

UNITY NEWSLETTER



August 2022 Volume 46; Issue 8

“Here are the steps we took” by Clarence Snyder Working With Others

Dr. Bob Smith sponsored Clarence Snyder into this simple program. Clarence repeated this approach with other alcoholics in Cleveland where he achieved a high recovery rate. Here is the approach the A.A. pioneers used to carry the message to the person who suffers from a seemingly hopeless state of mind and body. Clarence remained very active in A.A. until his death in March 1984.



“Made a list of all persons we had harmed, and became willing to make amends to them all.”

There are five phases to the Twelve Steps:

- STEP 1: ADMISSION,
- STEPS 2 and 3: SUBMISSION,
- STEPS 4, 5, 6, and 7: CONFESSION,
- STEPS 8 and 9: RESTITUTION,
- STEPS 10, 11, and 12: THE LIVING STEPS, CONSTRUCTION, AND MAINTENANCE

STEP EIGHT: You make a list of all persons you have harmed, starting with yourself, family, friends, employers, employees, etc. We briefly discuss this list, and ask if they are willing to make restitution and amends. (Since the sponsor is boss – you really don’t ask... it is assumed.)

NEXT MONTH: STEP NINE

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Step Eight: Made a list of all persons we had harmed, and became willing to make amends to them all.

While the purpose of making restitution to others is paramount, it is equally necessary that we extricate from an examination of our personal relations every bit of information about ourselves and our fundamental difficulties that we can. Since defective relations with other human beings have nearly always been the immediate cause of our woes, including our alcoholism, no field of investigation could yield more satisfying and valuable rewards than this one. Calm, thoughtful reflection upon personal relations can deepen our insight. We can go far beyond those things which were superficially wrong with us, to see those flaws which were basic, flaws which sometimes were responsible for the whole pattern of our lives. Thoroughness, we have found, will pay—and pay handsomely.

Eighth Step Prayer

Higher Power, I ask Your help in making my list of all those I have harmed. I will take responsibility for my mistakes and be forgiving to others, as You are forgiving to me. Grant me the willingness to begin my restitution. This I pray.



Tradition Eight (long form)

Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services recompensed. But our usual A.A. Twelfth Step work is never to be paid for.

Tradition Eight Checklist:

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition—How It Developed*?



Concept VIII and Checklist: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities?
- Does my home group subscribe to G.S.O.’s bimonthly newsletter *Box 4-5-9*? A.A. Grapevine? Do I?

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

It was characteristic of many of us as alcoholics to at least attempt to perform in the grandiose manner. And in harming others we usually succeeded magnificently. So, to say that the first phase of the Eighth Step is a large order is to indulge in understatement which matches our bombastic style.

And yet, however extended be the list of those we have harmed, the fulfillment of this step's admonition need not be a tedious nor a burdensome undertaking. In the first place, let's examine the meaning of the verb: Amend.

Webster's New International Dictionary defines it thus –“To make better, especially in character; to repair, restore; to free from faults, put right, correct, rectify. . .”

There is the credo to which we of A.A. subscribe; the goal we hope to achieve through sobriety. It is both the manifestation of our adherence to the other 11 Steps and our performance of the Eighth itself.

The definition continues:

“. . . to change or modify in any way for the better; to recover from illness.”

It was written for us!

We have often heard that our sobriety should be founded on “unselfish selfishness”, that we should strive to avoid a lapse into drinking for the benefits we, personally, derive from abstinence. It's not sound, we have been told, to try to stay dry for the sake of a wife or a sweetheart or someone else dear to us.

When we first heard that plan of action outlined, we revolted mildly because it didn't seem to meet the specifications of true altruism. Many of us, as we entered A.A., still yearned for that mystic power to “handle” alcohol and it seemed then that the step we were taking was at least in part –a gesture of devotion to some loved one. Without altruism there didn't seem to be much motive to propel us.

Of course, we soon discovered that “unselfish selfishness” was the firmest foundation for our recovery. We found, in the same way, that we try to help others, not solely through altruistic impulse, but so that we may gain strength.

The principle of “unselfish selfishness” is applicable again in the Eighth Step. We seek to identify all those we have harmed and we assume a willingness to make amends so that –recalling the definition of the word –we may “change . . . for the better” and “recover from illness.”

The alternative is retrogression. If we fail to “repair”, we can only impair.

L. J.

DISTRICT MEETINGS

District 1 meets the first Saturday, every other month (Jan, Mar, May, etc.) at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of even months at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at Intergroup.

Intergroup Committee meets the third Monday of the month at 6:30pm on Zoom. Meeting ID: 190 817 792; Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

Weeknights

Weekends

Weekdays

Phones Night & Weekend

Weeknights

Weekends

Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

THANK YOU VOLUNTEERS!

We can't do it without you! Intergroup volunteers help carry the message to the alcoholic who still suffers, and provide groups and individuals with literature and other resources. It's a great gig! If you have at least 6 months of continued sobriety, come join us!

Fill out your info at the office, or online at

<https://www.etiaa.org/contact-us/>.

In the Office

Rebekah	Dave	Dennis
Jill	Patty	Tara
Glenn	Eddie	Beth
Pete	Paul	Bruce
Charlie	Kathy	Marie
Susi	Rick	Katie
Bob	Audrey	Rob
Robin	Fawn	

Website Meeting List

Sterling	Barb
Eammon	
SuZanne	

Hotline:

Clara	Barb
Bob W	Patrick
Susie	Austin
Susi	Rebekah
Emily	Ron M.
Anna	Frank T.
Carole	Bill E.
Jimmy	Randall

Intergroup Board

Rhonda	Barb
Dave	Susi
Marian	Tami
SuZanne	Jacque
Beth	

AA Birthdays / Anniversaries

Seymour Sharing Group	Tennessee Group
Nick T. 37 years	Marion G. 35 years

Monday Night Men's Group	
Terry K. 35 years	Dan L. 2 years
Paul P. 16 years	Mike C. 1 year
Zack S. 16 years	

Intergroup Office News

Our new shelving should be completed by the end of August!

The 3rd Quarter Assembly was a success! Many thanks to our service workers for stepping up and helping it to run as smoothly as possible.

In August East Tennessee Intergroup of AA will be celebrating 40 years. We are excited to have been able to serve the AA community in our area for so long. We would love to add some history of ETIAA over the years to next month's newsletter. If you have any stories or information about the formation of our central office, please contact manager@etiaa.org.

SEE FLYER ON P. 13

Service Work Opportunities

We are in need of a Hotline Coordinator and an Events Coordinator.

We need new service workers for our 12 Step List. These workers answer calls from people who need to talk to an AA member after they have been screened by the hotline worker. They usually need to talk to someone of the same sex about the program and potentially meet at a meeting.

We also need service workers to be backups on the hotline.

Contact us to find out how you can help us carry the message!

Unity Newsletter

is a monthly publication of East Tennessee Intergroup about, by, and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that Intergroup of East Tennessee Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to: Newsletter Coordinator, managr@etiaa.org

Intergroup Celebrates 40 Years of Service

This month East Tennessee Intergroup of Alcoholics Anonymous is celebrating 40 years. To commemorate this anniversary, we talked with a founding member of ETIAA, Patrick Carr. On January 16, 1979, Patrick attended his first meeting at the original Flat Iron. AA members around that time felt the need for a Central Office. The organization's name was Alcoholics Anonymous of Greater Knoxville in the beginning and served a 70-mile radius around the Knoxville area. On August 2, 1982, East Tennessee Intergroup of Alcoholics Anonymous applied for its official non-profit status.

The purposes listed in the Charter written at that time were to:

1. Maintain a 24-hour hotline to provide information and direction for peoples seeking help with alcoholism;
2. Provide information and literature to AA groups and all persons or entities seeking the same;
3. Receive and account for contributions from AA groups and members consistent with the 12 Traditions of Alcoholics Anonymous;
4. Help AA groups coordinate Area and Assembly meetings;
5. Print and distribute a bulletin or newsletter with the primary purpose of assisting the Fellowship of Alcoholics Anonymous;
6. Cooperate with others whose aim is to assist anyone suffering from the disease of Alcoholism; and
7. Provide public information relative to the fellowship of Alcoholics Anonymous

The first office manager was a Wilma Loop. She staffed the office from 9A.m. to 5p.m. Monday through Friday. The office was located at 1409 Magnolia Ave, where it stayed for over 30 years. Patrick remembers doing casino nights as supportive events, where card tables and professional dealers were brought in. As AA grew in the area, so did the service area of ETIAA. It soon was a means of connecting AA in surrounding counties. The Unity Newsletter later became a way of letting other groups know about events and members who were celebrating AA anniversaries. Patrick's favorite part about his time being involved with ETIAA was watching the fellowship grow in Knoxville and the surrounding area.

We are grateful for Patrick and other founding members of ETIAA for starting this organization that still serves many of the same purposes today. If you have any stories about Intergroup beginnings, history of AA in our area, or anything you would like to share, we would love to hear about it!

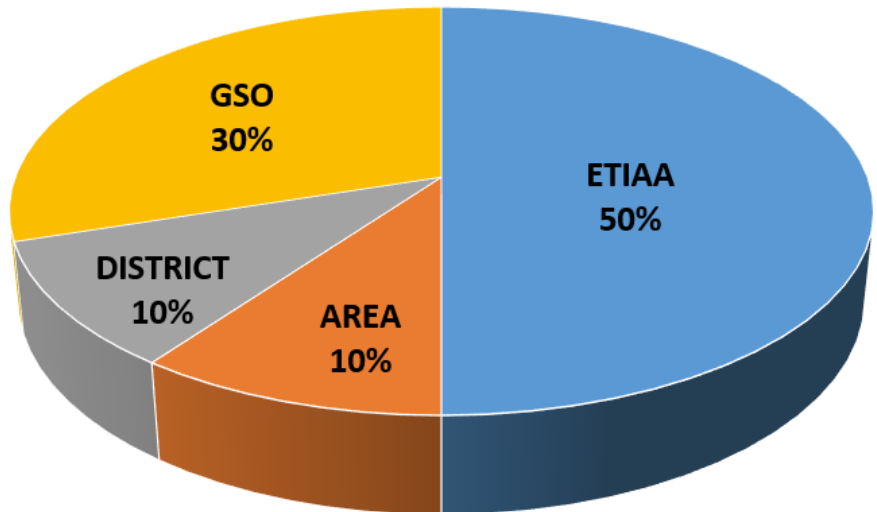
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
 865-320-8649
 Zelle Manager@etiaa.org or
 865-320-8649
 Venmo @ETIAA

General Service Office
Grand Central Station
P.O. Box 459
New York, NY 10163

www.aa.org

The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217

www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664

District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.
1466 Darbee Dr.

Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point
Clinton, TN 37716

NEW ADDRESSES

AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Please be sure to include your Group Name and Number.

Intergroup Financial / Contributions Report

GROUPS DONATING	Jul 21—		GROUPS DONATING	Jul 21—	
	Jun '22	Jun '22		Jun '22	Jun '22
1ST THINGS 1ST KNOXVILLE		4,146.78	MEMORIAL RECOVERY	50.00	100.00
4-WAY GROUP		275.00	METRO GROUP		350.00
4TH DIMENSION		1,400.00	MONDAY NIGHT MEN'S		500.00
AGE OF MIRACLES		25.00	MORRISTOWN GROUP		400.00
ANON CUSTOMER		50.00	NEW BEGINNING- LOUDON		35.00
AREA 64 HOST COMMITTEE		150.00	NEW BEGINNINGS KNOXVILLE		50.00
BACK TO BASICS- OAK RIDGE	50.00	203.00	NORRIS CLINTON GROUP		91.00
BIG BOOK RECOVERY		25.00	NORTH GATLINBURG		1,050.66
BLOUNT COUNTY GROUP		450.00	NORTH STATION GR		11.00
BREAKFAST CLUB	5.00	465.00	NORTHSHORE		150.00
CARING AND SHARING		17.32	Nueva Esperanza		100.00
COLONIAL GROUP		300.00	ONLINE LUNCH BUNCH	57.50	1,004.89
COLONIAL HEIGHTS		170.00	PHOENIX GROUP		1,294.00
CONCORD GROUP		250.50	PRIMARY PURPOSE- OAK RIDGE	400.00	1,080.00
CONTRIBUTION JAR	23.58	203.42	PRIME TIME		780.00
COOKIE GROUP	120.00	600.00	RIVERSIDE GROUP		174.81
DANDRIDGE UNITY		96.00	ROANE COUNTY UNITY		1,476.00
District 4 PICNIC		18.00	SAT. MORN'G BIG BOOK STUDY		1,524.15
DISTRICT 3		100.00	SATURDAY MORNING SERENITY		508.50
DISTRICT 50/51		540.00	SERENITY IMPROVEMENT		1,200.00
DOWN ON THE RIVER		480.00	SEYMOUR SHARING		734.53
FOUNTAIN CITY SERENITY		600.00	SOBER PRIDE		254.05
FRIDAY NIGHT MEETING		375.00	SOBRIETY AND BEYOND		258.25
FRIDAY NIGHT OUT 160185		15.00	SOBRIETY SOCIETY- SO-SO		525.00
GROUP PRIMARY PURPOSE		180.00	Square Customer	449.02	2,563.64
GROUP WITH NO NAME	450.00	2,040.00	Stepping Through Sobriety		63.00
HAPPY DESTINY		750.00	STEPS FORWARD		320.00
HAPPY HOUR		4,098.43	TCYPAA		0.70
HIGH NOON ROGERSVILLE		174.00	TELLICO VILLAGE		240.00
HIGH NOONERS-P40		2,925.00	TENNESSEE GROUP	622.00	1,256.44
I Am Responsible Mtn City Jaywalkers		300.00	TRUDGING THE ROAD		192.96
Johnson City Women's Group		100.00	TUESDAY NIGHT LOUDON	150.00	225.00
KEEP LEANING FORWARD		92.58	TURNIP PATCH		242.15
KODAK HWY 66		250.00	UNKNOWN GROUP		310.00
LAFOLLETTE-THERE IS HOPE	20.00	240.00	WEARS VLY CARRIAGE HOUSE		105.55
LUNCH BUNCH- GREENEVILLE	88.95	799.35	WEST KNOXVILLE GROUP		115.50
MARYVILLE 12 STEP		300.00	WORKING WITH OTHERS		117.00
			TOTALS	\$2,486.05	\$42,708.16

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



For the hot days of August:

Every Day is Christmas

Bill W. AA Grapevine, December 1952, Vol. 9 No. 7

THE seventeenth Christmas for Alcoholics Anonymous is here. Considering all that has happened since AA's first Christmas in 1935, no words can portray the meaning of Christmas 1952. The only thing of which we're really sure is that we have given of ourselves, and have received gifts that no imagination can fully describe. Guided, we are sure, by an all-generous and wise Providence, AA's message of hope has been carried into nearly every corner of the earth. The Christmas drama of giving and receiving has been re-enacted everywhere and still goes on.

Many of us in AA are of the Christian faith, though not all. We have Jews who look to Jehovah; agnostics who hopefully look to the AA group as their Higher Power; and there are Indians upon our Western plains who regard the Great Spirit as their guide. Now that we have opened tiny beachheads on the shores of Asia, we have no doubt that some of our brothers and sisters there reverence Buddha and others Allah. It is a comforting fact of our life together that none of these differences has ever disturbed us. Indeed, it can be said that they have, in some subtle and mysterious way, bound us even more firmly together. The insurance of that bond is our common kinship in suffering, and our universal release from it by the kind of giving that demands no reward.

So, by whatever name we may call it, the spirit of Christmas is in us all. How best to give and how to receive with ever more gratitude is our common aim. We'd like to practice the spirit of Christmas the year around. Therefore, we shall especially ask ourselves at this season: "What more can we find in order that we shall have more to give?" Since personal example is one of the great energies by which AA spreads, let's have a quick look at the life of a man who became able to practice the spirit of Christmas every day in the year.

He was born in Italy centuries ago. The age in which he lived was almost as confused and baffling as our own. His first attempt at living was just like ours. He ran away from life as fast as he could, and by nearly the same means. Few, it was said, could romance more gaily than he, shake the dice with Dame Fortune with more abandon, nor clatter his wine flagon on the table more loudly. He probably had a pretty good time doing it, too, at least for a while. Bit by bit, though, he got fed up. During a long siege of illness he hit bottom, even as we alcoholics do.

One day he said to himself, "Suppose that in all things I try henceforth to do exactly as my Master would have done." This was the vision that gripped him, and he set foot on the new highroad. Some of his friends were amused, and others were deeply concerned. Some said it wasn't practical; others thought he had gone out of his mind. But by living one day at a time, teaching and sharing as he went, with no thought of reward for himself, he started a movement that deeply affected the whole world of his day; it reached into every level of society. He gave all he had, and that inspired others to do likewise. He brought true comfort where there had been none.

And how did he do this? The prayer he so often spoke tells us. Here it is:

"Lord make me a channel of Thy Peace That where there is hatred. . . I may bring love That where there is wrong. . . I may bring the spirit of forgiveness That where there is discord. . . I may bring harmony That where there is error. . . I may bring truth That where there is doubt. . . I may bring faith That where there is despair. . . I may bring hope That where there are shadows. . . I may bring light That where there is sadness. . . I may bring joy. Lord, grant that I may seek rather to Comfort. . . than to be comforted , To understand. . . than to be understood , To love. . . than to be loved .For. . . it is by self-forgetting. . . that one finds , It is by forgiving. . . that one is forgiven It is by dying. . . that one awakens to Eternal Life."

The lesson that Francis leaves us is clear and no example could be brighter.

"Freely ye have received; Freely give" and. . . a Merry Christmas!

Bill W.

July 2022 Intergroup Meeting Minutes

Open with Serenity Prayer and monthly Tradition at 6:30.

Present via Zoom: - Tami D, Jacque H., Fawn L., Al L., Marian G., Clara M., Steve S., Dave S., Beth C., Becky B., Jimmy., Caitlin M., Jimmy McD and Suzy McD.

Groups Represented: TN Group, 4-Way Group, First Things First Group, Sisters in Sobriety Group.

Previous minutes were accepted as is motion Jacque H., seconded by Dave S., all in favor.

Manager's Report – Clara M

- Welcome new IGRs – Clara welcomed new reps to the meeting. If you need anything reach out to the office manager @ 865-320-8649 or manager@etiaa.org.
- Remind – Clara asked for anyone wanting to be added to the Remind App for staying up-to-date with announcements and updates to add their contact information in the Zoom chat box.
- Hybrid Intergroup Meeting successful and microphone has been ordered to be delivered 07/19/22.
- Shelving – Brackets on back order – shelves should be completed by next Intergroup meeting.
- Preparations for 3rd Quarter Assembly – Have books, jewelry, everything needed for the event is ready to go.
- Intergroup History – Clara advised August will be the Intergroup's 40-year anniversary. Clara is going to write up an article for the Newsletter regarding the history. She met with Patrick C and gather some background information.

Treasurer's Report – Dave S.

- Year to Date P&L - \$5096.23
- June P&L - \$ -425.02
- Dave reported they will balance June books on Wednesday 07/20/22.
- Dave reported all accounts healthy.
- Clara shift her pay weeks to the opposite Thursdays.
- Motion to accept Treasurer's report by Fawn L., seconded by Marian G., all in favor.

Hotline – Susi M. – not present

- Clara reported she is still searching for a replacement for the Hotline Coordinator.

Service Workers – Dave S.

- Dave advised all shifts covered thru August.
- One new volunteer starting for an afternoon shift thru the week.

Archives – Barb S. – not present

Website – Barb S. – not present

Accessibilities – open

July 2022 Intergroup Meeting Minutes (Cont.)

Spanish Liaison – open

CPC/PI – open

Treatment – Jacque H.

- Jacque attended the District 6 meeting via Zoom. District 6 is working on getting a Treatment Committee started for that District. Jacque provided pamphlets.

Corrections – Marian G.

- Marian attended the District 6 meeting via Zoom. Her and Jacque were invited to the CPC meeting for that District on 09/25/22.
- Next District meeting to be attended will be District 3 in Morristown.
- The National Corrections Conference will be held November 11th – 13th in Chicago. Marian requested \$1000 to be approved for airfare, lodging and food (see new business).

Outreach – open

Events – open

Mobile Intergroup – Beth C.

- 3rd Quarter Assembly this weekend. Table will be up and running for Saturday only from 9a to 9p. Dave S has agreed to pack all of the items for the event and have them ready to go for Saturday morning. Beth reported that she has had good participation for this event from volunteers.
- Handling Future Events – Clara and Beth are working on ways for additional people to volunteer to help with Mobile Intergroup including preparations, packing, events, breakdown and restocking. They will present ideas in upcoming Intergroup Meetings.
- Beth is compiling information (inventory forms, volunteer master list, etc) to streamline the entire process for this committee.

Old Business:

New Business:

- Dave S made a motion to approve the \$1000 budget for Marian to attend the National Correction Conference. Al L seconded the motion. All in favor.

Meeting adjourned at 7:15 pm, Marian motioned, Dave S seconded. All in favor.

Next meeting to be held Monday August 15th at 6:30pm both in person and on Zoom.

Requests for Manuscripts

The General Service Office of AA in New York City is soliciting for manuscripts for:

- the 5th Edition of the AA Big Book, *Alcoholics Anonymous*,
- the 4th Edition of the Spanish-language Big Book, *Alcohólicos Anónimos*, and
- *A.A. for the Black and African-American Alcoholic Pamphlet*

See details below to the appropriate submitting channels, word limits, format requirements, and other important information.

Alcoholics
Anonymous®

www.aa.org

General Service Office of Alcoholics Anonymous, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Submissions for the 5th Edition of Alcoholics Anonymous:

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. Further information on where to submit your story will be provided to the Fellowship through Box 4-5-9, the A.A. website and more. If you have any questions, please write to:

5BBStory@aa.org

Submissions for the Spanish-language Alcohólicos Anónimos :

The committee is seeking stories of recovery from a wide representation of the Hispanic community. Stories of recovery may also include: Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Experiences of sobriety during the pandemic; Newcomer and old-timer experiences; Accessibility experiences; Spiritual experiences' A.A. meetings on virtual platforms; and Sobriety and mental health.

Suggested format: Stories written in Spanish, English or French will be accepted from any Hispanic member of the A.A. structure in the United States and Canada. Use the same format as described above in the 5th Edition notice. **Deadline:** Please submit on or before December 15, 2022. Email: **4LGHistorias@aa.org**
Subject Line: "Fourth Edition Spanish" Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central, Station, New York, NY 10163 The words "Fourth Edition Spanish" should be written on the envelope and at the top of the first page of the manuscript.

Submissions for the "A.A. for the Black and African-American Alcoholic" Pamphlet :

The committee is seeking stories of recovery from all African American, Canadian, Caribbean A.A. members from the English, French and Spanish-speaking Black communities in the A.A. structure in the United States and Canada. Stories of recovery may also include: Experience, Strength, and Hope; Steps, Traditions, Concepts; Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Sponsorship; A.A. Service; Safety & Racism; Military; Black Mental Health and Diverse Abilities; BIPOC A.A. meetings; Atheist/ Agnostics. The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font.

Handwritten manuscripts should be approximately 5 to 6 pages. Include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all authors will be observed whether their story is selected for publication or not. Instructions for submitting your manuscript: **Deadline:** Please submit on or before October 31, 2022.

Email: **pamphletstories@aa.org** Subject Line: A.A. for the Black and African American Alcoholic
Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163. On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.

LORDY LORDY INTERGROUP IS 40

DECADE THEME PARTY

PLACE: Episcopal Church of the Good Samaritan
425 North Cedar Bluff Rd. Knoxville, 37923

DATE: August 27, 2022

TIME: 5:00PM - 12:00PM Dinner at 6:00PM

SPEAKER: Ted S. at 7:00PM

FELLOWSHIP: 8:00PM Followed by voting

Intergroup will supply Buddy's BBQ and birthday cake.

We ask everyone to bring a covered dish to share.

Come together as a homegroup, vote on a decade,
and donate a themed basket to support this event.

All donations will go into an event fund.

DECADES

20's
GANGSTER

50's
SOCK HOP

60's
HIPPIES

70's
DISCO

80's
BIG HAIR

90's
GRUNGE

00's
Y2K

The homegroup that receives the most votes for their
basket and the best interpretation of decade wins
the 1st Annual Custom Trophy!

RSVP ASAP to 865.223.8266

Every Saturday Morning

10:00 to 11:00 am

Fairview United Methodist Church

2508 Old Niles Ferry Rd., Maryville

A New Freedom!

Come Join Us On Our Road To Recovery!

“A New Freedom” is an open AA discussion meeting based upon the writings of Bill W. in his book *“As Bill Sees It”*. This is a one hour open meeting and ALL are welcome! We hope to see YOU there! We meet upstairs in the room the Friday Night Group meets.

Sponsored by : The Blount County Group



Southeast Woman to Woman Conference

“Secrets Women Don’t Share”

A conference for sober Alcoholic women with Al-Anon participation

Be the first in your state to host this special event!

The conference event includes

- *Speakers*
- *Workshops*
- *Old Timers Panel*
- *Marathon Meetings*
- *and more...*

If there are sober women in your area that would like to host this conference please contact

Candice D. or Jeannette D.

Email: Info@sewomantowoman.org

The Southeast Region includes the following states: Alabama, Florida, Georgia, Louisiana, North Carolina, Mississippi, South Carolina, Tennessee, Virginia, West Virginia

1st Things 1st Picnic Brunch

August 21st

After our Group Conscience

10 am-2 pm

West Hills Park Gazebo

410 N. Winston Rd. Knoxville, TN

Shareable food welcome

Open to All



IT'S BACK

SPEAKER MEETING AT SEYMOUR SHARING GROUP

LAST FRIDAY OF THE MONTH

7PM FELLOWSHIP

8PM SPEAKER

DATES FOR 2022:

JULY 29; AUGUST 26; SEPTEMBER 30;
OCTOBER 28; NOVEMBER 25; DECEMBER 30

Serenity in the Scenic City

August 26-28, 2022

DoubleTree by Hilton

407 Chestnut Street
Chattanooga, TN
37402

423-756-5150

Room Rate : \$121.00

Reservation Code: SIC

Reserve by: 07/06/2022

Speakers

Earl H. / Los Angeles, CA

Teresa F. / North Hollywood, CA

Larry S. / Marietta, GA

Amanda B. / Montgomery, AL

Harold M. / Bowling Green, KY

Pre-registration: \$30.00

At the Door: \$35.00

For additional information or questions, please email or call:

Hostcommittee@yahoo.com or (423) 888-2122 or (423) 508-5139

Please make check or money order payable to "Host Committee" and mail to:

Serenity in the Scenic City

P.O. Box 22602

Chattanooga, TN 37422

Or

You can register at www.Serenityinthesceniccity.org

Mastercard, Visa, Discover and American Express accepted on Square

Please complete and send bottom with registration payment

AA Alanon Volunteer Scholarship

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email address: _____

Name on Badge: _____

AA Alanon Volunteer Scholarship

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email address: _____

Name on Badge: _____

Committee use only (Paid via):

Check

Square

Cash

Scholarship

New Meeting:

DESIGN FOR LIVING GROUP



WOMEN'S BIG BOOK STUDY

Starting June 5th

SUNDAYS @ 5:30

CONCORD UNITED

METHODIST CHURCH

Enter using 4 West Door

Contact Tami @ 865-310-4142

NEW MEETING PLACE OFFERED

South Knoxville Church of Christ at 760 Chapman Hwy. is offering a meeting place to the AA community. If you are interested please contact: J.L. Stelle at 865-607-3361

The Saturday Morning Big Book Group Invites you to...

The 3rd Annual Family Afterward Picnic

Saturday

August 6, 2022

12:00 to 4:00

McFee Park

917 McFee Road, Farrgut

walking trails, athletic fields, playground and Splash Pad

We are under the Pavilion...bring your family



Hot Dogs, Hamburgers, Buns, Condiments
and paper goods will be provided.

We ask that you bring a side dish
or desert and your own drinks.

62nd International Conference
of Young People in Alcoholics Anonymous

ICYPAAA

NEW ORLEANS

September 1st-4th, 2022 | Hyatt Regency New Orleans



Music to my Ears

Pre-registration \$30



Scan here to register!

Or go to

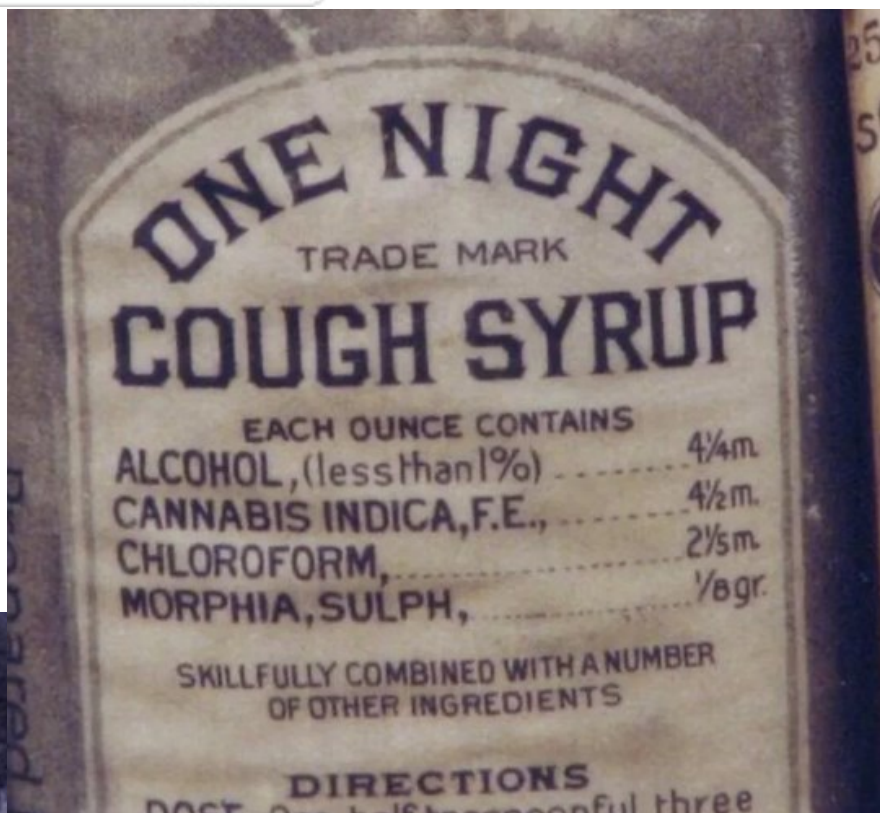
www.ICYPAA.ORG/Registration

On the lighter side....

If you're not supposed to abuse cough syrup why does it come with its own little shot glass?



***Old timey
cough syrup
did NOT
mess
around!***



***Calling my sponsor
WAY too late.***

@asbillmemesit

August 2022

Newsletter Subscription

If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription to cover postage.

ETIAA
9217 Park West Blvd #B3
Knoxville, TN 37923

-OR-

Sign up at ETIAA.org for a free email subscription.



Name _____

Address _____

City _____

State _____

Zip _____