



# UNITY NEWSLETTER

SEPTEMBER 2022 Volume 46; Issue 9

## *“Here are the steps we took”* by Clarence Snyder Working With Others

*Dr. Bob Smith sponsored Clarence Snyder into this simple program. Clarence repeated this approach with other alcoholics in Cleveland where he achieved a high recovery rate. Here is the approach the A.A. pioneers used to carry the message to the person who suffers from a seemingly hopeless state of mind and body. Clarence remained very active in A.A. until his death in March 1984.*



**“Made direct amends to such people wherever possible except when to do so would injure them or others.”**

There are five phases to the Twelve Steps:

- STEP 1: ADMISSION,
- STEPS 2 and 3: SUBMISSION,
- STEPS 4, 5, 6, and 7: CONFESSION,
- STEPS 8 and 9: RESTITUTION,
- STEPS 10, 11, and 12: THE LIVING STEPS, CONSTRUCTION, AND MAINTENANCE

Then restitution is made to all as soon as possible, except in certain instances where it is turned over to God. They will have done **STEP NINE**: by making restitution. After doing these 9 steps, your slate is wiped clean. You are reborn as it says in the Big Book on page 63, “We were reborn.”

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## **Step Nine: “Made direct amends to such people wherever possible except when to do so would injure them or others.”**

GOOD judgment, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine.

After we have made the list of people we have harmed, have reflected carefully upon each instance, and have tried to possess ourselves of the right attitude in which to proceed, we will see that the making of direct amends divides those we should approach into several classes. There will be those who ought to be dealt with just as soon as we become reasonably confident that we can maintain our sobriety. There will be those to whom we can make only partial restitution, lest complete disclosures do them or others more harm than good. There will be other cases where action ought to be deferred, and still others in which by the very nature of the situation we shall never be able to make direct personal contact at all.

### **Ninth Step Prayer**

Higher Power, I pray for the right attitude to make my amends, being ever mindful not to harm others in the process. I ask for Your guidance in making indirect amends by staying abstinent, helping others and growing in spiritual progress.



### **Tradition Nine (long form):**

Each A.A. group needs the least possible organization. Rotating leadership is the best. The small group may elect its secretary, the large group its rotating committee, and the groups of a large metropolitan area their central or intergroup committee, which often employs a full-time secretary. The trustees of the General Service Board are, in effect, our A.A. General Service Committee. They are the custodians of our A.A. Tradition and the receivers of voluntary A.A. contributions by which we maintain our A.A. General Service Office in New York. They are authorized by the groups to handle our overall public relations, and they guarantee the integrity of our principal newspaper, the A.A. Grapevine. All such representatives are to be guided in the spirit of service, for true leaders in A.A. are but trusted and experienced servants of the whole. They derive no real authority from their titles; they do not govern. Universal respect is the key to their usefulness.

### **Tradition Nine Checklist:**

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?



### **Concept IX and Checklist: Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.**

- Do we discuss how we can best strengthen the composition and leadership of our future trusted servants?
- Do we recognize the need for group officers? What is our criteria for election? Do we sometimes give a position to someone “because it would be good for them”?
- Do I set a positive leadership example?

**“Made direct amends to such people wherever possible except when to do so would injure them or others.”**

Like others of the Steps, Number Nine is closely related to Number Three –“to turn our will and our lives over to God as we understood Him.” If we have accomplished this step to any measurable degree, we have attained at least a small measure of humility and a realization of our dependence on Him.

Having prepared a list of all people we have harmed and brought ourselves to the point where we are willing to make amends to them, our Ninth Step is one calling for positive action. There is a world of difference between being willing to do a thing and actually doing it. How many times in the pre-A.A. state have we said “I am sorry, I won’t do it again” and felt that that constituted complete amends.

A sincere apology, with a true explanation to the person harmed, of what we believe to be the reason for our past actions can quite frequently readjust personal relations –but the A.A. realizes that this cannot take care of the ones we have really hurt and invariably these are the ones we should and do love most.

Most of us had at least a few years of real pathological drinking behind us when we first learned of the Twelve Steps. Those terrible years are the ones that become repulsive to us as we progress in our new-found life program for order and happiness—years in which our every action was influenced by alcoholic thinking, with all its implications. It naturally follows that whatever our state in life may be, those close to us bore the brunt of our outrageous behaviour. How can one make amends to a dear wife, son or daughter or parent who through no fault of their own truly suffered physically and financially and more important, mentally, the humiliation and embarrassment of going through life with a drunkard? A simple “I am sorry; it won’t happen again” is not enough. It is not enough for us and it is not enough for the aggrieved person.

Direct amends, by all means, is a must, in restoring physical property to the rightful owner, paying debts willingly within our ability to do so and retracting the lie that hurt a reputation; but the real amends are made in scrutinizing our day-in and day-out conduct and keeping that conduct “on the beam.” The loved ones whom we have hurt don’t want their “pound of flesh.” Whether they are still in daily contact with us or not, amends are best made to them by restoring the love and confidence and respect they once had for us by the action of right living. With that thought clearly in our minds that “first drink” is an improbability, even an impossibility and the well-rounded, good life we all yearn for becomes readily visible to us.

B. H.  
Forest Hills, New York

## DISTRICT MEETINGS

District 1 meets the first Saturday, every other month (Jan, Mar, May, etc.) at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of even months at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at Intergroup.

Intergroup Committee meets the third Monday of the month at 6:30pm on Zoom. Meeting ID: 190 817 792; Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

Weeknights

Weekends

Weekdays

##### Phones Night & Weekend

Weeknights

Weekends

#### Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

## THANK YOU VOLUNTEERS!

We can't do it without you! Intergroup volunteers help carry the message to the alcoholic who still suffers, and provide groups and individuals with literature and other resources. It's a great gig! If you have at least 6 months of continued sobriety, come join us!

Fill out your info at the office, or online at <https://www.etiaa.org/contact-us/>.

### In the Office

Jill	Patty	Dennis
Glenn	Eddie	Tara
Pete	Paul	Beth
Charlie	Kathy	Bruce
Bob	Rick	Marie
Robin	Fawn	Rob
Dave	Jacqueline	Mary

### Website Meeting List

Sterling	Barb
Eammon	
SuZanne	

### Intergroup Board

Rhonda	Tami
Dave	Jacque
Marian	Jack F
Beth	Susie MacD
Barb	Jimmy MacD
Susi	

### Hotline:

Clara	Randall
Bob W	Jack F
Emily	Miles
Anna	Karen C
Barb	
Patrick	
Austin	
Ron M.	

## AA Birthdays / Anniversaries

### Monday Night Men's Group

Bill M.	2 years
Luke G.	2 years
Bill S.	34 years

## Intergroup Office News

The shelving is done and the office has undergone other changes to give it a fresh, clean look. Come by and check it out!

Let's welcome Jack F, our new hotline coordinator! He has enthusiastically taken on this role!

We are also welcoming our new Events Chair(s), Jimmy and Susie MacD. They put on an awesome party where Intergroup celebrated its 40<sup>th</sup> birthday with a Decades themed party. There were baskets, a speaker, food, birthday cake and fun for all! Many, many thanks to the events committee for a wonderful time!

## Service Work Opportunities

We need new service workers for our 12 Step List. These workers answer calls from people who need to talk to an AA member after they have been screened by the hotline worker. They usually need to talk to someone of the same sex about the program and potentially meet at a meeting.

We also need service workers to be backups on the hotline.

**Contact us to find out how you can help us carry the message!**

## Unity Newsletter

is a monthly publication of East Tennessee Intergroup about, by, and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

## Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that Intergroup of East Tennessee Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to: Newsletter Coordinator, [managr@etiaa.org](mailto:managr@etiaa.org)

## **Intergroup Celebrates 40 Years of Service**

In August, East Tennessee Intergroup of Alcoholics Anonymous celebrated 40 years. To commemorate this anniversary, we talked with a founding member of ETIAA, Patrick Carr. On January 16, 1979, Patrick attended his first meeting at the original Flat Iron. AA members around that time felt the need for a Central Office. The organization's name was Alcoholics Anonymous of Greater Knoxville in the beginning and served a 70-mile radius around the Knoxville area. On August 2, 1982, East Tennessee Intergroup of Alcoholics Anonymous applied for its official non-profit status.

The purposes listed in the Charter written at that time were to:

1. Maintain a 24-hour hotline to provide information and direction for peoples seeking help with alcoholism;
2. Provide information and literature to AA groups and all persons or entities seeking the same;
3. Receive and account for contributions from AA groups and members consistent with the 12 Traditions of Alcoholics Anonymous;
4. Help AA groups coordinate Area and Assembly meetings;
5. Print and distribute a bulletin or newsletter with the primary purpose of assisting the Fellowship of Alcoholics Anonymous;
6. Cooperate with others whose aim is to assist anyone suffering from the disease of Alcoholism; and
7. Provide public information relative to the fellowship of Alcoholics Anonymous

The first office manager was a Wilma Loop. She staffed the office from 9A.m. to 5p.m. Monday through Friday. The office was located at 1409 Magnolia Ave, where it stayed for over 30 years. Patrick remembers doing casino nights as supportive events, where card tables and professional dealers were brought in. As AA grew in the area, so did the service area of ETIAA. It soon was a means of connecting AA in surrounding counties. The Unity Newsletter later became a way of letting other groups know about events and members who were celebrating AA anniversaries. Patrick's favorite part about his time being involved with ETIAA was watching the fellowship grow in Knoxville and the surrounding area.

We are grateful for Patrick and other founding members of ETIAA for starting this organization that still serves many of the same purposes today. If you have any stories about Intergroup beginnings, history of AA in our area, or anything you would like to share, we would love to hear about it!

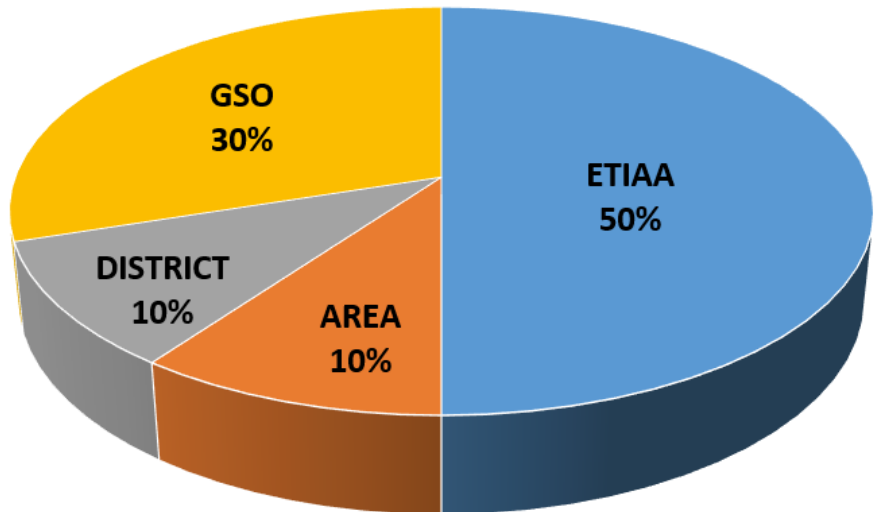
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee Intergroup of AA**  
**9217 Park West Blvd #B3**  
**Knoxville, TN 37923**  
**865-522-9667**     [www.etiaa.org](http://www.etiaa.org)

**New ways to contribute:**

Paypal [Manager@etiaa.org](mailto:Manager@etiaa.org) or  
 865-320-8649  
 Zelle [Manager@etiaa.org](mailto:Manager@etiaa.org) or  
 865-320-8649  
 Venmo @ETIAA

**General Service Office**  
**Grand Central Station**  
**P.O. Box 459**  
**New York, NY 10163**  
[www.aa.org](http://www.aa.org)

**The GSO prefers online contributions**

**Area 64 Assembly**  
**2500 Murfreesboro Pike**  
**Suite 105 Box 235**  
**Nashville, TN 37217**  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
**Barb Sapp**  
**4137 Skyland Dr,**  
**Kingsport, TN 37664**

**District 2 Treasurer**  
**PO BOX 1872**  
**Johnson City, TN 37605**

**District 3 Treasurer**  
**John H.**  
**1466 Darbee Dr.**

**Morristown, TN 37814**

**District 4 Treasurer**  
**P.O. Box 6642**  
**Maryville, TN 37802**

**District 6 Treasurer**  
**Richard B.**  
**105 Mariner Point**  
**Clinton, TN 37716**

**NEW ADDRESSES**

**AA District 50/51 Treasurer**  
**9217 Park West Blvd**  
**Suite B-3 (ETIAA)**  
**Knoxville, TN 37923**

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

*Please be sure to include your Group Name and Number.*

## Intergroup Financial / Contributions Report

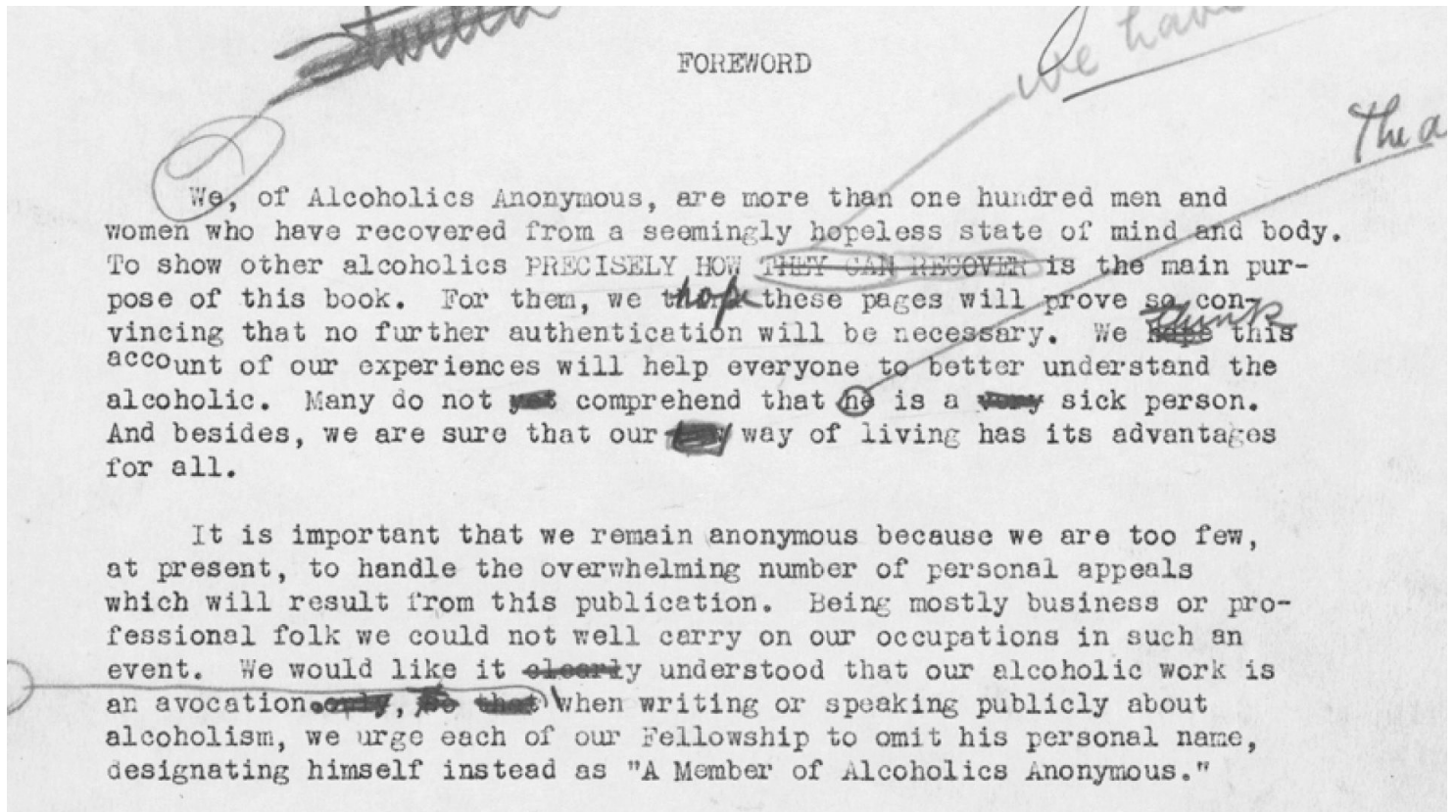
GROUPS DONATING	Jul 21—	
	Jul '22	Jul '22
4-WAY GROUP	50.00	50.00
BLOUNT COUNTY GROUP	175.00	175.00
COLONIAL GROUP	100.00	100.00
COLONIAL HEIGHTS	45.00	45.00
CONCORD GROUP	40.00	40.00
CONTRIBUTIONS JAR	3.60	3.60
HAPPY DESTINY	150.00	150.00
KODAK HWY 66	50.00	50.00
LAFOLLETTE THERE IS HOPE	20.00	20.00
LUNCH BUNCH—GREENVILLE	122.00	122.00
NEW BEGNNINGS KNOXVILLE	6.72	6.72
NORTH GATLINBURG	141.84	141.84
SEYMOUR SHARING	200.28	200.28
Square Customer	462.60	462.60
TELLICO VILLAGE	60.00	60.00
TRUDGING THE ROAD	138.80	138.80
WEARS VALLEY GROUP	83.25	83.25
<b>TOTALS</b>	<b>\$1,849.09</b>	<b>\$1,849.09</b>

*East Tennessee Intergroup of AA fiscal year is July 1 -June 30*





## Original manuscript of The Big Book added to the collection at Dr. Bob's Home!



We are pleased to announce one of the original manuscripts is now on display in the dining room at 855 Ardmore Ave! Dr. Bob gave this manuscript to an early member and it was passed down through the fellowship.

Dr. Bob and Bill spent several months together at 855 Ardmore Ave. in 1935. Through prayer, coffee and late-night talks, they began formulating a "design for living" that really works as they were flying blind under God's grace.

Dr. Bob's recording in Detroit in 1948 refers to those talks:

*"...it would be hard for me to conceive that something wasn't said at or during these nightly discussions around our kitchen table that influenced the writing of the twelve steps."*

By 1938, two major groups had formed. The Akron Group "Group #1 (Alcoholic Squad) and Bill's Group, which met in his home at Clinton Street, known as the Drunk Squad or a "Nameless Bunch of Drunks". The consciousness and the stories that would be going into our beloved Big Book would come from the experiences accumulated by these two groups.

By late 1937, in the living room of 855 Ardmore Ave, they counted 41 sober members and realized a "light had come into the dark world of the alcoholic." After a prayer of gratitude, they began discussing the need for literature to keep the message from being garbled.

In 1938, Dr. Bob was busy doing 12 step work and Bill was busy writing down the collective strength, experience and hope of the early pioneers. Chapters were sent back and forth from Bill, Dr. Bob and the members in Akron. Three-fifths of the personal stories were written around the Smith family's dining room table. The typewriter Dr. Bob's daughter Sue used to type those stories is on that very table today at Dr. Bob's Home.

There are very few manuscripts still in existence 84 years later. This particular manuscript, after being given by Dr. Bob to an early member and passed down through the fellowship, is now on display in the dining room. It was in the care of the Akron AA Archives for more than 20 years prior to this recent transfer to its new home. This leather bound and gilded copy is being displayed opened to the chapter of Dr. Bob's story and is clean except for one underlined word, which is visible.

The manuscript is a wonderful addition to the many stories of the birth of AA that began over coffee, prayer and a kitchen or dining room table 84 years ago.

## August 2022 Intergroup Meeting Minutes

Present via Zoom: - Tami D, Dave S., Clara M., Fawn L., Becky B., Jimmy McD., Jack F., Jacque H., Pat H., Tara T., Beth C., Jim F., Rhonda, Ted K., Barb S., Scott S., Trey M., Cheryl E., Mel, Sandy, Susie McD., Allison.

Groups Represented: TN Group, First Things First Group, Sisters in Sobriety Group, Colonial Heights Group, High Nooners Group, Serenity Sisters Group.

Previous minutes were accepted as is motion Jim F., seconded by Barb S., all in favor.

### **Manager's Report – Clara M**

- Welcome new IGRs – Clara welcomed new reps to the meeting. If you need anything reach out to the office manager @ 865-320-8649 or manager@etiaa.org.
- Remind – Clara asked for anyone wanting to be added to the Remind App for staying up-to-date with announcements and updates to add their contact information in the Zoom chat box.
- Hybrid Intergroup Meeting going well! New microphone working well!
- Shelving – has been completed and looks great! Clara and volunteers working on organizing the office.

### **Treasurer's Report – Dave S.**

- Year to Date P&L - \$1487.75
- July Net Revenue (\$989.17)
- Contributions for July \$1849.09
- Dave reported accounts balanced for July.
- Dave reported all accounts healthy.
- Fiscal year runs from 07/01/22 to 06/30/23.
- Motion to accept Treasurer's report by Fawn L., seconded by Beth C., all in favor.

### **Hotline – open**

- Clara nominated Jack F. for the Hotline Coordinator position. Jacque H seconded. All in favor.
- Jack has trained on Grasshopper app and is reaching out to all Hotline Volunteers.
- Volunteers for Hotline are needed!

### **Service Workers – Dave S.**

- Dave advised all shifts covered thru September.
- Dave is now sending out the monthly schedule to all Office Service Workers.
- Currently have a couple of back-up volunteers should someone not be able to cover their shift.

### **Archives – Barb S**

- Barb is resigning from this position, therefore now looking for someone to take over.

### **Website – Barb S.**

- Barb reported there were 218k clicks to the website in July. The top pages were the meeting list and the Music City Roundup event information.

### **Accessibilities – open**

- Clara stated Susi M would like to take this position, however Susi was not present in order for the nomination to take place.

### **Spanish Liaison – open**

### **CPC/PI – open**

### **Treatment – Jacque H.**

- Jacque attended the District 3 meeting. She reported the Treatment Chair in District 3 is doing great work in that area. She offered the support of Intergroup in any way needed.

## August 2022 Intergroup Meeting Minutes (Cont.)

### Corrections – Marian G. – not present

- Report given by Jacque H. Marian was not able to attend the District 3 meeting. However, Jacque reported that district is working on getting a Corrections Committee up and running as well as getting a meeting taken into a facility in the area. Jacque offered the support of Intergroup in any way needed.

### Outreach – open

### Events – Susie and Jimmy McD.

- Susie and Jimmy reported that the Intergroup Anniversary party is a go! The event is to be held at the Good Samaritan church on Saturday August 27<sup>th</sup> from 5pm to Midnight. Dinner at 6pm and speaker at 7pm.
- Intergroup is providing BBQ pork and chicken as well as a birthday cake. Asking attendees to bring a side dish that goes with BBQ.
- Participating Groups are being asked to contribute a decade themed basket. The baskets will be voted on using purchased tickets and the winning basket will receive a trophy. There will also be a drawing for people to win the donated baskets.

### Mobile Intergroup – Beth C.

- Mobile Intergroup attended the Welcome Home dinner in Kingsport and took in about \$350 in sales.
- District 4 picnic is 09/25/22 from 1:30 – 5:30, Mobile Intergroup will be attending.
- Also on 09/25/22 there is a CPC/PI workshop at Back to Basics in Oak Ridge.
- Volunteers needed for both events.
- Beth is also checking into a Mobile Hot Spot to use at these events. Right now they are dependent on connecting to someone's wi-fi thru their phone or the wi-fi in the event space (if available) there are some concerns about security and she is also looking into ways to make the connection secure for entering people's financial information while purchasing items.

### Old Business:

### New Business:

- Barb reported she would like to stop dividing the meeting list for Knoxville up into North, South, East and West. When using the Meeting Guide app, the app provides directions to the user and shows the distance from the users location to the meeting. When printing the meeting guide from the app, the different geographical areas (N, S, E, W) do not print. Jack F made a motion to do away with the different geographical areas and just print as Knoxville. Jacque H seconded the motion. All in favor.
- Rhonda reported District 3 will be hosting a Service Workshop on 10/29/22 at 2pm at 314 s. Fairmont Ave in Morristown. She invited a representative from Intergroup to attend. Flyer to be published on the Intergroup website.
- Jimmy McD requested \$1500 budget to put on the Lordy, Lordy Intergroup is 40 party (see events above). Clara M made a motion to provide the funding requested. Jack F seconded the motion. All in favor. The donations taken at the party will be given back to Intergroup.
- Jimmy McD – also requested \$2000 budget for a New Year's Eve Party. This was tabled until the next meeting.
- Tara T – The East TN CPC/PI Workshop to be held 09/25/22 in Oak Ridge at the Serenity Club from 1p – 5p. Delegate will attend along with representatives from several organizations.

**Meeting adjourned at 7:36 pm.**

**Next meeting to be held Monday September 19th at 6:30pm both in person and on Zoom.**

# Requests for Manuscripts

The General Service Office of AA in New York City is soliciting for manuscripts for:

- the 5th Edition of the AA Big Book, *Alcoholics Anonymous*,
- the 4th Edition of the Spanish-language Big Book, *Alcohólicos Anónimos*, and
- *A.A. for the Black and African-American Alcoholic Pamphlet*

See details below to the appropriate submitting channels, word limits, format requirements, and other important information.

Alcoholics  
Anonymous®

[www.aa.org](http://www.aa.org)

General Service Office of Alcoholics Anonymous, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

## Submissions for the 5th Edition of Alcoholics Anonymous:

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. Further information on where to submit your story will be provided to the Fellowship through Box 4-5-9, the A.A. website and more. If you have any questions, please write to:

**5BBStory@aa.org**

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## Submissions for the Spanish-language Alcohólicos Anónimos :

The committee is seeking stories of recovery from a wide representation of the Hispanic community. Stories of recovery may also include: Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Experiences of sobriety during the pandemic; Newcomer and old-timer experiences; Accessibility experiences; Spiritual experiences' A.A. meetings on virtual platforms; and Sobriety and mental health.

Suggested format: Stories written in Spanish, English or French will be accepted from any Hispanic member of the A.A. structure in the United States and Canada. Use the same format as described above in the 5th Edition notice. **Deadline:** Please submit on or before December 15, 2022. Email: **4LGHistorias@aa.org**  
Subject Line: "Fourth Edition Spanish" Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central, Station, New York, NY 10163 The words "Fourth Edition Spanish" should be written on the envelope and at the top of the first page of the manuscript.

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## Submissions for the "A.A. for the Black and African-American Alcoholic" Pamphlet :

The committee is seeking stories of recovery from all African American, Canadian, Caribbean A.A. members from the English, French and Spanish-speaking Black communities in the A.A. structure in the United States and Canada. Stories of recovery may also include: Experience, Strength, and Hope; Steps, Traditions, Concepts; Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Sponsorship; A.A. Service; Safety & Racism; Military; Black Mental Health and Diverse Abilities; BIPOC A.A. meetings; Atheist/ Agnostics. The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font.

Handwritten manuscripts should be approximately 5 to 6 pages. Include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all authors will be observed whether their story is selected for publication or not. Instructions for submitting your manuscript: **Deadline:** Please submit on or before October 31, 2022.

Email: **pamphletstories@aa.org** Subject Line: A.A. for the Black and African American Alcoholic  
Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163. On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.

Every Saturday Morning

10:00 to 11:00 am

Fairview United Methodist Church

2508 Old Niles Ferry Rd., Maryville

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# A New Freedom!

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**Come Join Us On Our Road To Recovery!**

**“A New Freedom” is an open AA discussion meeting based upon the writings of Bill W. in his book *“As Bill Sees It”*. This is a one hour open meeting and ALL are welcome! We hope to see YOU there! We meet upstairs in the room the Friday Night Group meets.**

**Sponsored by : The Blount County Group**



## *Southeast Woman to Woman Conference*

*"Secrets Women Don't Share"*

*A conference for sober Alcoholic women with Al-Anon participation*

*Be the first in your state to host this special event!*

*The conference event includes*

- *Speakers*
- *Workshops*
- *Old Timers Panel*
- *Marathon Meetings*
- *and more...*

*If there are sober women in your area that would like to host this conference please contact*

*Candice D. or Jeannette D.*

*Email: [Info@sewomantowoman.org](mailto:Info@sewomantowoman.org)*

*The Southeast Region includes the following states: Alabama, Florida, Georgia, Louisiana, North Carolina, Mississippi, South Carolina, Tennessee, Virginia, West Virginia*



## **East Tennessee AA CPC/PI Workshop**

**Sunday, September 25, 2022, at 1 p.m. at 170 N. Jefferson Circle, Oak Ridge, TN 37830. Come and go – speakers start at 2 p.m.**

For Professionals working in recovery: Come learn about working with AA, what AA does and how it can be used as a resource. Intergroup will be there with public information resources available.

For those in recovery: Come learn about working with professionals our communities to reach the hand of AA out to those that are still sick and suffering. Sign up for service work.

Speakers will include:

Director Lacresha Logan, Anderson County  
Rae Lawson, Bridges to Recovery  
Shannon C., Area 64 Delegate  
Marian W., Intergroup Corrections Committee  
Trey and Caitlin, CPC and PI  
Patrick W.

Presented by District 6. You may contact us with questions or further information by voicemail or text at 865-272-9240 or email at [btgd6et@gmail.com](mailto:btgd6et@gmail.com). Refreshments will be provided.

## **IT'S BACK**

### **SPEAKER MEETING AT SEYMOUR SHARING GROUP**

#### **LAST FRIDAY OF THE MONTH**

**7PM FELLOWSHIP**

**8PM SPEAKER**

#### **DATES FOR 2022:**

**JULY 29; AUGUST 26; SEPTEMBER 30;  
OCTOBER 28; NOVEMBER 25; DECEMBER 30**

76TH ANNUAL SOUTH CAROLINA STATE CONVENTION

# HOW FREE DO YOU WANT TO BE

MARCH 24-26, 2023  
CHARLESTON

SPEAKERS | WORKSHOPS | ACTIVITIES

PHIL B., CULLOWHEE, NC  
JENNIFER H-K PLANO, TX,  
AARON J., CHARLOTTE, NC  
CHRIS R., INGRAM, TX  
LESLIE S., ATLANTA, GA

Conference: Omar Shrine Center | Hotel: Comfort Inn & Suites -  
196 Patriots Point Rd. Mt. Pleasant, SC 29464 - 843-856-8817

PRE-REGISTRATION - \$30 / \$35 AT THE DOOR

NAME ON BADGE: \_\_\_\_\_

HOMEGROUP: \_\_\_\_\_

FULL NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PAST OR CURRENT DELEGATE: PANEL \_\_\_\_\_ AREA \_\_\_\_\_

I WOULD LIKE TO VOLUNTEER: \_\_\_\_\_ I NEED ACCESSIBILITES HELP \_\_\_\_\_

Make checks payable  
to 76th SC State Convention

PO Box 30189  
Charleston, SC 29417  
or register online: [www.aa62.org](http://www.aa62.org)

Registration Amt: \_\_\_\_\_  
+ Scholarship Donation: \_\_\_\_\_  
Total Enclosed: \_\_\_\_\_



To see the flyer for the hotel, link [here](#):







# **DISTRICT 4 ANNUAL PICNIC**

**Sunday, September 25  
1:30pm - 5:30pm**

**Louisville Point Park Pavilion, 3298 Cox Road**

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**Fried chicken and drinks provided  
Bring a side dish or dessert**

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**1:30 Fellowship  
2:30 Eat  
3:30 Speaker  
4:30 Silent Auction ends  
Sobriety Countdown**

**BASKETS OR AUCTION ITEMS APPRECIATED  
PROCEEDS SUPPORT 2ND QUARTER 2023 ASSEMBLY  
CONTACT C.J. ABOUT DONATIONS  
865-216-6698**



# PICNIC IN THE PARK DIST. 1&2



SATURDAY, SEPTEMBER 17, 2022

4:00-8:00PM

WINGED DEER PARK

MEREDITH PAVILLION

5:00PM HOTDOGS, HAMBURGERS & CHIPS

COLD WATER, AND SODA PROVIDED

BRING A DISH TO SHARE IF YOU WISH

6:00PM BEN R. WILL SHARE HIS EXPERIENCE

STRENGTH AND HOPE

**New Meeting:**

**DESIGN FOR LIVING GROUP**



**WOMEN'S BIG BOOK STUDY**

**Starting June 5th**

**SUNDAYS @ 5:30**

**CONCORD UNITED**

**METHODIST CHURCH**

**Enter using 4 West Door**

**Contact Tami @ 865-310-4142**

**NEW MEETING PLACE OFFERED**

**South Knoxville Church of Christ at 760 Chapman Hwy. is offering a meeting place to the AA community. If you are interested please contact: J.L. Stelle at 865-607-3361**



# APPALACHIAN REGIONAL ROUNDUP

to face the hideous four horsemen  
march 17-19 2023                      kingsport, tn

## SPEAKERS

- Astrid H: Sherman Oaks, CA
- Amy D: Louisville, KY
- Charlie P: Austin, TX
- Paul McQ: Rockaway, NY
- Bob D: Las Vegas, NV
- Ralph W: Las Angeles, CA
- Kent C: Sandusky, OH
- Mari G: Toronto, Canada
- Larry T: Bellflower, CA
- Katie P: Austin, TX
- Rick J: Toronto, Canada (ALAnon)

Meadowview Conference Resort  
& Convention Center  
1901 Meadowview Parkway  
Kingsport, TN 37660

Room Rate \$124.00  
Call Or Visit Our Website To Book  
423-578-6600

Make check or money order  
payable to Appalachian Regional  
Roundup & mail to:  
P.O Box 7494  
1001 N. Eastman Rd  
Kingsport, TN 37664

For more information:  
Call Tabitha E 423-491-2420

or visit our website at  
[www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

Registration is \$30 & \$35 at the  
door. Online registration is  
available at  
[www.appalachianregionalroundup.com](http://www.appalachianregionalroundup.com)

## fourth annual appalachian regional roundup

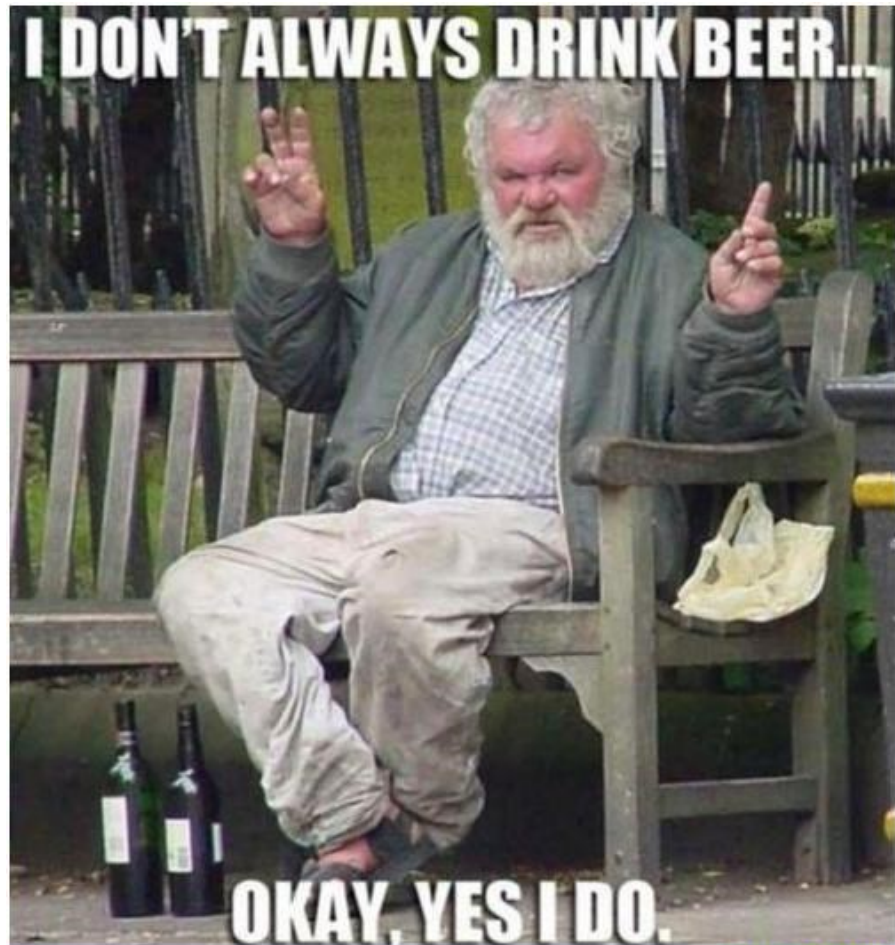
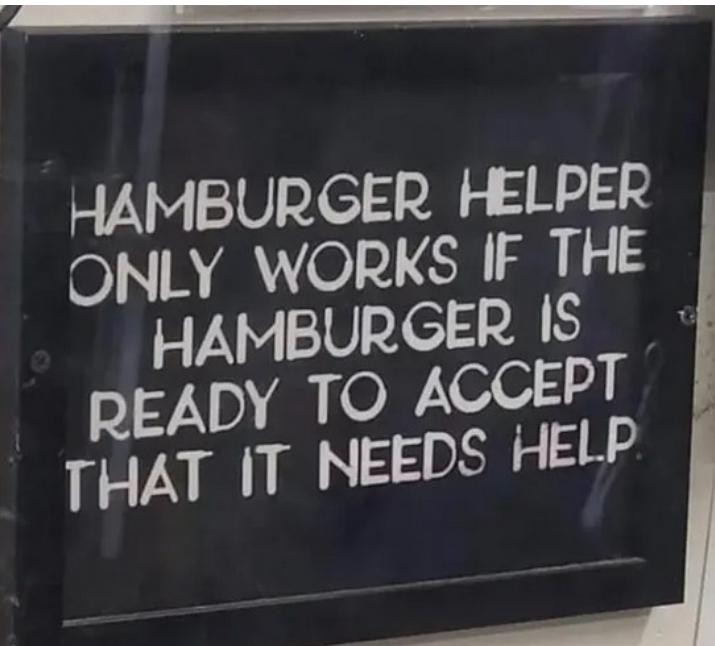
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 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Scholarship Contribution: \$ \_\_\_\_\_  
(Lend A Hand To Those Unable To  
Pay The Registration Fee)

Number Of Registrations: \_\_\_\_\_ Total: \$ \_\_\_\_\_

*On the lighter side....*



## Newsletter Subscription

If you would like the newsletter mailed to your home, please fill out the form to the right and mail it to the address shown below. Include \$12.00 for a one-year subscription to cover postage.

ETIAA  
9217 Park West Blvd #B3  
Knoxville, TN 37923

-OR-

Sign up at [ETIAA.org](http://ETIAA.org) for a free email subscription.

September 2022



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_