#### East Tennessee Intergroup



June 2021

A.A. Oldtimers...On the Sixth Step A.A. Grapevine, April 1945, Vol. 1 No. 11

# "Were entirely ready to have God remove all these defects of character."

This step is most important because here we are ready for God (as we understand Him) to walk along with us and guide us as we seek to improve our character and eliminate the defects which contributed to our alcoholic problem.

With God's help we'll now apologize quickly when we are curt to others. We'll overcome our resentments. We'll become humble and remember it's our own character we want to improve, not the character of others. We'll remember that as we aren't perfect we haven't any particular right to be critical toward others.

We'll ask quickly for help each time we are aware of wrong thinking and whenever we begin to feel sorry for ourselves. When we wish to judge others, we'll remember that not so long ago we were in no position to judge anyone.

Resentments, our biggest stumbling block, can be dropped right here. Resentments against those who loved us and tried to help us; resentments against the boss, against our fellow-worker, and all the million other little and big resentments must be turned over to a higher power.

At a later date, as our character becomes sound, we'll find that these resentments disappear.

We must ask God to help us understand others.

It takes a continued program of doing and thinking our best each day to lead us ahead, out into the open, where we can join the company of our fellow men.

The same help we seek in dealing with our alcoholic problem must be used to overcome our other defects. Knowing our problem is in God's hands will give us serenity and peace of mind.

In other words, we will turn our will over to God, asking that His will be done, and we'll work on our defects one by one as they make themselves known to us.

Mark H. Buffalo, New York

#### Volume 45; Issue 6

# Step 6

"Were entirely ready to have God remove all these defects of character."

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**District 3** picnic will be Sept 19th at Panther Creek state park in Morristown at 1 pm. Family event, meats and drinks provided please bring a dish to pass. Speaker to follow.

District 4 will meet Sunday, June 6, at 2:00pr	m at Happy Destiny in Maryville.
<ul> <li>Per Mike T., District 4</li> </ul>	

Return to: ETIAA; 9217 Park West 865-522-9667 <u>Manager@et</u>	Blvd #B3; Knoxville, TN 37923 Haa.org www.etiaa.org
Date:*First Name	Last Name
Address	*Phone
*City *State	Sex
E-mail address	Alternative Phone
* Required for listin ETIAA UNITY Newsletter Subscription / Renewal (Free su <u>Volunteer Service Options</u>	• ·
Check only those you are willing to commit time to:	

#### Step Six: Were entirely ready to have God remove all these defects of character.

*"This is the Step that separates the men from the boys."* So declares a well-loved clergyman who happens to be one of A.A.'s greatest friends. He goes on to explain that any person capable of enough willingness and honesty to try repeatedly Step Six on all his faults—*without any reservations whatever*—has indeed come a long way spiritually, and is therefore entitled to be called a man who is sincerely trying to grow in the image and likeness of his own Creator.

Of course, the often disputed question of whether God can—and will, under certain conditions—remove defects of character will be answered with a prompt affirmative by almost any A.A. member. To him, this proposition will be no theory at all; it will be just about the largest fact in his life.

#### Sixth Step Prayer

Dear God, I am ready for Your help in removing from me the defects of character, which I now realize, are an obstacle to my recovery. Help me to continue being honest with myself and guide me toward mental and spiritual health.

#### Tradition Six (long form):

Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A. such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.—and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

#### **Tradition Six Checklist:**

- 1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- 2. Is it good for a group to lease a small building?
- 3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- 4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
- 5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

# **Concept VI and Checklist**: The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

- Are we familiar with how our General Service Board (G.S.B.) Class A and Class B trustees serve A.A.?
- Are we familiar with how our other trusted servants serve A.A.?

#### **7TH TRADITION SUGGESTED CONTRIBUTIONS**

# How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

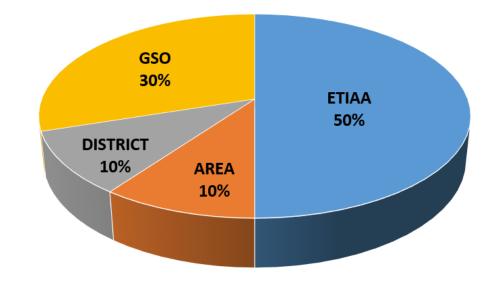
• The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.

• The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellow-ship, and provides information at all levels of service.

• The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.

• AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/ en\_US/f-3\_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

#### **Contribution Addresses**

ETIAA East Tennessee Intergroup of AA 9217 Park West Blvd #B3 Knoxville, TN 37923 865-522-9667 www.etiaa.org

#### New ways to contribute:

Paypal Manager@etiaa.org or 865-320-8649

Zelle Manager@etiaa.org or 865-320-8649

Venmo @ETIAA

General Service Office Grand Central Station P.O. Box 459 New York, NY 10163 <u>www.aa.org</u> The GSO prefers online contributions

Area 64 Assembly 2500 Murfreesboro Pike Suite 105 Box 235 Nashville, TN 37217 www.area64assembly.org

District 1 Treasurer Richard Ellis 1302 Chestnut St. Kingsport, TN 376604 District 2 Treasurer PO BOX 1872 Johnson City, TN 37605

District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer P.O. Box 6642 Maryville, TN 37802

District 6 Treasurer Richard B. 105 Mariner Point Clinton, TN 37716

#### **NEW ADDRESSES**

AA District 50/51 Treasurer 9217 Park West Blvd Suite B-3 (ETIAA) Knoxville, TN 37923

Please mail all District5051 contributions to the Intergroup Office. Specifyon the check AND on the outside of the envelope that it is for district 50/51.

District 4 Treasurer P.O. Box 6642 Maryville, TN 37802

#### Intergroup Financial / Contributions Report

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

		Jul 20—			Jul 20—
GROUPS DONATING	Apr 21	Apr 21	GROUPS DONATING	Apr 21	Apr 21
1ST THINGS 1ST KNOXVILLE 719412	0.00	4,425.20	MORRISTOWN GROUP	0.00	100.00
4-WAY GROUP	0.00	200.00	NEW BEGINNING- LOUDON	0.00	50.00
4TH DIMENSION	212.00	755.25	NEW PATH	50.00	150.00
BACK TO BASICS- OAK RIDGE	0.00	350.00	NORRIS CLINTON GROUP	0.00	150.00
BIG BOOK RECOVERY	0.00	195.00	NORTH GATLINBURG 157790	0.00	397.00
BLOUNT COUNTY GROUP	0.00	350.00	Nueva Esperanza	100.00	100.00
BREAKFAST BUNCH GREENEVILLE	0.00	110.00	ONLINE LUNCH BUNCH	150.00	257.38
BREAKFAST CLUB	25.00	125.00	OUR PRIMARY PURPOSE 716038	0.00	42.00
COLONIAL GROUP	0.00	275.00	Paypal	0.00	8.00
COLONIAL HEIGHTS 99658/120932	35.00	140.00	PHOENIX GROUP PRIMARY PURPOSE- OAK	0.00	1,408.00
CONCORD GROUP	0.00	110.50	RIDGE	0.00	250.00
CONTRIBUTION JAR	0.00	94.75	PRIME TIME	0.00	360.00
COOKIE GROUP	120.00	480.00	RIVERSIDE GROUP	0.00	678.73
COVER TO COVER	0.00	120.00	ROANE COUNTY UNITY 112631	0.00	150.00
DANDRIDGE UNITY 638213	0.00	86.00	SATURDAY MORNING BIG BOOK STUDY	0.00	1,139.05
DISTRICT 50/51	0.00	0.00		0.00	20.00
DOWN BY THE RIVER 101834	0.00	400.00	SEEKERS JONESBOROUGH 66383 SERENITY IMPROVEMENT	0.00	600.00
FOUNDATION FOR HOPE 297303	55.39	55.39	SERENITY SISTERS 630722	0.00	1,620.79
FOUNTAIN CITY SERENITY	0.00	296.58	SEYMOUR SHARING	187.55	904.44
FREE AT LAST 712012	0.00	36.00	SOBER PRIDE	0.00	754.01
GROUP WITH NO NAME	0.00	1,000.00	SOBRIETY SOCIETY- SO-SO 709581	300.00	920.00
HAPPY DESTINY	250.00	250.00	SPIRITUAL PROGRESS	0.00	100.00
HAPPY HOUR	0.00	2,423.00	STEPS FORWARD	0.00	165.00
HAPPY, JOYOUS AND FREE	0.00	50.00	STEPS TO FREEDOM	0.00	62.50
HIGH NOON ROGERSVILLE 713957	0.00	60.00	SUNDAYS AT 7-KNOXVILLE	0.00	130.00
HIGH NOONERS-P40	0.00	400.00	ТСҮРАА	0.00	80.00
Individual	214.25	4,485.25	TELLICO VILLAGE	60.00	260.00
KEEP LEANING FORWARD	0.00	115.00	TENNESSEE GROUP 723519	0.00	591.20
KODAK HWY 66	0.00	150.00	TRI-STATE GROUP-HARROGATE	0.00	200.00
LAFOLLETTE-THERE IS HOPE	20.00	200.00	TURNIP PATCH	0.00	126.03
LENGUAJE DEL CORAZON	0.00	50.00	UNKNOWN GROUP	0.00	223.82
LUNCH BUNCH- GREENEVILLE	158.05	566.51	Venmo	0.00	39.00
MEMORIAL RECOVERY 112566	0.00	100.00	WEST KNOXVILLE GROUP	129.50	231.80
MONDAY NIGHT MEN'S 112569	0.00	150.00	TOTALS	2,066.74	30,873.18

#### **CONTRIBUTIONS TO DISTRICT 50/51**

**Mail all District 50/51 contributions** to the Intergroup Office. Please make sure you are specifying on the check AND on the outside of the envelope that is for District. 50/51.

District 50/51; C/O. East TN Intergroup; 9217 Park West Boulevard #B3; Knoxville, TN 37923

Make checks out to District5051. This will help the office staff maintain separation between Intergroup and District donations.

Thank you for your support! Also, if you have questions or concerns, the District 50/51 treasurer may be contacted at 865.599.5288. Initially, texting will be the fastest option for contact.

#### **Unity Newsletter**

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

#### **Submissions**

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that Intergroup of East Tennessee Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized?

We encourage all appropriate submissions by sending them to: Newsletter Coordinator, managr@etiaa.org

#### **Around East Tennessee**

#### AA Birthdays:

#### No group listed: Greq

3 years 2/19/2018

Monday Night Men's Group; Erin Presbyterian Church: Levi K. 12years

Please use the following format: first full name; last name initial; birthday month; number of years sober.

#### Electronic Big Book Study on YouTube.... And FREE!



Entire Back To Basics 12 week, 12 Steps of AA Recovery

https://app.getresponse.com/click.html? x=a62b&lc=S9gvEA&mc=CK&s=9JD00&u=T5K&z=EQEVCxT&

**\*\*Effective Immediately\*\*** 

05/15/2021

New Mailing Address for District 4:

**District 4 Treasurer** 

P.O. Box 6642

Maryville, TN 37802

#### May 2021 Intergroup Meeting Minutes

#### Open with serenity prayer and monthly Tradition at 6:30pm.

Present via Zoom: - Rebekah R. (office manager), Heather B. (4th Dimension), Angela L. (Tennessee Group), Kellie M. (Happy Destiny 2), Josie K. (Colonial Heights & District 1), Kali W. (Survivor's Group), Randall (GSR Survivor's Group), Fawn L (Treasurer)., Barbara S. (DCM District 1), Dave (Park 40 Prime Time), Marian G. (Corrections Rep), Rhonda (Morristown), Emma H. (First 164), SuZanne A. (Events), Jim F. (Park 40 High Nooners), Dave S. (Intergroup volunteer), Pam S. (alternate for Happy Hour group),Carole W. (Accessibility), Nancy T. (Serenity, Primary Purpose Groups in Oak Ridge)., Eddie P. (service worker), Beth C. (Treatment)

Previous minutes accepted. [I didn't get who made the motion or seconded, sorry!]

#### Manager's report – Rebekah R.

- ♣ Rebekah welcomed new IGR's
- Online Store update: There are new items and a technical issue with inventory is close to being fixed.
- Meeting Changes Update- Barb taking over
- Third Q Assembly is in person in Knoxville

#### Treasurer report – Fawn L

- 2066.74 contributions [not sure what time period this is, April I think]
- All balances are healthy
- Net income \$1418.19 in April \$10,264 fiscal year to date
- No Square report yet
- Josie made a motion to accept the Treasurer's Report and Barbara seconded. All were in favor and it was accepted.

#### Hotline - Susi - not present

#### Office Service Workers- Dave S.

- The schedule is made and all shifts are covered. Two new people were trained and scheduled.
- Rebekah said more service workers are needed and asked everybody to announce that at meetings. Shifts are on Monday through Saturday for 2-3 hours and she said it is a situation where you can get your own work done until someone comes in and needs help. Contact the office to volunteer.

Archives – Open Website – Open

#### Accessibilities - Carole W

- Meetings in Methodist churches are likely to be able to go back soon.
- Rebekah clarified that each meeting has the option to be marked according to what Covid restrictions they are observing (e.g. masks).

#### Spanish Speaking Liaison - Open

#### CPC/PI - Open

#### Treatment- Beth

- Meetings are happening again at Cornerstone. They are requiring that people coming in to speak or bring a meeting be vaccinated.
- Barbara reported that there is a Sunday Zoom meeting at Creekside .
- Pam reported that they have been taking meetings to Centerpoint and that will continue.

#### May 2021 Intergroup Meeting Minutes (cont.)

#### Corrections – Marian

- Corrections meetings are likely to restart in June [where? not sure]. Volunteers are getting orientation already.
- She said there was no info on when county jail meetings would restart.
- Barbara reported that they have been training in Sullivan County, with more trainings it upcoming weekends.
- Marian requested \$1000 to attend the National Corrections Conference in November in New Orleans, as she did 2 years ago.

Cost breakdown: \$30 registration

\$40 banquet\$248.96 hotel, 2 nights\$437-\$495 airfareextra for transportation from the airport, etc

Rebekah moved that the group allocate \$1000 to fund Marian to attend the conference. Not sure who seconded. The motion carried.

#### Outreach - Open

Events - SuZanne

- At the most recent 2nd Saturday speaker came very prepared, at an early hour for her (Oregon), dressed up, and there were 0 attendees.
- When asked, people said they weren't attending because they couldn't find the info, even though it was announced, in the newsletter, etc.
- There was discussion about cancelling the remaining speakers.

SuZanne moved that the rest of the 2nd Saturday speaker series be cancelled. Barbara seconded. The motion carried. The group thanked SuZanne for her great work in organizing the speaker series.

#### Mobile Intergroup Coordinator- Open

Old Business No old business

#### New Business

- Kellie asked about the Greenbriar and TCYPAA campouts.
- The upcoming Greenbriar campout is unofficial, but many are attending.
   The fall Greenbriar campout is still on, but no outside day attenders will be allowed and no group meal.

The TCYPAA campout info is at tcypaa2021.com

Carole asked about the new email for meeting changes. It is <u>meetings@etiaa.org</u>, and it is in the works. People can report meeting changes using a form on the website, or by calling currently.

Next Meeting-Monday, June 21st at 6:30pm

On the lighter side ....

I used to think drinking was bad for me... so I gave up thinking.



# A baby can drink a bottle, fall asleep and people say it's cute. If I do it, I'm an alcoholic.

# **3rd Quarter Assembly**

August 20-22, 2021

Holiday Inn West Cedar Bluff 9134 Executive Park Drive Knoxville, TN 37923

Reservations: 1-888-HOLIDAY or (865)693-1011 \$111 per night + tax Breakfast Included Group Code AQA

For more information call: Robin G. (865)438-3571 or E-mail: <u>robingavilan@gmail.com</u>

# But we aren't a glum lot.

AA Big Book Pg. 132



# 3er Trimestre De la Asamblea 2021

20-22 Agosto

Holiday Inn West Cedar Bluff 9134 Executive Park Drive Knoxville, TN 37923

Reservas: 1-888-HOLIDAY o (865)693-1011 \$111 por noche + impuestos Desayuno incluido

Grupo código AQA

Para obtener más información, llame Robin G. (865)438-3571 Email: <u>robingavilan@gmail.com</u>

Pero no somos un montón

tristes.

AA Big Book Página 132





Grapevine and La Viña Celebrate Founders' Day with Free Access from May 26 through June 10, 2021.

On June 10, 1935, Dr. Bob had his last drink and that day marks the founding of Alcoholics Anonymous. Since so many meetings are still closed, and groups have limited ability to celebrate our founding, Grapevine and La Viña will help mark this important date by giving everyone free access to our websites for two weeks. You will be able to read and listen to stories from current and past issues, access our sobriety calculator, read the daily quote, learn how you can contribute your story, and find ways to serve others using Grapevine and La Viña magazines.

Please share this news with other members. For free access from May 26 through June 10, 2021 visit:

aagrapevine.org <u>aalavina.org</u>

#### Grapevine y La Viña celebran el Día de los Fundadores con acceso gratuito del 26 de mayo hasta el 10 de junio de 2021.

El 10 de junio de 1935, el Dr. Bob tomó su última copa y ese día marca la fundación de Alcohólicos Anónimos. Dado que muchas reuniones aún están cerradas y los grupos tienen una capacidad limitada para celebrar nuestra fundación, Grapevine y La Viña ayudarán a marcar esta fecha importante al brindarles a todos acceso gratuito a nuestros sitios web durante dos semanas. Podrá leer y escuchar historias de las ediciones actuales y pasadas, acceder a nuestra calculadora de sobriedad, leer la cita diaria, aprender cómo puede contribuir con su historia y encontrar formas de servir a otros usando las revistas Grapevine y La Viña.

#### Comparta esta noticia con otros miembros.

Para obtener acceso gratuito desde el 26 de mayo – el 10 de junio de 2021, visite enlaces anteriores:



### Grateful? Help Carry The Message By Gifting An AA Grapevine/ La Viña Subscription

We can't reach our members behind the walls right now, but our message of hope and recovery can. These are some actual quotes from A.A. members in prison who have received a "Carry the message" subscription

Thank you to those who care enough to help us in here. We're trying so hard to stay sober

So many [stories] have touched my heart and given me hope ... I don't ever want this subscription to end I'm writing from my prison cell to thank the Grapevine staff and all those members who contribute to the "Carry the Message" project

Seeing the warm welcoming spaces being used as A.A. sanctuaries for people in recovery is so heartwarming. This, my friend, is what keeps me going and gives me hope

I'm sitting here in prison and I have 75 days sober today. Thank you so much for Grapevine

Click <u>HERE</u> to learn more

# Founders Day PICNIC

# SATURDAY, JUNE 26TH 3:00 - 7:00 PM

The world is finally opening back up! Let's take this opportunity to celebrate Founders Day and each other!

BETTER LATE Than Never, Bill

#### TYSON PARK 2351 KINGSTON PIKE KNOXVILLE

RECOVERY

There will be a 50/50 Fundraising Raffle, with proceeds going to the Third Quarter Assembly. Please bring a covered dish. Plates, Napkins and Utensils will be provided.

Raffle! SUZIE M & JIMMY M WILL BE SPEAKING AT 5:30PM





## BEAUTY OF THE FOREST

#### When?

July 23-25 2021

#### Where?

Big Ridge State Park 1015 Big Ridge Park Rd Maynardville, TN 37807

#### What?

Summer camp style weekend logding and food provided for \$80

#### How do I register?

GotoTCYPAA2021.com or scan QR code below



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

9217 Park West Blvd #B3 Knoxville, TN 37923

24/7 HOTLINE 865-522-9667 Manager@etiaa.org ETIAA.ORG

**Newsletter Subscription** 





#### **June 2021**

#### If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription L Name\_\_\_\_\_ I to cover postage. L I **ETIAA** Address\_\_\_\_\_ L 9217 Park West Blvd #B3 Knoxville, TN 37923 City\_\_\_\_\_ I -OR-L State\_\_\_\_\_ L Sign up at ETIAA.org for a free I email subscription. L Zip\_\_\_\_\_ L L