



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat . . . — Bill W.



EAST TENNESSEE INTERGROUP

JANUARY 2024

Volume 48; Issue 1

Intergroup Office News

Happy New Year from East Tennessee intergroup! We'd like to congratulate our new standing committee chairs and thank them for their willingness to serve on the board. We still need a Mobile Intergroup Coordinator to facilitate bringing Intergroup to area events.

The board decided to partner with District 50/51 (Knoxville Area) to put Public Information billboards in our area. People often ask about attraction versus promotion when we have done this in the past. Often our members have questions when discussing Public Information. Tradition 11 states that "Our public relations policy is attraction rather than promotion, that we need always maintain **PERSONAL** anonymity at the level of press, radio and films." We don't use individual members to promote or attract membership. We do, however, want people who need our resources to be able to know how to find us. That is the purpose of these billboards and Public Information in general. The best way I've heard it stated is "If you want to drink, that's your business. If you want to stop that's ours."

The General Service Office is asking for feedback from the fellowship regarding changes to the literature. The letter and feedback form can be found on pages 8 and 9 in this newsletter. This is an opportunity for your voice to be heard. They ask that the answers be mailed to the address on the top of the letter.

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Happy New Year

Office Service Workers

Robin Bob
 Dave S Peggy
 Dave R Patty
 Katie Maria
 Joan Mary
 Amy Melanie
 Glenn Charlie
 Jill Gerald
 Pete Beth
 Rick Dennis

Hotline

Jack
 Carol
 Bob
 Emily
 Anna
 Miles
 Randal
 Patrick
 Lee Anne
 Austin
 Luke

Intergroup Board

Dave S Amber
 Barb Marian
 Jacque H Fawn
 Jack F Fawn
 Susie Mel
 Jimmy Allison
 Becky Amber
 Scott Ken
 Sarah Letha
 Tiffany Jim
 Brian Nathan
 Dennis Talia

Website

Barb
 Sterling
 Eammon
 SuZanne

Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**



WISDOM OVERHEARD IN THE ROOMS

"For peace of mind, we need to resign as general manager of the universe." — Larry E.

AA has given me the tools to learn to live in the 3rd dimensional world with 4th dimensional awareness. — Mildred F.

"The 12 Steps are like 12 adjustable wrenches ... They work on any kind of nut that comes into AA." — Mari G. - Toronto, Canada

"Absolute honesty without wisdom is brutality" — Lou K.

In my past my best thinking got me into the rooms of AA. Today my best thinking keeps me there. — Donn B.

"God intervenes a lot in my life without my permission." — Polly P. (Woodstock 2018)

"Some think it's holding on that makes one strong; sometimes it's letting go." — Sylvia Robinson

Humility is what is left when the pain of humiliation has been taken away. — Sharon C.

I will never be as well as I was sick. — Gary M.; Men Who Trudge

I know God got me sober because he's the only one I asked! — Jimmy L. Boca Raton

Alcohol gives you infinite patience for stupidity. — Sammy Davis, Jr.

"Don't let the life AA gave you get in the way of your AA life." (thanks Paulette B.)

"You can do this thing one of two ways; The hard way or the easy way. The hard way is to do it on your own, the easy way is to know you can't." — Chuck C.

Unity Group

At the Flat Iron V

710 Maryville Pike, Knoxville TN 37920

Meets Sunday-Friday @5:30 pm

Needs Support!

Morning meeting Space also available at this location

Contact Julie O. 865-396-0296

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of even months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information.

District 2 meets the second Thursday of the month @6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

- Weeknights
- Weekends
- Weekdays

Phones Night & Weekend

- Weeknights
- Weekends

Committees of Interest

Check only those you are willing to serve on:

- Public Information / Cooperation with the Professional Community
- Intergroup Representative
- Office Worker
- Archives
- Outreach
- Spanish Liaison

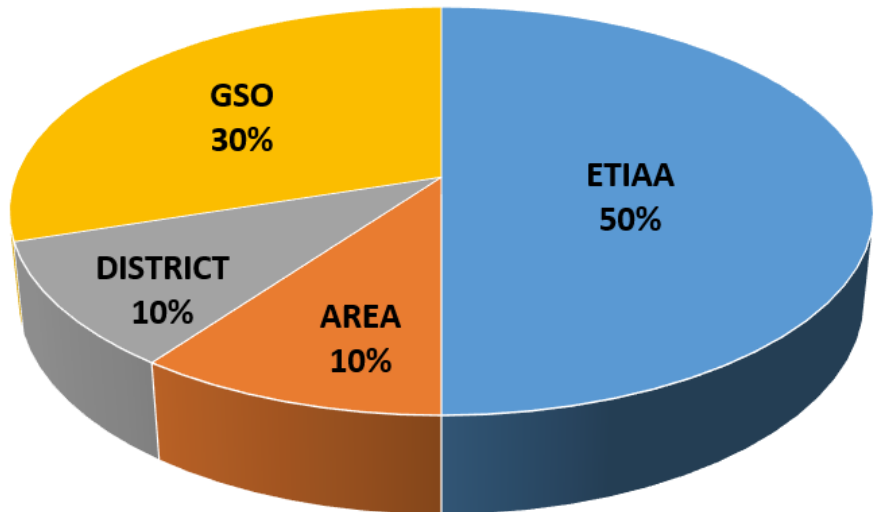
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
 865-320-8649
 Zelle Manager@etiaa.org or
 865-320-8649
 Venmo @ETIAA

NEW! { **General Service Office**
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664
District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.
1466 Darbee Dr.
Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point Drive
Clinton, TN 37716

NEW ADDRESSES
AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Intergroup Financial / Contributions Report

GROUPS DONATING	Nov '23—		GROUPS DONATING	Nov '23—	
	Nov '23	Jun '24		Nov '23	Jun '24
1ST THINGS 1ST KNOXVILLE	272.00	1,356.00	MEMORIAL RECOVERY		100.00
4-WAY GROUP	100.00	200.00	MORRISTOWN GROUP		40.00
BIG BOOK RECOVERY		25.00	NORRIS CLINTON GROUP		60.00
BLOUNT COUNTY GROUP		150.00	NORTH GATLINBURG	117.90	191.10
BREAKFAST CLUB		80.00	PHOENIX GROUP	120.00	682.00
COLONIAL GROUP		200.00	PRIMARY PURPOSE- OAK RIDGE		400.00
COLONIAL HEIGHTS		100.00	RISING FROM THE ASHES		460.00
CONTRIBUTION JAR	8.00	25.00	RIVERSIDE GROUP		610.84
COOKIE GROUP		120.00	ROANE COUNTY UNITY		450.00
DAILY REPRIEVE- MARYVILLE		50.00	ROCKY HILL GROUP		259.00
DANDRIDGE UNITY		24.00	ROGERSVILLE GROUP		271.67
DESIGN FOR LIVING		101.10	SEYMOUR SHARING		774.82
FOUNTAIN CITY SERENITY	150.00	300.00	SPIRITUAL PROGRESS		60.00
GROUP WITH NO NAME		250.00	SQUARE CUSTOMER	110.09	1,836.82
HAPPY DESTINY	150.00	150.00	STEADY HAND GROUP		100.00
HAPPY HOUR	485.05	1,183.91	STEPPING THROUGH SOBRIETY		50.00
HAPPY HOUR ZOOM		970.10	TELLICO VILLAGE		60.00
HIGH NOON ROGERSVILLE		133.00	TENNESSEE GROUP	354.00	354.00
HIGH NOONERS-P40		625.00	TRUDGING THE ROAD	320.00	320.00
KEEP LEANING FORWARD		142.00	TUESDAY NIGHT LOUDON		100.00
KODAK HWY 66	100.00	300.00	TURNIP PATCH		78.68
LAFOLLETTE AA GROUP		242.52	WEARS VALLEY GROUP		34.00
LUNCH BUNCH BRISTOL		82.80	WEST KNOXVILLE GROUP	192.75	192.75
			TOTAL	\$2,479.79	\$14,296.11

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

NOTE!



**East Tennessee Intergroup is
considering discontinuing
Saturday hours!!!!**

We need Service workers from 8:30 am
to 12 pm Saturday mornings.

Requirements are 1 year of sobriety and
working the steps with a sponsor.

Contact Dave S 865-659-2276

December 18, 2023 Intergroup Meeting Minutes

Rhonda opened with serenity prayer and twelfth tradition at 6:38pm.

Present in person and via Zoom: Clara, Fawn, Tiffany, Scott, David S., Jim S., Jacque H., Bruce M., Jack F., Brian G., Letha, Bryan G., Mel, Amber, Rhonda, Mason, Jimmy, Dennis, Caitlin

Groups represented: Primary Purpose, TN Group, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Happy Destiny Group, Rockford Group, West Knox Group, Design for Living, Blount County, High Nooners, Sisters in Sobriety, Serenity Sisters, 4-way Group, Trudging Group.

Motion to accept previous minutes Jacques, 2nd by Jack. All in favor.

Manager's Report – Clara M.

- Ordering Merchandise to stock – GSO order
- Regional Round-up coming up
- 2nd quarter assembly
- Requests for event information & Birthdays to post in newsletter.

Treasurer's Report – Dave S.

- Contributions normal
- Books have been reconciled, PR where it should be
- Amber made a motion to approve report, Jacque 2nd. All in favor.
- All is well; one position needed for 1st Sunday of the month if anyone can plug in .

Office Service Workers – Dave S.

- Staffed and have new volunteers working & helping out

Archives – Allison –

- Requested \$2.50 to purchase archives workbook to continue researching her role – advised to use subcommittee provided funds

Website – Barb S. – not present, report given to Clara

Accessibilities – open

Spanish liaison – Julissa – not present – Maria sub'd and provided information that Spanish liaison will be needed at the Rockford anniversary party in Feb 2024.

CPC/PI – Sarah – not present

Treatment Report – Jacques H.

- No news to report, visits will start again in January

Corrections Report – Marian G. – not present

Outreach Report – Ken L. – not present, report given to Clara

Events – Jimmy – nothing to report

Mobile Intergroup Report – Beth C. – not present

OLD BUSINESS - none

NEW BUSINESS:

- Billboard information reviewed – 12 billboards throughout the year, posted at different intervals will be \$1500 for Intergroup and \$1500 for District (shared cost); Caitlin will have more information after contracts are received & signed- location not guaranteed, previous graphics will be re-used. Jack made motion, Maria 2nd. All in favor.
- Nominations:
 - Chairperson – Jacques
 - Vice-Chairperson – Tiffany
 - Office Workers – Dave S. to continue
 - Website – **OPEN no nominees**
 - Mobile Intergroup – **OPEN no nominees**
 - Slate of Candidates approved – motion by Mel, 2nd Bryan.
- Bryan brought the topic of the 7 questions for discussion, 73rd GSO Conference released information for all members to provide feedback, unprecedented individual surveys
- Language of the Heart in Feb 2024 – Maria will attend the 13th anniversary of this public information meeting
- Open positions to be announced at groups for any candidates willing to do service work

Meeting adjourned at 7:33pm, closed with Responsibility statement.

Next meeting will be held Monday January at 6:30pm in person and via Zoom.

New Meetings:

When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this than to support new meetings in our area?

NEW MEETING NAME	DAY/TIME	LOCATION
Maryville 12 Step Meeting	Sundays @ 7pm	Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN Meets in Auditorium
KNOXPAA	Sundays @ 11am	The Gateway 530 W Fifth Ave.; Knoxville, TN
The Solution	Wednesdays @7:30pm	Polly Bales Building 4726 Airport Hwy.; Louisville, TN 37777
The Next Step	Thursdays @7:30pm	405 Roy Martin Rd #104 Johnson City, TN 37615
12 Step Family Meeting of AA AA/AI-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd.; Johnson City, TN 37604
Still Waters	Thursdays @8pm	Carter Co Drug Prevention South Hills Off. 210 South Hills Dr. Elizabethton, TN 37643
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92; Rutledge, TN 37861
The Bird House Women's Meeting Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 th Ave.; Knoxville, TN 37917
Girls Gone Sober	Wednesdays @6:30pm	Prospect Center 1426 E Center St.; Kingsport, TN 37664
Stone Cold Sober	Tuesdays @6pm	Cornerstone Christian Church 1411 Lantana Ln NW; Knoxville, TN 37912
Lafollette AA Group	Fridays @ Noon	300 Beech St Lafollette, TN 37766 Back side of building, corner classroom
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway 530 W Fifth Ave Knoxville TN 37917

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Reported AA Birthdays

Dec 9 — “Red” G., Monday Night Men’s Group..... **45 years**
Dec 18 — Jacque H., 2011 Sobriety Society..... **12 years**
Jan 1 — Dave S., Primary Purpose Group..... **36 years**
Jan 3 — Robin W 2021 Happy Hour Zoom..... **2 years**
Jan 11 — SuZanne A., Phoenix Group..... **29 years**
Jan 11 — Micheal A., 1st Things 1st Group..... **9 years**
Jan 12 — Beth C., Tennessee Group..... **15 years**
Jan 18 — Clara M., 1st Things 1st Group **16 years**
Jan 27 — Jan W., Tennessee Group **36 years**

One of the founders of Happy Destiny II, Charlie C, passed away November 25th. Charlie had 34 years of sobriety, attended meetings almost every day and was very involved in District 4 and Area 64 service for many years. He shared from our literature and was a true example of Alcoholics Anonymous. He will be dearly missed!

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

November 13, 2023

Dear Trusted Servants:

A.A.'s Co-Founder, Bill W., in his 1953 address to the General Service Conference, stated that he did not consider himself the author of *Alcoholics Anonymous*, the Big Book (*Our Great Responsibility*, p. 92). He also alluded to the fact that in the various A.A. literature published prior to his passing, he borrowed heavily from other sources, and that other A.A. members made significant contributions.

On the other hand, addressing the historical context of some of the writings of our Founders, many members in our Fellowship have expressed strong sentiment against any changes in the first 164 pages of *Alcoholics Anonymous*, the Big Book, as well as the Preface, the Forewords, The Doctor's Opinion, Doctor Bob's Nightmare, and the Appendices. In fact, as early as 1995 and most recently in 2022, Advisory Actions designed to protect the above-referenced contents have been passed by the General Service Conference.

In response to a Committee Consideration from the 73rd General Service Conference suggesting that trustees' Literature Committee *seek input from the Fellowship (including but not limited to Area delegate feedback) regarding any possible future changes to literature written by A.A.'s Founders*, the trustees' Literature committee agreed it would be beneficial to gather shared experience from the Fellowship regarding this topic.

We would like to hear from you – the top of the triangle! While we hope that the suggested questions will help to spark thoughtful sharing and discussion, please feel free to add questions that we may not have thought of that you feel may best inform the discussion. Most of all, we are grateful for and thank you for your participation.

In fellowship,

The trustees' Literature Committee (2023-2024)

Attachment: Suggested Questions


HOW SHOULD WE TREAT A.A. FOUNDERS' WRITINGS

SUGGESTED QUESTIONS FOR DISCUSSION

1. Do you think that A.A. Founders would object to or embrace revisions to their writings? If yes, why? If not, why?
2. Do you think the Founders' writings are effective in reaching new members? If not, what measures do you think can be taken to resolve this issue?
3. What reasons would you consider for changing our Founders' writings?
4. How do you feel about changing A.A. Founders' writings to replace outdated references?
5. What suggestions do you have for preserving the Founders' writings, along with keeping pace with our current A.A. Society and its future?
6. Should there be a special Conference process for approval of changes to our Founders' writings? (e.g., super, or qualified majority – 75%, and/or 2-year consideration process.)
7. What additional ideas, thoughts or suggestions can you share about changing or not changing the Founders' writings?

Note: Please be as concise as possible in your responses to the questions.

###



Hello, my name is _____
and I'm an alcoholic....

Welcome to the Wednesday
night Speaker Tape meeting

AA Speaker Tape Meeting

Back to Basics

301 Oak Ridge Turnpike

Every Wednesday at 7pm

Come listen to a good AA speaker and the discussion to follow.

Maryville



12 Step Group

An Open Meeting of Alcoholics Anonymous

Meets every Sunday at 7pm

**Blount Memorial Hospital
907 E. Lamar Alexander Pkwy
Maryville, TN**

**Meeting is in the Auditorium
- ground floor of hospital**

Contact Bill T with questions 865-314-1261

District 4 Presents a WORKSHOP



Welcome to General Service

&

New GSR Orientation

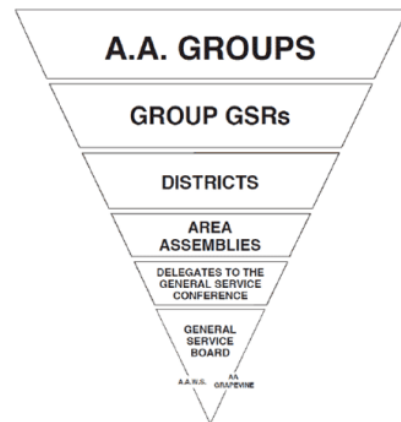
**Saturday, January 13, 2024
2:00 – 4:00PM**

**Double Winners Club (where Happy Destiny II meets)
325 Whitecrest Dr, Maryville, TN 37801**

An informed GSR is an effective GSR

- Meet other Trusted Servants serving this rotation
 - Learn the General Service Structure...
- ...and the GSR's critical role in ensuring AA's unity
 - Learn Area 64's Service Structure & Procedures
- Tips to be well prepared for the 1st Quarter Area 64 Assembly

STRUCTURE OF THE CONFERENCE
(U.S. and Canada)





AREA 64 Q1 ASSEMBLY 2024

NASHVILLE

JANUARY 19TH - 21ST

"WE ARE RESPONSIBLE"

INN AT OPRYLAND

2401 MUSIC VALLEY DRIVE

NASHVILLE TN 37214

PHONE: 1-800-901-4211

SCAN TO BOOK:



ROOM RATE \$137/NIGHT +TAX

MENTION: AA AREA ASSEMBLY CONFERENCE ROOM BLOCK

RATE IS EXTENDED 3 DAYS ON EITHER END OF
THE ASSEMBLY FOR AN EXTENDED
NASHVILLE TRIP!

CONTACT FOR QUESTIONS:

Heather M 615-225-7136

hmarkman81@gmail.com

Grupo Lenguaje del Corazon



13° Aniversario

2
0
1
1



2
0
2
4

**El domingo 18 de Febrero del 2024 a las
10:00 AM se llevara acabo.**

La reunion de información al público.

3722 Old Knoxville Hwy., Rockford, TN 37853

Para más información llamar al:

**Carlos: (301) 936-5121 • Arturo: (865) 203-2033
Omar: (865) 324-4506 • Mauricio: (865) 963-8581
Matilde: (865) 755-1657**

**STEPPING INTO SERENITY
WOMEN'S CONFERENCE
FEBRUARY 23-25, 2024
CHATTANOOGA, TN**



Hotel Info:
Doubletree by Hilton
407 Chestnut Street
Chattanooga, TN 37402
423-756-5150

Room Rates: \$121.00
Reservation Code: SIS
Reserve by: 01/23/2024



SPEAKERS

Jennifer D. Wilmington, NC	Step 1
Mari G. Markham, Canada	Step 2 & 3
Judith R. Bismark, ND	Step 4 & 5
Amy D. Louisville, KY	Step 6 & 7
Leslie S. Atlanta, GA	Step 8 & 9
Jessica J. Georgetown, TX	Step 10 & 11
Brenda J. McKinney, TX	Step 12
Diane A. Nashville, TN	Alanon



Registration: \$30 until January 1st, 2024
At the Door: \$35 after January 1st, 2024
Please make check or money order to "SIS" and mail to
Stepping Into Serenity
P.O. Box 21203
Chattanooga, TN 37424
Or
www.steppingintoserenity.org

AA Alanon Volunteer ASL
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Name on Badge: _____

AA Alanon Volunteer ASL
Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
Email: _____
Name on Badge: _____



Appalachian Regional Roundup

"We are not saints."

MARCH 15-17 2024

KINGSPORT, TN

Speakers

- CLIF G - OKLAHOMA CITY, OK
- PAUL MC - ROCKAWAY BEACH, NY
- CHRIS R - INGRAM, TX
- BILL C - TORRANCE, CA
- MATTHEW M - LONG BEACH, CA
- PETER M - BOCA RATON, FL
- TAMI P - CLOVERDALE, CA
- TARA R - STUART, FL
- THERESA F - NORTH HILLS, CA
- LORI G (AFG) - OKLAHOMA CITY, OK

MEADOWVIEW CONFERENCE RESORT
& CONVENTION CENTER
1901 MEADOWVIEW PARKWAY
KINGSPORT, TN 37660

ROOM RATE \$130.00
CALL OR VISIT OUR WEBSITE TO BOOK
423-578-6600

MAKE CHECK OR MONEY ORDER
PAYABLE TO APPALACHIAN REGIONAL
ROUNDUP & MAIL TO:
P.O BOX 7494
1001 N. EASTMAN RD
KINGSPORT, TN 37664

FOR MORE INFORMATION:
CALL TABITHA E 423-491-2420
OR VISIT OUR WEBSITE AT
WWW.APPALACHIANREGIONALROUNDUP.COM

PRE-REGISTRATION IS \$30 BEFORE MARCH 11, 2024 &
REGISTRATION IS \$35 AT THE
DOOR. ONLINE REGISTRATION IS
AVAILABLE AT WWW.APPALACHIANREGIONALROUNDUP.COM

Fifth Annual Appalachian Regional Roundup

Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____
Email: _____

Name: _____
Address: _____
City: _____
State: _____ Zip: _____
Phone: _____
Email: _____

Scholarship Contribution: \$ _____
(Lend A Hand To Those Unable To
Pay The Registration Fee)

Number Of Registrations: _____ Total: \$ _____



AA Convention with Al-Anon Participation



16th ANNUAL SPRING FLING CONVENTION

“Easy Does It”

April 19 - 21, 2024



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m. AA Speaker

Jennifer K. – Plano, TX

Friday 10:-00 p.m. YP Speaker

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m.

Workshop

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Catherine T. – Dallas, TX

Saturday 3:00 p.m. Speaker Panel

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Jason J. – Oregon City, OR

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Deb H. – Akron, OH

ACTIVITIES

FRIDAY

BBQ & Washer Games
Young People's Meeting
Ice Cream Social
Games w/prizes

SATURDAY

Banquet
Table Trivia
Speaker Panel
Games w/prizes
DJ & Dancing

Hilton St. Louis Airport

Special Room Rate \$97

Mention Spring Fling code **SPR**

Reserve before 3/20/24 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

www.springflingstl.com

Spring Fling Chair – Susan B. 314-583-5296

Registration Chair – Liz C. 314-479-3560

springflingconvention@yahoo.com

Merchandising &
Marathon Meetings &
Activities Room Open
All weekend long



PLEASE REGISTER EARLY!!!

FREE PARKING

To register, get information or sign up for Service: www.springflingstl.com

CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
- Make checks/money orders payable to Spring Fling Convention
- To sit together, please submit together – 10 people per table

Name: _____
Phone: _____ AA Al-Anon

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: _____
Address: _____

City _____ State _____ Zip _____

Pre-Registration	\$20	_____
Door Registration	\$25	_____
Friday Night BBQ	\$15	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$40	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: _____

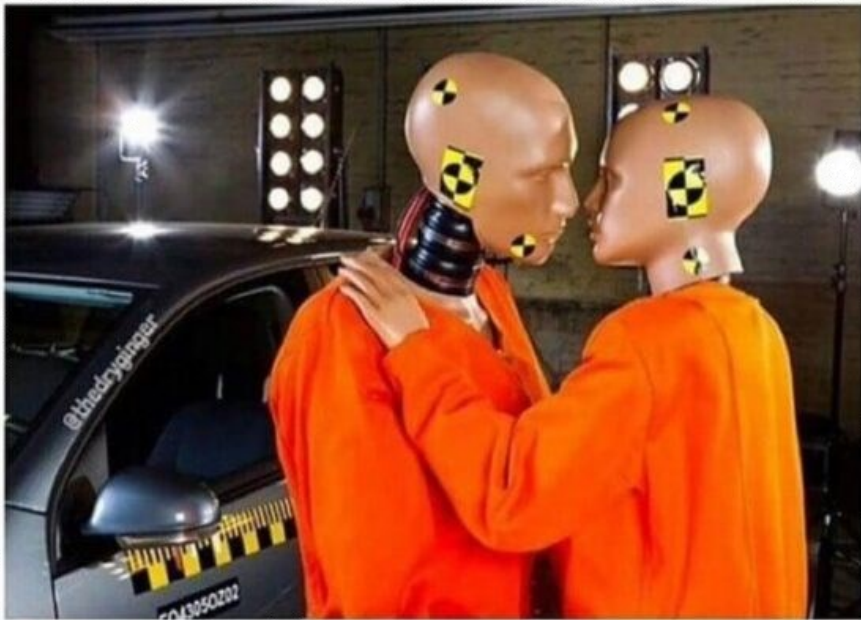
Flyer revised 10-27-23

Cut-off for mail-in registration is April 12, 2024

On the Lighter Side



When you both know it'll end in disaster but you don't care

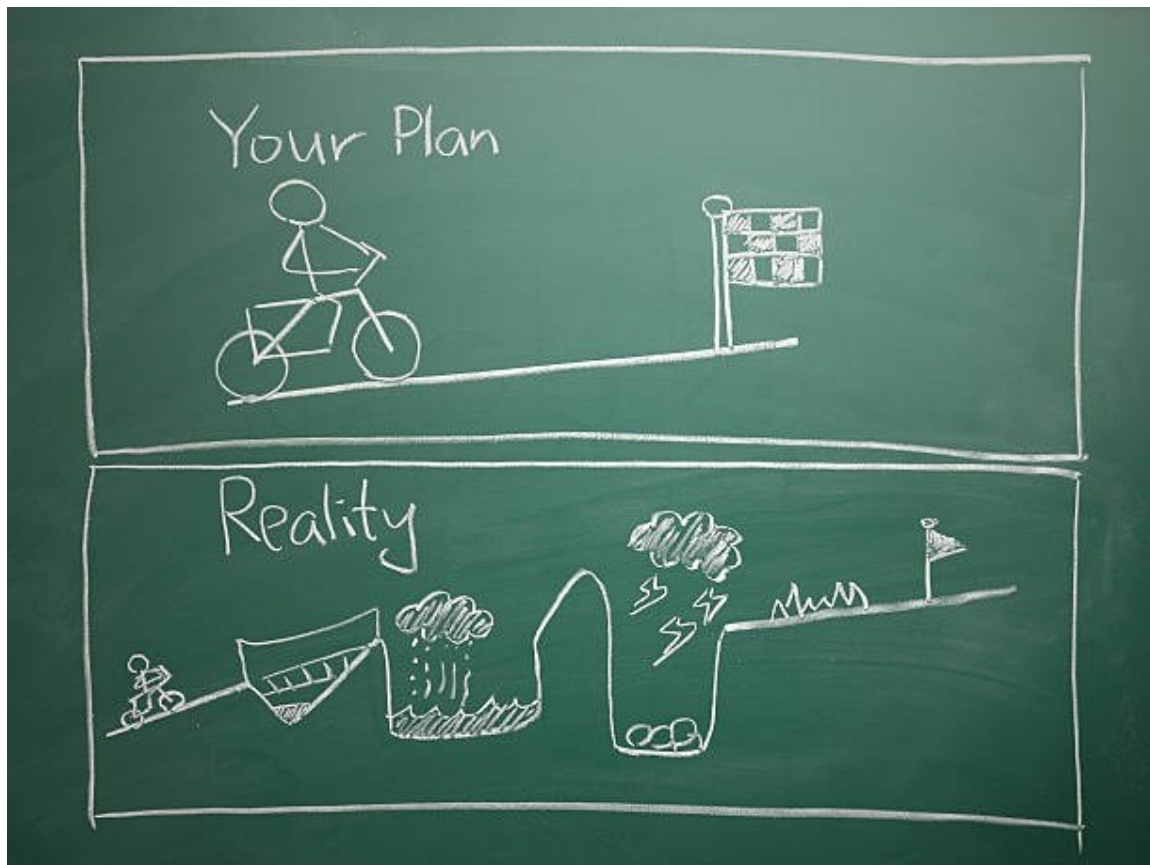
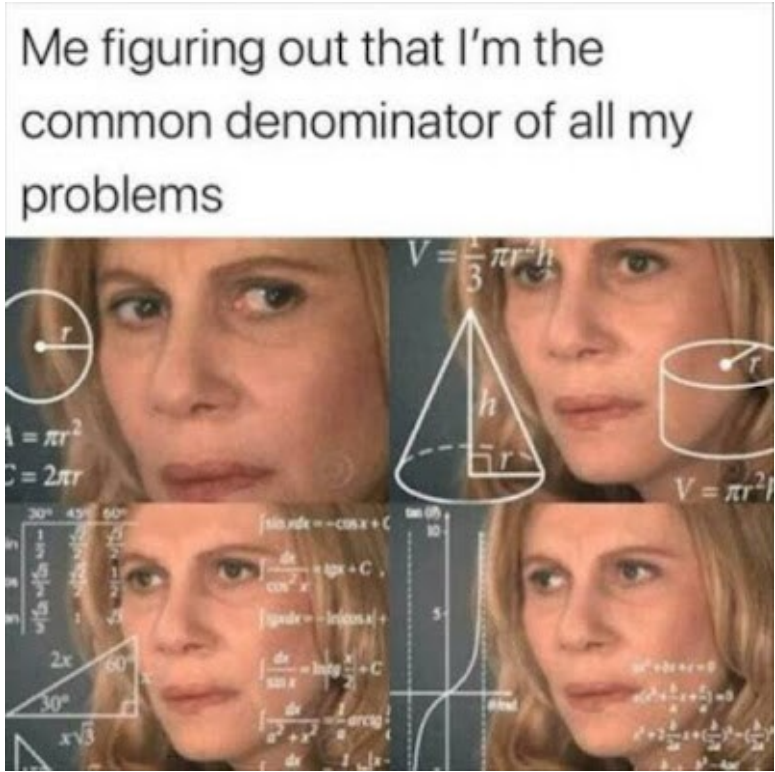


I'm pretty sure I had a good time last night...
Let me finish reading the police report and I'll let you know.



Ponder this!

what doesn't kill you gives you a lot of unhealthy coping mechanisms and a really dark sense of humour



January 2024



Name _____

Address _____

City _____

State _____

Zip _____