



# EAST TENNESSEE INTERGROUP UNITY NEWSLETTER



JUNE 2023

Volume 47; Issue 6

## Intergroup Office News

**We are in the process of** planning The Intergroup Anniversary Celebration for late August or early September. Look for updates on this in next months' Newsletter.

We are still looking for a Friday evening Service Worker Volunteer from 3pm-7pm every other week. We ask that you have a year sobriety, a sponsor, are working the steps and are willing to commit for a year.

Check out all the events at the end of the newsletter or at <https://www.etiaa.org/events/>. If you are interested in having Mobile Intergroup attend your event or are interested in being a Service Worker Volunteer, email [manager@etiaa.org](mailto:manager@etiaa.org).

This month we interviewed Caitlin M. She has been sober since Aug 12, 2010. Caitlin attends The Sobriety Society. At the James Gang, two Oldtimers, Steve and George, "voluntold" her to get involved in service. Caitlin became the IGR (Intergroup Representative) and GSR (General Service Representative) of her group at the time, The James Gang.

"I didn't know what I was getting into but I learned!"

She quickly became the secretary at Intergroup meetings and has stayed involved with service for most of her recovery. She "Keeps Coming Back" for the relationships she has developed over the years and still likes to keep up with Area 64 (Tennessee AA) business. The responsibility statement is very important to her and reaching out as the hand of AA is one of the most rewarding parts of service for her.

Here's a fun memory from Caitlin's early service.

"At one of my first Intergroup Meetings, I was taking meticulous notes and recorded another member saying a curse word. It was in the following months' minutes. There was a motion to amend the minutes to delete that portion. I learned that I didn't need to record EVERYTHING!"

Reach out to the office manager a [manager@etiaa.org](mailto:manager@etiaa.org) or fill out the contact form at <https://www.etiaa.org/contact-us/>

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## Submissions

Is your group celebrating Birthdays/ Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to [manager@etiaa.org](mailto:manager@etiaa.org) Subject line: **Newsletter!**

### Office Service Workers

### Hotline

### Intergroup Board

### Website

Linda  
Robin Y  
Dave S  
Katie  
Joan  
Glenn  
Jill  
Pete  
Rick  
Dennis  
Bob

Patty  
Marie  
Mary  
Charlie  
Jacqueline  
Gerald  
Bruce  
Beth  
Eddie  
Dave R

Carole  
Bob  
Jack  
Luke  
Barb (& website)  
Emily  
Anna  
Miles  
Randal  
Emily  
Patrick  
Austin

Rhonda  
Dave  
Beth  
Barb  
Jacque H  
Jack F  
Susie M  
Jimmy M  
Allison  
Amber  
Ken  
Marian

Sterling  
Eammon  
SuZanne



## Step Six: “Were entirely ready to have God remove all these defects of character.”

“THIS is the Step that separates the men from the boys.” So declares a well-loved clergyman who happens to be one of A.A.'s greatest friends. He goes on to explain that any person capable of enough willingness and honesty to try repeatedly Step Six on all his faults—without any reservations whatever—has indeed come a long way spiritually, and is therefore entitled to be called a man who is sincerely trying to grow in the image and likeness of his own Creator.

### Sixth Step Prayer:

Dear God, I am ready for Your help in removing from me the defects of character, which I now realize, are an obstacle to my recovery. Help me to continue being honest with myself and guide me toward mental and spiritual health.



### Tradition Six (long form):

Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A. such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.—and medically supervised. While an A.A. group may cooperate with anyone, such cooperation ought never to go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

### Tradition Six Checklist:

1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with “Guidelines on Clubs” (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor’s advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?



## ONE DAY AT A TIME

Above all, take it one day at a time. *AS BILL SEES IT, p. 11*

Why do I kid myself that I must stay away from a drink for only one day, when I know perfectly well I must never drink again as long as I live? I am not kidding myself because one day at a time is probably the only way I can reach the long-range objective of staying sober.

If I determine that I shall never drink again as long as I live, I set myself up. How can I be sure I won't drink when I have no idea what the future may hold?

On a day-at-a-time basis, I am confident I can stay away from a drink for one day. So I set out with confidence. At the end of the day, I have the reward of achievement. Achievement feels good and that makes me want more!

*From the book Daily Reflections*

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## WISDOM OVERHEARD IN THE ROOMS

"The other Steps can keep most of us sober and somehow functioning. But Step Eleven can keep us growing, if we try hard and work at it continually."

~ *Bill W., June 1958*

"Serenity is not the absence of chaos in your life ... it's the ability to deal with it." *Men Who Trudge 7:30am Zoom Mtg*

"When an alcoholic gets in a rut he/she decorates it." -- *Men Who Trudge 7:3am Zoom*

"Believe the person who seeks the truth. Be wary of those who say they have found the truth." *Richard C.*

'If I don't change, my sobriety date will' -- *on wall of The Club in Tampa, FL*

"This program may not have given me the keys to Heaven but it certainly took me out of hell." (thanks Tim R.)

"Don't count the days; but, make the days count" - *Preacher Bob*

"It's hard to be an atheist when you hate God". *Wesley Chapel Group, FL*

## DISTRICT MEETINGS

District 1 meets the first Saturday, every other month (Jan, Mar, May, etc.) at 11am at the Renaissance Center.

District 2 meets the second Thursday of the month at 6:30pm at the Mountain Home VA, Johnson City.

District 3 meets the first Sunday of the month at 12:30pm at the Morristown Group.

District 4 meets the first Sunday of even months at 2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month at 6:30pm at Intergroup.

Intergroup Committee meets the third Monday of the month at 6:30pm on Zoom. Meeting ID: 190 817 792; Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

Weeknights

Weekends

Weekdays

##### Phones Night & Weekend

Weeknights

Weekends

#### Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

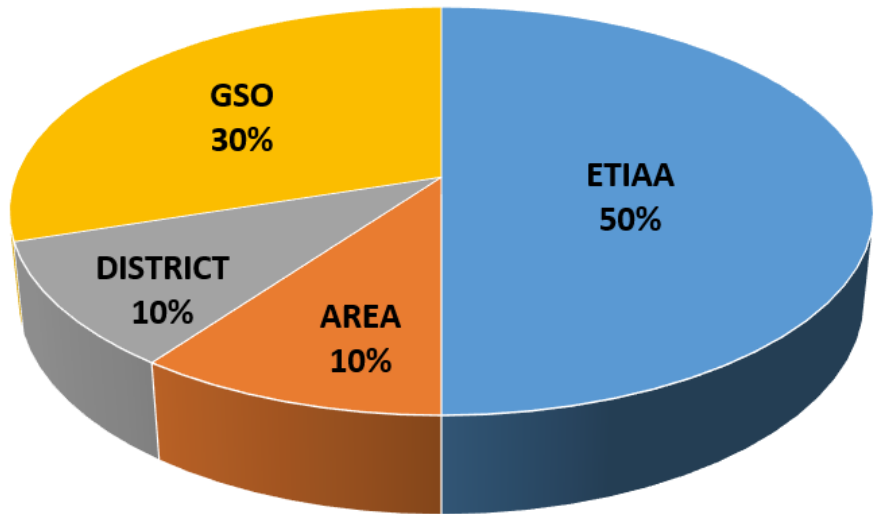
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee Intergroup of AA**  
 9217 Park West Blvd #B3  
 Knoxville, TN 37923  
 865-522-9667 [www.etiaa.org](http://www.etiaa.org)

**New ways to contribute:**

Paypal [Manager@etiaa.org](mailto:Manager@etiaa.org) or  
 865-320-8649  
 Zelle [Manager@etiaa.org](mailto:Manager@etiaa.org) or  
 865-320-8649  
 Venmo @ETIAA

**NEW!**

**General Service Office**  
 P.O. Box 2407  
 James A. Farley Station  
 New York, NY 10116-2407  
[www.aa.org](http://www.aa.org)  
 The GSO prefers online contributions

**Area 64 Assembly**  
 2500 Murfreesboro Pike  
 Suite 105 Box 235  
 Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
 Barb Sapp  
 4137 Skyland Dr,  
 Kingsport, TN 37664  
**District 2 Treasurer**

**PO BOX 1872**  
 Johnson City, TN 37605  
**District 3 Treasurer**  
 John H.  
 1466 Darbee Dr.  
 Morristown, TN 37814

**District 4 Treasurer**  
 P.O. Box 6642  
 Maryville, TN 37802

**District 6 Treasurer**  
 Richard B.  
 105 Mariner Point Drive  
 Clinton, TN 37716

**NEW ADDRESSES**  
**AA District 50/51 Treasurer**  
 9217 Park West Blvd  
 Suite B-3 (ETIAA)  
 Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

## Intergroup Financial / Contributions Report

GROUPS DONATING	Jul '22—		GROUPS DONATING	Jul '22—	
	Apr'22	Apr '23		Apr '23	Apr '23
1ST THINGS 1ST KNOXVILLE		3,163.79	NEW BEGINNING- LOUDON		35.00
4-WAY GROUP		200.00	NEW BEGINNINGS KNOXVILLE		556.72
4TH DIMENSION		600.00	NORRIS CLINTON GROUP		60.00
AREA 64 HOST COMMITTEE		90.00	NORTH GATLINBURG		520.69
BACK TO BASICS- OAK RIDGE		50.00	NORTHSHORE		700.00
BIG BOOK RECOVERY		45.00	Nueva Esperanza	150.00	150.00
BLOUNT COUNTY GROUP		325.00	ONLINE LUNCH BUNCH		50.50
BREAKFAST CLUB		178.90	Paula A		1,000.00
BROAD HIGHWAY		300.00	PHOENIX GROUP		1,282.00
COLONIAL GROUP	100.00	400.00	PRIMARY PURPOSE- OAK		
COLONIAL HEIGHTS	50.00	175.00	RIDGE	200.00	600.00
CONCORD GROUP		90.00	RISING FROM THE ASHES	190.43	634.52
CONTRIBUTION JAR		57.56	RIVERSIDE GROUP		1,513.92
COOKIE GROUP		360.00	Roamers		303.36
DAILY REPRIEVE- MARYVILLE		10.00	ROANE COUNTY UNITY	370.00	1,041.00
DANDRIDGE UNITY	24.00	46.00	SAT. MORNING BIG BOOK		
DISTRICT 50/51		360.00	STUDY	1,321.37	2,533.62
DOWN ON THE RIVER		400.00	SEEKERS JONESBOROUGH	75.00	75.00
FOUNTAIN CITY SERENITY	150.00	600.00	SERENITY IMPROVEMENT		400.00
FREE AT LAST 7		126.00	SERENITY SISTERS		3,628.00
FRIDAY NIGHT MEETING		100.00	SEYMOUR SHARING	233.85	1,090.88
HAPPY DESTINY		400.00	SOBRIETY SOCIETY- SO-SO		271.92
HAPPY HOUR		2,850.23	SPIRITUAL PROGRESS		60.00
HIGH NOON ROGERSVILLE		100.00	Square Customer		1,661.78
HIGH NOONERS-P40		1,500.00	Stepping Through Sobriety		175.00
Johnson City Women's Group	75.00	75.00	STEPS FORWARD		55.00
K'VILLE PRIMARY PURPOSE		270.00	TELLICO VILLAGE	60.00	240.00
KODAK HWY 66		100.00	TENNESSEE GROUP		1,721.50
LAFOLLETTE-THERE IS HOPE		120.00	The Jaywalkers		500.00
LORDY LORDY EVENT		1,059.19	TRI-STATE GROUP-		
LUNCH BUNCH BRISTOL		95.22	HARROGATE		600.00
LUNCH BUNCH- GREENEVILLE		646.76	TRUDGING THE ROAD		378.80
MEMORIAL RECOVERY	50.00	100.00	TUESDAY NIGHT LOUDON		250.00
METRO GROUP		450.00	TURNIP PATCH		128.77
MONDAY NIGHT MEN'S		923.00	WEARS VALLEY GROUP		179.50
MORRISTOWN GROUP		100.00	WEST KNOXVILLE GROUP	220.00	578.00
			<b>TOTAL</b>	<b>\$3,269.65</b>	<b>\$39,442.13</b>

*East Tennessee Intergroup of AA fiscal year is July 1 -June 30*

## May 15, 2023 Intergroup Meeting Minutes

Rhonda, chairperson, opened with serenity prayer at 6:35pm.

Present in person and via Zoom: Jimmy, Melanie, Amy, Amber, Clara, Dave G., Dave R., Jacque, David S., Sarah, Rhonda, Barb S., Scott, Fawn, Marian, Becky, Letha, Tiffany, Sandra, Suzie, Allison, Mel, Jim F.

Groups represented: Primary Purpose, TN Group, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Happy Destiny Group, Rockford Group, West Knox Group, Design for Living, High Nooners, Sisters in Sobriety, Serenity Sisters, Roamer's group

Motion to accept previous minutes Jacque, 2<sup>nd</sup> by Dave R. All in favor.

### **Manager's Report – Clara M.**

- Still working on matching Quickbooks and Square items with Fawn
- Plans for office chairs ready to present. Feedback about how other intergroups utilize extra funds – literature supply, nicer gift baskets for events
- Will meet with people in office out front area

### **Treasurer's Report – Dave S.**

- Account balance is \$27,588.94
- Prudent reserve is \$18,287.93
- \$15,000 cap amount to run down to for literature increase deferral and office chairs
- Report accepted. Barb made motion, Marian 2<sup>nd</sup>. All approved.

**Hotline Report – Jack F.** – not present

### **Office Service Workers – Dave S.**

- Shift person needed for every other Thursday 11-1:30pm, Friday 3-7pm

**Archives – Allison** – present, no report

### **Website – Barb S.**

- Bar chart and graph utilized to monitor hits online, access to auto-reports

**Accessibilities – Kelly** – not present

### **Spanish liaison – open**

### **CPC/PI – Sarah**

- In communication with Caitlin, new to our area and getting organized
- Health Fair Aug 12<sup>th</sup> at Change Center of Knoxville

### **Treatment Report – Jacques H.**

- Attempted to attend District 1 meeting, was rescheduled, website to be updated with format and clarification will be obtained on schedule from Daniel DCM
- Welcome Home Anniversary Dinner Aug 12, intergroup table requested

### **Corrections Report – Marian G.**

- Blount County meeting has literature for jail, given to Chris; women's side needs to adjust for singleness of purpose not social services – District 4 will be communicated to for this
- District 3 picnic to be attended with Beth, literature provided
- District 6 to begin going to Campbell City jail

**Outreach Report – Ken L.** – not present but report of ongoing progress emailed to Clara

### **Events – Susie and Jim**

- Working on Aug 26<sup>th</sup> Intergroup birthday bash

**Mobile Intergroup Report – Beth C.** – not present

### **OLD BUSINESS:**

- Office furniture discussed, information for new chairs given, budget set for Clara to work within, \$500 Dave G. motioned, 2<sup>nd</sup> by Amber. All accepted.
- Price increase ideas – Cap on bank account to \$15,000 before increasing literature to new price Dave G. motioned, 2<sup>nd</sup> Jim. All accepted.
- Office Manager review set to January 1<sup>st</sup>; process to be evaluated from the bylaws.

### **NEW BUSINESS:**

- Discussed end-of-year events to have nicer baskets, Prudent Reserve will have a hard cap at \$15,000 so as not to run out of necessary funds

**The meeting was adjourned at 7:35pm, closed with Responsibility Statement.**

**Next meeting will be held Monday June 19<sup>th</sup> at 6:30pm in person and via Zoom.**

# New Meetings:

When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this than to support new meetings in our area?

NEW MEETING NAME	DAY/TIME	LOCATION
Conscious Contact Fireside 11 <sup>th</sup> Step Meditation Meeting	Fridays @ 7pm	Church of the Ascension 800 S. Northshore Dr; Knoxville, TN 37919
A New Freedom	Saturdays @ 10am	Fairview United Methodist Church 2508 Old Niles Ferry Rd.; Maryville, TN
Woman's Big Book Study	Sundays @ 5:30pm	Concord United Methodist Church 11020 Roane Dr. Knoxville, TN Enter using 4 West door
Maryville 12 Step Meeting	Sundays @ 7pm	Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN...Meets in Auditorium
KNOXYPAA	Sundays @ 11am	The Gateway 530 W Fifth Ave.; Knoxville, TN
The Solution	Wednesdays @7:30pm	Polly Bales Building 4726 Airport Hwy.; Louisville, TN 37777
The Next Step	Thursdays @7:30pm	405 Roy Martin Rd #104 Johnson City, TN 37615
12 Step Family Meeting of AA AA/Al-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd.; Johnson City, TN 37604
Still Waters	Thursdays @8pm	Carter Co Drug Prevention South Hills Office 210 South Hills Dr.; Elizabethton, TN 37643
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92; Rutledge, TN 37861
The Bird House Women's Meeting Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 <sup>th</sup> Ave.; Knoxville, TN 37917
Spiritual Retreat Group	Mondays-Thursdays @6:30pm	9217 Oak Ridge Hwy Oak Ridge TN. 37830 or Knoxville, TN 37931 In Solway

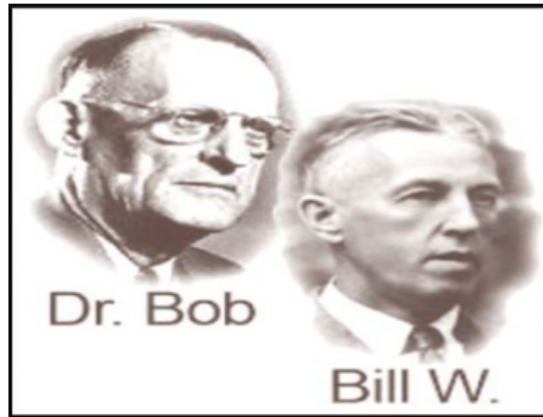
**Please advise Intergroup if you know of new meetings in the east Tennessee area. Send the name of the group, meeting details — place, time, type of group, etc. — to [manager@etiaa.org](mailto:manager@etiaa.org)**

### Reported AA Anniversaries

**May 27** — Levi K. Monday Night Men's Group..... **14 years**  
**May 11** - Bob H., 1st Things 1st Group ..... **38 years**  
**May 1** — Amy E., Tennessee Group ..... **1 year**  
**May** — Frank W., Dandridge Group ..... **16 years**

**NOTABLE PASSING:** Dick H. passed away with 35 years of sobriety. He attended the Cookie Group and Our Group. He will be deeply missed.





# **Founders' Day Potluck Dinner**

Hosted by

**The Lunch Bunch and TSDD, Bristol**

**Friday evening**

# **June 9, 2023**

**State Street United Methodist Church (NOT on or near State Street)**

**650 Valley Drive, Bristol, VA**

**Dinner at 6:00 pm**

**Speaker at 7:30 pm - Rusty E., Bristol, VA**

COME CELEBRATE WITH FOOD, FUN &  
FELLOWSHIP!

# ***FOUNDER'S DAY PICNIC***

Tyson Park  
2351 Kingston Pike

***JUNE 10TH 4-8 PM***

***FELLOWSHIP 4-5 PM***

***FOOD 5PM***

***SPEAKER 6PM***

***MUSIC 7PM***



# LAFOLLETTE AA COOKOUT

Lonas Park -White Bridge- Pavilion 6

975 Demory Rd, LaFollette, TN 37766

Sunday, June 11

Gather @ 12:30 pm

Eat @ 1:30 pm

Meeting @ 2:30 pm

Swimming, Kayaking, Cornhole, Fellowship

Hamburgers provided, Please bring a side dish

JOIN US FOR THE  
40TH ANNUAL

# MUSIC CITY ROUNDUP

JUNE 29-JULY 2, 2023

ALL REGISTRATION IS  
ONLINE! SEE OUR  
WEBSITE FOR DETAILS

[musiccityroundup.com](https://musiccityroundup.com)

AA SPEAKERS  
RALPH W - LOS ANGELES, CA  
ARISA B - CAMBRIDGE, MA  
CLIF B - OKLAHOMA CITY, OK  
MCK W - GARDEN DALE, CO  
AMY T - JENKS, OKLAHOMA  
ALANON SPEAKERS  
LOMI G - OKLAHOMA CITY, OK  
GORDY B - RENTON, WA  
WORKSHOPS  
EMTH P - OMAHA, NE  
NICH B - OCEAN CITY, NJ

Music City Sheraton  
call 888-627-7060 for assistance  
with our room block or book  
via our website

REGISTRATION IS \$25 PER PERSON  
YOU MUST BOOK YOUR HOTEL ROOM SEPARATELY

# EAT

# & Speak

with special speaker

## Mendy R.

visiting from the  
SERENITY SISTERS GROUP

sober pride

Friday, June 30

Church of the Savior UCC

Main Hall

934 N Weisgarber Rd, Knoxville

**EAT at 6:30 pm**

**SPEAK at 7:30 pm**

Bring a covered dish or dessert.



# District 6 Annual Picnic

*June 24*

*Serenity Club Oak Ridge  
170 N Jefferson Circle*

*12:00 Eat*

*1:30 Speaker Heather G*

Hamburgers, hotdogs,  
drinks provided by  
District 6.  
Potluck side dishes &  
desserts.



# **Area 64**

## **Third Quarter Assembly**

### **Paris Convention Center**

1510 E. Wood St., Paris, TN

July 21, 22, and 23, 2023

Hosted by Districts 16, 17, 19, & 28

**“OBVIOUSLY”**

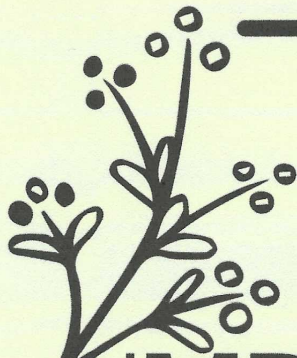
(Big Book, Page 46)

### **Quality Inn**

1510 E. Wood St., Paris, TN

731-642-2838

Room Rate: \$104.88 Room Code: A64



# SERENITY IMPROVEMENT'S WELCOME HOME DINNER

Saturday

August 12, 2023

Elizabeth BL-Louisville, Ky

bring your own side dish,  
dessert

Dinner @ 6:00

Speaker @ 7:30

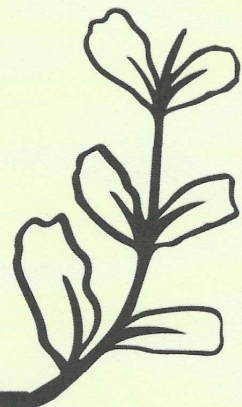
First Broad St.

United Methodist Church

100 East Church Circle

Kingsport, Tn 37660

Entrance is around the back





# 27TH ANNUAL SOUTHEAST WOMAN TO WOMAN CONFERENCE



## "SECRETS WOMEN DON'T SHARE"

A Conference for Sober Alcoholic Women with Al-Anon Participation.  
No Children Allowed at Conference Events!



# BECOMING A BETTER YOU

LOW COUNTRY CONFERENCE CENTER

405 SIGMA DRIVE

SUMMERVILLE, SC

**AUGUST 18-20, 2023**

Hotel Reservations: Hilton Garden Inn - 406 Sigma Drive Summerville, SC 29483  
843-832-1304 Code: SEW King \$159 2 Queens \$169 + tax per night (Cut off rate 7/19/2023)

Contacts:

Chair: Annette M. 843-810-5327 Co Chair: Darleen M. 803-218-8330 Registrar: Pat B. 803-270-7922

Email: annettemacon@gmail.com Website: www.sewomantowoman.org

Conference Registration: Early Bird \$55.00 (Until Feb 28, 2023) \$60.00 (Mar 1 - Aug 17) \$65.00 (At the door)

Banquet: "Ladies in Red" \$65.00 Southern Buffet

Clip and Mail Registration: SEWTW 2023 P.O. Box 61 Ladson, SC 29456

Please make Checks/M.O. payable to SEWTW

Registration Form (Please print clearly)

Name: \_\_\_\_\_

Name on Badge: \_\_\_\_\_ Are you willing to Volunteer? \_\_\_\_\_ Special Needs: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Registration Fee: \$ \_\_\_\_\_ Scholarship: \$ \_\_\_\_\_ Banquet: \$65.00 \_\_\_\_\_ AA \_\_\_\_\_ Al-Anon \_\_\_\_\_

Souvenirs: Mugs \$18.00 \_\_\_\_\_ T-Shirt: \$20.00/Hoodie: \$27.00 S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_ 3XL \_\_\_\_\_ Other \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

NO REFUNDS



*Create the fellowship  
you crave...*

# SMA<sup>⊙</sup>CC

*Southern Motorcyclists in Alcoholics Anonymous Camping Convention, IX*

**WHEN:** Aug. 24-27, 2023

**WHERE:** Fall Creek Falls TN State Park,  
Newton Ford Bunk House.

**REGISTRATION:** \$50, after Jul. 31st – \$60.  
The registration fee will cover meals & lodging.

**TO PRE-REGISTER WITH CASHAPP:** Use \$Sokygoose.

**SPEAKERS:** John E. (TN) – Fri PM, James Lee (FL) – Sat PM,  
Jane Lee (FL) - Sun AM.

**CONTACT:** Don G. 270-576-8035 or Don R. 931-239-1523

---

Name _____	AA _____
Address _____	Al-Anon _____
City, State, Zip _____	Others _____
Email _____	Sobriety Date _____
Would you like to volunteer? _____ Yes _____ No	If yes, phone number _____
Please, let us know about any special needs _____	
Pr-registration: \$50 _____ After July 31st, \$60 _____ Donation: _____ Total: _____	

Mail to: SMAAC, 370 South Lowe Ave., BOX 242, Suite A, Cookeville, TN 38501

# Serenity in the Scenic City

## August 25-27, 2023

### DoubleTree by Hilton

407 Chestnut Street  
Chattanooga, TN  
37402  
423-756-5150

Room Rate : \$121.00  
Reservation Code: SIC  
Reserve by: 07/06/2022

### Speakers

Matthew M. / Santa Paula, CA  
Jennifer H. / Plano, TX  
Joe C. / Palm Coast, FL  
Holly D. / Jacksonville, FL  
Tarek K. / Birmingham AL

Pre-registration: \$30.00  
At the Door: \$35.00

For additional information or questions, please email or call:

[Hostcommittee@yahoo.com](mailto:Hostcommittee@yahoo.com) or (423) 888-2122 or (423) 508-5139

Please make check or money order payable to "Host Committee" and mail to:

Serenity in the Scenic City  
P.O. Box 22602  
Chattanooga, TN 37422  
Or

You can register at [www.Serenityinthesceniccity.org](http://www.Serenityinthesceniccity.org)

Mastercard, Visa, Discover and American Express accepted on Square

Please complete and send bottom with registration payment

AA Alanon Volunteer Scholarship

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Name on Badge: \_\_\_\_\_

AA Alanon Volunteer Scholarship

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Name on Badge: \_\_\_\_\_

Committee use only (Paid via):    Check            Square            Cash            Scholarship

# Tennessee State Convention 2023

- Area 64 -

*...Do you know Bill W. ?*

*Hosted by District 11 & District 12*

September 29,30 Oct 1st 2023

*Advance registration and Information*

[www.tnaaconvention2023.com](http://www.tnaaconvention2023.com)

*AA Speakers*

*Craig W. CT, Peter M. FL, Ralph W. CA  
Kevin H. AL, Jennifer D. NC, Amy D. KY*

*Al-Anon speakers - Bud S. NH and Sue P. VA*

*\$35.00 Pre-Registration*

*Registration \$40.00 per person after July 31, 2023*

*Workshops and Events*

*Manchester Hotels -*

Scan to go to  
registration  
page



**Holiday Inn Express**

111 Hospitality Blvd

Rate \$108 / code TSC

Phone 931-728-9383



**Comfort Inn**

152 Hospitality Blvd

Rate \$105 / code AA

Phone 931-228-8393



**LX Hotel (3miles)**

201 Murfreesboro Hwy

Rate \$99 / code TNCon23

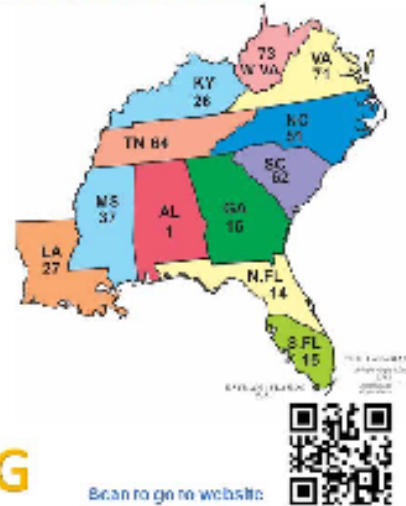
Phone 931-954-0946

# Inspire and Attract! SSAASA7

**South East Region Service Assembly**  
Meet your peers around the South East Region  
**Hosted by Area 14, North Florida**

- ✓ Panel Discussions
- ✓ Service Workshops
- ✓ Share Your Service Experience
- ✓ Learn and Discover
- ✓ Volunteer Opportunities

**Southern States  
A. A.  
Service Assembly  
Orlando Florida  
Sheraton Orlando North  
November 17-19, 2023**



**SSAASA7.ORG**

Questions? Chair.ssaasa7@gmail.com

Scan to go to website

**Service Workshops \* Panel Discussions \* Service Experience**

**YOU Are Invited!**

**Inquiring minds and trusted servants from all over the South East Region will come together to discuss all things service. Come to Discover, Learn and Share. See old friends, and make new ones.**

<p><b>Volunteer to help in so many ways:</b></p> <ul style="list-style-type: none"> <li>• Greeter</li> <li>• Registration</li> <li>• Hospitality</li> <li>• Presenter</li> </ul>	<p><b>Discuss and Share:</b></p> <ul style="list-style-type: none"> <li>• General Service Positions</li> <li>• Grapevine</li> <li>• Intergroup</li> <li>• Traditions (Have fun)</li> <li>• Concepts (Learn)</li> <li>• Just checking out the 3<sup>rd</sup> Legacy?</li> </ul>
<p><b>Register and reserve your room at <a href="http://ssaasa7.org">ssaasa7.org</a>, or download paper registration form and FAQ</b> <b>Questions? Email <a href="mailto:chair.ssaasa7@gmail.com">chair.ssaasa7@gmail.com</a></b></p>	
<p><b>Need A Scholarship? We are able to offer a scholarship for <u>Registration Only</u>. Email <a href="mailto:chair.ssaasa7@gmail.com">chair.ssaasa7@gmail.com</a> for an application. Be sure to allow time to reserve your hotel room if one will be needed.</b></p>	

**Still got Questions? Email [chair.ssaasa7@gmail.com](mailto:chair.ssaasa7@gmail.com)**

*On the Lighter Side*



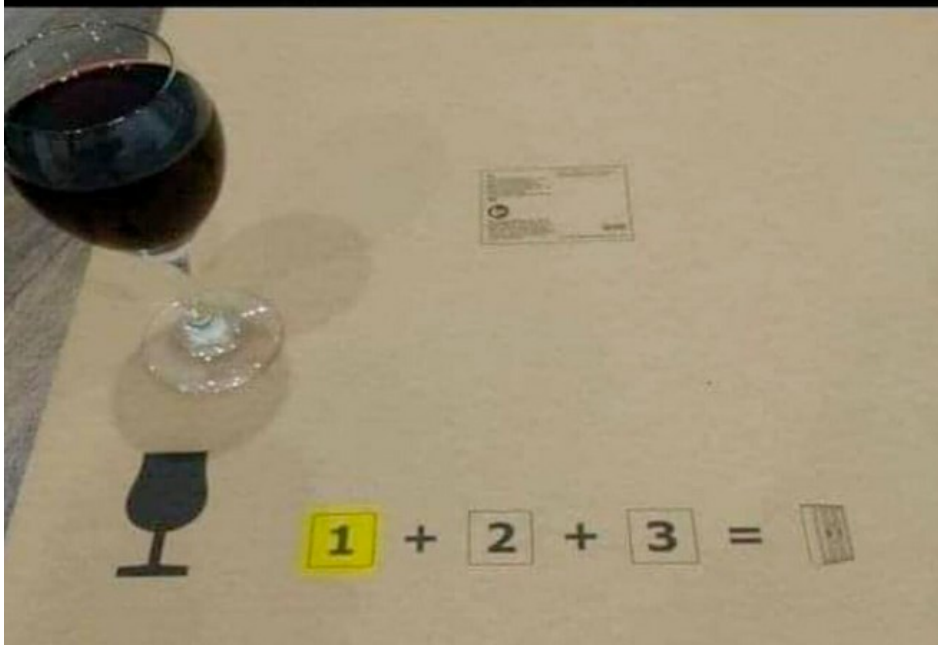
**We've been friends for so long, I can't remember which one of us is the bad influence.**

Liquor store cashier: " I don't think anyone will come in this weather"

Me:



**If I'm reading the instructions correctly, after 3 glasses of wine the bookshelf assembles itself.**



**June 2023**



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_