United Methodist Church on Mondays 5:00 to 5:30pm and also on Wednesdays 5:00 to 5:30pm.

## **BONUS READING**

### **AA in Australia**

April 1999 AA Grapevine (thanks Ronny H.)

Nonalcoholic friends, pioneer members, early meetings, anonymity breaks, resentments, and survival--how it all began Down Under.

I am always amazed at the fragility of circumstances surrounding the origins of Alcoholics Anonymous in the United States.

When I read Bill's story in the literature, I still hold my breath when I come to the precarious moments, such as Bill W. standing in the foyer of the Mayflower Hotel, where after being sober for two months, he is drawn to the gay chatter of the bar but turns instead to the telephone and a call which will ultimately lead him to Dr. Bob.

The story of how Alcoholics Anonymous originated in Australia has a similar fragility in circumstances. As in America, it was the nonalcoholic friends of AA, particularly in the medical and spiritual fields, who helped fledgling AA groups to strengthen and grow.

Three men were largely responsible--Arch McKinnon, a psychiatric nurse involved in the early treatment of alcoholics, Dr. S. J. Minogue, a psychiatrist and medical attendant, and Father Tom Dunlea, a Catholic priest working with alcoholics and derelicts.

These three men were working separately with alcoholics before coming together in a concentrated effort.

An early attempt at starting AA in Australia had failed. Father Dunlea and Dr. Minogue, after communicating with AA Headquarters in New York and receiving a copy of the book Alcoholics Anonymous, decided to experiment and gathered a bunch of skid row drunks together, took them to live in the country, clothed, fed, and gave them a warm place to sleep. As the group began to sober up, Father Dunlea became impressed by the seeming success of the group and decided to approach a wealthy businessman who was willing to give money to practical solutions to the treatment of alcoholism. Father Dunlea brought this potential benefactor to the country camp to show him its success, but when they arrived, before them lay a scene of drunken and unconscious men, who in the priest's absence had consumed methylated spirit. The businessman left promptly.

Meanwhile Arch McKinnon read an article in the American Journal of Psychiatry called "The Therapeutic Mechanism of Alcoholics Anonymous" by Dr. H. M. Tiebout. McKinnon wrote to the editor of the journal and was sent a copy of the Big Book from AA Headquarters. McKinnon read the book and tried to extract the mechanisms of the program of recovery described in its pages.

He could accept in theory the basic principles of the program, but he needed to see if they would work with those alcoholics being treated in the hospital where he worked. He didn't believe that regular patients readmitted time after time would be receptive, so he decided to wait until he found what he thought was a likely candidate. Then Rex was admitted. Suffering from chronic alcoholism, Rex was intelligent, a businessman, and from a well-known banking family in Australia. Rex read and accepted the propositions of the Big Book, and after leaving the hospital a recovered man, continued to visit the hospital where he and McKinnon waited for another alcoholic to work with. Soon another candidate arrived and after listening to what Rex had to say, decided to try AA. Then a third man, Bill, joined the pair, and so started the first successful AA group in Australia. The men pounded the pavement until they found a cafe where they could sit over a cup of coffee and meet.

When Father Dunlea and Dr. Minogue heard of the efforts of McKinnon, they contacted him and lent their support to the struggling new group. Now that the numbers had increased, the wandering meetings needed to find a more permanent base.

Rex found a job and an apartment in Bligh House, formerly a house for convict servants where the windows still had the original bars on them. Regular AA meetings took place in Rex's apartment, and once it settled down, the group started a publicity campaign to attract alcoholics to recovery.

As a result of these efforts, the meeting also attracted philanthropists, journalists, social workers, hard core alcoholics, and some psychotic individuals claiming they were alcoholics. Meetings became unmanageable and were distracted from the primary purpose of carrying the message. Although the group was not at this time actively practicing the Traditions of AA, they began to operate along those lines in order to get back to basics. The philanthropists were told AA did not need their money, the journalists were satisfied after one of the AAs wrote a long and unsensational article for the Sydney Morning Herald, Sydney's major newspaper, the social workers were turned away. Finally the group found a meeting room in North Sydney.

The group still consisted of nonalcoholic members as well as alcoholic members. The nonalcoholics held positions of office in the group alongside the alcoholic members. The group even had a selection process for members wanting to join: Dr. Minogue assessed prospective members by interviewing them in the formal psychiatric manner. After a while, however, he stopped doing this as it yielded no positive results.

A lack of literature frustrated the group's attempts to carry the message. After the war, the Australian Customs Department was reluctant to import the Big Book because of wartime dollar exchange restrictions. Thus the message of the Big Book was carried orally and via a pamphlet published by the early members called "The Basic Principles of AA." This brochure had extracts from the Big Book and other literature, and greatly helped carry the message.

One of the pioneers of the group, a man called Jack, became resentful at how the group was being managed, and as he had difficulty accepting the spiritual basis of the program, he broke away and started another group. Jack called his group "The Commonsense Group," deleting the spiritual component. The breakaway group attracted some of the early members, and there was fear that it would undo AA in Australia. However both groups survived, until Jack died from an overdose of paraldehyde, and the breakaway members decided to return to the original group.

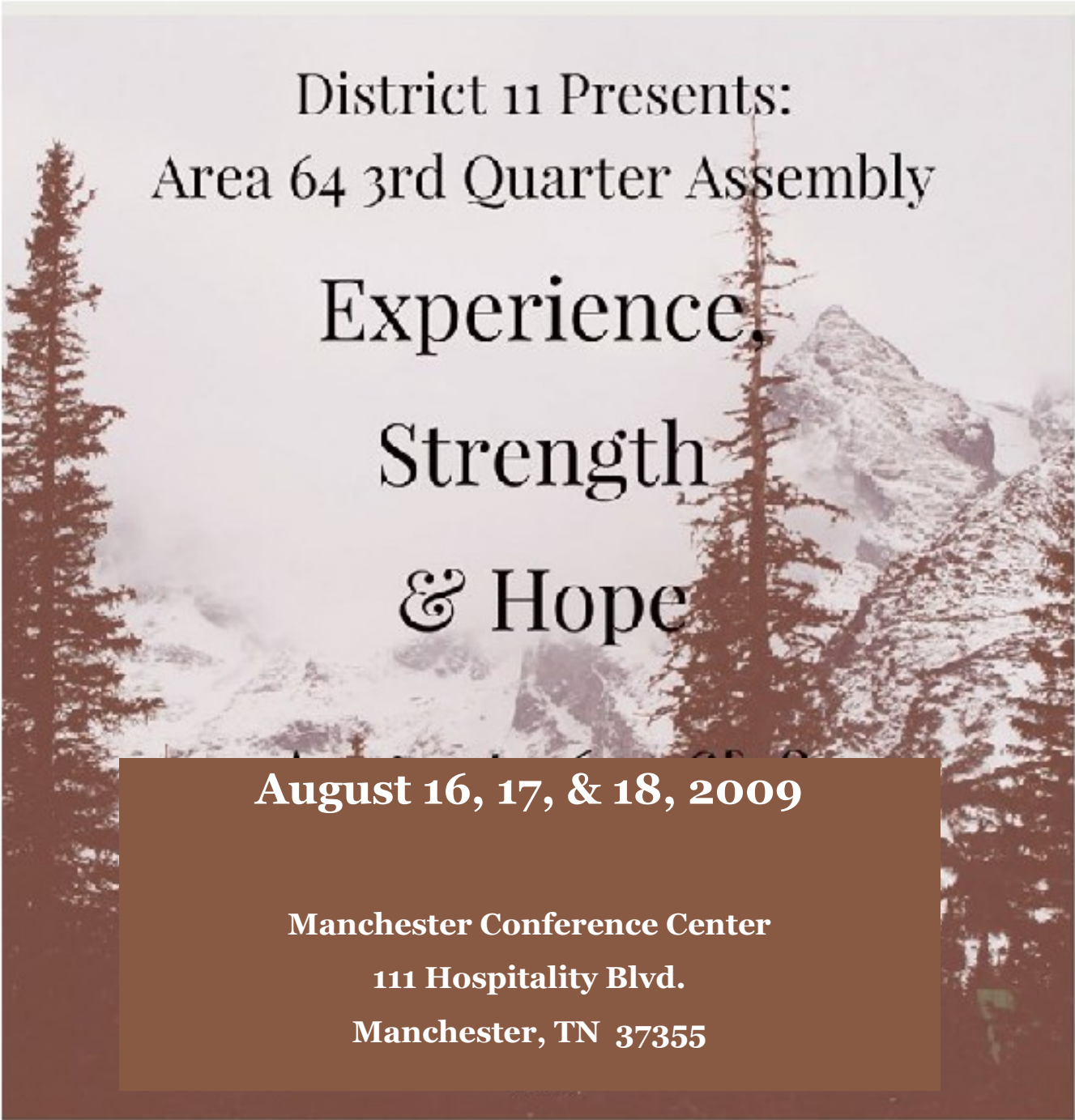
To encourage attendance, the members approached a well-known radio announcer, Frank Sturge Harty, to talk about AA on his show. Sturge Harty had already put AA over the air in 1944 but was unaware of any Australian AA group existing. He was glad to help and even became a regular attendee at the AA meeting! Eventually, the nonalcoholic members left the recovered alcoholics to manage their own affairs according to the Twelve Traditions. The group began to attract alcoholics who wanted to recover using the Twelve Steps, and many of these began to stick around for longer and longer periods. Despite the slow growth and unsettled meetings of early AA in Sydney, alcoholics did sober up and stay sober.

Women began to play a major part in the growth of Australian AA. The first woman came to AA in 1946, but it was a nonalcoholic woman, the wife of an alcoholic, whose articulate and accurate tales of life with her husband when he was drinking became a powerful message in the print and electronic media of the day, and attracted men and women into AA.

Another woman significant to the growth and development of AA was an American actress who'd sobered up in AA and came to Australia to perform with a touring company. As she went around the country, she broke her anonymity and talked at large public meetings as she toured with her theatre company. She was pivotal in the establishment of AA in Brisbane, where she met with an alcoholic lawyer who had not been able to get sober. During their meeting, the lawyer accepted the principles of AA and started AA meetings in Brisbane.

Today AA in Australia is growing, and attracting more young people and women. There are daily meetings in every large city and an increasing number of meetings in outlying areas. With the growing ease of travel between the United States and Australia, and the visiting of sober men in the U.S. Naval Services, Australians continued to learn from their American alcoholic counterparts. More and more meetings are being modeled on the American one-hour format. The most common type of meeting in Australia is a ninety-minute meeting where members are chosen randomly from the floor by a chairperson. This month, the first Australian International convention in Brisbane hopes to attract AAs from Australia and around the world. Despite fragile beginnings and early adversity, Alcoholics Anonymous in Australia has grown to a large and healthy Fellowship.

-- David S.  
Brisbane, Australia



District 11 Presents:  
Area 64 3rd Quarter Assembly  
Experience,  
Strength  
& Hope

**August 16, 17, & 18, 2009**

**Manchester Conference Center**

**111 Hospitality Blvd.**

**Manchester, TN 37355**

Holiday Inn Express & Suites 111 Hospitality Blvd,  
Manchester Tn, 37355 Phone (931) 728-9383 Room rate  
\$115 Cut off date Aug 2, 2019. Group code AREA64  
Additional info call Hal H. (931) 434-5224 cell



# Roadmap to Recovery

**JOIN US FOR THIS ONE DAY EVENT**

JOURNEY THROUGH THE FIRST 164 PAGES OF THE BIG BOOK OF  
ALCOHOLICS ANONYMOUS



*Free Event brought to you  
by Rockin' District 9!*



**Lunch, Snacks and  
Refreshment provided!**

**Presented by  
Chris B. (Murfreesboro, TN)  
Daniel T. (Murfreesboro, TN)**

**SATURDAY JUNE 8<sup>TH</sup>  
(7AM - 4PM)**

Sponsored by  
**Rockin'  
District 9**

122 S Madison Ave  
Cookeville, TN 38501

**(931) 310-7079**

Contact Lary L. for more  
information.

The Saturday Morning Big Book Group Invites you to....

# The Family Afterward Picnic

Saturday

August 10, 2019

12:00 to 4:00

McFee Park

917 McFee Road, Farragut

Walking trails, athletic fields, playground and Splash Pad

We have acquired a Pavilion...bring your family

Hot Dogs, Hamburgers, Buns, Condiments  
and paper goods will be provided.

We ask that you bring a side dish  
or desert and your own drinks.





# **FALL CAMPOUT**

## **67<sup>th</sup> Great Smoky Mountain Recovery Campout**

**Sept 20<sup>th</sup> - 22<sup>nd</sup> 2019**

Open A.A. Meetings 11am and 8pm Daily  
Al-anon Meetings Saturday and Sunday @ 9:30am

Saturday Sept 21<sup>st</sup> Dinner @ 5pm

Speakers @ 6:45pm

Marian and David G. from Knoxville, TN

For more info email [gsmrc.greenbrier@gmail.com](mailto:gsmrc.greenbrier@gmail.com)

Or call Toby W. (865) 654 - 3884

For campground reservations contact:

Greenbrier Campground

<https://www.smokymountaincamping.com/>

5406 Pittman Center Road

Pittman Center 37836

(865) 430 - 7415

**Please no pets at the meetings**

**FYI Save the date for Campouts: May 28-31st 2020, Sept 18-20th 2020**

# ***SPIRITUALITY IN RECOVERY***

## ***4<sup>th</sup> Annual Women's Retreat August 23rd-25th***

Mountain Lake  
Ranch  
2865  
Mountain  
Ranch Dr.  
Dandridge, TN  
37725

Fun, Fellowship,  
Swimming,  
Walks, Fireside  
and  
Yoga Meditation



### Mission:

A  
community  
of  
recovering  
women  
united for  
one  
weekend to  
share our  
experience,  
strength  
and hope

### Bring:

Big Book  
12X12  
Towels  
Toiletries  
Sheets  
(Full  
Queen)  
Yoga  
Mat  
Blanket

Contacts: Terry Johnson 865-805-8107 Terryajohnson2012@gmail.com  
Leslie O'Neil 865-386-5423 Anotherme1@aol.com

Registration

**\*\*\*\*NO REFUNDS\*\*\*\***

\$125.00 for weekend (includes meals)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Roommate Request: \_\_\_\_\_

Wertheim Scholarship Fund Donation: (optional) \$ \_\_\_\_\_

OCTOBER 25-26, 2019

# A DESIGN FOR LIVING

Including: Step 4 The Easy Way



## REGISTRATION

\$20.00

Eventbrite.com  
or at the door

## LOCATION

Prospect Center  
1425 E. Center St  
Kingsport, TN

## SCHEDULE

Friday, October 25th  
6pm-9pm

Saturday, October 26th  
9am-12pm

Break

1:30pm-5:30pm

Break

7pm-8pm

## CONTACT

Ben R.  
423-333-7746

## SPEAKERS

**Scott L.**

Nashville, TN

**John E.**

Frederick, MD



## SPECIAL SATURDAY NIGHT SPEAKER

7:00pm

**Marian G.**

Knoxville, TN

Space limited and will sell out.

Book TODAY

## District 3

### Is Holding A Service Workshop

When: Sat. Aug. 24,

Where: 214 Fairmont St., Morristown

Starting at 1:30 P.M.

All A.A. members are invited to a service workshop. A panel of members who have been active in service will be presenting information on district and group service positions. Question and answer period will follow. You can learn what these initials (GSR, DCM, CPC, PI, etc.) mean and how they help to make A.A. effective in carrying the message of sobriety. Learn how you can serve and possibly stand for a position in the fall election in our district and your home group.

Bring a covered dish—finger foods.

From the 61st International Conference of Young People in AA, notice of a conference August 22-25 in Boston, MA. "Young People" is not an exclusionary term, we define it as someone young at heart with room to grow and change.

**VISIT ICYPAA.ORG**  
**FOR HOTEL INFO AND TO PRE REG!**

**\$35**  
PRE REGISTER HERE

THE 61<sup>ST</sup> ICYPAA  
**ENTIRE PSYCHIC CHANGE**  
BOSTON  
AUGUST 22 - 25, 2019

BOSTON MARRIOTT COPLEY PLACE  
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The Flat Iron 4 cordially invites you to the beginning of a new **MONTHLY** trend

**THE  
SECOND SUNDAY SUPER SPADES  
EVENT**

Cost is \$5/person  
\$10/team  
Winning team takes half  
entry fees  
concessions will be open & available  
Come for the background music, dance  
game, or conversation  
Possible 50/50 raffle

5:00 P.M. Cards are dealt  
Ends when one team is left standing

**SECOND SUNDAY SUPER SPADES  
EVENT**

@

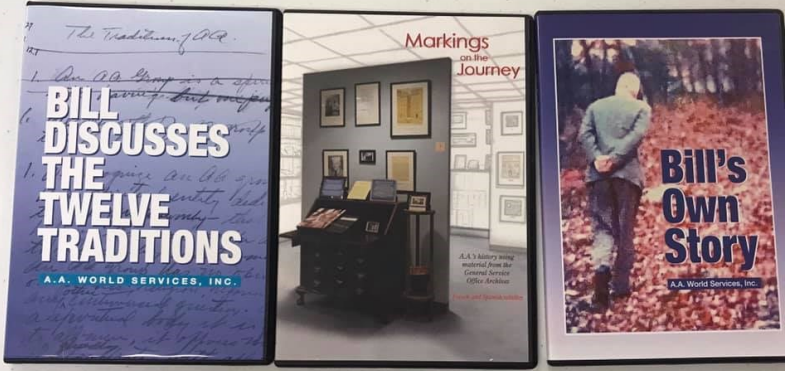
The Flat Iron 4  
5925 Chapman Highway  
579-5854

Times, dates, raffle, cost, music, games, and concessions subject to change



# NEW ITEMS AT THE INTERGROUP OFFICE!!!

NEW GSO BOOK!  
*OUR GREAT RESPONSIBILITY*



NEW GRAPEVINE BOOK!  
*TAKE ME TO YOUR SPONSOR*

GSO Documentaries and *BILL W* Movie



Also NEW!- Playing Cards, Lapel Pins, Coffee Mugs, Medallions and Magnets  
T-Shirts coming mid June!

**EAST  
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NEWSLETTER**



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**JULY 2019**

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