



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



JANUARY 2023

Volume 47; Issue 1

Intergroup Office News

A New Year begins for Intergroup and AA in Knoxville

Christmas Eve was an eventful night here at the Intergroup Office! Due to the cold temperatures, we had two pipes burst in the ceiling. Luckily, our alarm system has a moisture detection feature. We were alerted to the issue right away and only lost around \$500 worth of inventory. The office was scheduled to be closed from December 24th to 27th so without the moisture detection feature, the leak would have likely gone unchecked for 3 days. There will be some repairs happening in the Office for the next few weeks. Please call ahead in case of closures!

We have elected new officers:

- Vice Chair: Tami D
- Outreach: Ken L
- Hotline: Jack F
- Treatment: Jacque H
- Archives: Allison

Jack F has gathered a team to update the 12 Step call list. The purpose of this list is to be a resource for service workers on the hotline and in the office to connect a potential 12 Step caller with a Recovering Alcoholic in their geographic area. It could be as simple as meeting a new member at the meeting you are already attending! If you have any interest in being on the 12 Step call list call 865-522-9667 or email hotline@etiaa.org

Service is a huge part of the Alcoholics Anonymous program. Though each of us carry out service to benefit our own recovery, we would like to acknowledge those who help keep this office running.

Thank you for your service!

We'd like to hear how service has enhanced our members' recovery and would love to add the experiences in the newsletter.

If you are interested in doing service at Intergroup, we've got a place for you. There lots of opportunities! We can meet you just outside your comfort zone! Whether it's answering the phones once a month, helping out in the office or double checking Zoom links to meetings on our website. A little help goes a long way and the payoff is sobriety!

Reach out to the office manager a manager@etiaa.org or fill out the contact form at <https://www.etiaa.org/contact-us/>

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Notable AA Anniversaries

- Dec 20** - Red G. Monday Night Men's Group.....**45 years**
- Jan 3**- Robin W Happy Hour Zoom.....**2 years**
- Jan 12**- Beth C TN Group..**15 years**
- Jan 18**- Clara W 1st Things 1st**16 years**
- Jan 27**- Jan W TN Group...**36 years**

Submissions

Is your group celebrating Birthdays/ Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**

Office Service Workers

Linda
Robin Y
Dave S
Katie
Joan
Glenn
Jill
Pete
Rick
Dennis
Bob

Patty
Marie
Mary
Charlie
Jacqueline
Rob
Gerald
Bruce
Beth
Eddie

Hotline

Carole
Bob
Jack
Luke
Barb (& website)
Emily
Anna
Miles
Randal
Emily
Patrick
Austin

Intergroup Board

Rhonda
Dave
Beth
Barb
Tami
Jacque H
Jack F
Susie M
Jimmy M

Website

Sterling
Eammon
SuZanne



Step One: We admitted that we were powerless over alcohol—that our lives were unmanageable.

WHO cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of providence can remove it from us.

No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self sufficiency and all will to resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

But upon entering A.A. we soon take quite another view of this absolute humiliation. We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built.

First Step Prayer

Dear Lord, I admit that I am powerless over my addiction. I admit that my life is unmanageable when I try to control it. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my addiction.



Tradition One (long form):

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

Tradition One Checklist:

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into argument?
3. Am I gentle with those who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole, or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

WISDOM OVERHEARD IN THE ROOMS

If you are having a problem with Higher Power today, imagine the problem Higher Power is having with you. — Stu K.

"If God can solve the age-old riddle of alcoholism, He can solve your problems too."

~Alcoholics Anonymous, 4th Edition, To Wives, Page 116~

Spontaneous "Wisdom" of Alcoholics Anonymous Members: From: [Spontaneous Wisdom](#)

1. It's not old behavior if I'm still doing it.
2. If you're looking to have an image in AA, look around at the meetings you go to and look at whom you're trying to impress.
3. An alcoholic is a person who wants to be held while he's isolating - (as opposed to the gregarious isolator)
4. Abstinence is the leading cause of relapse.
5. A treatment center is where you go and pay \$15,000 to find out that AA meetings are free.
6. The idea that alcoholics, drug addicts, sex addicts, overeaters, smokers, etc, etc, should all just go to AA meetings because a disease is a disease is a disease...was started by a treatment center that only had one van.
7. This is a 'One Day at a Time' program. If you are clean and sober today, you are tied for first place in AA.
8. If drinking is interfering with your work, you're probably a heavy drinker. If work is interfering with your drinking, you're probably an alcoholic.
9. I often obsessively pursue feeling good, no matter how bad it makes me feel.
10. When I was new, I didn't think I had any obsessions until I started thinking about it. Then it was all I could think about.
11. How come if alcohol kills millions of brain cells, it never killed the ones that made me want to drink?
12. From a newcomer reading the 'Promises' for the first time: We will comprehend the word cemetery and we will know peace.
13. If God were small enough to be understood, He wouldn't be big enough to be God!
14. If you want to quit drinking, you are going to have to quit drinking.
15. Newcomer: How do I know how many meetings I should attend each week? Old-timer: Gradually cut back until you drink. Then, you'll know.
16. I would rather go through life sober, believing I am an alcoholic, than go through life drunk, trying to convince myself that I am not an alcoholic.
17. Resentments are like stray cats: if you don't feed them, they'll go away.
18. The difference between a problem drinker and an Alcoholic is that:
A) When alcohol is taken away from the problem drinker, the problem goes away;
B) When alcohol is taken away from the alcoholic, the problem begins.
19. Before I came into AA, I was dead, but I did not know enough to lie down.
20. I drank when I was happy. I drank when I was unhappy. Actually, I am a reason to drink.
21. You don't have to be sick to want to get well. But if you don't want to get well, you ARE sick.
22. The good news is you get your emotions back; the bad news is you get your emotions back.
23. All we ask is that you completely change your attitude as soon as possible.
24. I have held many things in my hands, and I have lost them all; but whatever I have placed in God's hands, that I still possess.
25. Without memory, there is no healing. Without forgiveness, there is no future.

What was early A.A. was really like?

You won't learn this in A.A.'s basic text today or in our meetings. But the simplicity of early A.A. will really astound you! And we are here speaking to the pioneer A.A. Christian Fellowship in Akron that developed our program and was led by Dr. Bob. **Abstinence was Number One.**

Usually there was hospitalization or at least medical help to save the newcomer's life. At the hospital, only the Bible was allowed in the room. Recovered drunks visited the patient and told their success stories. The newcomer had to identify, admit that he too was licked, and that he would do whatever it took.

Dr. Bob visited daily. Then, he would explain the "disease" as it was then understood; and, on the final day, Dr. Bob asked two questions to which there was only one answer:

Do you believe in God? Are you willing to get down on your knees and pray? **Reliance on the Creator was Number Two.**

The newcomer then gave his life to Jesus Christ as his personal Lord and Savior. Many were too sick to venture far; so they lived with the Smiths (and later others) in Akron homes. It is a myth that they recovered in an afternoon or in four easy lessons. They shook. They shivered. They fidgeted. They forgot. They were ashamed, insecure, and guilt-ridden. But they learned from the Good Book what a loving God had made available. **Obedience to God's will was Number Three.**

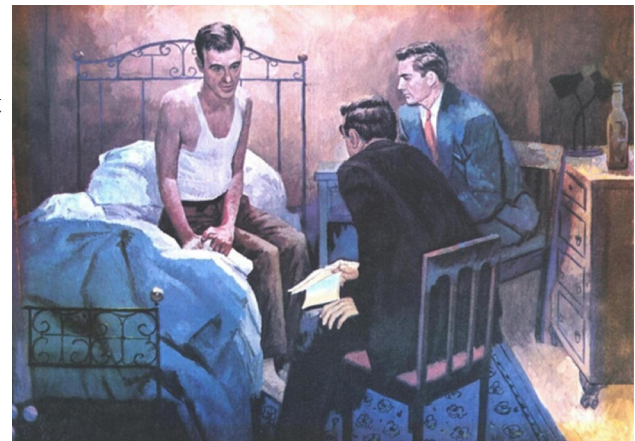
They were expected to walk in love and to eliminate sinful conduct from their lives. **Growth in Fellowship with their Heavenly Father was Number Four.** At the homes, they had daily Quiet Time (Bible study, prayer, asking guidance, reading a devotional, and discussing Anne Smith's Journal).

They shared their woes and problems with Dr. Bob, with Anne (his wife), and with Henrietta Seiberling. They also had personal Quiet Times in their individual lives or at their home. They had one meeting a week. No drunkalogs. No whining. No psychobabble. Just prayer. Reading from Scripture. Quiet Time. Use of The Upper Room or similar devotionals for discussion. Then surrender upstairs for the newcomer in a prayer session resembling that in James 5:14-16. The newcomer confirmed his decision for Christ. [This confession of Christ by which the newcomer became born again has been confirmed as a "must" by four different and well-known A.A. old-timers—J. D. Holmes, Clarence Snyder, Larry Bauer, and Ed Andy.] At that time, the "elders" (usually Bob and T. Henry and one other) prayed with him that alcohol be taken out of his life, and joined him in asking that he be guided to live according to God's will.

Intensive help for other alcoholics was the Fifth element.

Following the surrender upstairs, downstairs there were announcements about newcomers at hospitals. Religious comradeship and attendance at a church of choice were recommended but not required. Socializing. And it started all over again. There were sessions with Dr. Bob involving a moral inventory (as to adherence to the Four Absolutes—honest, purity, unselfishness, and love), confession, prayer to have the sins removed, and plans for restitution. Did it work? You bet it did. A documented 75% success rate among the seemingly hopeless, "medically incurable" alcoholics who really tried. That was primarily among Akron members. And the fact that they had been cured by the power of God was widely publicized across America. Soon, a documented 93% in Cleveland.

That's why the principles and practices in early A.A.—the principles that were already working in the Salvation Army, the Rescue Missions, the YMCA, and Christian Endeavor—need to be part and parcel of our own A.A. learning. A.A. is certainly no longer a Christian fellowship; nor does it any longer require belief in anything at all. But, for those who do believe in God's healing power today, a knowledge of the simple history is vital. As reported to John D. Rockefeller, Jr., by Frank Amos: It took abstinence. It took God. It took the Bible. It took a life-change decision. It took living consistent with the decision. And it particularly emphasized witnessing to others. It took fellowship. And it took time—lots of it. And it was all just that simple—no steps and no text book. Just a Bible and several Oxford Group precepts. Just abstaining from drink and avoiding temptation. Relying on the Creator and coming to Him through His son. Obedience to His will—both in eliminating sin and in living love and service. Growing in fellowship through Bible study, prayer, asking wisdom, and study. And helping others without thought of pay. As they often put it: **No pay for soul surgery!**



DISTRICT MEETINGS

District 1 meets the first Saturday, every other month (Jan, Mar, May, etc.) at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of even months at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at Intergroup.

Intergroup Committee meets the third Monday of the month at 6:30pm on Zoom. Meeting ID: 190 817 792; Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

- Weeknights
- Weekends
- Weekdays

Phones Night & Weekend

- Weeknights
- Weekends

Committees of Interest

Check only those you are willing to serve on:

- Public Information / Cooperation with the Professional Community
- Intergroup Representative
- Office Worker
- Archives
- Outreach
- Spanish Liaison

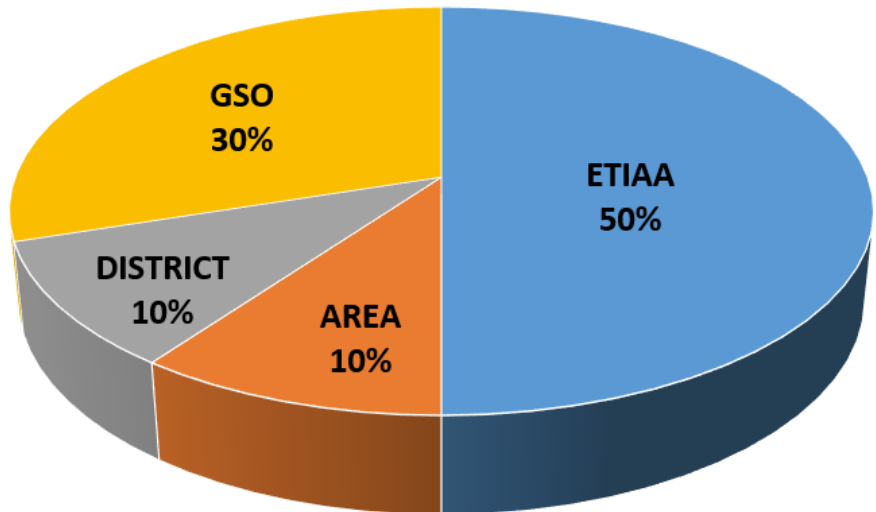
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
 865-320-8649
 Zelle Manager@etiaa.org or
 865-320-8649
 Venmo @ETIAA

General Service Office
Grand Central Station
P.O. Box 459
New York, NY 10163
www.aa.org

The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664

District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.
1466 Darbee Dr.
Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point
Clinton, TN 37716

NEW ADDRESSES

AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Please be sure to include your Group Name and Number.

Intergroup Financial / Contributions Report

GROUPS DONATING	Nov '22	Jul '22— Nov '22	GROUPS DONATING	Nov '22	Jul '22— Nov '22
1ST THINGS 1ST KNOXVILLE		1,168.09	NORRIS CLINTON GROUP	40.00	40.00
4-WAY GROUP		100.00	NORTH GATLINBURG	167.85	309.69
4TH DIMENSION		300.00	NORTHSHORE		500.00
AREA 64 HOST COMMITTEE		90.00	ONLINE LUNCH BUNCH		50.50
BACK TO BASICS- OAK RIDGE		50.00	Paula A		1,000.00
BIG BOOK RECOVERY	20.00	45.00	PHOENIX GROUP		590.00
BLOUNT COUNTY GROUP		275.00	PRIMARY PURPOSE- OAK RIDGE		200.00
BREAKFAST CLUB	40.00	178.90	RISING FROM THE ASHES	268.00	268.00
COLONIAL GROUP		200.00	RIVERSIDE GROUP	368.13	1,229.08
COLONIAL HEIGHTS		85.00	Roamers	303.36	303.36
CONCORD GROUP		40.00	ROANE COUNTY UNITY		671.00
CONTRIBUTION JAR		28.52	SAT. MORN'G BIG BOOK STUDY		1,212.25
COOKIE GROUP		120.00	SEYMOUR SHARING		526.78
DANDRIDGE UNITY		22.00	SPIRITUAL PROGRESS	60.00	60.00
FOUNTAIN CITY SERENITY		300.00	Square Customer	2.01	1,354.24
FREE AT LAST		126.00	Stepping Through Sobriety	100.00	175.00
HAPPY DESTINY		150.00	STEPS FORWARD		55.00
HAPPY HOUR	1,559.23	1,559.23	TELLICO VILLAGE		120.00
HIGH NOON ROGERSVILLE		100.00	The Jaywalkers		250.00
HIGH NOONERS-P40		1,000.00	TRI-STATE GROUP-HARROGATE		300.00
K'VILLE PRIMARY PURPOSE	270.00	270.00	TRUDGING THE ROAD		138.80
KODAK HWY 66		50.00	TUESDAY NIGHT LOUDON		150.00
LAFOLLETTE-THERE IS HOPE	20.00	100.00	TURNIP PATCH		128.77
LORDY LORDY EVENT		1,059.19	WEARS VALLEY GROUP	0.00	83.25
LUNCH BUNCH- GREENEVILLE	199.90	321.90	WEST KNOXVILLE GROUP		358.00
MORRISTOWN GROUP	50.00	50.00			
NEW BEGINNINGS KNOXVILLE	550.00	556.72	TOTALS	\$4,018.48	\$18,419.27

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



December 2022 Intergroup Meeting Minutes

Open with Serenity Prayer and monthly Tradition at 6:30.

Present via Zoom: - Tami D, Dave S., Jack F., Jacque H., Beth, Ken L., Marian G., Beth C., Bryan G., Barb S., Fawn L., Brent, Dave R., Dave G.

Groups Represented: TN Group, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, Rockford Group, West Knox Group, First Things First Group.

Motion to accept previous minutes Barb S. Seconded by Fawn L. All in favor.

Manager's Report – Clara M – not present

Treasurer's Report – Dave S.

- Group Contributions for November an all-time high.
- Checkbook balanced as of 12/19/22.
- Nov P&L (\$1309.52)
- YTD P&L \$30.13
- Motion to accept Treasurer's report by Dave G., seconded by Fawn L, all in favor.

Hotline – Jack F.

- Jack reported he has 5 volunteers working on updating the 12 Step Call List and he is working on developing a plan for updating the list with new volunteers going forward.
- Jack also reported he is researching how to implement text capabilities for the Hotline.

Service Workers – Dave S.

- Dave reported he lost a office volunteer but quickly gained a new one so all shifts covered.
- Holiday hours are posted on the website.

Archives – Allison – not present

Website – Barb S.

- 216K hits to the website, 64k clicks, Meeting Page was the top visited page.

Accessibilities – open

Spanish Liaison – open

CPC/PI – open

Treatment – Jacque H.

- Jacque reported she was unable to make the District 4 meeting this month, nothing new to report.

Corrections – Marian G.

- Marian reported she was unable to make the District 4 meeting this month.
- The National Corrections Conference was amazing! She reported the Corrections chair for District 50/51 also attended. Nashville did not win the bid to host the conference in 2024.
- She advised Campbell County is looking for people to bring meetings into their jails.
- She did have a Corrections table set up at the District 50/51 Christmas party and she has 18 new people interested in getting involved with corrections service work.

Outreach – open

Cont. p. 10

December 2022 Intergroup Meeting Minutes (Cont.)

Events – Susie and Jimmy McD. – not present

Mobile Intergroup – Beth C.

- Beth stated the District 50/51 Christmas party was a success for Mobile Intergroup with about \$345 in sales.
- No upcoming events currently on the calendar.

Old Business:

- By-Laws Review and Revisions – Jack F. stated the By-Laws committee has reviewed and revised all articles. Clara will be putting together a presentation for the Intergroup Board. They are scheduled to meet again on January 4th.
- Elections completed:
 - ◇ Vice-Chair – Tami D and Beth both nominated. Vote was taken and Tami D elected.
 - ◇ Secretary – no nominations.
 - ◇ Hotline Chair – Jack F nominated and elected.
 - ◇ Archives Chair – Allison nominated and elected.
 - ◇ Accessibilities Chair – Kelly nominated and elected.
 - ◇ Outreach Chair – Ken L nominated and elected.
 - ◇ Treatment Chair – Jacque H nominated and elected.

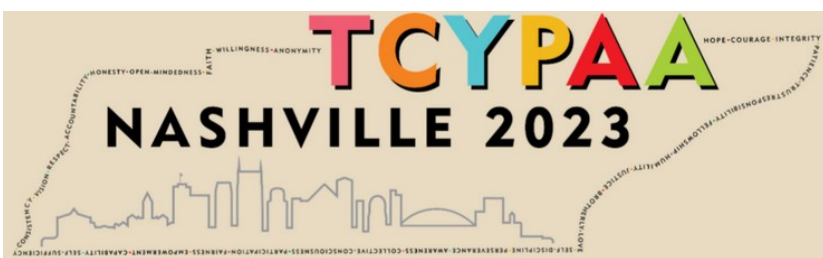
New Business: No new business

Meeting adjourned at 7:30 pm, motion made by Marian G and seconded by Jack F.

Next meeting to be held Monday January 15th at 6:30pm both in person and on Zoom.

Register for TCYPAA

February 24th - 26th, 2023
Millennium Maxwell House Hotel
2025 Rosa L Parks Blvd
Nashville, TN 37228



<https://docs.google.com/forms/d/e/1FAIpQLScOjXqwK1PhF34aLmF6-9fX93hXN2uqVx6RWWJCFIsNxQSxTg/viewform>



New Meetings:

When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this that to support new meetings in our area!

MEETING NAME	DAY/TIME	LOCATION
A New Freedom	Sundays @ 10am	Fairview United Methodist Church 2508 Old Niles Ferry Rd. Maryville, TN
Recovery at the Point	Fridays @ 7pm	The Point Church 211 W. Fifth Ave Knoxville, TN
Woman's Big Book Study	Sundays @ 5:30pm	Concord United Methodist Church 11020 Roane Dr. Knoxville, TN Enter using 4 West door
Maryville 12 Step Meeting	Sundays @ 7pm	Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN Meets in Auditorium Ground Floor Entrance 1 st door on left
KNOXYPAA	Sundays @ 11am	The Boocherie 2920 Sutherland Ave Knoxville, TN

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send the name of the group, meeting details — place, time, type of group, etc. — to manager@etiaa.org

A Manual for Alcoholics Anonymous

THE AKRON MANUAL (1940)

Excerpt from the 1940 "The Akron Manual for Alcoholics Anonymous"

Definition of an Alcoholic Anonymous: An Alcoholic Anonymous is an alcoholic who through application of and adherence to rules laid down by the organization, has completely foresworn the use of any and all alcoholic beverages. **The moment he wittingly drinks so much as a drop of beer, wine, spirits, or any other alcoholic drink he automatically loses all status as a member of Alcoholics Anonymous.**

A.A. is not interested in sobering up drunks who are not sincere in their desire to remain completely sober for all time. A.A. is not interested in alcoholics who want to sober up merely to go on another bender, sober up because of fear for their jobs, their wives, their social standing, or to clear up some trouble either real or imaginary. In other words, if a person is genuinely sincere in his desire for continued sobriety for his own good, is convinced in his heart that alcohol holds him in its power, and is willing to admit that he is an alcoholic, members of Alcoholics Anonymous will do all in their power, spend days of their time to guide him to a new, a happy, and a contented way of life.

It is utterly essential for the newcomer to say to himself sincerely and without any reservation, "I am doing this for myself and myself alone." Experience has proved in hundreds of cases that unless an alcoholic is sobering up for a purely personal and selfish motive, he will not remain sober for any great length of time. He may remain sober for a few weeks or a few months, but the moment the motivating element, usually fear of some sort, disappears, so disappears sobriety.

TO THE NEWCOMER: It is your life. It is your choice. If you are not completely convinced to your own satisfaction that you are an alcoholic, that your life has become unmanageable; if you are not ready to part with alcohol forever, it would be better for all concerned if you discontinue reading this and give up the idea of becoming a member of Alcoholics Anonymous.

For if you are not convinced, it is not only wasting your own time but the time of scores of men and women who are genuinely interested in helping you.

76TH ANNUAL SOUTH CAROLINA STATE CONVENTION

HOW FREE DO YOU WANT TO BE

MARCH 24-26, 2023
CHARLESTON

SPEAKERS | WORKSHOPS | ACTIVITIES

PHIL B., CULLOWHEE, NC
JENNIFER H-K PLANO, TX,
AARON J., CHARLOTTE, NC
CHRIS R., INGRAM, TX
LESLIE S., ATLANTA, GA

Conference: Omar Shrine Center | Hotel: Comfort Inn & Suites -
196 Patriots Point Rd. Mt. Pleasant, SC 29464 - 843-856-8817

PRE-REGISTRATION - \$30 / \$35 AT THE DOOR

NAME ON BADGE: _____

HOMEGROUP: _____

FULL NAME: _____

ADDRESS: _____

CITY: _____ ST: _____ ZIP: _____

PHONE: _____

EMAIL: _____

PAST OR CURRENT DELEGATE: PANEL _____ AREA _____

I WOULD LIKE TO VOLUNTEER: _____ I NEED ACCESSIBILITES HELP _____

Make checks payable
to 76th SC State Convention

PO Box 30189
Charleston, SC 29417
or register online: www.aa62.org

Registration Amt: _____
+ Scholarship Donation: _____
Total Enclosed: _____



To see the flyer for the hotel, link [here](#):





JANUARY 27 - 29, 2023

"The Powerful Cement Which Binds Us" Alcoholics Anonymous, p. 17

Friday 8:30 p.m. ~ Jason J. (Oregon City, Oregon) A.A.

Saturday 9:00 a.m. ~ Megan G. (Broken Arrow, Oklahoma) A.A.

Saturday 11:00 a.m. ~ Kathryn C. (Cumming, Georgia) Al-Anon

Saturday 2:00 - 4:00 p.m. A.A. Workshop:

"Our Common Solution: The 12 Steps of Alcoholics Anonymous"

Saturday 2:00 - 4:00 p.m. Al-Anon Workshop

Saturday 8:30 p.m. ~ Marilyn S. (Los Angeles, California) A.A.

Sunday 10:00 a.m. ~ Tommy T. (Staten Island, New York) A.A.

Conference Chairperson ~ Star W. Conference Co-Chairperson ~ Jason W.

REGISTRATION



ONLINE Pre-Registration - \$35 (available until midnight 1/20/23)

IN PERSON Registration - \$40 (opens Friday 1/26/23 @ 3:00 p.m.)

www.hiltonheadmidwinterconference.com

MARATHON MEETINGS ALL DAY!

**SATURDAY MORNING GOLF
TOURNAMENT**

Port Royal Golf Club - 4 Person Scramble \$63 per person

SOUTHERN HOSPITALITY ROOM

World-Famous, Homemade Cookies and Coffee

SATURDAY NIGHT BANQUET

\$42 Per Person - tables seat 10

RESORT ACCOMMODATIONS

**The Westin Hilton Head
Island Resort & Spa**

*2 Grass Lawn Avenue
Hilton Head Island, SC 29928
(843) 681-4100*

\$123 +tax No resort fees
**For discounted room rates please follow the
Westin link on our homepage**

Area 64

First Quarter Assembly

...A Design for Living!

January 27th - 29th 2023

*Manchester Conference Center
111 Hospitality Blvd
Manchester TN 37355*

Reservations -Hol Inn 931-728-9383 @ \$105/code ASF

Comfort Inn 931-728-1301 @ \$105 /code Area64

LX Hotel (3mi) 931-954-0946 @ \$99 / code A64

For Additional information -

Rick W - 615-812-7425 (call or text)

ASL Interpreters provided



*Stepping Into Serenity
Women's Conference
Chattanooga, TN
February 24-26, 2023*

Hotel Info:

Doubletree by Hilton
407 Chestnut Street
Chattanooga, TN 37402
423-756-5150

Room Rates: \$121.00
Reservation Code: SIS
Reserve Room by: 01/23/23

Here are the steps we took

Speakers:

Limit of 500

- Step 1 / Polly P Jacksonville, FL***
- Step 2 & 3 / Angie P Cincinnati OH***
- Steps 4 & 5 / Hilary R Los Angeles, CA***
- Steps 6 & 7 Mary Emma H Hilton Head, SC***
- Steps 8 & 9 Vivian Q Okatie, SC***
- Steps 10 & 11 Joette N Winder, GA***
- Step 12, Brenda J McKinney, TX***
- Alanon Angie B Destin, FL***

Pre-Registration: \$30

At the Door: \$35

Please make check or money order payable to "SIS" and mail to:

Stepping into Serenity
PO Box 21203
Chattanooga, TN 37424

OR

Register online at www.steppingintoserenity.org
Mastercard, Visa, Discover and
American Express accepted on Square-

AA Al-Anon Volunteer ASL
 Name: _____
 Address: _____
 City: _____ State: _____
 Zip: _____ Phone: _____
 Email address: _____
 Name on Badge: _____

AA Al-Anon Volunteer ASL
 Name: _____
 Address: _____
 City: _____ State: _____
 Zip: _____ Phone: _____
 Email address: _____
 Name on Badge: _____

For additional information or questions, please email SIScommittee@yahoo.com or call (423) 355-2283 or (423) 242-5364.

ASL Interpreters provided



NO LONGER RUNNING

THE SHOW

71ST KENTUCKY STATE AA CONVENTION

FEBRUARY 24-26, 2023

CROWNE PLAZA HOTEL • LOUISVILLE, KY

Speakers + Workshops + Entertainment + Fellowship

LYLE P. ★
ATLANTA, GA

HAROLD L. ★
ST. LOUIS, MO

TONY J.
COLUMBUS, MS

JANE L. ★
TALLAHASSEE, FL

JAMES L. ★
TALLAHASSEE, FL

CORRIE L.
WETUMPKA, AL

★ **REGISTER ONLINE NOW AT 2023KYAA.COM** ★

ATTENDEE INFO

Name

Name on Badge

Home Group

City / State

Phone

Email

I'd like to volunteer. Please contact me.

REGISTRATION OPTIONS

Early Bird Registration by 12/31/22 = \$25

All Registrations in 2023 = \$30

AA Admission

AI-Anon Admission

I've held a position for Area or District Service. Yes

Sponsor an Attendee \$

Donate to a member who can't afford to go.

Coffee Contribution \$

Help offset the convention coffee expense.

TOTAL ENCLOSED \$

PAYMENT INFORMATION

Detach and mail this form with check.

No cash. One form per attendee.

Must be postmarked by 12/31/2022 to get Early Bird Registration price.

Make checks payable to:
Louisville Host Committee

Mailing Address:
Louisville Host Committee
PO Box 37137
Louisville, KY 40233

For more information or to register with a credit card please visit
WWW.2023KYAA.COM

STAY AT THE CONVENTION HOTEL

Crowne Plaza Hotel, an IHG Hotel • 830 Phillips Lane • Louisville, KY 40209
GROUP CODE: ALC • Two Queens or King \$119/night +tax/fees • Reserve by 1/25/23 for discounted rate • Reservations (866) 888-0620 or online www.2023KYAA.com



APPALACHIAN REGIONAL ROUNDUP

to face the hideous four horsemen
march 17-19 2023 kingsport, tn

SPEAKERS

Astrid H: Sherman Oaks, CA
Amy D: Louisville, KY
Charlie P: Austin, TX
Paul McQ: Rockaway, NY
Bob D: Las Vegas, NV
Ralph W: Las Angeles, CA
Kent C: Sandusky, OH
Mari G: Toronto, Canada
Larry T: Bellflower, CA
Katie P: Austin, TX
Rick J: Toronto, Canada (ALAnon)

Meadowview Conference Resort
& Convention Center
1901 Meadowview Parkway
Kingsport, TN 37660

Room Rate \$124.00
Call Or Visit Our Website To Book
423-578-6600

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payable to Appalachian Regional
Roundup & mail to:
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1001 N. Eastman Rd
Kingsport, TN 37664

For more information:
Call Tabitha E 423-491-2420

or visit our website at
www.appalachianregionalroundup.com

Registration is \$30 & \$35 at the
door. Online registration is
available at
www.appalachianregionalroundup.com

fourth annual appalachian regional roundup

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Scholarship Contribution: \$ _____

(Lend A Hand To Those Unable To
Pay The Registration Fee)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

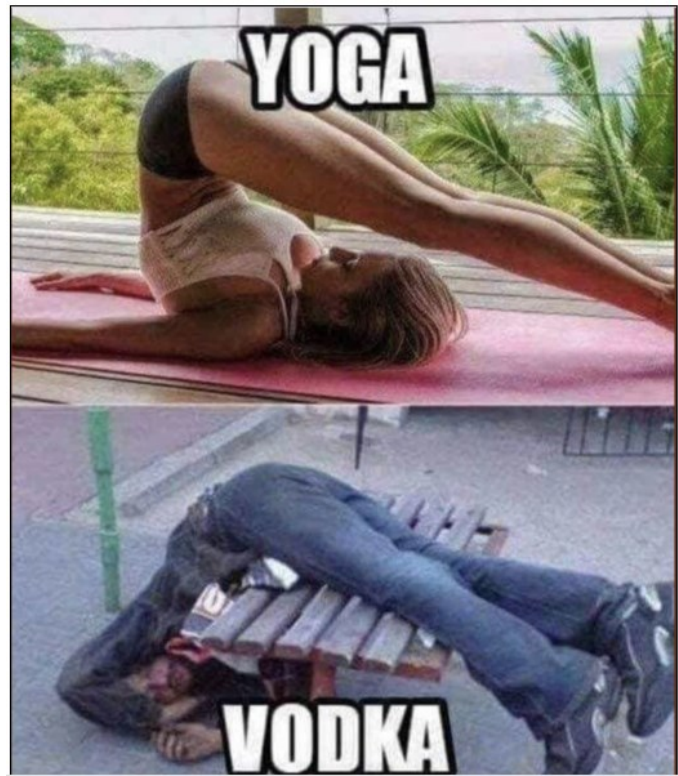
Phone: _____

Email: _____

Number Of Registrations: _____ Total: \$ _____

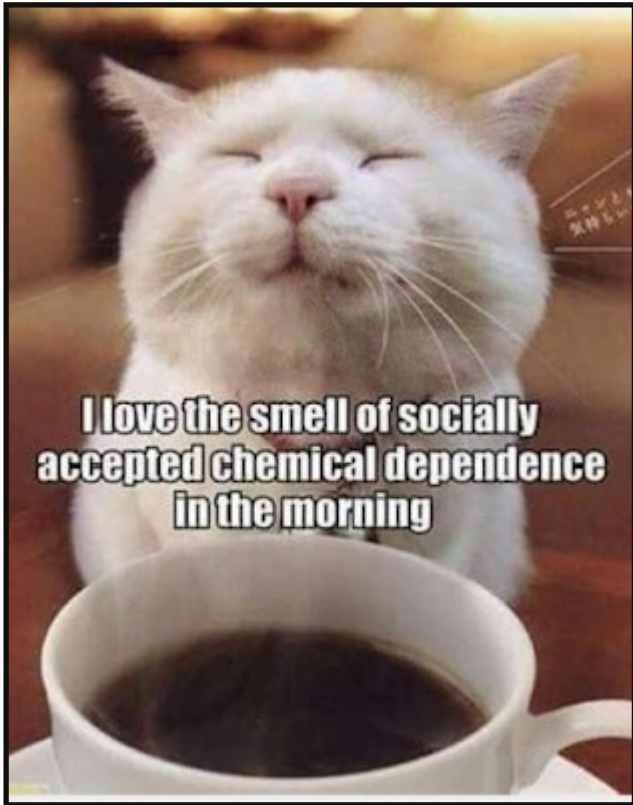
On the lighter side....

Imagine you live here
and you come home drunk



**Julia has two passions in life:
alcohol and horses**





**I love the smell of socially
accepted chemical dependence
in the morning**



***“Hey, buy me and my pals a drink
and I’ll tell ya’ a funny story.”***

“Spirit animals don’t exi-“



**Pig in Australia steals 18 beers from campers,
gets drunk, fights cow.**

January 2023



Name _____

Address _____

City _____

State _____

Zip _____