



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat . . . — Bill W.



APRIL 2024

Volume 48; Issue 4

Intergroup Office News

The Appalachian Regional Roundup was a huge success! It is a treat to get to be a part of such a wonderful event. Getting to see so many happy, joyous and free sober alcoholics is truly inspiring. Not to mention the great lineup of speakers!! The dates next year will be later in the year so mark your calendars and book soon for May 16-18, 2025 at the Meadowview Marriot in Kingsport, TN, 423-578-6600.

East Tennessee Intergroup could not have had such a great weekend without our wonderful service workers. Special thanks to Dave, Mary, Peggy, Eddy, Sue, and Jack. They made the weekend run smoothly and we had so much fun.

We also took a table to the 2nd quarter assembly and were well received. Thanks to Linda for helping with that. The best part about these events is the relationship we build with other members.

If you'd like intergroup to come to an event you are having, just reach out to:

manager@etiaa.org.

In This Issue

- Wisdom Overheard in the Rooms.....p. 2
- AA Contribution Informationp. 4
- Intergroup Financial Reportp. 5
- March 2024 Intergroup Meeting Minutes.....p.6
- New Meetings, Birthdays, etc.....p. 7
- Bill's Last Message... p. 8
- Events.....pp. 9-19
- "On the Lighter Side"... p. 20
- "Ponder This.....p. 21

Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**

Office Service Workers

Robin Bob
 Dave S Peggy
 Dave R Patty
 Katie Maria
 Joan Mary
 Amy Melanie
 Glenn Charlie
 Jill Gerald
 Pete Beth
 Rick Dennis

Hotline

Jack
 Carol
 Bob
 Emily
 Anna
 Miles
 Randal
 Patrick
 Lee Anne
 Austin
 Luke

Intergroup Board

Dave S Amber
 Barb Marian
 Jacque H Fawn
 Jack F Fawn
 Susie Mel
 Jimmy Allison
 Becky Amber
 Scott Ken
 Sarah Letha
 Tiffany Jim
 Brian Nathan
 Dennis Talia

Website

Barb
 Sterling
 Eammon
 SuZanne



WISDOM OVERHEARD IN THE ROOMS

The Program of AA: A Spiritual place where Liar, Thieves and Cheats collectively come together to tell the "Truth." Anonymous

I will never get as well as I was sick. -- Gary M. (Men Who Trudge)

When life takes you to your knees, you're in the perfect position for praying. ~ Street Bob

Putting down the drink is just the ante to get into the game. -- Ben "Men Who Trudge"

The only thing that can keep GOD'S will out of my life.....is my will.

The more grateful I am, the more beauty I see. ~ thanks John G.

The 12 Steps are like underarm deodorant; It doesn't work unless you apply it every day. — Stu K.

"I took actions I didn't believe in and got results that I couldn't deny." Micheal P.

I am hopeless when the only person I am listening to is me. -- Andy S

In drunkenness I was surrendered by the bottle. In sobriety I was surrendered by life itself.
(Bob D. - 2018 Appalachian Regional Roundup)

The measure of my recovery is not if I get off the path; it's how quickly I get back on it. Scott L.
(Appalachian Regional Roundup 2022)

God loves you no matter what, and there's nothing you can do about it ~Father Hilary



A Manual for Alcoholics Anonymous

THE AKRON MANUAL (1940)

"Barefoot Bob says that this little booklet was written and being distributed within one year of the publication of the Big Book, which would date it back to 1940. On the basis of a number of statements made within the text, it certainly could not have been produced much later than that.

Read the rest here:

<https://silkworth.net/alcoholics-anonymous/a-manual-for-alcoholics-anonymous-the-akron-manual/>

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of even months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information.

District 2 meets the second Thursday of the month @6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

Weeknights

Weekends

Weekdays

Phones Night & Weekend

Weeknights

Weekends

Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

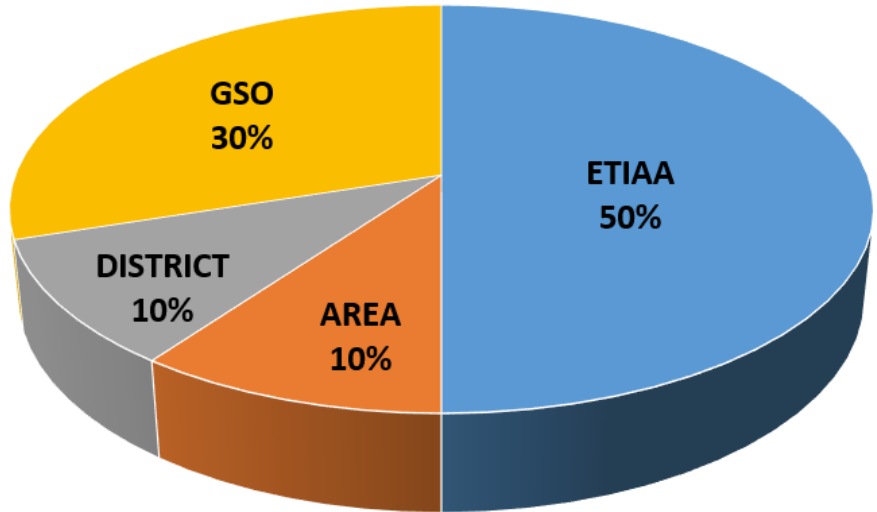
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
 865-320-8649
 Zelle Manager@etiaa.org or
 865-320-8649
 Venmo @ETIAA

NEW! { **General Service Office**
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664
District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.
1466 Darbee Dr.
Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point Drive
Clinton, TN 37716

NEW ADDRESSES
AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Please be sure to include your Group Name and Number.

Intergroup Financial / Contributions Report

GROUPS DONATING	Feb '24	Jul '23— Jun '24	GROUPS DONATING	Feb '24	Jul '23— Jun '24
1ST THINGS 1ST KNOXVILLE	825.00	2,181.00	MEMORIAL RECOVERY		150.00
4-WAY GROUP		200.00	METRO GROUP		500.00
BIG BOOK RECOVERY		25.00	MONDAY NIGHT MEN'S		812.95
BLOUNT COUNTY GROUP		400.00	MORRISTOWN GROUP		90.00
BREAKFAST CLUB	30.00	669.02	NEW BEGINNINGS KNOXVILLE		290.00
COLONIAL GROUP		300.00	NORRIS CLINTON GROUP		60.00
COLONIAL HEIGHTS		150.00	NORTH GATLINBURG		531.60
CONCORD GROUP	49.27	49.27	PHOENIX GROUP		997.00
CONTRIBUTION JAR		25.00	PRIMARY PURPOSE- OAK RIDGE	200.00	600.00
COOKIE GROUP		240.00	RISING FROM THE ASHES		560.00
DAILY REPRIEVE- MARYVILLE		50.00	RIVERSIDE GROUP		610.84
DANDRIDGE UNITY		64.00	ROANE COUNTY UNITY		450.00
DANIEL ELLIS		75.00	ROCKY HILL GROUP		305.00
DESIGN FOR LIVING	110.47	211.57	ROGERSVILLE GROUP		271.67
DISTRICT 50/51		1,860.00	SAT.MORNING BIG BOOK STUDY		1,276.00
DOWN ON THE RIVER		329.83	SEYMOUR SHARING		1,118.37
FOUNTAIN CITY SERENITY		300.00	SISTERS IN SOBRIETY		80.00
FRIDAY NIGHT OUT 160185		40.00	SPIRITUAL PROGRESS	60.00	120.00
GROUP WITH NO NAME		250.00	SQUARE CUSTOMER	33.23	2,726.07
HAPPY DESTINY		150.00	STEADY HAND GROUP		200.00
HAPPY HOUR		1,183.91	STEPPING THROUGH SOBRIETY		100.00
HAPPY HOUR ZOOM		1,020.10	TELLICO VILLAGE		120.00
HIGH NOON ROGERSVILLE		323.00	TENNESSEE GROUP	217.98	958.12
HIGH NOONERS-P40	750.00	1,375.00	TRUDGING THE ROAD		320.00
KEEP LEANING FORWARD	44.00	242.00	TUESDAY NIGHT LOUDON		100.00
KODAK HWY 66	100.00	400.00	TURNIP PATCH		144.16
LAFOLLETTE AA GROUP		485.04	WEARS VALLEY GROUP		81.00
LUNCH BUNCH BRISTOL		1,637.22	WEST KNOXVILLE GROUP		192.75
LUNCH BUNCH- GREENEVILLE		669.81	TOTAL	2,419.95	\$28,671.30

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



Alcoholics Anonymous®
www.aa.org

General Service Office of Alcoholics Anonymous

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

AA highlights here: [AAWS January 2024 Highlights](#)

Please direct all communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

March 18, 2024, Intergroup Board Meeting Minutes

Jacques H. opened with Serenity Prayer and Third Tradition at 6:35pm

Present in person and via Zoom: Clara, Jacque, Tiffany, Letha, Amber, Jimmy & Suzi, Mel, Jim F., Sandra, Nathan, Sara, David, Robert, Scott, Allison, Dave S., Pam S., Maria H., Bruce M., Ken L., Talia

Groups represented: Primary Purpose, TN Group, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Happy Destiny Group, Rockford Group, West Knox Group, Design for Living, Blount County, High Nooners, Sisters in Sobriety, Serenity Sisters, Trudging Group, Alphabet Soup

Motion to accept previous minutes David S., 2nd by Clara. All in favor.

Manager's Report – Clara M.

- Largest sales event yet! Numbers in progress, volunteers showed up and showed out!
- 2nd quarter assembly coming up.
- Time for office manager review again – see new business.

Treasurer's Report – Dave S.

- Contributions are lower so far this month.
- Checkbook will be balanced after Roundup information is finalized.
- Clara made motion to accept report, Sandra 2nd. All in favor.

Hotline Report – Jack F. - not present

- Reports All is well.

Office Service Workers – Dave S.

- There is a need to for someone for 2nd Sat. of the month 8:30am to 12pm; 1 year sobriety minimum.

Archives – Allison

- Reading through the Archives workbook.

Website – Barb S. – not present

Accessibilities – open

Spanish liaison – Maria H.

- Attended event at Nueva Esperanza – well organized and attended-many services.

CPC/PI – open

Treatment Report – Jacques H.

- 5051 attended and services offered.

Corrections Report – Marian G. - not present

Outreach Report – Ken L.

- Attended North Station
- Attended North Gatlinburg

Events – Jimmy and Suzi

- Several artists working on donations for Decade Bash September 14th.
- Working on several things for this year's bash.

Mobile Intergroup Report – open

OLD BUSINESS:

- Nothing to review currently.

NEW BUSINESS:

- Evaluation committee assigned for awesome manager annual review –Sandra, Mel, Dave S. to serve and review.
- Open positions to be announced in the area, discussion of those positions.

Meeting adjourned at 7:13pm (motioned by Mel, 2nd Dave S.). Closed with Responsibility Statement.

Next meeting will be held Monday April 15th, 2024, at 6:30pm in person and via Zoom.

New Meetings:

When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this than to support new meetings in our area?

NEW MEETING NAME	DAY/TIME	LOCATION
Maryville 12 Step Meeting	Sundays @ 7pm	Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN Meets in Auditorium
KNOXYPAA	Sundays @ 11am	The Gateway 530 W Fifth Ave.; Knoxville, TN
The Solution	Wednesdays @7:30pm	Polly Bales Building 4726 Airport Hwy.; Louisville, TN 37777
The Next Step	Thursdays @7:30pm	405 Roy Martin Rd #104 Johnson City, TN 37615
12 Step Family Meeting of AA AA/AI-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd.; Johnson City, TN 37604
Still Waters	Thursdays @8pm	Carter Co Drug Prevention South Hills Off. 210 South Hills Dr. Elizabethton, TN 37643
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92; Rutledge, TN 37861
The Bird House Women's Meeting Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 th Ave.; Knoxville, TN 37917
Girls Gone Sober	Wednesdays @6:30pm	Prospect Center 1426 E Center St.; Kingsport, TN 37664
Stone Cold Sober	Tuesdays @6pm	Cornerstone Christian Church 1411 Lantana Ln NW; Knoxville, TN 37912
Lafollette AA Group	Fridays @ Noon	300 Beech St Lafollette, TN 37766 Back side of building, corner classroom
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway 530 W Fifth Ave Knoxville TN 37917

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Reported AA Birthdays

Mar 22 — Joe C., Monday Night Men's Group **36 years**
Apr 7 — April R., Serenity Group..... **13 years**

Bill's Last Message

"My dear friends,

Recently an A.A. member sent me an unusual greeting which I would like to extend to you. He told me it was an ancient Arabian salutation. Perhaps we have no Arabian groups, but it still seems a fitting expression of how I feel for each of you. It says, "I salute you and thank you for your life."

My thoughts are much occupied these days with gratitude to our Fellowship and for the myriad blessings bestowed upon us by God's Grace.

If I were asked which of these blessings I felt was most responsible for our growth as a fellowship and most vital to our continuity, I would say, the "Concept of Anonymity."

Anonymity has two attributes essential to our individual and collective survival; the spiritual and the practical.

On the spiritual level, anonymity demands the greatest discipline of which we are capable; on the practical level, anonymity has brought protection for the newcomer, respect and support of the world outside, and security from those of us who would use A.A. for sick and selfish purposes.

A.A. must and will continue to change with the passing years. We cannot, nor should we, turn back the clock. However, I deeply believe that the principle of anonymity must remain our primary and enduring safeguard. As long as we accept our sobriety in our traditional spirit of anonymity we will continue to receive God's Grace.

And so—once more, I salute you in that spirit and again *I thank you for your lives.*


May God bless us all now, and forever."

**Read by Lois at the annual dinner given by the New York Intergroup Association in honor of Bill's 36th anniversary—October 10, 1970.*

If you don't want to slip, stay out of slippery places. Don't go to bars without a reason. Bars are for drinking. If you want to watch TV, you've got a set at home. If you want to play darts, go buy a dart board.

Call your sponsor. Stay close to the program. Double up on your meetings. When you get up in the morning, ask God to help you stay sober. When you go to bed at night, thank Him. If you can't get to a meeting, read the Big Book, read the Twelve & Twelve, pick up the phone and call somebody. Don't isolate, because when you're by yourself, you're in bad company. And let people know what's going on with you, because you're only as sick as your secrets.

And remember this: You're an alcoholic. You're not all better now. You'll never be cured. All you are, all you'll ever be, is one drink away from a drunk. — Unknown



Hello, my name is _____
and I'm an alcoholic....

Welcome to the Wednesday
night Speaker Tape meeting

AA Speaker Tape Meeting

Back to Basics

301 Oak Ridge Turnpike

Every Wednesday at 7pm

Come listen to a good AA speaker and the discussion to follow.

Maryville



12 Step Group

An Open Meeting of Alcoholics Anonymous

Meets every Sunday at 7pm

**Blount Memorial Hospital
907 E. Lamar Alexander Pkwy
Maryville, TN**

**Meeting is in the Auditorium
- ground floor of hospital**

Contact Bill T with questions 865-314-1261

**EXCITING
OPPORTUNITY AT
PARK 40 CLUB**

**Join Our Team
as Clubhouse
Manager**



Send Notice of Interest to park40club@gmail.com



JOIN US AT THE 44TH ANNUAL
COLONIAL HEIGHTS GROUP
GRATITUDE
DINNER

THURSDAY APRIL 4TH

Colonial Heights Presbyterian Church
213 Colonial Heights Road
Kingsport, TN 37663

SPEAKER: JENNIFER H-K FROM PLANO, TX

DINNER AT 6:00PM
SPEAKER AT 7:30PM



The Tennessee Group

6TH ANNIVERSARY EAT AND SPEAK

April 13th, 2024

*Ebenezer United Methodist Church
1001 Ebenezer Road Knoxville, Tennessee 37923*

Dinner at 6:00 pm

(Main dish and drinks included. Please bring side dish or dessert.)

Speaker at 7:30 pm

Amy D. from Louisville, KY

Guest Speaker



AA Convention with Al-Anon Participation



16th ANNUAL SPRING FLING CONVENTION

“Easy Does It”

April 19 - 21, 2024



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m. AA Speaker

Jennifer K. – Plano, TX

Friday 10:-00 p.m. YP Speaker

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m.

Workshop

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Catherine T. – Dallas, TX

Saturday 3:00 p.m. Speaker Panel

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Jason J. – Oregon City, OR

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Deb H. – Akron, OH

ACTIVITIES

FRIDAY

BBQ & Washer Games
Young People’s Meeting
Ice Cream Social
Games w/prizes

SATURDAY

Banquet
Table Trivia
Speaker Panel
Games w/prizes
DJ & Dancing

Hilton St. Louis Airport

Special Room Rate \$97

Mention Spring Fling code **SPR**

Reserve before 3/20/24 for reduced room rate

10330 Natural Bridge Rd

St. Louis, MO 63134

314-426-5500

www.springflingstl.com

Spring Fling Chair – Susan B. 314-583-5296

Registration Chair – Liz C. 314-479-3560

springflingconvention@yahoo.com

Merchandising &
Marathon Meetings &
Activities Room Open
All weekend long



FREE PARKING

PLEASE REGISTER EARLY!!!

To register, get information or sign up for Service: www.springflingstl.com

CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
- Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
- Make checks/money orders payable to Spring Fling Convention
- To sit together, please submit together – 10 people per table

Name: _____
Phone: _____ AA Al-Anon

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email: _____
Address: _____

City _____ State _____ Zip _____

Pre-Registration	\$20	_____
Door Registration	\$25	_____
Friday Night BBQ	\$15	_____
Friday Night Ice Cream Social	\$7	_____
Al-Anon Luncheon Saturday	\$25	_____
Banquet Saturday Night	\$40	_____
Sunday Breakfast Buffet	\$15	_____
Hospitality / Scholarship Donation		_____
Total Amount to be Paid		_____

Please list any special needs here: _____

Flyer revised 10-27-23

Cut-off for mail-in registration is April 12, 2024

The Soup's

A SERVING OF HOPE



SPECIAL SPEAKER

Linda H.

POTLUCK AT 6:30PM

SPEAKER AT 7:00PM

OPEN SHARE AT 7:30PM

**BRING YOUR FAVORITE DISH OR DESSERT,
OR JUST BRING YOURSELF!**

TUESDAY, APRIL 30

**ST. ANDREW'S
EPISCOPAL CHURCH
314 W BROADWAY AVE, MARYVILLE**



May 10 – 12th, 2024
Fall Creek Falls State Park
[Newton Ford Bunk]
Spencer TN



2nd Annual 3 LEGACIES WEEKEND

Speakers On: Recovery/Steps | Unity/Traditions | Service/Concepts
Dick C. . Jamie H. . Heather L.

Includes 5 meals and lodging with showers and a kitchen. Bring chairs, bedding, and/or sleeping bag and pillow. Join us for hiking, kayaking, and campfire meetings.

Price is \$70 prior to April 20th and \$75 after. Check, Cash, or Cash App accepted.

Check In 3:00-5:00 PM Friday.

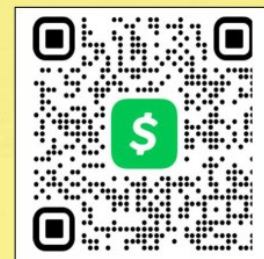
For reservations, more information, or to mail the fee:

Ted S. (423) 619-3772

Make check or Money Order out to (3 Legacies Weekend)

28563 SR30, Pikeville, TN 37367

**Scan for
Cash App**



Name/s _____

Address _____

Phone _____ Email _____

Amt Included _____ Like to Volunteer? _____

SPEAKER: JACQUE H.

FOUNDER'S DAY CELEBRATION



**BRING YOUR FAVORITE:
MAIN DISH, SIDE DISH, OR DESSERT!**

DELICIOUS MEATS WILL BE PROVIDED

ALL FRIENDS AND FAMILY ARE WELCOME

BRING YOUR LAWN CHAIRS!



SUNDAY, JUNE 9TH 2024

4:00 - 8:00 PM

TYSON PARK

**Basket Raffle! All proceeds to
benefit District 50/51**

We know it's far away but...

We'd like you to save the day!

East Tennessee Intergroup's

Annual Decades themed Birthday Bash

will be held the evening of

September 14th

at Trinity United Methodist Church

5613 Western Ave Knoxville, TN 37921

Encourage your Home group and Friends to dress up like the Decade of your choice!!

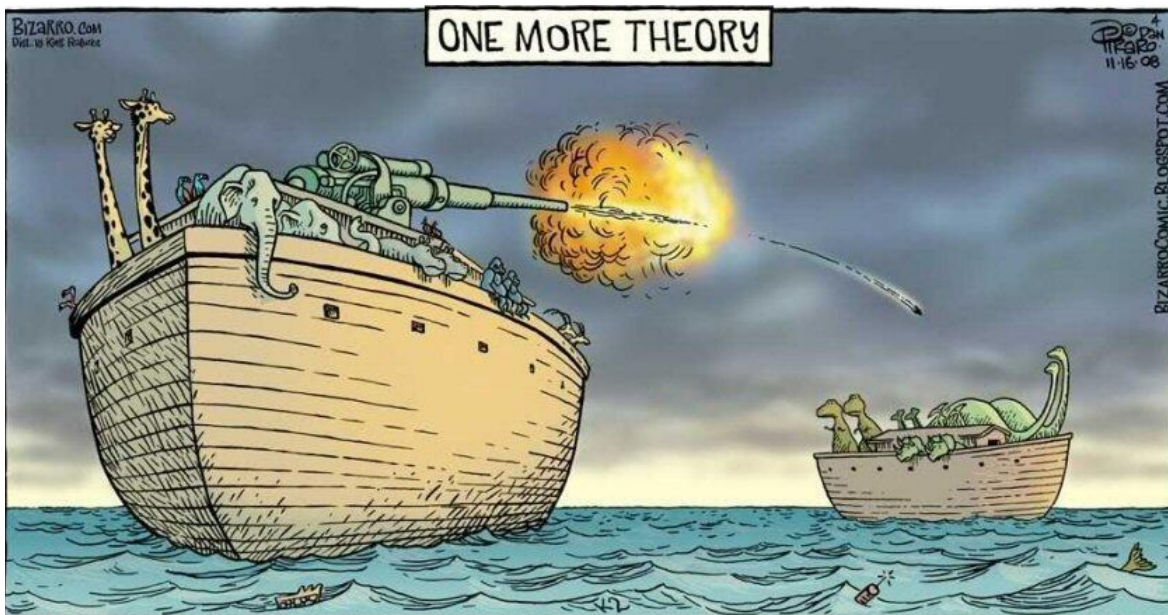
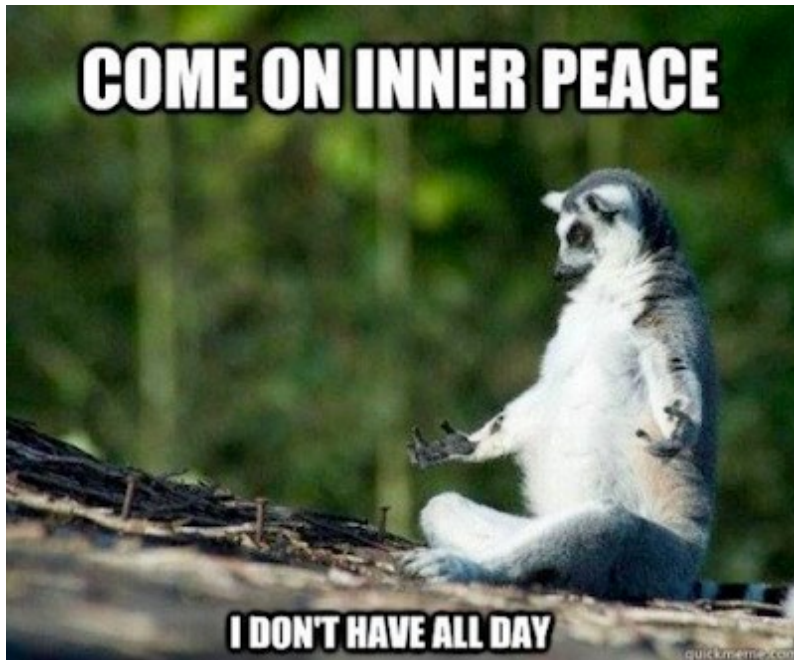
The basket contest is how we determine the most spirited group!

We ask groups to put together a themed basket.

The basket that receives the most tickets determines the winner of the Birthday Bash.

Dinner, Speaker and lots of Fun!!

I'M GLAD
THAT OUR
THOUGHTS DON'T
APPEAR IN BUBBLES
ABOVE OUR HEADS.



Points to Ponder

Just because you fit in, doesn't mean you're in the right place



we fall.
we break.
we fail.

but then,

we rise.
we heal.
we overcome.

When you've mastered the art of minding your own business



Worry is a conversation you have with yourself about things you cannot change. Prayer is a conversation you have with God about things He can change.

April 2024



Name _____

Address _____

City _____

State _____

Zip _____