



# EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

*Without unity, the heart of A.A. would cease to beat . . . — Bill W.*



**MARCH 2024**

**Volume 48; Issue 3**

## Intergroup Office News

Our Spanish-speaking liaison, Maria, had a great experience attending a public information event. There were 200 people in attendance with plenty of food and fellowship. Maria brought pamphlets, some “Meeting in a Pockets” in Spanish, and a few books, and was well received! She said there was a great need for Spanish speaking women to help. If you know of any women who would be willing to help that community, please reach out to the intergroup office.

There are some important things being discussed in AA service. Our delegate, Jimmy W., will be in east Tennessee March 9<sup>th</sup> (Knoxville) and 10<sup>th</sup> (Kingsport) for Pre-conference reports. Check out the ETIAA website under events for exact times and places. This is a great opportunity to let our voices be heard and carried to the Conference in New York.

We are fully stocked with merchandise for the Appalachian Regional Roundup on March 15-17. If you are coming up, please stop by the table and say hi. We can also use any volunteers who might be willing to help in between workshops.

Area 64 second-quarter assembly will be held in Knoxville March 22-24. This is another great way to carry your groups’ thoughts on things like the Plain Language Big Book through your Group Service Representative. East Tennessee Intergroup will also be at this event.

If you’d like intergroup to come to an event you are having, just reach out to:

[manager@etiaa.org](mailto:manager@etiaa.org).

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## Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an “In Memory” group member to be recognized? We encourage all appropriate submissions by sending them to [manager@etiaa.org](mailto:manager@etiaa.org) Subject line: **Newsletter!**

### Office Service Workers

Robin Bob  
 Dave S Peggy  
 Dave R Patty  
 Katie Maria  
 Joan Mary  
 Amy Melanie  
 Glenn Charlie  
 Jill Gerald  
 Pete Beth  
 Rick Dennis

### Hotline

Jack  
 Carol  
 Bob  
 Emily  
 Anna  
 Miles  
 Randal  
 Patrick  
 Lee Anne  
 Austin  
 Luke

### Intergroup Board

Dave S Amber  
 Barb Marian  
 Jacque H Fawn  
 Jack F Fawn  
 Susie Mel  
 Jimmy Allison  
 Becky Amber  
 Scott Ken  
 Sarah Letha  
 Tiffany Jim  
 Brian Nathan  
 Dennis Talia

### Website

Barb  
 Sterling  
 Eammon  
 SuZanne



## WISDOM OVERHEARD IN THE ROOMS

Before some of us came to AA, we may have looked fine from far, but we were far from fine.

There has never been any people who was too stupid to get the program, however, there has people who were too intelligent. (thanks Stu K.)

"If you want to talk about the spiritual part of the programme, you may as well talk about the wet part of the ocean". (thanks Diana F. Auckland, New Zealand)

"AA is not my whole life, but AA makes my life whole" Preacher Bob

"Help not asked for is interference." (thanks Robert I.)

"For me, fear is sometimes the realization that I am gripping the steering wheel too hard - and I'm not even supposed to be in the driver's seat." (thanks Chris C.)

"The Twelve Steps are not steps to take progressively in order to arrive at a conclusion, but a code for living -- the constitution of a way of life." -- Alva, Okla., January 1952, From: "Spirituality", AA Grapevine

"If you're coasting, you're going downhill." – unknown

"There are no Big Deals unless I choose to make them Big Deals." (thanks Robert I.)

"No matter how far along the road I go, I'm still the same distance from the ditch." (thanks Jim M.)

"I was a self-made man and I worshiped my creator." (thanks Gary M.)



# A Manual for Alcoholics Anonymous

## THE AKRON MANUAL (1940)

"Barefoot Bob says that this little booklet was written and being distributed within one year of the publication of the Big Book, which would date it back to 1940. On the basis of a number of statements made within the text, it certainly could not have been produced much later than that.

Read the rest here:

<https://silkworth.net/alcoholics-anonymous/a-manual-for-alcoholics-anonymous-the-akron-manual/>

## DISTRICT MEETINGS

**District 1** Typically meets the first Saturday of even months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information.

**District 2** meets the second Thursday of the month @6:30pm at the Mountain Home VA in Johnson City.

**District 3** meets the first Sunday of the Month @12:30pm at the Morristown Group.

**District 4** meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

**District 50/51** meets the first Monday of the month @6:30pm at the Intergroup Office.

**District 6** meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

**Intergroup Committee** meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

Weeknights

Weekends

Weekdays

##### Phones Night & Weekend

Weeknights

Weekends

#### Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

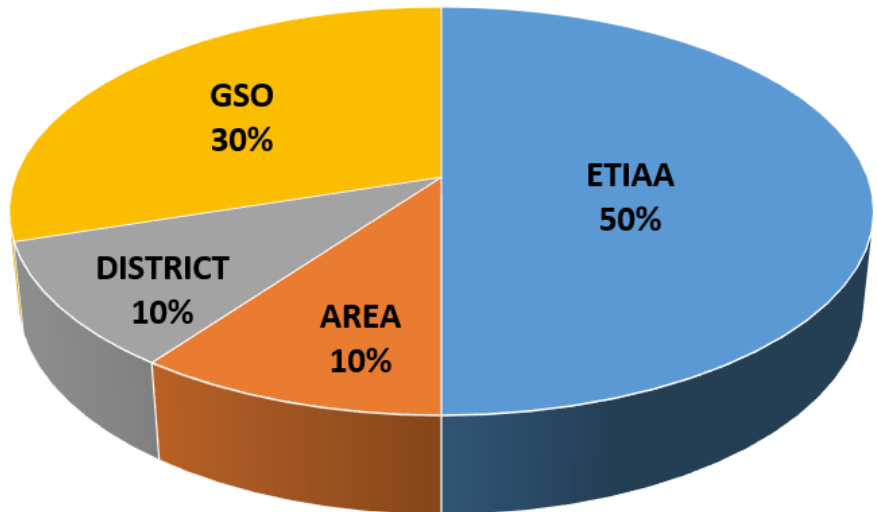
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee Intergroup of AA**  
**9217 Park West Blvd #B3**  
**Knoxville, TN 37923**  
**865-522-9667**     [www.etiaa.org](http://www.etiaa.org)

**New ways to contribute:**

Paypal Manager@etiaa.org or  
 865-320-8649  
 Zelle Manager@etiaa.org or  
 865-320-8649  
 Venmo @ETIAA

**NEW!** { **General Service Office**  
**P.O. Box 2407**  
**James A. Farley Station**  
**New York, NY 10116-2407**  
[www.aa.org](http://www.aa.org)  
**The GSO prefers online contributions**

**Area 64 Assembly**  
**2500 Murfreesboro Pike**  
**Suite 105 Box 235**  
**Nashville, TN 37217**  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
**Barb Sapp**  
**4137 Skyland Dr,**  
**Kingsport, TN 37664**  
**District 2 Treasurer**  
**PO BOX 1872**  
**Johnson City, TN 37605**

**District 3 Treasurer**  
**John H.**  
**1466 Darbee Dr.**  
**Morristown, TN 37814**

**District 4 Treasurer**  
**P.O. Box 6642**  
**Maryville, TN 37802**

**District 6 Treasurer**  
**Richard B.**  
**105 Mariner Point Drive**  
**Clinton, TN 37716**

**NEW ADDRESSES**  
**AA District 50/51 Treasurer**  
**9217 Park West Blvd**  
**Suite B-3 (ETIAA)**  
**Knoxville, TN 37923**

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

## Intergroup Financial / Contributions Report

GROUPS DONATING	Jan '24—		GROUPS DONATING	Jan '24—	
	Jan '24	Jun '24		Jan '24	Jun '24
1ST THINGS 1ST KNOXVILLE		1,356.00	MEMORIAL RECOVERY	50.00	150.00
4-WAY GROUP		200.00	METRO GROUP	500.00	500.00
BIG BOOK RECOVERY		25.00	MONDAY NIGHT MEN'S		812.95
BLOUNT COUNTY GROUP		400.00	MORRISTOWN GROUP	50.00	90.00
BREAKFAST CLUB	389.02	639.02	NEW BEGINNINGS KNOXVILLE		290.00
COLONIAL GROUP	100.00	300.00	NORRIS CLINTON GROUP		60.00
COLONIAL HEIGHTS	50.00	150.00	NORTH GATLINBURG	340.50	531.60
CONTRIBUTION JAR		25.00	PHOENIX GROUP	315.00	997.00
COOKIE GROUP	120.00	240.00	PRIMARY PURPOSE- OAK RIDGE		400.00
DAILY REPRIEVE- MARYVILLE		50.00	RISING FROM THE ASHES	100.00	560.00
DANDRIDGE UNITY	40.00	64.00	RIVERSIDE GROUP		610.84
DANIEL ELLIS		75.00	ROANE COUNTY UNITY		450.00
DESIGN FOR LIVING		101.10	ROCKY HILL GROUP		305.00
DISTRICT 50/51	1,500.00	1,860.00	ROGERSVILLE GROUP		271.67
DOWN ON THE RIVER	329.83	329.83	SAT. MORNING BIG BOOK STUDY	1,276.00	1,276.00
FOUNTAIN CITY SERENITY		300.00	SEYMOUR SHARING	343.55	1,118.37
FRIDAY NIGHT OUT		40.00	SISTERS IN SOBRIETY		80.00
GROUP WITH NO NAME		250.00	SPIRITUAL PROGRESS		60.00
HAPPY DESTINY		150.00	SQUARE CUSTOMER	163.93	2,692.84
HAPPY HOUR		1,183.91	STEADY HAND GROUP	100.00	200.00
HAPPY HOUR ZOOM		1,020.10	STEPPING THROUGH SOBRIETY	50.00	100.00
HIGH NOON ROGERSVILLE		323.00	TELLICO VILLAGE	60.00	120.00
HIGH NOONERS-P40		625.00	TENNESSEE GROUP	386.14	740.14
KEEP LEANING FORWARD	20.00	198.00	TRUDGING THE ROAD		320.00
KODAK HWY 66		300.00	TUESDAY NIGHT LOUDON		100.00
LAFOLLETTE AA GROUP		485.04	TURNIP PATCH	65.48	144.16
LUNCH BUNCH BRISTOL		1,637.22	WEARS VALLEY GROUP	47.00	81.00
LUNCH BUNCH- GREENEVILLE	369.81	669.81	WEST KNOXVILLE GROUP		192.75
			<b>TOTAL</b>	<b>\$6,766.26</b>	<b>\$26,251.35</b>

*East Tennessee Intergroup of AA fiscal year is July 1 -June 30*



**A New Pair of Glasses in PDF (download) is available at:**

[http://www.mediafire.com/file/1tff3emp575canc/  
A\\_New\\_Pair\\_of\\_Glasses\\_book\\_by\\_Chuck\\_C.pdf](http://www.mediafire.com/file/1tff3emp575canc/A_New_Pair_of_Glasses_book_by_Chuck_C.pdf)

## February 19, 2024 Intergroup Meeting Minutes

Jacques H. opened with Serenity Prayer and Second Tradition at 6:32pm.

Present in person and via Zoom: Clara, Talia, Bryan, Tiffany, Pam S., Nathan, Scott, Rob, Dave G., Dave S., Mary, Becky, Jack, Amber, Gordon, Letha, Maria, Sara, Bruce, Jim M., Jim L., Amy, Linda, Shannon H., Marian, Luke, Matt.

Groups represented: Primary Purpose, TN Group, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Happy Destiny Group, Rockford Group, West Knox Group, Design for Living, Blount County, High Nooners, Sisters in Sobriety, Serenity Sisters, 4-way Group, Trudging Group, Alphabet Soup, Lenoir City Wed Night, Seymour Sharing, District 1 Kingsport.

Motion to accept previous minutes Amber, 2<sup>nd</sup> by Dave. All in favor.

### **Manager's Report – Clara M.**

World Service Order arrived – lots of Merchandise ready.

March 8 Appalachian Round-up – ready to sell and volunteers encouraged.

2<sup>nd</sup> Quarter Assembly.

### **Treasurer's Report – Dave S.**

- Contributions good and on a good pace.
- Checking at \$6,655.89 due to large merch order.
- Checkbook has been balanced. Scott made motion, Tiffany 2nd for acceptance of report.

**Hotline Report – Jack F.** -- All is well.

### **Office Service Workers – Dave S.**

- Staffed but there is a need to train someone for 2nd Sat. of the month; 1 year sobriety minimum.

### **Archives – Allison – not present**

**Website – Barb S. – not present,** report given to Clara.

### **Accessibilities – open**

### **Spanish liaison – Maria**

- Event at Armory was Huge! 200 people all ages in Spanish, Little Big Books and flyers appreciated.
- Women's Spanish-speaking meeting in desperate need!
- Connected with someone wanting to start a meeting for the Spanish community @ P40.

**CPC/PI – Sarah – not present-** report given to Clara: 2 billboards coming soon.

### **Treatment Report – Jacques H.**

- Going to District 5051 with Marian.

### **Corrections Report – Marian G.**

- District 6 attended Feb. 1st – books and info provided from Area 64.
- March 4th District 5051 meeting.

### **Outreach Report – Ken L.**

- Attended stand-alone zoom mtg Wed.
- Attended Sober Pride meeting.
- Lots of new support tonight in meeting – Many Thanks and Welcome to new Reps and attendees.
- **Events – Jimmy – not present** – report given to Clara: Birthday Bash facility booked for 2024.

### **Mobile Intergroup Report – open**

#### **OLD BUSINESS:**

- "Doing away with online orders" topic – mixed reviews and discussion; continue filling now with no shipping charges to give back until such a time it may become a costly process. Motion made by Jack, 2nd by Bryan. All in favor.

#### **NEW BUSINESS:**

- Discussion on how to be of service to our Spanish Liaison Maria and the community.
- No other topics currently

**Meeting adjourned at 7:15pm** (motioned by Dave, 2<sup>nd</sup> Nathan). **Closed with Serenity Prayer.**

**Next meeting will be held Monday March 18<sup>th</sup>, 2024 at 6:30pm in person and via Zoom.**



## New Meetings:


When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this than to support new meetings in our area?

NEW MEETING NAME	DAY/TIME	LOCATION
Maryville 12 Step Meeting	Sundays @ 7pm	Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN Meets in Auditorium
KNOXYPAA	Sundays @ 11am	The Gateway 530 W Fifth Ave.; Knoxville, TN
The Solution	Wednesdays @7:30pm	Polly Bales Building 4726 Airport Hwy.; Louisville, TN 37777
The Next Step	Thursdays @7:30pm	405 Roy Martin Rd #104 Johnson City, TN 37615
12 Step Family Meeting of AA AA/AI-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd.; Johnson City, TN 37604
Still Waters	Thursdays @8pm	Carter Co Drug Prevention South Hills Off. 210 South Hills Dr. Elizabethton, TN 37643
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92; Rutledge, TN 37861
The Bird House Women's Meeting Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 <sup>th</sup> Ave.; Knoxville, TN 37917
Girls Gone Sober	Wednesdays @6:30pm	Prospect Center 1426 E Center St.; Kingsport, TN 37664
Stone Cold Sober	Tuesdays @6pm	Cornerstone Christian Church 1411 Lantana Ln NW; Knoxville, TN 37912
Lafollette AA Group	Fridays @ Noon	300 Beech St Lafollette, TN 37766 Back side of building, corner classroom
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway 530 W Fifth Ave Knoxville TN 37917

**Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to [manager@etiaa.org](mailto:manager@etiaa.org)**

### Reported AA Birthdays

**Feb 2** — John L., Monday Night Men's Meeting.....**30 years**  
**Feb 14** — Jake E., Kingston Group..... **36 years**  
**Feb 22** — Scott B., Monday Night Men's Group.....**22 years**  
**Mar 9** — Taylor V., Tennessee Group ..... **3 years**  
**Mar 19** — Ray T., Serenity Group.....**38 years**



Hello, my name is \_\_\_\_\_  
and I'm an alcoholic....

Welcome to the Wednesday  
night Speaker Tape meeting

## **AA Speaker Tape Meeting**

**Back to Basics**

**301 Oak Ridge Turnpike**

**Every Wednesday at 7pm**

**Come listen to a good AA speaker and the discussion to follow.**



# Maryville



## 12 Step Group

*An Open Meeting of Alcoholics Anonymous*

**Meets every Sunday at 7pm**

**Blount Memorial Hospital  
907 E. Lamar Alexander Pkwy  
Maryville, TN**

**Meeting is in the Auditorium  
- ground floor of hospital**

**Contact Bill T with questions 865-314-1261**

# PRE-CONFERENCE REPORT

REVIEW & DISCUSS THE 74TH GENERAL SERVICE CONFERENCE AGENDA ITEMS

HELP INFORM OURSELVES, OUR GROUPS, AND OUR DELEGATE

ALL AA MEMBERS WELCOME!

**REPORT GIVEN BY OUR AREA 64  
DELEGATE JIMMY W.**

**Sunday March 10, 2024**

**11:00 am - 4:00 pm**

Hosted by District 1

All AA members welcome

**Renaissance Center, Room 314**

**1200 East Center Street**

**Kingsport, TN 37660**

(Where Serenity Improvement Group meets)

Wheelchair access/elevator to 3rd floor

Pizza provided





JOIN US AT THE 44<sup>TH</sup> ANNUAL  
**COLONIAL HEIGHTS GROUP**  
**GRATITUDE**  
**DINNER**

**THURSDAY APRIL 4<sup>TH</sup>**

**Colonial Heights Presbyterian Church**  
**213 Colonial Heights Road**  
**Kingsport, TN 37663**

**SPEAKER: JENNIFER H-K FROM PLANO, TX**

**DINNER AT 6:00PM**  
**SPEAKER AT 7:30PM**



# The Tennessee Group

## 6TH ANNIVERSARY EAT AND SPEAK

*April 13th, 2024*

*Ebenezer United Methodist Church  
1001 Ebenezer Road Knoxville, Tennessee 37923*

*Dinner at 6:00 pm*

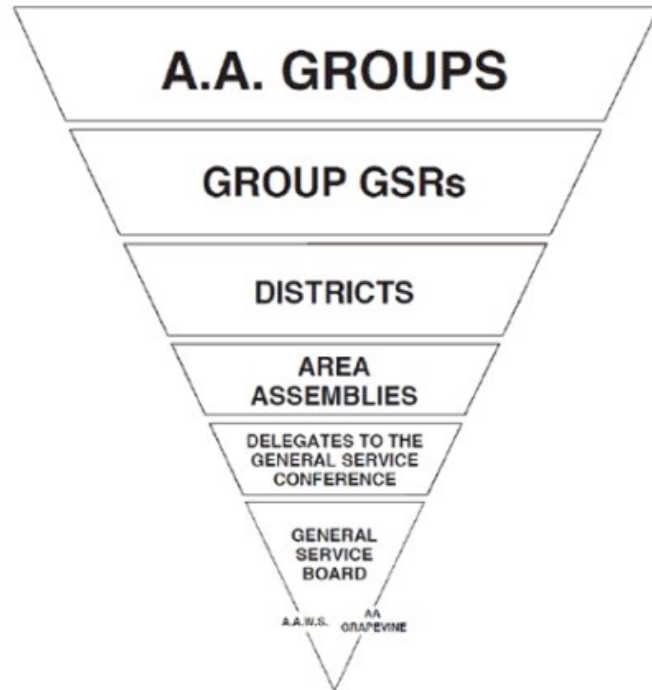
*(Main dish and drinks included. Please bring side dish or dessert.)*

*Speaker at 7:30 pm*

*Amy D. from Louisville, KY*

*Guest Speaker*

STRUCTURE OF THE CONFERENCE  
(U.S. and Canada)



**Districts 4, 50, 51 Pre-Conference Discussion  
With Area 64 Delegate Jimmy Welch  
Saturday March 9<sup>th</sup> 1:00PM – 5:00PM Eastern Time**

***Ebenezer United Methodist Church  
1001 Ebenezer Road, Knoxville, TN 37923***

***Come and make sure your group has a voice on  
important issues facing A.A. today.***

***All AAs Welcome!!!***





# Appalachian Regional Roundup

## "We are not saints."

MARCH 15-17 2024

KINGSPORT, TN

### Speakers

CLIF G - OKLAHOMA CITY, OK  
 PAUL MC - ROCKAWAY BEACH, NY  
 CHRIS R - INGRAM, TX  
 BILL C - TORRANCE, CA  
 MATTHEW M - LONG BEACH, CA  
 PETER M - BOCA RATON, FL  
 TAMI P - CLOVERDALE, CA  
 TARA R - STUART, FL  
 THERESA F - NORTH HILLS, CA  
 LORI G (AFG) - OKLAHOMA CITY, OK

MEADOWVIEW CONFERENCE RESORT  
 & CONVENTION CENTER  
 1901 MEADOWVIEW PARKWAY  
 KINGSPORT, TN 37660

ROOM RATE \$130.00  
 CALL OR VISIT OUR WEBSITE TO BOOK  
 423-578-6600

MAKE CHECK OR MONEY ORDER  
 PAYABLE TO APPALACHIAN REGIONAL  
 ROUNDUP & MAIL TO:  
 P.O BOX 7494  
 1001 N. EASTMAN RD  
 KINGSPORT, TN 37664

FOR MORE INFORMATION:  
 CALL TABITHA E 423-491-2420  
 OR VISIT OUR WEBSITE AT  
 WWW.APPALACHIANREGIONALROUNDUP.COM

PRE-REGISTRATION IS \$30 BEFORE MARCH 11, 2024 &  
 REGISTRATION IS \$35 AT THE  
 DOOR. ONLINE REGISTRATION IS  
 AVAILABLE AT WWW.APPALACHIANREGIONALROUNDUP.COM

## Fifth Annual Appalachian Regional Roundup

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Scholarship Contribution: \$ \_\_\_\_\_  
 (Lend A Hand To Those Unable To  
 Pay The Registration Fee)

Number Of Registrations: \_\_\_\_\_ Total: \$ \_\_\_\_\_

# **Area 64**

## **Second Quarter Assembly**

Holiday Inn Knoxville West—Cedar Bluff Road  
Knoxville Meeting and Event Venue  
9134 Executive Park Dr, Knoxville, TN 37923

**March 22,23 and 24, 2024**

Hosted by Districts 50/51

**We Are Not Saints**

Big Book, Page 60



Holiday Inn Knoxville West—Cedar Bluff Road  
9134 Executive Park Dr, Knoxville TN

(865)-693-1011

Room Rate: \$114 + tax (includes breakfast)

CODE: A64

*Cut off March 8, 2024*



77th Annual South Carolina State Convention  
**Spiritual Awakening**

March 22 - 24, 2024 | Upstate

"Most good ideas are simple, and this concept was the keystone of the new and triumphant arch through which we passed to freedom." BB How it Works, p. 62

**Speakers | Workshops | Ice Cream Social | Golf | Dance**

Embassy Suites by Hilton  
Greenville Golf Resort &  
Conference Center  
670 Verdae Blvd  
Greenville, SC 29607  
864.676.9090

Use code "SCC" when booking

Speakers:

Jennifer D. - Wilmington, NC

Billy N. - Palm Beach Gardens, FL

Mike H. - Kennesaw GA

Al-Anon - Sarah S. Virginia  
Beach, VA

Please email [2024conventionsc@gmail.com](mailto:2024conventionsc@gmail.com) with any questions or concerns

Registration: \$35 in advance / \$40 at the door | Register Online: [www.area62.org](http://www.area62.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Name on Badge: \_\_\_\_\_

Home Group or City: \_\_\_\_\_

I have accessibility needs: Yes / No

Past or Current Delegate: \_\_\_\_\_

Panel: \_\_\_\_\_ Area: \_\_\_\_\_

Registration Amount: \$ \_\_\_\_\_

Scholarship Donation: \$ \_\_\_\_\_

Total enclosed: \$ \_\_\_\_\_

Make checks payable to:  
SC 77th Annual State Convention  
PO Box 1365  
Greer, SC 29652



I would like to volunteer: Yes / No

Seymour Sharing Hosts

2024

**CHAIRPERSON  
WORKSHOP  
WITH  
CAITLIN M.**



24

MAR

5:30PM

HOW TO INCORPORATE  
CHAPTER 7 INTO YOUR  
MEETING

ST PAUL'S EPISCOPAL  
1028 BOYD'S CREEK HWY  
SEYMOUR, TN 37865

Dinner served before regular discussion  
7pm meeting. Bring a dish if you like.

St. James Episcopal  
1101 N Broadway, Knoxville, TN 37917

7pm: Fellowship, Cookies & Coffee

8pm: Speaker

*Transformers*  
**MEETING**

JANUARY 26TH - JUSTIN M. - YPAA

FEBRUARY 23RD - PAUL W. - SOSO

MARCH 29TH - TBD

Treatment and Sober-Living Facilities  
Welcome

For more information contact  
Nathan S. (865) 320-4420





AA Convention with Al-Anon Participation



# 16<sup>th</sup> ANNUAL SPRING FLING CONVENTION

## “Easy Does It”

### April 19 - 21, 2024



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m. AA Speaker

Jennifer K. – Plano, TX

Friday 10:-00 p.m. YP Speaker

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m.

Workshop

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Catherine T. – Dallas, TX

Saturday 3:00 p.m. Speaker Panel

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Jason J. – Oregon City, OR

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Deb H. – Akron, OH

#### ACTIVITIES

##### FRIDAY

BBQ & Washer Games  
Young People's Meeting  
Ice Cream Social  
Games w/prizes

##### SATURDAY

Banquet  
Table Trivia  
Speaker Panel  
Games w/prizes  
DJ & Dancing

### Hilton St. Louis Airport

Special Room Rate \$97

Mention Spring Fling code **SPR**

Reserve before 3/20/24 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

[www.springflingstl.com](http://www.springflingstl.com)

Spring Fling Chair – Susan B. 314-583-5296

Registration Chair – Liz C. 314-479-3560

[springflingconvention@yahoo.com](mailto:springflingconvention@yahoo.com)

Merchandising &  
Marathon Meetings &  
Activities Room Open  
All weekend long



### FREE PARKING

**PLEASE REGISTER EARLY!!!**

To register, get information or sign up for Service: [www.springflingstl.com](http://www.springflingstl.com)

#### CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
- Make checks/money orders payable to Spring Fling Convention
- To sit together, please submit together – 10 people per table

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ AA  Al-Anon

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: \_\_\_\_\_  
Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Pre-Registration	\$20	_____
Door Registration	\$25	_____
Friday Night BBQ	\$15	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$40	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: \_\_\_\_\_

Flyer revised 10-27-23

Cut-off for mail-in registration is April 12, 2024



May 10 – 12<sup>th</sup>, 2024  
Fall Creek Falls State Park  
[Newton Ford Bunk]  
Spencer TN



# 2<sup>nd</sup> Annual 3 LEGACIES WEEKEND

Speakers On: Recovery/Steps | Unity/Traditions | Service/Concepts  
Dick C. . Jamie H. . Heather L.

**Includes 5 meals and lodging with showers and a kitchen. Bring chairs, bedding, and/or sleeping bag and pillow. Join us for hiking, kayaking, and campfire meetings.**

Price is \$70 prior to April 20<sup>th</sup> and \$75 after. Check, Cash, or Cash App accepted.

*Check In 3:00-5:00 PM Friday.*

For reservations, more information, or to mail the fee:

Ted S. (423) 619-3772

Make check or Money Order out to (3 Legacies Weekend)

28563 SR30, Pikeville, TN 37367

**Scan for  
Cash App**



Name/s \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Amt Included \_\_\_\_\_ Like to Volunteer? \_\_\_\_\_



# SAVE THE DATE

Founder's Day Picnic

District 50/51

Sunday, June 9 from 4-8 pm



Tyson Park

2351 Kingston Pike

Knoxville, TN 37919

Speaker

Food and Fellowship



Bring a Side Dish or Dessert

Basket Raffle

**FUN FOR THE WHOLE  
FAMILY!**

We know it's far away but...

**We'd like you to save the day!**

East Tennessee Intergroup's

**Annual Decades themed Birthday Bash**

will be held the evening of

**September 14<sup>th</sup>**

at Trinity United Methodist Church

5613 Western Ave Knoxville, TN 37921

Encourage your Home group and Friends to dress up like the Decade of your choice!!

The basket contest is how we determine the most spirited group!

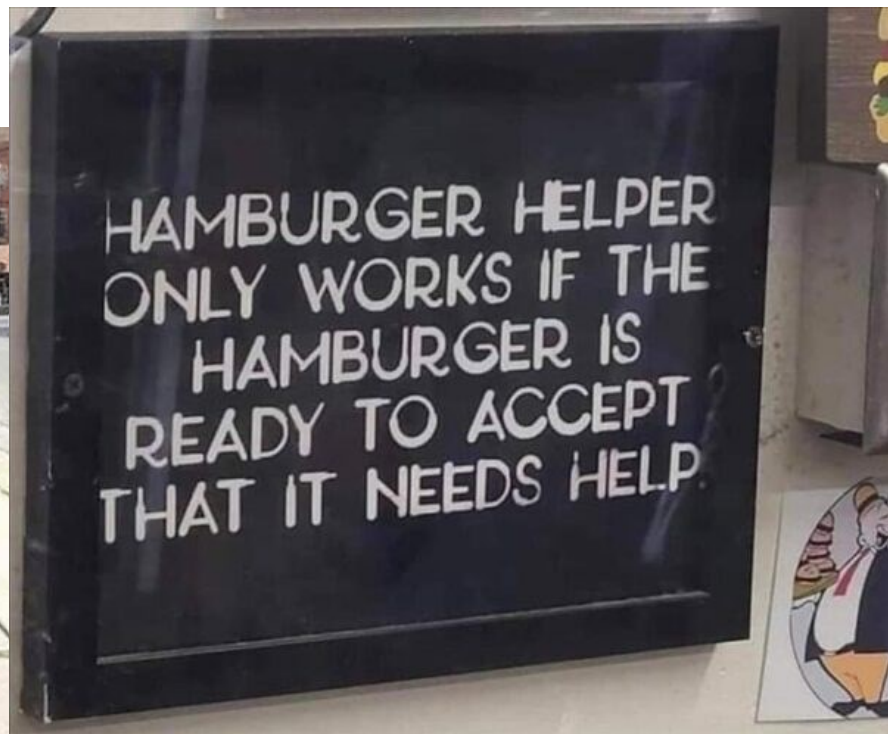
We ask groups to put together a themed basket.

The basket that receives the most tickets determines the winner of the Birthday Bash.

**Dinner, Speaker and lots of Fun!!**



On the Lighter Side



One year clean, and then I ran into my dealer at Publix...



You know  
it was a  
good day  
if you didn't  
Hit or  
Bite  
anyone.

NATHANIAL  
PARIZEK, age 4



*Points to Ponder*



**Not in jail,  
Not in a hospital,  
Not in a grave.**

**I'd say I've had a  
pretty good day.**





**March 2024**



Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_