



East Tennessee Intergroup

# UNITY NEWSLETTER

July 2021

Volume 45; Issue 7

## A.A. Oldtimers...On the Seventh Step

A.A. Grapevine, May 1945, Vol. 1 No. 12

### **“Humbly asked Him to remove our shortcomings.”**

We all know that it is God's will that we live clean, wholesome lives; that we think clearly and become persons of honest decision. This we know we cannot do until we become our real selves, so, in desperation, we alcoholics revert to prayer. We humbly ask God to remove our shortcomings; to restore us to our natural selves, so that we may think clearly on our problems.

Emerson says, “None will ever solve the problem of his character according to our prejudice, but only in his own high unprecedented way.”

Character is undoubtedly accumulative, and in removing shortcomings it stands to reason that we are striving to build character. This can be done by observing our errors, and, one at a time, correcting them on the spot.

We have already accepted this “Power greater than ourselves” as a reality. Something to which we can pray, expecting to receive help. So now we ask for courage to look at our shortcomings honestly. To recognize them for what they really are, and not what we might wish them to be.

What are some of our shortcomings? Let us list just a few: 1. Excessive drinking. 2. Resenting help. 3. Resenting the good fortune of others. 4. Defending ourselves when we know we are in the wrong. 5. Jealousy and envy of all kinds. 6. Shunning responsibility.

Through the grace of God we have found A.A., which teaches us that we are sick people and that alcohol in any form or amount is out. So we stop drinking. That takes care of our number one problem.

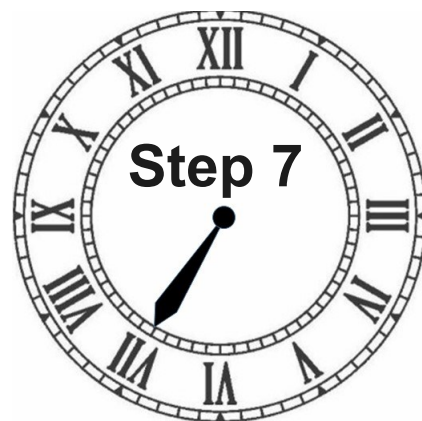
We must be willing to accept help of all kinds without resentment. This takes a little time, as we are the world's most sensitive persons. We know too well that we have neglected all of our talents and abilities for alcohol, and we have terribly guilty feelings, made more acute by persons who are already in better circumstances than we are. Nevertheless, we learn to suffer our hurt feelings and start building a constructive, happy life.

Defending what we call our “pride” is one of the most difficult shortcomings to remove. Many of us have thought of pride as something virtuous, something to be honored. Well, what have we left, we who are humbly seeking help, that we can put on exhibition as virtue? Often we cannot actually put our finger on anything in our make-up of which we are really proud. So we break down our false pride, and exchange it for humility.

The most beautiful art in the world is simple, with few lines, little fuss and complications. So we try being simple for a change. Just plain honest simplicity. We look for the best in our fellow man, “Pardon the wrong in him; hark to the song in him.”

By accepting God's help, we learn to think clearly; to play fairly; and to give generously.

Elizabeth W.; Boston, Massachusetts



**“Humbly asked Him to remove  
our shortcomings.”**

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**District 3** picnic will be Sept 19th at Panther Creek state park in Morristown at 1 pm. Family event, meats and drinks provided please bring a dish to pass. Speaker to follow.

### New Meeting:

Name: **Knoxville Primary Purpose Group**

When: Sundays at 7pm

Where: Erin Presbyterian (200 Locket Road, Knoxville) green door by the playground.

What: Open Big Book Study

Details: The Primary Purpose Group based out of Texas and started in 1988 has spread a style of meeting across the country that is centered around a study guide, and is a "true study" of the 164 page big book. **All you have to bring is yourself and your copy of the Big Book.**

As described by it's authors; "The purpose of this Study Guide is to enable the student to understand the information the authors of the book, Alcoholics Anonymous, intended to impart to each of us based on their experience and knowledge of alcoholism and their Program of Recovery. This Guide is intended to examine the content of virtually every sentence in the basic text of the Big Book of Alcoholics Anonymous."

### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

*Check only those you are willing to commit time to:*

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weeknights

☐ Weekends

#### Committees of Interest

*Check only those you are willing to serve on:*

☐ Public Information / Cooperation with the Professional Community

☐ Intergroup Representative

☐ Office Worker

☐ Archives

☐ Outreach

☐ Spanish Liaison

## Step Seven: Humbly ask Him to remove our shortcomings.

SINCE this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to us.

Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.'s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven't much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.

### Seventh Step Prayer

My Creator, I am now willing that You have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here to do Your bidding.



### Tradition Seven (long form):

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous whether by groups, clubs, hospitals, or other outside agencies, that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise.

Then, too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

### Tradition Seven Checklist:

1. Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
2. Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
3. If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
4. Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
5. Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
6. How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?



**Concept VII and Checklist: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.**

- Do we act responsibly regarding the "power of the purse"?
- Do we realize that the practical and spiritual power of the Conference will nearly always be superior to the legal power of the G.S.B.?

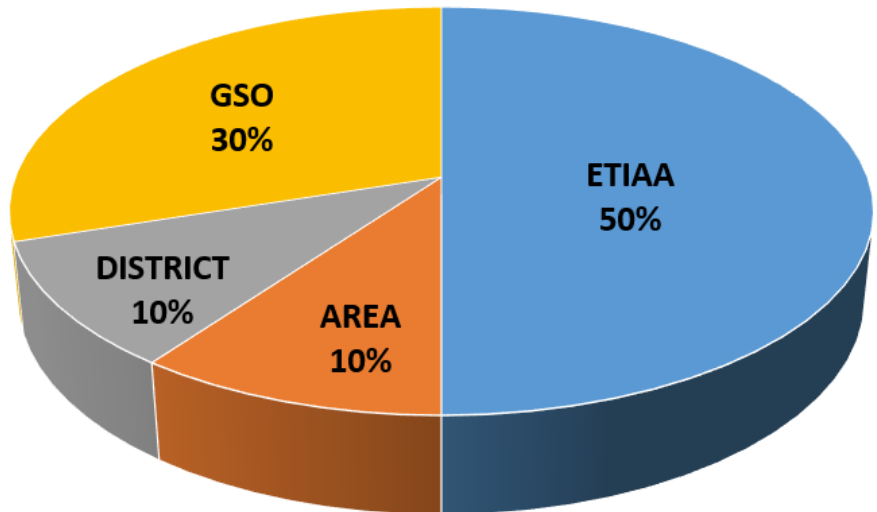
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee  
Intergroup of AA**  
9217 Park West Blvd #B3  
Knoxville, TN 37923  
865-522-9667 [www.etiaa.org](http://www.etiaa.org)

#### **New ways to contribute:**

**Paypal Manager@etiaa.org or  
865-320-8649**

**Zelle Manager@etiaa.org or  
865-320-8649**

**Venmo @ETIAA**

**General Service Office**  
Grand Central Station  
P.O. Box 459  
New York, NY 10163  
[www.aa.org](http://www.aa.org)

**The GSO prefers online contributions**

**Area 64 Assembly**  
2500 Murfreesboro Pike  
Suite 105 Box 235  
Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
Richard Ellis  
1302 Chestnut St.  
Kingsport, TN 376604

**District 2 Treasurer**  
PO BOX 1872  
Johnson City, TN 37605

**District 3 Treasurer**  
John H.  
1466 Darbee Dr.  
Morristown, TN 37814

**District 4 Treasurer**  
P.O. Box 6642  
Maryville, TN 37802

**District 6 Treasurer**  
Richard B.  
105 Mariner Point  
Clinton, TN 37716

#### **NEW ADDRESSES**

**AA District 50/51 Treasurer**  
9217 Park West Blvd  
Suite B-3 (ETIAA)  
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

**District 4 Treasurer**  
P.O. Box 6642  
Maryville, TN 37802

*Please be sure to include your Group Name and Number.*

# Intergroup Financial / Contributions Report

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

GROUPS DONATING	Jul 20—		GROUPS DONATING	Jul 20—	
	May 21	May 21		May 21	May 21
1ST THINGS 1ST KNOXVILLE 719412	1,851.34	6,276.54	MORRISTOWN GROUP	50.00	150.00
321 GROUP	50.00	50.00	NEW BEGINNING- LOUDON	0.00	50.00
4-WAY GROUP	50.00	250.00	NEW PATH	0.00	150.00
4TH DIMENSION	0.00	755.25	NORRIS CLINTON GROUP	0.00	150.00
501 Group	60.00	60.00	NORTH GATLINBURG 157790	240.00	637.00
BACK TO BASICS- OAK RIDGE	50.00	400.00	Nueva Esperanza	0.00	100.00
BIG BOOK RECOVERY	20.00	215.00	ONLINE LUNCH BUNCH	73.00	330.38
BLOUNT COUNTY GROUP	0.00	350.00	OUR PRIMARY PURPOSE	0.00	42.00
BREAKFAST BUNCH GREENEVILLE	0.00	110.00	Paypal	0.00	8.00
BREAKFAST CLUB	10.00	135.00	PHOENIX GROUP	0.00	1,408.00
COLONIAL GROUP	75.00	350.00	PRIMARY PURPOSE- OAK RIDGE	0.00	250.00
COLONIAL HEIGHTS 99658/120932	0.00	140.00	PRIME TIME	0.00	360.00
CONCORD GROUP	17.28	127.78	RIVERSIDE GROUP	0.00	678.73
CONTRIBUTION JAR	9.24	103.99	ROANE COUNTY UNITY 112631	0.00	150.00
COOKIE GROUP	0.00	480.00	SAT. MORNING BIG BOOK STUDY	363.56	1,502.61
COVER TO COVER	0.00	120.00	SEEKERS JONESBOROUGH	0.00	20.00
DANDRIDGE UNITY 638213	15.00	101.00	SERENITY IMPROVEMENT	0.00	600.00
DISTRICT 50/51	0.00	0.00	SERENITY SISTERS 630722	0.00	1,620.79
DOWN BY THE RIVER 101834	0.00	400.00	SEYMOUR SHARING	0.00	904.44
FOUNDATION FOR HOPE 297303	0.00	55.39	SISTERS IN SOBRIETY	50.00	50.00
FOUNTAIN CITY SERENITY	0.00	296.58	SOBER PRIDE	0.00	754.01
FREE AT LAST 712012	0.00	36.00	SOBRIETY SOCIETY- SO-SO	0.00	920.00
GROUP WITH NO NAME	0.00	1,000.00	SPIRITUAL PROGRESS	50.00	150.00
HAPPY DESTINY	0.00	250.00	STEPS FORWARD	0.00	165.00
HAPPY HOUR	0.00	2,423.00	STEPS TO FREEDOM	0.00	62.50
HAPPY, JOYOUS AND FREE	0.00	50.00	SUNDAYS AT 7-KNOXVILLE	0.00	130.00
HIGH NOON ROGERSVILLE 713957	0.00	60.00	TCYPAA	20.00	100.00
HIGH NOONERS-P40	750.00	1,150.00	TELLICO VILLAGE	0.00	260.00
Individual	61.64	4,546.89	TENNESSEE GROUP 723519	392.05	983.25
KEEP LEANING FORWARD	0.00	115.00	TRI-STATE GRP-HARROGATE	0.00	200.00
KODAK HWY 66	0.00	150.00	TRUDGING THE ROAD	77.00	77.00
LAFOLLETTE-THERE IS HOPE	20.00	220	TURNIP PATCH	0.00	126.03
LENGUAJE DEL CORAZON	0.00	50.00	UNKNOWN GROUP	0.00	223.82
LUNCH BUNCH- GREENEVILLE	165.54	732.05	Venmo	0.00	39.00
MEMORIAL RECOVERY 112566	0.00	100.00	WEST KNOXVILLE GROUP	0.00	231.80
MONDAY NIGHT MEN'S 112569	0.00	150.00	<b>TOTALS</b>	<b>4,520.65</b>	<b>35,173.83</b>

**Mail all District 50/51 contributions** to the Intergroup Office. Please make sure you are specifying on the check AND on the outside of the envelope that is for District. 50/51.

**District 50/51; C/O. East TN Intergroup; 9217 Park West Boulevard #B3; Knoxville, TN 37923**

Make checks out to District5051. This will help the office staff maintain separation between Intergroup and District donations.

Thank you for your support! Also, if you have questions or concerns, the District 50/51 treasurer may be contacted at 865.599.5288. Initially, texting will be the fastest option for contact.



## Unity Newsletter

is a monthly publication of East Tennessee Intergroup about, by and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

## Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that Intergroup of East Tennessee Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized?

We encourage all appropriate submissions by sending them to: Newsletter Coordinator, managr@etiaa.org

## Around East Tennessee

### AA Birthdays:

#### Seymour Sharing Group:

Nick T.	36 years
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#### Monday Night Men's Group; Erin Presbyterian Church:

Dan L.	1 year
Brad C.	2 years
Jeff M.	3 years
Paul B.	24 years

Please use the following format: **first full name; last name initial; birthday month; number of years sober.**



**Electronic Big Book Study on YouTube.... And FREE!**

**Entire Back To Basics 12 week, 12 Steps of AA Recovery**

[https://app.getresponse.com/click.html?](https://app.getresponse.com/click.html?x=a62b&lc=S9qvEA&mc=CK&s=9JD00&u=T5K&z=EQEVCxT&)

[x=a62b&lc=S9qvEA&mc=CK&s=9JD00&u=T5K&z=EQEVCxT&](https://app.getresponse.com/click.html?x=a62b&lc=S9qvEA&mc=CK&s=9JD00&u=T5K&z=EQEVCxT&)

**\*\*Effective Immediately\*\***

**05/15/2021**

**New Mailing Address for District 4:**

**District 4 Treasurer**

**P.O. Box 6642**

**Maryville, TN 37802**

## Greetings Park 40 Club Members, Supporters and Friends:

The Board of Directors is pleased to announce that we are ending pandemic related restrictions. Effective Monday, June 28, 2021:

- Seating restrictions are removed, please remember to keep doorways clear.
- All Groups are invited to return.
- Group's material binders will be available in the bookroom.
- Cleaning practices will return to pre-pandemic standards.

In the interest of maximizing available room for seating, the desks will not be returned to the large group rooms. Coffee is now available at the clubhouse. As usual coffee donations are appreciated.

We invite Park 40 Club members to attend the General Membership Meeting on July 17<sup>th</sup> at 11:00 AM. The meeting will be in person at the clubhouse. There will be a Zoom link for those who wish to attend virtually.

We invite everyone to attend our Annual Celebration and membership drive on August 28<sup>th</sup>. As has been our custom, the celebration begins with a Speaker Meeting at 5:30 followed by a cookout & potluck supper. We are honored to have well known Park 40 Club regular Bill L. as the speaker this year. Join us in celebrating the Club's 41<sup>st</sup> birthday.

The past year has been a very challenging time for each of us and for the Club as an organization. Thanks to the unwavering support of its membership the Park 40 Club has successfully met that challenge. We, the Board of Directors, thank you once again for keeping the Club alive and well. We close with a special thanks to the Club's employees who labored diligently to keep the clubhouse clean and safe throughout the pandemic.

Yours in Service,

The Park 40 Club Board of Directors

## **June 2021 Intergroup Meeting Minutes**

### **Open with serenity prayer and monthly Tradition at 6:30pm.**

Present via Zoom: - Tami D, Rebekah R., Fawn L., Kellie M., SuZanne A., Krista S., Josie K., Angela L., Jody F., Jim F., Barbara S., Nancy T., Marian G., Beth C., Heather.

Groups Represented: Happy Destiny II Group, Happy Hour Group, Primary Purpose Group, TN Group, Colonial Heights Group, High Nooners Group, Memorial Group.

Previous minutes were accepted as is motion Josie K., seconded by Jim F., all in favor.

### **Manager's Report – Rebekah R.**

- Welcome new IGRs – Rebekah welcomed new reps to the meeting.
- Remind – Rebekah again asked for anyone wanting to be added to the Remind App for staying up-to-date with announcements and updates to add their contact information in the Zoom chat box.
- Online Store – Inventory updated in the Store. Had an issue with a large order of hard-cover Big Books that went in as soft covered and that is being resolved.
- Meeting Changes Update – Barb has taken over and advised updates are being taken care of weekly and within 24 hours for the Meeting Guide App. Rebekah stated it's good to advise a month in the event something comes up and updates take longer than a week.
- Grasshopper/Zoom – now using a new app called Grasshopper for all Hotline calls. Allows for calls and answers to be tracked and to forward unanswered calls to one person and then another if the second one doesn't answer. All calls come in under the same phone number and this App has texting capabilities although not being used at this time. Rebekah also researching Zoom calls to see if this program may also be a viable option.
- Tax Credit for 501-C3s for employee retention during pandemic – Rebekah learned from the Hawaii Intergroup office that this tax credit may be available to our Intergroup as well. She would like for all IG Reps to take this information back to their groups and come back next month with a vote on if this available credit should be pursued.
- This Meeting counts as our yearly Board Meeting as required by the State of TN for all non-profit organizations.

### **Treasurer's Report – Fawn L.**

- Financially very sound, all accounts healthy
- May Contributions \$4,520.65
- May Profit and Loss \$3,611.74
- YTD Profit and Loss \$13,875.87
- Motion to accept Treasurer's report by Marian G., seconded by Rebekah R., all in favor.

### **Hotline – Susi M. – not present**

- Rebekah stated two volunteers dropped off and two more were added. Always looking for additional volunteers.

### **Service Workers – Greg S/ Dave (neither present)**

- Greg to reach out to past volunteers to inquire as to why they left and get feedback on possible improvements to the position of office service worker.



## **June 2021 Intergroup Meeting Minutes (cont.)**

**Website – Sterling – not present**

**Accessibilities – Carole W. – not present**

**Spanish Liaison – open**

**CPC/PI – open**

**Treatment – Beth C.**

- Beth advised Cornerstone now allowing the TN Group to bring meetings back into that facility.
- Beth to begin visiting District Meetings to discuss Treatment along with Marian G. from Corrections. Now in the process of contacting DCMs for schedules.

**Corrections – Marian G.**

- Marian advised all taking meetings back into Morgan County Penitentiary have been cleared and have completed orientation. Now just waiting for the facility to allow them back.
- Marian is registered for the Corrections Conference in November 2021. Watching flights as they seem to be high right now. Will provide updates as available.
- Marian to begin visiting District Meetings to discuss Corrections along with Beth C. from Treatment. Now in the process of contacting DCMs for schedules.

**Outreach - open**

**Events – SuZanne A.**

- Nothing new to report.

**Mobile Intergroup – open**

- Rebekah advised TCYPAA event is coming up July 23<sup>rd</sup> – 25<sup>th</sup> and they have requested Mobile Intergroup attend as well as the 3<sup>rd</sup> Quarter Assembly coming up in August and she will need assistance with both events. Beth C. offered to help with both.

**Old Business:**

**New Business:**

- After discussion about needed office furniture and equipment, Barb S. requested Rebekah compile a list of needed items along with estimated costs to be presented at next month's IG meeting.
- Rebekah advised they are having quite a few issues with the Square equipment and wants to purchase new equipment. She will compile a list of the available packages and send to out to all on the Intergroup Remind text app. Decision to be made at next IG meeting.
- Rebekah advised that currently volunteers access the IG office with a traditional key. There have been issues with volunteers discontinuing to work at IG and they potentially have to get the locks changed every time someone resigns. As an alternative, Rebekah proposed we consider a new keypad lock system that allows for every volunteer to have their own code that can then be disabled should they resign without having to pay for the locks to be changed. The system including equipment and labor will run around \$600. Motion to proceed with purchase and installation by Beth C., seconded by Nancy T., all in favor.

**Meeting adjourned without motion at 7:23 pm.**

**Next meeting to be held Monday July 19th at 6:30 pm.**

## **May 2021 District 50/51 Minutes**

*Virtually Attending: Jacque H, Katie C, David T, Erica J, Jeff J, Rick B, David C, Robin G, Lauren H, Trey M, Pam S, Michelle C*

\*please note this meeting was a virtual meeting using the Zoom platform\*

The meeting was opened at 6:32 p.m. by Jacque with a moment of silence followed by The Serenity Prayer.

Introductions were made around the “room”.

A motion was made (Jeff J.) to accept the minutes from last month as written. The motion was seconded (David T.) and passed unanimously.

### **Jacque District 50**

We have several new business items this evening, including a new treasurer. 3<sup>rd</sup> Q Assembly meeting was earlier this evening, but will be discussed later in meeting by Robin G.

Jacque can be reached at [sweetiepie5267@gmail.com](mailto:sweetiepie5267@gmail.com) and/or 865-296-4501

### **Angela District 51 (ABSENT)**

No Report – was unable to attend 2<sup>nd</sup> Quarter Assembly

Angela can be reached [aql8137@tds.net](mailto:aql8137@tds.net) and/or 865-924-3055

### **Treasurer’s Report – OPEN**

Balance as of 4/5/2021 is \$6,772.50

Deposits: 1105.85

\*One pending Venmo deposit (\$19.79) à balance will be \$6,792.29

\*\*No new treasurer’s report due to the fact that we do not have a treasurer.

A motion was made (Jeff J.) to accept the treasurer’s report as given. Motion was seconded (David T.) and passed unanimously.

PLEASE SEND DISTRICT CONTRIBUTIONS TO INTERGROUP OFFICE (and label mail properly). District 50/51 c/o East TN Intergroup 9217 Parkwest Blvd #B3 Knoxville, TN 37923

### **CPC/PI – Trey M.**

No Report. Committee meetings will resume in June. Trey will reach out to committee members with details.

Please contact Trey for information about monthly committee meetings. [Trey.Medlock@gmail.com](mailto:Trey.Medlock@gmail.com)

### **Treatment Report – Robin G.**

No treatment committee meeting in April.

Treatment committee will not be expanding any new meetings at this time but is considering outreach support materials. New Beginnings Halfway House has requested an outside meeting be brought into their program.

Treatment Committee will meet 2<sup>nd</sup> Thursday @ 7:00 P.M. (5/13/21)

## **May 2021 District 50/51 Meeting Minutes (cont.)**

**Corrections Report – OPEN**    Position vacant

**Grapevine Report – OPEN**    Position is vacant.

Grapevines are available.

**Bridging the Gap Report – David T.**

No report.

David can be reached at: [BTG5150@gmail.com](mailto:BTG5150@gmail.com) or 865-272-9526

**Events – Erica J./Sandy H.**

Events committee will move forward with planning since 3<sup>rd</sup> Quarter Assembly will be in person.

Next committee meeting will be 5/16/21 at 2:00 at the Intergroup Office.

**Archives Report – OPEN**

The position of Archives chair is open. Please see Angela or Jacque if you are interested.

Job entails retrieving group history forms. Talk to our archivist in Murfreesboro and compare to current meeting list. If there is a group that has old photos or tapes you may be responsible to sending to Murfreesboro for preservation.

### **Group News:**

***Northstation is now meeting in person Tue & Thur at 7:30 Central Baptist Church Fountain City***

***SO-SO is now having a speaker meeting last Saturday of each month***

### **OLD BUSINESS:**

General discussion around Assembly Hospitality Committee requesting money from District 50/51 to help offset cost. Jeff agreed to speak on behalf of Committee to request money.

1. Jeff J. – Motion to request \$3,000 from District 50/51, seconded by Rick B. No discussion – passed unanimously on 4/5/21

General discussion around need for new Alternate DCM and Treasurer.

### **NEW BUSINESS:**

1. David T – would like to stand for treasurer, passed unanimously. David will complete term through December 2021 and we can re-vote at end of year if he would like to continue serving in position.
2. Robin G – would like to stand for DCM 51, passed unanimously. Robin G will complete term through December 2021.
3. Motion to return to having in person District 50/51 meetings at Intergroup Office beginning June 7, 2021 at 6:30 (Trey M), seconded (Jeff J.), passed unanimously.

General discussion about having an art auction as a fundraiser. Next meeting for 3<sup>rd</sup> Quarter Assembly is May 16 at 2:00 at Intergroup Office. Volunteers needed for Saturday lunch and snacks. Food or money are accepted donations.

Motion to adjourn (Jeff J.), seconded (Trey M.). Meeting adjourned at 7:11 p.m. Closed with the *Lord's Prayer*.

**THE NEXT DISTRICT MEETING WILL BE June 7, 2021 AT 6:30PM at the INTERGROUP OFFICE!!!**

I used to think  
drinking was bad  
for me... so I gave  
up thinking.

–Anonymous



**A baby can  
drink a bottle,  
fall asleep and people  
say it's cute.  
If I do it, I'm an alcoholic.**

# Drunks

Jack McCarthy

We died of pneumonia in furnished rooms where they found us three days later when somebody complained about the smell.

We died against bridge abutments and nobody knew if it was suicide and we probably didn't know either except in the sense that it was always suicide.

We died in hospitals, our stomachs huge, distended and there was nothing they could do.

We died in cells, never knowing whether we were guilty or not.

We went to priests, they gave us pledges, they told us to pray, they told us to go and sin no more, but go. We tried and we died.

We died of overdoses, we died in bed (but usually not the Big Bed)

We died in straitjackets, in the DT's seeing God knows what, creeping skittering slithering shuffling things.

And you know what the worst thing was? The worst thing was that nobody ever believed how hard we tried.

We went to doctors and they gave us stuff to take that would make us sick when we drank on the principle of so crazy, it just might work, I guess, or maybe they just shook their heads and sent us to places like Dropkick Murphy's.

And when we got out we were hooked on paraldehyde or maybe we lied to the doctors and they told us not to drink so much, just drink like me. And we tried, and we died.

We drowned in our own vomit or choked on it, our broken jaws wired shut. We died playing Russian roulette and people thought we'd lost, but we knew better.

We died under the hoofs of horses, under the wheels of vehicles, under the knives and boot heels of our brother drunks.

We died in shame.

And you know what was even worse, was that we couldn't believe it ourselves, that we had tried.

We figured we just thought we tried and we died believing that we hadn't tried, believing that we didn't know what it meant to try.

When we were desperate enough or hopeful or deluded or embattled enough to go for help we went to people with letters after their names and prayed that they might have read the right books that had the right words in them, never suspecting the terrifying truth, that the right words, as simple as they were, had not been written yet.

We died falling off girders on high buildings, because of course ironworkers drink, of course they do.

We died with a shotgun in our mouth, or jumping off a bridge, and everybody knew it was suicide.

We died under the Southeast Expressway, with our hands tied behind us and a bullet in the back of our head, because this time the people that we disappointed were the wrong people.

We died in convulsions, or of "insult to the brain", we died incontinent, and in disgrace, abandoned .

If we were women, we died degraded, because women have so much more to live up to.

We tried and we died and nobody cried. And the very worst thing was that for every one of us that died, there were another hundred of us, or another thousand, who wished that we could die, who went to sleep praying we would not have to wake up because what we were enduring was intolerable and we knew in our hearts it wasn't ever gonna change.

One day in a hospital room in New York City, one of us had what the books call a transforming spiritual experience, and he said to himself "I've got it ." (no, you haven't you've only got part of it) " and I have to share it." (now you've ALMOST got it) and he kept trying to give it away, but we couldn't hear it. We tried and we died.

We died of one last cigarette, the comfort of its glowing in the dark. We passed out and the bed caught fire. They said we suffocated before our body burned, they said we never felt a thing , that was the best way maybe that we died, except sometimes we took our family with us.

And the man in New York was so sure he had it, he tried to love us into sobriety, but that didn't work either, love confuses drunks and he tried and we still died.

One after another we got his hopes up and we broke his heart,

Because that's what we do.

And the worst thing was that every time we thought we knew what the worst thing was something happened that was worse.

Until a day came in a hotel lobby and it wasn't in Rome, or Jerusalem, Or Mecca or even Dublin, or South Boston, it was in Akron, Ohio, for Christ's sake.

A day came when the man said I have to find a drunk because I need him As much as he needs me (NOW you've got it).

And the transmission line, after all those years, was open, the transmission line was open. And now we don't go to priests, and we don't go to doctors and people with letters after their names.

We come to people who have been there, we come to each other. We come to try and we don't have to die.....

[https://en.wikipedia.org/wiki/Jack\\_McCarthy\\_\(writer\)](https://en.wikipedia.org/wiki/Jack_McCarthy_(writer))

**Columnist Jack Alexander introduced Alcoholics Anonymous to the national stage when this article was published in the *Saturday Evening Post* on March 1, 1941.**

<https://www.saturdayeveningpost.com/2015/12/aa/>



# 3rd Quarter Assembly

August 20-22, 2021

Holiday Inn West Cedar Bluff  
9134 Executive Park Drive  
Knoxville, TN 37923

## Reservations:

1-888-HOLIDAY or (865)693-1011

\$111 per night + tax

Breakfast Included

Group Code

AQA

For more information call:

Robin G. (865)438-3571 or

E-mail: [robingavilan@gmail.com](mailto:robingavilan@gmail.com)

**But we aren't a glum lot.**

AA Big Book Pg. 132



# 3er Trimestre De la Asamblea 2021

20-22 Agosto

Holiday Inn West Cedar Bluff  
9134 Executive Park Drive  
Knoxville, TN 37923

**Reservas:**

1-888-HOLIDAY o (865)693-1011

\$111 por noche + impuestos

Desayuno incluido

Grupo código

AQA

Para obtener más información, llame  
Robin G. (865)438-3571

Email: [robingavilan@gmail.com](mailto:robingavilan@gmail.com)

Pero no somos un montón  
tristes.

AA Big Book Página 132



# Don't take yourself too damn seriously



## **“We Are No Longer Lost and Frightened and Purposeless” (12 Steps & 12 Traditions Page 105)**

**August 6-8, 2021**

**Cincinnati Marriott Airport**

1-minute drive from Interstate 275 Exit 4A at 2395 Progress Drive, Hebron, KY 41048

Standard Rm: \$109.00 + tax Hotel Registration ends 7/26/2021. Book early! Conference registration does not guarantee a room. 859-586-0166

**Friday: 7:00 p.m. Kim S. – Cincinnati, OH**  
**9:00 p.m. Mike A. – Nashville, TN**

**Saturday: 9:30 am Chip L. – Columbus, OH**  
**11:00 am Diane A. – Nashville, TN (AL-ANON)**  
**1:00 pm Women’s panel** *Open to women and men!*  
**2:30 pm Old Timer’s Panel**  
**4:00 pm New Timer’s Panel**  
**7:00 pm Christa V. – Ocean Pines, MD**  
**8:30 pm David M. – Berlin, MD**

**Sunday: 9:30 am Andrea J. – Lexington, KY**

**Friday Night Entertainment – Euchre Tournament (AA Prizes To Winners)**

**Saturday Night – Karaoke / Dance Party**

Pre-registration is \$25.00 pre-registration or \$30.00 at the door. Venmo @nkyrule62

Go to [rule62.eventsmart.com](https://rule62.eventsmart.com) and use your credit card!

Please make checks payable to “Rule 62” P.O. Box 91, Hebron, KY 41048

**Scholarships Available for Treatment Center Residents only** (Does not apply to Sober Living)  
**Scholarships are available through the generosity of others. Please give to Scholarship Fund.**

**Rule 62 T-Shirts Available at conference – Limited Supply**

Questions or Comments Contact: **Dave B. 513-207-4930 or Steve P. 513-310-9278**

----- Cut Here to Mail your check or money order -----

**Make Payable to: “RULE 62” and Mail to: PO BOX 91, Hebron, KY 41048**

\$25.00 Pre-Registration. Mail-in registration must be received by August 1, 2021 or pay \$30.00 at the door.

Full Name(s) \_\_\_\_\_

Name(s) on Badge \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email/Phone \_\_\_\_\_

Number of registrations \_\_\_\_\_

Sponsorship Donation \_\_\_\_\_

Amount Enclosed \_\_\_\_\_

# NCCYPAA 2021

## WINSTON SALEM, NC

**THE HAWTHORNE INN  
AND CONFERENCE  
CENTER  
420 HIGH STREET  
WINSTON SALEM, NC**

Booking: Call  
336-777-3000

Request a room  
under block

"NCCYPAA 2021"

Room Options:

2 Queen Beds

\$99.00 / Night

1 King Bed

\$99.00 / Night

**AUG  
12-15  
2021**

register online at  
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contact info  
[nccypaa2021@gmail.com](mailto:nccypaa2021@gmail.com)



GIVE THE GIFT OF  
RECOVERY

# Grateful?

Help Carry The Message  
By Gifting An AA Grapevine/  
La Viña Subscription

We can't reach our members behind the walls right now, but our message of hope and recovery can. These are some actual quotes from A.A. members in prison who have received a "Carry the message" subscription

“ Thank you to those who care enough to help us in here. We're trying so hard to stay sober ”

“ I'm writing from my prison cell to thank the Grapevine staff and all those members who contribute to the "Carry the Message" project ”

“ So many [stories] have touched my heart and given me hope ... I don't ever want this subscription to end ”

“ Seeing the warm welcoming spaces being used as A.A. sanctuaries for people in recovery is so heartwarming. This, my friend, is what keeps me going and gives me hope ”

2021  
CARRY THE  
MESSAGE  
PROJECT

“ I'm sitting here in prison and I have 75 days sober today. Thank you so much for Grapevine ”

Click [HERE](#) to learn more

# ***CAMP TCYPAA 2021!***

## **BEAUTY OF THE FOREST**

### **When?**

July 23-25 2021

### **Where?**

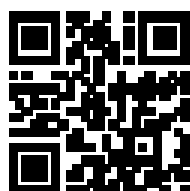
Big Ridge State Park  
1015 Big Ridge Park Rd  
Maynardville, TN 37807

### **What?**

Summer camp style weekend lodging and  
food provided for \$80

### **How do I register?**

Go to [TCYPAA2021.com](https://TCYPAA2021.com) or scan QR code  
below





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INTERGROUP  
UNITY  
NEWSLETTER**

**9217 Park West Blvd #B3  
Knoxville, TN 37923**

**24/7 HOTLINE  
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Manager@etiaa.org  
ETIAA.ORG**



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**Newsletter Subscription**

If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription to cover postage.

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**-OR-**

**Sign up at ETIAA.org for a free  
email subscription.**

**July 2021**



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