



UNITY NEWSLETTER

OCTOBER 2022 Volume 46; Issue 10

“Here are the steps we took” by Clarence Snyder Working With Others

Dr. Bob Smith sponsored Clarence Snyder into this simple program. Clarence repeated this approach with other alcoholics in Cleveland where he achieved a high recovery rate. Here is the approach the A.A. pioneers used to carry the message to the person who suffers from a seemingly hopeless state of mind and body. Clarence remained very active in A.A. until his death in March 1984.



“Continued to take personal inventory and when we were wrong promptly admitted it.”

There are five phases to the Twelve Steps:

- STEP 1: ADMISSION,
- STEPS 2 and 3: SUBMISSION,
- STEPS 4, 5, 6, and 7: CONFESSION,
- STEPS 8 and 9: RESTITUTION,
- STEPS 10, 11, and 12: THE LIVING STEPS, CONSTRUCTION, AND MAINTENANCE

STEP TEN: We continued to take personal inventory every night: did you harm anyone, have you done something wrong? Do you deserve a gold star or a black mark? You ask for-giveness honestly, and all is forgiven by the Lord — clean slate. When you are wrong, promptly admit it. When you don’t, use the inventory at night to do so. Deal with your life by the four absolutes: ABSOLUTE LOVE, ABSOLUTE HONESTY, ABSOLUTE UNSELFISHNESS, and ABSOLUTE PURITY. Did you act out of Love? Were you honest? Were you unselfish? Were your motives pure? All things must be based on these four things.

In This Issue

- Overview: Step 9/
Tradition 9.....p. 2
- On the 9th Step -- AA
Grapevine - June 1945
.....p. 3
- Intergroup News....p. 5
- Intergroup: 40 Years of
Service.....p. 6
- Intergroup Financial
Reportp. 8
- *Original Text of the Big
Book on display....p. 9*
- July 2022 Intergroup
Meeting Minutes...10-11
- AA Gen. Services Of-
fice, Request for Man-
uscripts.....p. 12
- Events.....p 13-21
- “On the Lighter Side”
.....p. 22

Step Ten: Continued to take personal inventory and when we were wrong promptly admitted it.

AS we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions?

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times and places have practiced unsparing self-survey and criticism. For the wise have always known that no one can make much of his life until self-searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong.



Tenth Step Prayer

Dear God, I pray I may continue to grow in understanding and effectiveness; to take daily spot check inventories of myself; to correct mistakes when I make them; to take responsibility for my actions; to be ever aware of my negative and self-defeating attitudes and behaviors; to keep my willfulness in check; to always remember I need Your help; to keep love and tolerance of others as my code; and to continue in daily prayer how I can best serve You.

Tradition Ten (long form):

No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues—particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatsoever.



Tradition Ten Checklist:

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

PRAYERS FOR ALL TWELVE STEPS

FIRST STEP PRAYER

Dear Lord, I admit that I am powerless over my addiction. I admit that my life is unmanageable when I try to control it. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my addiction.

SECOND STEP PRAYER

Heavenly Father, I know in my heart that only You can restore me to sanity. I humbly ask that You remove all twisted thought and addictive behavior from me this day. Heal my spirit and restore in me a clear mind.

THIRD STEP PRAYER

God, I offer myself to Thee--to build with me and to do with me as Thou wilt. Relieve me of bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy Way of Life. May I do Thy will always.

FOURTH STEP PRAYER

Dear God, it is I who has made my life a mess. I have done it, but I cannot undo it. My mistakes are mine and I will begin a searching and fearless moral inventory. I will write down my wrongs. But I will also include that which is good. I pray for the strength to complete this task.

FIFTH STEP PRAYER

Higher Power, my inventory has shown me who I am, yet I ask for Your help in admitting my wrongs to another person and to You. Assure me and be with me, in this Step, for without this Step, I cannot progress in my recovery. With Your help, I can do this, and I will do it.

SIXTH STEP PRAYER

Dear God, I am ready for Your help in removing from me the defects of character, which I now realize, are an obstacle to my recovery. Help me to continue being honest with myself and guide me toward mental and spiritual health.

SEVENTH STEP PRAYER

My Creator, I am now willing that You have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here to do Your bidding.

EIGHTH STEP PRAYER

Higher Power, I ask Your help in making my list of all those I have harmed. I will take responsibility for my mistakes and be forgiving to others, as You are forgiving to me. Grant me the willingness to begin my restitution. This I pray.

NINTH STEP PRAYER

Higher Power, I pray for the right attitude to make my amends, being ever mindful not to harm others in the process. I ask for Your guidance in making indirect amends by staying abstinent, helping others and growing in spiritual progress.

TENTH STEP PRAYER

Dear God, I pray I may continue to grow in understanding and effectiveness; to take daily spot check inventories of myself; to correct mistakes when I make them; to take responsibility for my actions; to be ever aware of my negative and self-defeating attitudes and behaviors; to keep my willfulness in check; to always remember I need Your help; to keep love and tolerance of others as my code; and to continue in daily prayer how I can best serve You.

ELEVENTH STEP PRAYER

God, as I understand You, I pray to keep my connection with You. Open and clear from me the confusion of daily life. Through my prayers and meditations I ask especially for freedom from self-will, rationalization, and wishful thinking. I pray for the guidance of correct thought and positive action. Your will, not mine, be done.

TWELFTH STEP PRAYER

Dear God, my spiritual awakening continues to unfold. With the help I have received I shall have the opportunity to grow. I am grateful. I pray most humbly to continue walking day by day, practice the principles of this way of life in all I do and say. I need You, my friends, and the program every hour of every day. This is a better way to live.

A.A. Oldtimers on the Tenth Step

A.A. Grapevine, August 1945 Vol. 2 No. 3

Continued to take personal inventory and when we were wrong promptly admitted it.”

THE admission of a wrong compares in its effects to a strong cauterizing agent. When applied promptly it burns away the infection, but the treatment may be painful. How much mental pain an individual incurs by admitting a wrong depends not so much on the degree of the wrong as on how seriously he is afflicted with vanity and false pride. The more vain the person, the more reluctant he is ever to admit a mistake. The more false pride he has, the more imperative it seems to him to perpetuate the illusion of his own perfection.

Since we all know that vanity and false pride are distortions of the mind, perhaps the reason they are so common is the fact that, although we can spot them immediately in others, we have considerable difficulty in detecting them in ourselves.

Here the value of the personal inventory is self-evident. If it is honest and thorough, it will leave no vanities and false pride unrevealed. It is the means by which we can detect in ourselves the faults we note so readily in others and which we know are obstacles to the growth of an effective and happy personality.

The first inventory we take as we begin to apply the A.A. program naturally tends to be the most soul-searching and the most revealing. In most cases, it is the first self-reckoning we have undertaken in many years and most of us are likely to unearth a great accumulation of debris.

This inventory provides the guide for basic, and usually drastic, correction. Subsequent inventories serve to show whether the first efforts toward correction have been effective and what additional correction may be needed. By this method of personal checkup, we can determine for ourselves whether we are actually moving forward or have slipped backward.

Continued personal inventory is also a medium for readjustment to new objectives. As the A.A. moves upward he frequently finds that he is constantly lifting his sights. What satisfied him previously does not do so any longer. When he was learning to crawl he looked ahead to being able to walk. When he could walk he wanted to run. His expanding personality demands larger fields. If the person he wanted to be yesterday has come into being, he now wishes to be a still better person.

The inventory, obviously, is only part of the treatment. The deficiencies it reveals must be made up. Or, in the thought of the 10th Step: When wrong, promptly admit it. That is putting the inventoried knowledge into action.

Haliburton once wrote, “When a man is wrong and won’t admit it, he always gets angry.”

Anger, as we well know, is particularly poisonous to us. How foolish and ironical to fall prey to it through vanity!

DISTRICT MEETINGS

District 1 meets the first Saturday, every other month (Jan, Mar, May, etc.) at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of even months at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at Intergroup.

Intergroup Committee meets the third Monday of the month at 6:30pm on Zoom. Meeting ID: 190 817 792; Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

Weeknights

Weekends

Weekdays

Phones Night & Weekend

Weeknights

Weekends

Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

THANK YOU VOLUNTEERS!

We can't do it without you! Intergroup volunteers help carry the message to the alcoholic who still suffers, and provide groups and individuals with literature and other resources. It's a great gig! If you have at least 6 months of continued sobriety, come join us!

Fill out your info at the office, or online at <https://www.etiaa.org/contact-us/>.

In the Office

Jill	Patty	Dennis
Glenn	Eddie	Tara
Pete	Paul	Beth
Charlie	Kathy	Bruce
Bob	Rick	Marie
Robin	Fawn	Rob
Dave	Jacqueline	Mary

Website

Sterling
Eammon
SuZanne

Meeting List

Barb

Intergroup Board

Rhonda	Tami
Dave	Jacque
Marian	Jack F
Beth	Susie MacD
Barb	Jimmy MacD
Susi	

Hotline:

Clara	Randall
Bob W	Jack F
Emily	Miles
Anna	Karen C
Barb	
Patrick	
Austin	
Ron M.	

AA Birthdays / Anniversaries

Monday Night Men's Group

Kevin	1 year
Michael P.	4 years
Jack T.	36 years
Bill R.	38 years

Intergroup Office News

We've been doing some rearranging in the office to take advantage of all the new shelf space in the office. We've gotten in a new shipment of jewelry and coffee mugs as well as lots of pamphlets. If there's ever anything you are looking for, don't hesitate to ask. We may be able to order it for you. The office manager plans to be in the office every Tuesday. Also, her hours will be posted on the refrigerator at the office. It is subject to change but gives the members an idea of when she'll be in.

We have a new Archives Chair, Allison. With her help we'll finally be able to clear out the things that are pertinent to East Tennessee Intergroup. We will likely be letting go of speaker cassette tapes, CDs and old Grapevine magazines. **PLEASE STOP BY THE OFFICE IF YOU ARE INTERESTED IN THESE ITEMS!!**

Service Work Opportunities

We need new service workers for our 12 Step List. These workers answer calls from people who need to talk to an AA member after they have been screened by the hotline worker. They usually need to talk to someone of the same sex about the program and potentially meet at a meeting.

We also need service workers to be backups on the hotline.

Contact us to find out how you can help us carry the message!

Unity Newsletter

is a monthly publication of East Tennessee Intergroup about, by, and for members of Alcoholics Anonymous (AA). Opinions herein are not to be attributed to AA. Except when indicated, this publication does not imply endorsement by either AA or the Newsletter. Delegates to the General Service Conference on April 24, 1972 agreed that the use of full names and addresses could improve communication within the Fellowship. Consequently, we may use full names for AA service members. To ensure anonymity, it is requested that the Newsletter be kept within the Fellowship.

Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that Intergroup of East Tennessee Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to: Newsletter Coordinator, managr@etiaa.org

Intergroup Celebrates 40 Years of Service

In August, East Tennessee Intergroup of Alcoholics Anonymous celebrated 40 years. To commemorate this anniversary, we talked with a founding member of ETIAA, Patrick Carr. On January 16, 1979, Patrick attended his first meeting at the original Flat Iron. AA members around that time felt the need for a Central Office. The organization's name was Alcoholics Anonymous of Greater Knoxville in the beginning and served a 70-mile radius around the Knoxville area. On August 2, 1982, East Tennessee Intergroup of Alcoholics Anonymous applied for its official non-profit status.

The purposes listed in the Charter written at that time were to:

1. Maintain a 24-hour hotline to provide information and direction for peoples seeking help with alcoholism;
2. Provide information and literature to AA groups and all persons or entities seeking the same;
3. Receive and account for contributions from AA groups and members consistent with the 12 Traditions of Alcoholics Anonymous;
4. Help AA groups coordinate Area and Assembly meetings;
5. Print and distribute a bulletin or newsletter with the primary purpose of assisting the Fellowship of Alcoholics Anonymous;
6. Cooperate with others whose aim is to assist anyone suffering from the disease of Alcoholism; and
7. Provide public information relative to the fellowship of Alcoholics Anonymous

The first office manager was a Wilma Loop. She staffed the office from 9A.m. to 5p.m. Monday through Friday. The office was located at 1409 Magnolia Ave, where it stayed for over 30 years. Patrick remembers doing casino nights as supportive events, where card tables and professional dealers were brought in. As AA grew in the area, so did the service area of ETIAA. It soon was a means of connecting AA in surrounding counties. The Unity Newsletter later became a way of letting other groups know about events and members who were celebrating AA anniversaries. Patrick's favorite part about his time being involved with ETIAA was watching the fellowship grow in Knoxville and the surrounding area.

We are grateful for Patrick and other founding members of ETIAA for starting this organization that still serves many of the same purposes today. If you have any stories about Intergroup beginnings, history of AA in our area, or anything you would like to share, we would love to hear about it!

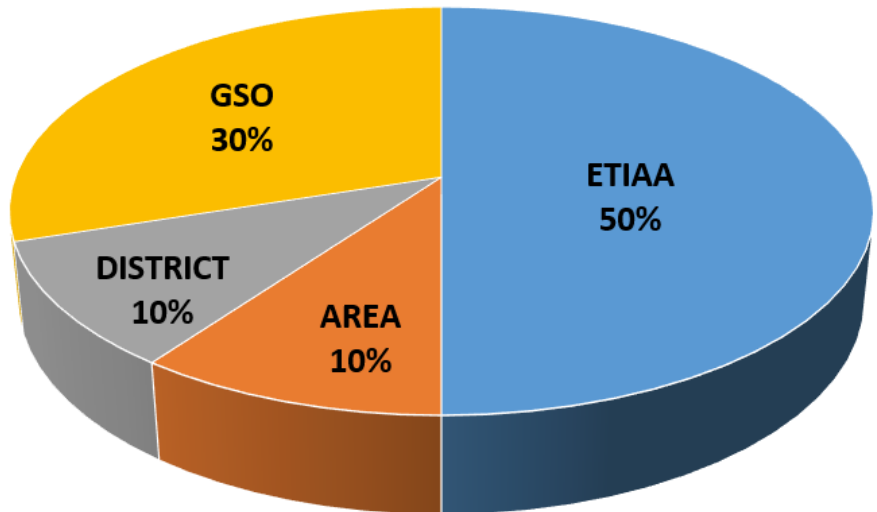
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
 865-320-8649
 Zelle Manager@etiaa.org or
 865-320-8649
 Venmo @ETIAA

General Service Office
Grand Central Station
P.O. Box 459
New York, NY 10163

www.aa.org

The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217

www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664

District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.

1466 Darbee Dr.
Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point
Clinton, TN 37716

NEW ADDRESSES

AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Please be sure to include your Group Name and Number.

Intergroup Financial / Contributions Report

GROUPS DONATING	Aug '22	Jul 21— Aug '22
1ST THINGS 1ST KNOXVILLE	1,168.09	1,168.09
4-WAY GROUP		50.00
4TH DIMENSION	300.00	300.00
AREA 64 HOST COMMITTEE	90.00	90.00
BLOUNT COUNTY GROUP		175.00
COLONIAL GROUP		100.00
COLONIAL HEIGHTS		45.00
CONCORD GROUP		40.00
CONTRIBUTION JAR	21.12	24.72
FOUNTAIN CITY SERENITY	150.00	150.00
HAPPY DESTINY		150.00
HIGH NOONERS-P40	500.00	500.00
KODAK HWY 66		50.00
LAFOLLETTE-THERE IS HOPE	20.00	40.00
LUNCH BUNCH- GREENEVILLE		122.00
NEW BEGINNINGS KNOXVILLE		6.72
NORTH GATLINBURG		141.84
NORTHSHORE	500.00	500.00
ONLINE LUNCH BUNCH	50.50	50.50
PHOENIX GROUP	590.00	590.00
SEYMOUR SHARING		200.28
Square Customer	1,114.15	1,576.75
TELLICO VILLAGE		60.00
TRUDGING THE ROAD		138.80
TURNIP PATCH	128.77	128.77
WEARS VALLEY GROUP		83.25
TOTAL	\$4,632.63	\$6,481.72

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



September 2022 Intergroup Meeting Minutes

Open with Serenity Prayer and monthly Tradition at 6:30.

Present via Zoom: - Tami D, Dave S., Clara M., Fawn L., Jimmy McD., Jack F., Jacque H., Pat H., Jim F., Rhonda, Barb S., Mel, Allison, Steve S., Marian G., Beth Mc., Al L.

Groups Represented: TN Group, First Things First Group, Saturday Morning Big Book, High Nooners, 4 Way Group.

Previous minutes were accepted as is motion Jim F., seconded by Fawn L., all in favor.

Manager's Report – Clara M

- Welcome new IGRs – Clara welcomed new reps to the meeting. If you need anything reach out to the office manager @ 865-320-8649 or manager@etiaa.org.
- Remind – Clara asked for anyone wanting to be added to the Remind App for staying up-to-date with announcements and updates to add their contact information in the Zoom chat box.
- Reorganizing the office – Clara and volunteers working on rearranging the office. There are some items that are no longer needed and she is giving them away such as a small book shelf, filing cabinet, etc. Sop by Intergroup to pick up.

Treasurer's Report – Dave S.

- Group Contributions for September to date \$2416.14
- Total Income for September to date \$4400.00
- Total Expenses for September to date \$3400.00
- Net Revenue for September to date \$1000.00
- Clara still has another paycheck to come out so will be around 0.
- Motion to accept Treasurer's report by Jim F., seconded by Barb S., all in favor.

Hotline – Jack F.

- 2 new volunteers
- Continuing to survey volunteers for suggestions and feedback
- There have been some issues with incoming calls – possibly short rings or hang-ups.
- Jack asked if maintaining the 12 Step Call List falls under the responsibility of Hotline Coordinator and Rhonda explained since the list is utilized by the Hotline volunteers – it is.

Service Workers – Dave S.

- Dave advised all shifts covered.
- Dave is now sending out the monthly schedule to all Office Service Workers.

Archives – open

Website – Barb S.

- Barb reported there were 280k clicks to the website in August. The top pages were the meeting list and the IYCCPA conference.

Accessibilities – open

Spanish Liaison – open

September 2022 Intergroup Meeting Minutes (Cont.)

CPC/PI – open

Treatment – Jacque H.

- Jacque attended the District 50/51 meeting and offered the support if Intergroup to the Treatment Committee.

Corrections – Marian G.

- Maian attended the District 50/51 meeting. She advised the Corrections Chair for that District is also attending the Nat'l Corrections Conference.
- Marian is also on the Host Committee to bring the Nat'l Corrections Conference to Nashville in 2024.
- Marian is unable to attend the District 2 meeting in October.

Outreach – open

Events – Susie and Jimmy McD. – Susie not present

- Jimmy reported the Anniversary Decade Party for Intergroup was a huge success! Expenses totaled \$1355.69. Proceeds totaled \$1226.00 with a difference of \$129.69. Serenity Sisters won best basket.

Mobile Intergroup – Beth C. – not present

- Clara reported there are two separate events this coming Sunday at 1:30pm – the CPC/PI workshop in Oak Ridge at the Serenity Club and the District 4 picnic at Louisville Point Park. Volunteers are needed or both events.

Old Business:

- Barb reported the meeting list was updated and the North, South, East, West was discontinued.
- Rhonda reported District 3 will be hosting a Service Workshop on 10/29/22 at 2pm at 314 s. Fairmont Ave in Morristown. She invited a representative from Intergroup to attend. Flyer to be published on the Intergroup website.
- Jimmy McD – also requested \$2000 budget for a New Year's Eve Party. This was tabled until the next meeting. There is a government program that offers a grant to assist with the costs, leaving our out-of-pocket expenses around \$100.00. Dave S made a motion to approve the funds. Jim F seconded. All in favor.
- Barb S stated she gets a monthly meeting schedule from several area Clubhouses and she would only like to receive meeting changes going forward. It is very cumbersome to try to go through the submitted schedules to try to discern what changes have been made if any.
- Clara advised she would like an ad-hoc committee formed to revise the By-Laws for Intergroup. This committee will also provide proposed budgets for the standing committees. Dave S, Jack F, Mel and Clara (as a non-voting member) form the committee.
- Clara nominated Allison for the Archives Chair. Jacque H seconded the motion. All in favor.

Meeting adjourned at 7:26 pm.

Next meeting to be held Monday October 17th at 6:30pm both in person and on Zoom.

Requests for Manuscripts

The General Service Office of AA in New York City is soliciting for manuscripts for:

- the 5th Edition of the AA Big Book, *Alcoholics Anonymous*,
- the 4th Edition of the Spanish-language Big Book, *Alcohólicos Anónimos*, and
- *A.A. for the Black and African-American Alcoholic Pamphlet*

See details below to the appropriate submitting channels, word limits, format requirements, and other important information.

Alcoholics
Anonymous®

www.aa.org

General Service Office of Alcoholics Anonymous, Inc.

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

Submissions for the 5th Edition of Alcoholics Anonymous:

The suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts should be approximately 5 to 6 pages. Please include your complete name, address, and email/phone information on the first page of the submission. A copy of your manuscript should be retained for your files.

The anonymity of all authors will be observed whether their story is selected for publication or not. Stories will be accepted in English, French or Spanish. Further information on where to submit your story will be provided to the Fellowship through Box 4-5-9, the A.A. website and more. If you have any questions, please write to:

5BBStory@aa.org

Submissions for the Spanish-language Alcohólicos Anónimos :

The committee is seeking stories of recovery from a wide representation of the Hispanic community. Stories of recovery may also include: Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Experiences of sobriety during the pandemic; Newcomer and old-timer experiences; Accessibility experiences; Spiritual experiences' A.A. meetings on virtual platforms; and Sobriety and mental health.

Suggested format: Stories written in Spanish, English or French will be accepted from any Hispanic member of the A.A. structure in the United States and Canada. Use the same format as described above in the 5th Edition notice. **Deadline:** Please submit on or before December 15, 2022. Email: **4LGHistorias@aa.org**
Subject Line: "Fourth Edition Spanish" Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central, Station, New York, NY 10163 The words "Fourth Edition Spanish" should be written on the envelope and at the top of the first page of the manuscript.

Submissions for the "A.A. for the Black and African-American Alcoholic" Pamphlet :

The committee is seeking stories of recovery from all African American, Canadian, Caribbean A.A. members from the English, French and Spanish-speaking Black communities in the A.A. structure in the United States and Canada. Stories of recovery may also include: Experience, Strength, and Hope; Steps, Traditions, Concepts; Ethnic, cultural, gender and LGBTQ diversity; Diversity of social status; Sponsorship; A.A. Service; Safety & Racism; Military; Black Mental Health and Diverse Abilities; BIPOC A.A. meetings; Atheist/ Agnostics. The suggested format for typed manuscripts is 500-800 words, double spaced, in 12-point font.

Handwritten manuscripts should be approximately 5 to 6 pages. Include your complete name, address, and email/phone information on the first page of your manuscript. A copy of your manuscript should be retained for your files. The anonymity of all authors will be observed whether their story is selected for publication or not. Instructions for submitting your manuscript: **Deadline:** Please submit on or before October 31, 2022.

Email: **pamphletstories@aa.org** Subject Line: A.A. for the Black and African American Alcoholic
Postal Mail: Attn. Literature Assignment, General Service Office, Box 459, Grand Central Station, New York, NY 10163. On the envelope: The word "Pamphlet" should be written on the envelope and at the top of the first page of the manuscript.



There is Hope Group Lafollette AA Picnic

Lonas Young Park
975 Demory Road Lafollette Tennessee
(White Bridge)

October
2
Sunday

12:00 – 2:00pm Food and Fellowship

2:00 AA Meeting

Please bring Side Dishes and Deserts

IT'S BACK

**SPEAKER MEETING AT
SEYMOUR SHARING GROUP**

LAST FRIDAY OF THE MONTH

7PM FELLOWSHIP

8PM SPEAKER

DATES FOR 2022:

**JULY 29; AUGUST 26; SEPTEMBER 30;
OCTOBER 28; NOVEMBER 25; DECEMBER 30**

76TH ANNUAL SOUTH CAROLINA STATE CONVENTION

HOW FREE DO YOU WANT TO BE

MARCH 24-26, 2023
CHARLESTON

SPEAKERS | WORKSHOPS | ACTIVITIES

PHIL B., CULLOWHEE, NC
JENNIFER H-K PLANO, TX,
AARON J., CHARLOTTE, NC
CHRIS R., INGRAM, TX
LESLIE S., ATLANTA, GA

Conference: Omar Shrine Center | Hotel: Comfort Inn & Suites -
196 Patriots Point Rd. Mt. Pleasant, SC 29464 - 843-856-8817

PRE-REGISTRATION - \$30 / \$35 AT THE DOOR

NAME ON BADGE: _____

HOMEGROUP: _____

FULL NAME: _____

ADDRESS: _____

CITY: _____ ST: _____ ZIP: _____

PHONE: _____

EMAIL: _____

PAST OR CURRENT DELEGATE: PANEL _____ AREA _____

I WOULD LIKE TO VOLUNTEER: _____ I NEED ACCESSIBILITES HELP _____

Make checks payable
to 76th SC State Convention

PO Box 30189
Charleston, SC 29417
or register online: www.aa62.org

Registration Amt: _____
+ Scholarship Donation: _____
Total Enclosed: _____



To see the flyer for the hotel, link [here](#):



Every Saturday Morning
10:00 to 11:00 am

Fairview United Methodist Church
2508 Old Niles Ferry Rd., Maryville

A New Freedom!

Come Join Us On Our Road To Recovery!

“A New Freedom” is an open AA discussion meeting based upon the writings of Bill W. in his book *“As Bill Sees It”*. This is a one hour open meeting and ALL are welcome! We hope to see YOU there! We meet upstairs in the room the Friday Night Group meets.

Sponsored by : The Blount County Group



Southeast Woman to Woman Conference

“Secrets Women Don’t Share”

A conference for sober Alcoholic women with Al-Anon participation

Be the first in your state to host this special event!

The conference event includes

- *Speakers*
- *Workshops*
- *Old Timers Panel*
- *Marathon Meetings*
- *and more...*

If there are sober women in your area that would like to host this conference please contact

Candice D. or Jeannette D.

Email: Info@sewomantowoman.org

The Southeast Region includes the following states: Alabama, Florida, Georgia, Louisiana, North Carolina, Mississippi, South Carolina, Tennessee, Virginia, West Virginia

ASL Interpreters provided



*Stepping Into Serenity
Women's Conference
Chattanooga, TN
February 24-26, 2023*

Hotel Info:

Doubletree by Hilton
407 Chestnut Street
Chattanooga, TN 37402
423-756-5150

Room Rates: \$121.00
Reservation Code: SIS
Reserve Room by: 01/23/23

Here are the steps we took

Speakers:

Limit of 500

- Step 1 / Polly P Jacksonville, FL**
- Step 2 & 3 / Angie P Cincinnati OH**
- Steps 4 & 5 / Hilary R Los Angeles, CA**
- Steps 6 & 7 Mary Emma H Hilton Head, SC**
- Steps 8 & 9 Vivian Q Okatie, SC**
- Steps 10 & 11 Joette N Winder, GA**
- Step 12, Brenda J McKinney, TX**
- Alanon Angie B Destin, FL**

Pre-Registration: \$30

At the Door: \$35

Please make check or money order payable to "SIS" and mail to:

Stepping into Serenity
PO Box 21203
Chattanooga, TN 37424

OR

Register online at www.steppingintoserenity.org
Mastercard, Visa, Discover and
American Express accepted on Square-

AA Al-Anon Volunteer ASL
 Name: _____
 Address: _____
 City: _____ State: _____
 Zip: _____ Phone: _____
 Email address: _____
 Name on Badge: _____

AA Al-Anon Volunteer ASL
 Name: _____
 Address: _____
 City: _____ State: _____
 Zip: _____ Phone: _____
 Email address: _____
 Name on Badge: _____

For additional information or questions, please email SIScommittee@yahoo.com or call (423) 355-2283 or (423) 242-5364.

ASL Interpreters provided



NO LONGER RUNNING

THE SHOW

71ST KENTUCKY STATE AA CONVENTION

FEBRUARY 24-26, 2023

CROWNE PLAZA HOTEL • LOUISVILLE, KY

Speakers + Workshops + Entertainment + Fellowship

LYLE P. ★
ATLANTA, GA

HAROLD L. ★
ST. LOUIS, MO

TONY J.
COLUMBUS, MS

JANE L. ★
TALLAHASSEE, FL

JAMES L. ★
TALLAHASSEE, FL

CORRIE L.
WETUMPKA, AL

★ REGISTER ONLINE NOW AT 2023KYAA.COM ★

ATTENDEE INFO

Name

Name on Badge

Home Group

City / State

Phone

Email

I'd like to volunteer. Please contact me.

REGISTRATION OPTIONS

Early Bird Registration by 12/31/22 = \$25

All Registrations in 2023 = \$30

AA Admission

AI-Anon Admission

I've held a position for Area or District Service. Yes

Sponsor an Attendee \$

Donate to a member who can't afford to go.

Coffee Contribution \$

Help offset the convention coffee expense.

TOTAL ENCLOSED \$

PAYMENT INFORMATION

Detach and mail this form with check.

No cash. One form per attendee.

Must be postmarked by 12/31/2022 to get Early Bird Registration price.

Make checks payable to:
Louisville Host Committee

Mailing Address:
Louisville Host Committee
PO Box 37137
Louisville, KY 40233

For more information or to register with a credit card please visit
WWW.2023KYAA.COM

STAY AT THE CONVENTION HOTEL

Crowne Plaza Hotel, an IHG Hotel • 830 Phillips Lane • Louisville, KY 40209
GROUP CODE: ALC • Two Queens or King \$119/night +tax/fees • Reserve by 1/25/23 for discounted rate • Reservations (866) 888-0620 or online www.2023KYAA.com

**SPOOKTACULAR
SERVICE WORKSHOP**



SATURDAY, OCTOBER 29, 2022

2:00 pm

**314 S FAIRMONT ST
MORRISTOWN, TN 37814**



SPEAKERS

DCM: MIKE J

CPC: JUSTIN A

INTERGROUP: CLARA

CORRECTIONS: CLINT B

TREATMENT/ACCESSIBILITIES: RHONDA E

GRAPEVINE: BETH M

COME IN COSTUME AND BRING A SNACK TO SHARE



New Meeting:

DESIGN FOR LIVING GROUP



WOMEN'S BIG BOOK STUDY

Starting June 5th

SUNDAYS @ 5:30

CONCORD UNITED

METHODIST CHURCH

Enter using 4 West Door

Contact Tami @ 865-310-4142

NEW MEETING PLACE OFFERED

South Knoxville Church of Christ at 760 Chapman Hwy. is offering a meeting place to the AA community. If you are interested please contact: J.L. Stelle at 865-607-3361



APPALACHIAN REGIONAL ROUNDUP

to face the hideous four horsemen
march 17-19 2023 kingsport, tn

SPEAKERS

Astrid H: Sherman Oaks, CA
Amy D: Louisville, KY
Charlie P: Austin, TX
Paul McQ: Rockaway, NY
Bob D: Las Vegas, NV
Ralph W: Las Angeles, CA
Kent C: Sandusky, OH
Mari G: Toronto, Canada
Larry T: Bellflower, CA
Katie P: Austin, TX
Rick J: Toronto, Canada (ALAnon)

Meadowview Conference Resort
& Convention Center
1901 Meadowview Parkway
Kingsport, TN 37660

Room Rate \$124.00
Call Or Visit Our Website To Book
423-578-6600

Make check or money order
payable to Appalachian Regional
Roundup & mail to:
P.O Box 7494
1001 N. Eastman Rd
Kingsport, TN 37664

For more information:
Call Tabitha E 423-491-2420

or visit our website at
www.appalachianregionalroundup.com

Registration is \$30 & \$35 at the
door. Online registration is
available at
www.appalachianregionalroundup.com

fourth annual appalachian regional roundup

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Scholarship Contribution: \$ _____
(Lend A Hand To Those Unable To
Pay The Registration Fee)

Number Of Registrations: _____ Total: \$ _____

On the lighter side....



Dogs and alcohol: The tragic untold story.

October 2022



Name _____

Address _____

City _____

State _____

Zip _____