



East Tennessee Intergroup

# UNITY NEWSLETTER

May 2022

Volume 46; Issue 5

*“Here are the steps we took”*

by Clarence Snyder

Working With Others

*Dr. Bob Smith sponsored Clarence Snyder into this simple program. Clarence repeated this approach with other alcoholics in Cleveland where he achieved a high recovery rate. Here is the approach the A.A. pioneers used to carry the message to the person who suffers from a seemingly hopeless state of mind and body. Clarence remained very active in A.A. until his death in March 1984.*



There are five phases to the Twelve Steps:

- STEP 1: ADMISSION,
- STEPS 2 and 3: SUBMISSION,
- STEPS 4, 5, 6, and 7: CONFESSION,
- STEPS 8 and 9: RESTITUTION,
- STEPS 10, 11, and 12: THE LIVING STEPS, CONSTRUCTION, AND MAINTENANCE

**STEP FIVE:** The inventory is of our defects, not our incidents. Here are the defects:

- |                                    |                                     |
|------------------------------------|-------------------------------------|
| 1. Resentment, Anger               | 11. Jealousy                        |
| 2. Fear, Cowardice                 | 12. Envy                            |
| 3. Self pity                       | 13. Laziness                        |
| 4. Self justification              | 14. Procrastination                 |
| 5. Self importance, Egotism        | 15. Insincerity                     |
| 6. Self condemnation, Guilt        | 16. Negative Thinking               |
| 7. Lying, Evasiveness, Dishonesty  | 17. Immoral thinking                |
| 8. Impatience                      | 18. Perfectionism, Intolerance      |
| 9. Hate                            | 19. Criticizing, Loose Talk, Gossip |
| 10. False pride, Phoniness, Denial | 20. Greed                           |

Now that you've admitted these defects, ask, "Don't you want to get rid of them?" These same defects caused your life to be unmanageable. How can you ask God to get rid of the THINGS you did in your past? YOU CAN'T!! You can ask to get rid of the defects, which caused you to act in the manner you did by taking...

**STEP SIX: (Next Month)**



*“Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”*

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## Step Five: “Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.”

ALL OF A.A.'s Twelve Steps ask us to go contrary to our natural desires . . . they all deflate our egos. When it comes to ego deflation, few Steps are harder to take than Five. But scarcely any Step is more necessary to longtime sobriety and peace of mind than this one.

A.A. experience has taught us we cannot live alone with our pressing problems and the character defects which cause or aggravate them. If we have swept the searchlight of Step Four back and forth over our careers, and it has revealed in stark relief those experiences we'd rather not remember, if we have come to know how wrong thinking and action have hurt us and others, then the need to quit living by ourselves with those tormenting ghosts of yesterday gets more urgent than ever. We have to talk to somebody about them.

### Fifth Step Prayer

Higher Power, my inventory has shown me who I am, yet I ask for Your help in admitting my wrongs to another person and to You. Assure me and be with me, in this Step, for without this Step, I cannot progress in my recovery. With Your help, I can do this, and I will do it.



### Tradition Five (long form):

Each Alcoholics Anonymous group ought to be a spiritual entity *having but one primary purpose*—that of carrying its message to the alcoholic who still suffers.

### Tradition Five Checklist:

1. Do I ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me”?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?



**Concept V and Checklist: Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.**

- Do we encourage the minority opinion, the “Right of Appeal,” to be heard at our home group, district committee meetings, area assemblies and the Conference?
- What does our group accept as “substantial unanimity”?
- Has our group experienced the “tyranny of the majority” or the “tyranny of the minority”?
- Does our group understand the importance of all points of view being heard before a vote is taken?

## On the 5th Step -- AA Grapevine - Bert T., March 1945

*Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*

This is a tough step and takes courage to do. It is, however, a step that can be done if you make sufficient effort.

It is not new. The Catholic Church uses it in their confessional and the Psychiatrist uses it.

Drinking is caused by inner conflicts and the only way to get rid of these conflicts is to bring them out in the open and destroy them. Wrongs cause conflicts, hence the necessity of this step.

Take the first phrase, "Admitted to God." How do you do this? First learn humility so that you can ask help in a humble manner. If you have difficulty in admitting the actuality of a supreme power, work on the premise that there might be one. Once you get your mind in tune with the infinite it is not difficult to realize that you have no secrets from God.

"Admitted to ourselves:" This can only be done when we are honest with ourselves. In this program it is folly to try to kid yourself. Be ruthless in your soul searching and come clean.

Great care should be taken in choosing "another human being." It must be someone you can trust. Your lawyer, your doctor, your priest or minister, another A.A., or a friend; someone who will act as a sounding board and keep your confidence.

Once you take this step you will be astounded at the relief you feel. The burden of despair will be lifted from your back and you will be free.

It is essential for every A.A. to realize the importance of taking this 5th step. By so doing, all enmities, resentments and wrong thinking may be cast out and we can continue to the next step with a clear conscience.

It is advisable to repeat this step from time to time as it is human to err and even A.A.s are human.

### NEW MEETING PLACE OFFERED

South Knoxville Church of Christ at 760 Chapman Hwy. is offering a meeting place to the AA community. If you are interested please contact: J.L. Stelle at 865-607-3361

### An Alcoholic's Prayer

**OH LORD**, Watch over this Alcoholic. Be Thou my Higher Power as I strive toward recovery. Permit me to lean on You for strength and guidance. Grant that I may become totally honest about my problem. Touch my soul - and spark my spirit into awareness, Lord, that I may see the value of a sober life. Show me the glory of the Dawn and a new day and the reward of a Sunset and a day well lived. Help me to deal with resentments, Lord, the real curse of the Alcoholic. Take from me all hatred, anger and willfulness and persuade me to work toward emotional health and maturity that I may fully enjoy the blessings of respectability.

In Thy mercy, Lord, see fit to remove my cravings for that which will destroy me — alcohol. Keep me ever mindful that alone, I am unable to maintain a happy sobriety. Bring me ever close to you and those who will help me along the way. Most of all, prompt me to extend my hand to the Alcoholic who still suffers, so that through him, or her, I may find You and continued sobriety. AMEN — Irene Palmer Costigan-1970's

## DISTRICT MEETINGS

District 1 meets the first Saturday, every other month (Jan, Mar, May, etc.) at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of even months at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at Intergroup.

Intergroup Committee meets the third Monday of the month at 6:30pm on Zoom. Meeting ID: 190 817 792; Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

Weeknights

Weekends

Weekdays

##### Phones Night & Weekend

Weeknights

Weekends

#### Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

## THANK YOU VOLUNTEERS!

We can't do it without you! Intergroup volunteers help carry the message to the alcoholic who still suffers, and provide groups and individuals with literature and other resources. It's a great gig! If you have at least 6 months of continued sobriety, come join us!

Fill out your info at the office, or online at

<https://www.etiaa.org/contact-us/>.

### In the Office:

Rebekah	Susi	Paul
R .	Clara	Kathy
Jill	Bob	Rick
Glenn	Robin	Audrey
Richard	Dave	Deanna
Pete	Patty	Fawn
Charlie	Eddie	

### Hotline:

Clara	Carole
Bob W	Jimmy
Susie	Barb
Susi	Patrick
Emily	Austin
Anna	Rebekah

### Intergroup Board

Rhonda	Barb
Dave	Susi
Marian	Tami
SuZanne	Jacque
Beth	

### Website

Sterling  
Eammon  
SuZanne

### Meeting List

Barb

## AA Birthdays / Anniversaries

### Monday Night Men's Group

Frank C.	31 years	April 11
Mitch T.	37 years	April 11
Davis G.	1 year	April 4

### Dandridge Unity Group

Don C.	50 years	May 2
Jill V.	36 years	May 6

## Intergroup Office News

### NEW OFFICE MANAGER

Please join us in welcoming our new Office Manager Clara M! Clara has been involved with the Intergroup since May of 2013 as the Chair of the Intergroup Committee that started our revitalization and has been an office Service Worker since 2015. We are very excited for her to start on 3/21 at our Intergroup Board Meeting. Rebekah's last day will be the week of April 24th.

A number of AA books are on back order due to shipping/printing/fulfillment issues. We have plenty of Big Books at the moment in all formats.

Grapevine now has a podcast. It can be found at <https://www.aagrapevine.org/podcast>

We are in need of chairpersons for our Intergroup Committee. If you are interested, attend the Intergroup at 6:30pm on the 3<sup>rd</sup> Monday of the month on Zoom.

We need new service workers for our 12 Step List. These workers answer calls from people who need to talk to an AA member after they have been screened by the hotline worker. They usually need to talk to someone of the same sex about the program and potentially meet at a meeting.

**Contact us to find out how you can help us  
carry the message!**

## Unity Newsletter

is a monthly publication of East Tennessee Intergroup about, by, and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

## Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that Intergroup of East Tennessee Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to: Newsletter Coordinator, [managr@etiaa.org](mailto:managr@etiaa.org)

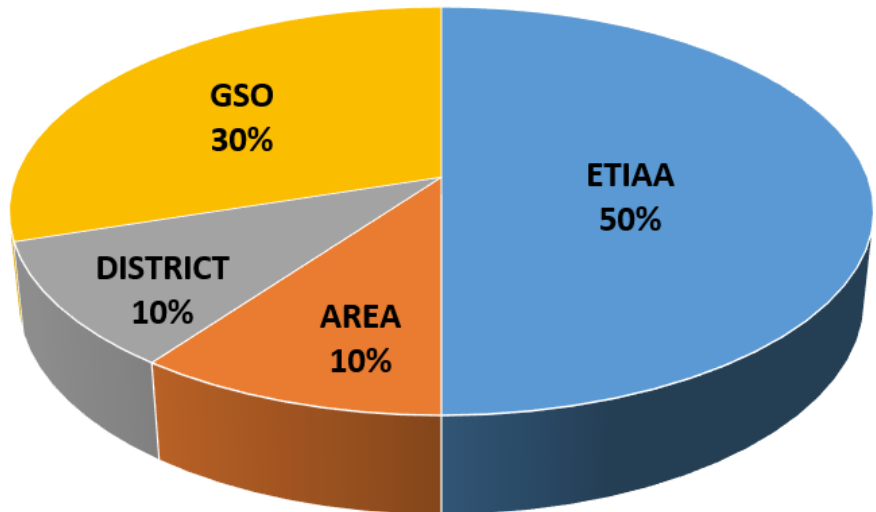
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee Intergroup of AA**  
**9217 Park West Blvd #B3**  
**Knoxville, TN 37923**  
**865-522-9667**     [www.etiaa.org](http://www.etiaa.org)

**New ways to contribute:**

Paypal [Manager@etiaa.org](mailto:Manager@etiaa.org) or  
 865-320-8649  
 Zelle [Manager@etiaa.org](mailto:Manager@etiaa.org) or  
 865-320-8649  
 Venmo @ETIAA

**General Service Office**  
**Grand Central Station**  
**P.O. Box 459**  
**New York, NY 10163**  
[www.aa.org](http://www.aa.org)

**The GSO prefers online contributions**

**Area 64 Assembly**  
**2500 Murfreesboro Pike**  
**Suite 105 Box 235**  
**Nashville, TN 37217**  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
**Barb Sapp**  
**4137 Skyland Dr,**  
**Kingsport, TN 37664**

**District 2 Treasurer**  
**PO BOX 1872**  
**Johnson City, TN 37605**

**District 3 Treasurer**  
**John H.**  
**1466 Darbee Dr.**  
**Morristown, TN 37814**

**District 4 Treasurer**  
**P.O. Box 6642**  
**Maryville, TN 37802**

**District 6 Treasurer**  
**Richard B.**  
**105 Mariner Point**  
**Clinton, TN 37716**

**NEW ADDRESSES**

**AA District 50/51 Treasurer**  
**9217 Park West Blvd**  
**Suite B-3 (ETIAA)**  
**Knoxville, TN 37923**

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

*Please be sure to include your Group Name and Number.*

## Intergroup Financial / Contributions Report

GROUPS DONATING	Jul 21—		GROUPS DONATING	Jul 21—	
	Mar '22	Mar '22		Feb '22	Feb '22
1ST THINGS 1ST KNOXVILLE		3,332.95	MEMORIAL RECOVERY 112566		50.00
4-WAY GROUP	75.00	275.00	METRO GROUP		350.00
4TH DIMENSION		880.00	MONDAY NIGHT MEN'S		500.00
AGE OF MIRACLES	25.00	25.00	MORRISTOWN GROUP		300.00
ANON CUSTOMER		50.00	NEW BEGINNING- LOUDON		35.00
AREA 64 HOST COMMITTEE		60.00	NEW BEGINNINGS KNOXVILLE		50.00
BACK TO BASICS- OAK RIDGE	100.00	153.00	NORRIS CLINTON GROUP		41.00
BIG BOOK RECOVERY		25.00	NORTH GATLINBURG		914.74
BLOUNT COUNTY GROUP		450.00	NORTH STATION GROUP		11.00
BREAKFAST CLUB	100.00	440.00	NORTHSHORE		150.00
CARING AND SHARING		17.32	ONLINE LUNCH BUNCH	52.50	726.34
COLONIAL GROUP		200.00	PHOENIX GROUP		764.00
COLONIAL HEIGHTS		125.00	PRIMARY PURPOSE- OAK RIDGE		680.00
CONCORD GROUP		250.50	PRIME TIME	780.00	780.00
CONTRIBUTION JAR	58.98	165.52	RIVERSIDE GROUP		174.81
COOKIE GROUP		360.00	ROANE COUNTY UNITY	106.00	926.00
DANDRIDGE UNITY		96.00	SAT. MORNING BIG BOOK STUDY		1,524.15
District 4 PICNIC		18.00	SATURDAY MORNING SERENITY		284.50
DISTRICT 3		100.00	SERENITY IMPROVEMENT		1,200.00
DISTRICT 50/51	30.00	300.00	SEYMOUR SHARING		556.92
DOWN ON THE RIVER		480.00	SOBRIETY AND BEYOND		258.25
FOUNTAIN CITY SERENITY	150.00	450.00	SOBRIETY SOCIETY- SO-SO		525.00
FRIDAY NIGHT MEETING		375.00	Square Customer	136.80	1,832.77
FRIDAY NIGHT OUT 160185		15.00	STEPS FORWARD		220.00
GROUP WITH NO NAME	250.00	1,590.00	TCYPAA		0.70
HAPPY DESTINY		750.00	TELLICO VILLAGE	60.00	240.00
HAPPY HOUR		2,978.43	TENNESSEE GROUP		634.44
HIGH NOON ROGERSVILLE		174.00	TRUDGING THE ROAD		192.96
HIGH NOONERS-P40		2,425.00	TUESDAY NIGHT LOUDON		75.00
I Am Responsible Mountain City	100.00	100.00	TURNIP PATCH		242.15
Johnson City Women's Group		100.00	UNKNOWN GROUP		310.00
KEEP LEANING FORWARD		92.58	WEARS VALLEY CARRIAGE HOUSE		105.55
KODAK HWY 66		200.00	WEST KNOXVILLE GROUP		115.50
LAFOLLETTE-THERE IS HOPE	20.00	180.00	WORKING WITH OTHERS		117.00
LUNCH BUNCH- GREENEVILLE	65.35	550.22			
MARYVILLE 12 STEP		300.00	<b>TOTALS</b>	<b>\$2,109.63</b>	<b>\$32,971.30</b>

*East Tennessee Intergroup of AA fiscal year is July 1 -June 30*



## April 2022 Intergroup Meeting Minutes

Present via Zoom: - Tami D, Rebekah R., Rhonda, SuZanne A., Jacque H., Barb S., Trey M., Fawn L., Al L., Marian G., Jody, Clara M., Steve S., Maria H., Claudia L., Josie G.

Groups Represented: First Things First Group., TN Group, Colonial Heights Group, 4-Way Group, Bristol Memorial Group, Saturday Morning Big Book Group, Friday Night Group, Happy Hour Zen Group.

Previous minutes were accepted as is motion Fawn L., seconded by Scott S., all in favor.

### **Manager's Report** – Clara M & Rebekah R.

- Welcome new IGRs – Rebekah welcomed new reps to the meeting. If you need anything reach out to the office manager @ 865-320-8649 or manager@etiaa.org.
- Remind – Rebekah again asked for anyone wanting to be added to the Remind App for staying up-to-date with announcements and updates to add their contact information in the Zoom chat box.
- Office Manager Training Update – all is going well! Clara will be working alone for the 1st time tomorrow (04/19). Clara is completing an online Quickbooks class.
- Appalachian Regional Roundup – all data was entered and reconciled in Square and Quickbooks
- Intergroup Committee List – please add your email address to the chat so that Clara can compile updated email address for all on committees.

### **Treasurer's Report** – Dave S. – not present

Year to Date P&L \$5155.07

- Fawn L reported March contributions average at \$2109.63.
- Fawn reported all accounts healthy.
- Total March sales \$9825.66 including the sales at the Appalachian Roundup.
- Motion to accept Treasurer's report by Rebekah R., seconded by Fawn L., all in favor.

### **Hotline** – Susi M. – not present

- Service Workers – Dave S. – not present
- Rebekah stated the following shifts need coverage: every other Wednesday from 1-4pm and Saturday mornings.
- Call for more volunteers, especially for stand by to cover when a regular office worker is unable to make their shift.

### **Archives** – Barb S.

Barb stated she has sent an email to the Area 64 archivist inquiring about what the archives for Intergroup should include. Intergroup archives are different from other archive collections.

### **Website** – Barb S.

Barb reported there were 2,800 users, 5,800 sessions and the average duration of a visit to the Intergroup website was 2.15 minutes.

### **Accessibilities** – Susi M. – not present

### **Spanish Liaison** – open

### **CPC/PI** – open



## April 2022 Intergroup Meeting Minutes (Cont.)

### Treatment – Jacque H.

- Jacque unable to attend the District Treatment meeting last month because they hold the meetings on Thursday evening and she is taking a meeting into Centerpointe on Thursday nights. The next meeting is 05/22/22 @ 7pm.
- Need women to take a meeting into Centerpointe on the 1st and 2nd Thursday of the month, contact Jacque for more information.
- Knox Recovery is also looking for women to take a meeting into their facility on Saturdays.
- Jacque unable to attend the District 2 meeting in Johnson City.

### Corrections – Marian G.

- Marian unable to attend the District 2 meeting in Johnson City due to scheduling conflict.
- She will be attending the District 1 meeting on Saturday May 7th.
- Marian would like our email addresses to send to the GSO Inmate Correspondence Program. GSO will safely connect you with an inmate from another state and you correspond with that inmate via mail.
- Dave S is taking a meeting into the Anderson County Jail and they need women to take a meeting into Anderson County as well, see Marian for details.

### Outreach – Susi M. – not present

### Events – SuZanne A.

- Intergroup Volunteers Appreciation and 40th Anniversary Events
  - The Anniversary Event to be held at the Intergroup Office on Saturday August 20th in an open-house style.
  - The Intergroup Volunteers Appreciation Event to be held on Sunday August 21st at The Main Event. \$29 per person includes, pizza and a meeting room for one hour, bowling for 2 hours – shoes included, 30 minute card for arcade games. A full refund is available for cancellation up to 30 days prior to the event, 8-29 days cancellation prior to the event is a 50% refund.
  - Moton to move forward with the reservations made by Rhonda and seconded by Josie G. All in favor.

### Mobile Intergroup – Beth C – not present

- Rebekah stated the 3rd Quarter Assembly to be held July 22-24th at the Cedar Bluff Rd Holiday Inn. Mobile Intergroup will attend. Volunteers needed. Clara will be out of town that weekend and therefore unavailable.

### Old Business:

- Office shelving – Trey M was present and stated he has had issues with getting all of the needed supplies for the project. However, he has them now and will be moving forward with installing the shelves.
- Farewell Gathering for Rebekah – to be held on April 30th starting at Noon. Flyer to be published on the ETIAA website.

### New Business:

- Hotline Coordinator Needed – Susi M would like to give up this position and a new coordinator is needed. Please announce at groups.
- 12 Step Call List – Please reach out to your groups and get the names and contact information for men and women who want to be on the 12 Step Call List. Requirements are minimum 1 year sobriety, working the steps and have a sponsor.

**Meeting adjourned at 7:18 pm, without motion.**

**Next meeting to be held Monday May 16th at 6:30pm via Zoom.**

# Requests for Manuscripts

The General Service Office of AA in New York City is soliciting for manuscripts for:

- the 5th Edition of the AA Big Book, *Alcoholics Anonymous*,
- the 4th Edition of the Spanish-language Big Book, *Alcohólicos Anónimos*, and
- *A.A. for the Black and African-American Alcoholic Pamphlet*

See details below to the appropriate submitting channels, word limits, format requirements, and other important information.

Alcoholics  
Anonymous®

[www.aa.org](http://www.aa.org)

General Service Office of Alcoholics Anonymous, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

## Submissions for the 5th Edition of Alcoholics Anonymous:

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. Further information on where to submit your story will be provided to the Fellowship through Box 4-5-9, the A.A. website and more. If you have any questions, please write to:

**5BBStory@aa.org**

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## Submissions for the Spanish-language Alcohólicos Anónimos :

The committee is seeking stories of recovery from a wide representation of the Hispanic community. Stories of recovery may also include: Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Experiences of sobriety during the pandemic; Newcomer and old-timer experiences; Accessibility experiences; Spiritual experiences' A.A. meetings on virtual platforms; and Sobriety and mental health.

Suggested format: Stories written in Spanish, English or French will be accepted from any Hispanic member of the A.A. structure in the United States and Canada. Use the same format as described above in the 5th Edition notice. **Deadline:** Please submit on or before December 15, 2022. Email: **4LGHistorias@aa.org**  
Subject Line: "Fourth Edition Spanish" Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central, Station, New York, NY 10163 The words "Fourth Edition Spanish" should be written on the envelope and at the top of the first page of the manuscript.

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## Submissions for the "A.A. for the Black and African-American Alcoholic" Pamphlet :

The committee is seeking stories of recovery from all African American, Canadian, Caribbean A.A. members from the English, French and Spanish-speaking Black communities in the A.A. structure in the United States and Canada. Stories of recovery may also include: Experience, Strength, and Hope; Steps, Traditions, Concepts; Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Sponsorship; A.A. Service; Safety & Racism; Military; Black Mental Health and Diverse Abilities; BIPOC A.A. meetings; Atheist/ Agnostics. The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font.

Handwritten manuscripts should be approximately 5 to 6 pages. Include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all authors will be observed whether their story is selected for publication or not. Instructions for submitting your manuscript: **Deadline:** Please submit on or before October 31, 2022.

Email: **pamphletstories@aa.org** Subject Line: A.A. for the Black and African American Alcoholic  
Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163. On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.



JOIN THE FRIDAY NIGHT GROUP  
FOR OUR ONE YEAR  
CELEBRATION



**Date: Friday, May 20, 2022**

**Time: 5:30 Dinner - meat and drinks provided**

**Please bring a side or dessert**

**6:45 Open Speaker Meeting**

**Place: Concord UMC 11020 Roane Drive**

**Knoxville (behind Sam & Andy's )**



ARGENTINA

**SAVE  
THE DATE**



CANADA

*“Beyond Language,  
Culture and Geography:  
Sobriety Within  
Everybody’s Reach.”*

**Alcoholics Anonymous®  
North/South  
Virtual Special Forum  
about Remote Communities**

Interpretation available in English, French and Spanish.  
The event will be open to all members.

Registration and agenda information to follow.

**Saturday, July 16, 2022**

UNITED STATES



CHILE



# Brown-Bag-It with Bill W.



**Outdoors in the Gazebo at:**

**Wilson Park,  
115 Wilson Lane,  
Maynardville, 37807.**

**A brand spanking new meeting of Alcoholics Anonymous!**

**Thursdays at Noon beginning April 7.**

**Bring your own lunch and beverage.**

**Open discussion.**

**All are welcome!**

**BROWN BAG-IT  
WITH BILL W.**

**There's ample parking to the left of the gazebo, with a short, wheelchair-friendly walk into the venue.**

**Gazebo can be seen from Rte 33, across from Exxon.**

**Dogs allowed if well behaved. There are hiking trails in the park.**

**Covid-free Zone. Masks not required.**

**Remember! We don't start until Thursday, April 7.**

**Help us make our new meeting grow.**

62<sup>nd</sup> International Conference  
of Young People in Alcoholics Anonymous

ICYPAAA

NEW ORLEANS

September 1st-4th, 2022 | Hyatt Regency New Orleans



*Music to my Ears*

Pre-registration \$30



Scan here to register!

Or go to

[www.ICYPAA.ORG/Registration](http://www.ICYPAA.ORG/Registration)

# FOUNDERS' DAY 2022



*Back live and in-person!*

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Join us in the birthplace of Alcoholics Anonymous: Akron Ohio, June 10-12, 2022

## Featured Speakers

**Sandra S.** – Cleveland, OH  
**Christina G.** – Brecksville, OH  
**Michael D.** – Sioux Fall, SD  
**Bob C.** – Cleveland, OH  
**Chris H.** – Parma, OH  
**Joe L.** – Edmond, OK  
**Dick D.** – Hamilton, Canada  
**Jay A.** – Scarborough, Canada  
**Kenny D.** – Seattle, WA  
**Mike & Diane A.** – Nashville, TN

## Featured Events

**Twelve Step Panel**  
**Actors Guild Play**  
**Spanish Meetings**  
**Historic Site Tours**  
**Twelve Traditions**  
**History of Our Big Book**  
**Dance! Dance! Dance!**  
**Spiritual Panel Meeting**  
**Al-Anon / Alateen**  
**Alkathon**

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**REGISTRATION OPENS MARCH 1, 2022**

Visit <https://foundersday.org>

# FOUNDER'S DAY COOKOUT

Hosted by the  
Lunch Bunch

**Saturday, June 11th**  
**12:00 cookout**  
**Speaker: KEVIN B.**  
**following lunch**

**Sugar Hollow Park:**  
**LIONS SHELTER**  
**Bristol, VA**  
(Just off Exit 7 @  
Lee Highway  
across from Target)

## CAMPOUT

Contact Sugar Hollow Rangers office for camping  
site availability and info for RV and tent camping.  
423-335-8395 after April 1st



Hamburgers, hot dogs & drinks  
provided, sides welcome

**FRIENDS AND FAMILY WELCOME!**



# 5TH STEP MIRRORS



BEETHOVEN WORKING ON HIS FIFTH.

## Newsletter Subscription

If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription to cover postage.

ETIAA  
9217 Park West Blvd #B3  
Knoxville, TN 37923

-OR-

Sign up at [ETIAA.org](http://ETIAA.org) for a free email subscription.

May 2022



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_