



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat . . . — Bill W.

MAY 2024



Volume 48; Issue 5

Intergroup Office News

We are in the process of hiring a new office manager. The hiring committee is set to have a new person in place by the next Intergroup meeting on May 20th. Though it is a part time position, there's a lot that goes on behind the scenes to make this office function. If you have any questions, please email:

manager@etiaa.org.

You can find out more about the job description on our website:

<https://www.etiaa.org/wp-content/uploads/2023/09/CURRENT-BYLAWS-9.18.23.pdf> under ARTICLE ELEVEN.

We have a new Mobile Intergroup Coordinator. Thanks, Colleen, for stepping up! If you are willing to help Colleen by attending an event for ETIAA or if you'd like Mobile Intergroup at your groups' event, please email

manager@etiaa.org

and we'll pass the info along. This is a great way to connect East Tennessee Intergroup with people who might not know what resources we have to offer.

As a volunteer, it's a great way to have fun, stay sober, go to events you might not otherwise attend, and meet new friends.

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Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**

Office Service Workers

Robin	Bob
Dave S	Peggy
Dave R	Patty
Katie	Maria
Joan	Mary
Amy	Melanie
Glenn	Charlie
Jill	Gerald
Pete	Beth
Rick	Dennis

Hotline

Jack
Carol
Bob
Emily
Anna
Miles
Randal
Patrick
Lee Anne
Austin
Luke

Intergroup Board

Dave S	Amber
Barb	Marian
Jacque H	Fawn
Jack F	Fawn
Susie	Mel
Jimmy	Allison
Becky	Amber
Scott	Ken
Sarah	Letha
Tiffany	Jim
Brian	Nathan
Dennis	Talia

Website

Barb
Sterling
Eammon
SuZanne



The Record for Sobriety is 24 hours. — *Sober Voices - Raleigh Zoom Meeting*

Self Will can't stop Self Will.

"Part of the magic of AA is that the Fellowship, like the loving God who presides over us all, never gives up hope for the suffering alcoholic." West Palm Beach, FL, September 1986

Seen in a Alano club in Phoenix - "Magic happens in these rooms"

Sympathy, Empathy and Compassion are all free.

It's never really about me until I make it about me.

I came to this program to save my butt and found out it was attached to my soul."

— Anonymous

"True Humility means not thinking less of yourself, but thinking of yourself less."

— Anonymous

"Progress is making the same old mistake a little less often " -- Scott L. (2022 Appalachian Regional Roundup)



Dr. Bob's Third Step Prayer

Dear God, I'm sorry about the mess I've made of my life. I want to turn away from all the wrong things I've ever done and all the wrong things I've ever been. Please forgive me for it all. I know you have the power to change my life and can turn me into a winner. Thank You, God for getting my attention long enough to interest me in trying it your way. God, please take over the management of my life and everything about me. I am making this conscious decision to turn my will and my life over to your care and am asking you to please take over all parts of my life.

Please, God, move into my heart. However you do it is your business, but make Yourself real inside me and fill my awful emptiness. Fill me with Your love and Holy Spirit and make me know Your will for me. And now, God, help Yourself to me and keep on doing it. I'm not sure I want You to, but do it anyhow. I rejoice that I am now a part of Your people, that my uncertainty is gone forever and that You now have control of my will and my life. Thank You and I praise Your name.

Amen.

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of even months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information.

District 2 meets the second Thursday of the month @6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weeknights

☐ Weekends

Committees of Interest

Check only those you are willing to serve on:

☐ Public Information / Cooperation with the Professional Community

☐ Intergroup Representative

☐ Office Worker

☐ Archives

☐ Outreach

☐ Spanish Liaison

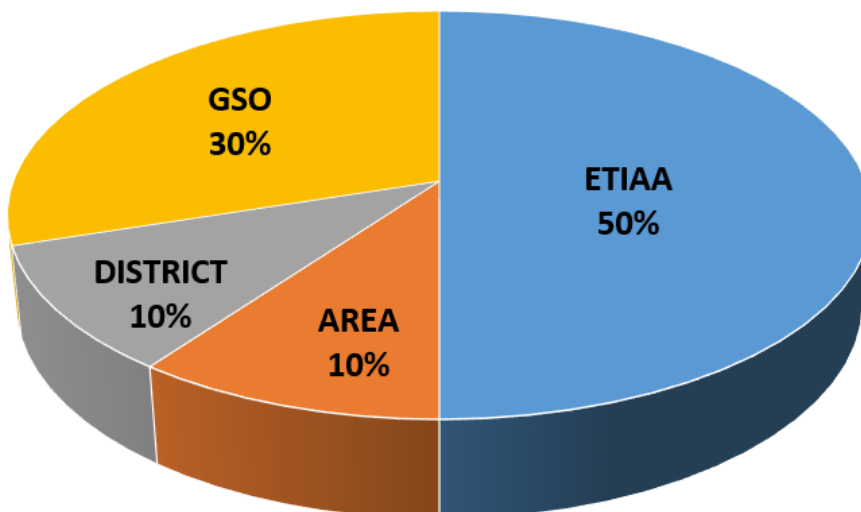
How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]

7TH TRADITION SUGGESTED CONTRIBUTIONS



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
865-320-8649
Zelle Manager@etiaa.org or
865-320-8649
Venmo @ETIAA

NEW! { **General Service Office**
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664
District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.
1466 Darbee Dr.
Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point Drive
Clinton, TN 37716

NEW ADDRESSES
AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Intergroup Financial / Contributions Report

GROUPS DONATING			GROUPS DONATING		
	Mar '24	Jul '23— Jun '24		Mar '24	Jul '23— Jun '24
1ST THINGS 1ST KNOXVILLE		2,181.00	MEMORIAL RECOVERY		150.00
4-WAY GROUP	50.00	250.00	METRO GROUP		500.00
BIG BOOK RECOVERY		25.00	MONDAY NIGHT MEN'S		812.95
BLOUNT COUNTY GROUP		400.00	MORRISTOWN GROUP		90.00
BREAKFAST CLUB		669.02	NEW BEGINNINGS KNOXVILLE		290.00
CARING AND SHARING	150.00	150.00	NORRIS CLINTON GROUP		60.00
COLONIAL GROUP		300.00	NORTH GATLINBURG		531.60
COLONIAL HEIGHTS		150.00	PHOENIX GROUP		997.00
CONCORD GROUP		49.27	PRIMARY PURPOSE- OAK RIDGE		600.00
CONTRIBUTION JAR	8.00	33.00	RISING FROM THE ASHES		560.00
COOKIE GROUP		240.00	RIVERSIDE GROUP		610.84
DAILY REPRIEVE- MARYVILLE		50.00	ROANE COUNTY UNITY		450.00
DANDRIDGE UNITY		64.00	ROCKY HILL GROUP		305.00
DANIEL ELLIS		75.00	ROGERSVILLE GROUP	200.00	471.67
DESIGN FOR LIVING		211.57	SAT. MORN'G BIG BOOK STUDY		1,276.00
DISTRICT 50/51		1,860.00	SEYMOUR SHARING		1,118.37
DOWN ON THE RIVER		329.83	SISTERS IN SOBRIETY		80.00
FOUNTAIN CITY SERENITY		300.00	SPIRITUAL PROGRESS		120.00
FRIDAY NIGHT OUT		40.00	SQUARE CUSTOMER	543.93	3,270.00
GROUP WITH NO NAME	120.00	370.00	STEADY HAND GROUP		200.00
HAPPY DESTINY		150.00	STEPPING THROUGH SOBRIETY		100.00
HAPPY HOUR	965.37	2,149.28	TELLICO VILLAGE		120.00
HAPPY HOUR ZOOM		1,020.10	TENNESSEE GROUP		958.12
HIGH NOON ROGERSVILLE		323.00	TRUDGING THE ROAD		320.00
HIGH NOONERS-P40		1,375.00	TUESDAY NIGHT LOUDON	100.00	200.00
KEEP LEANING FORWARD	27.00	269.00	TURNIP PATCH		144.16
KODAK HWY 66		400.00	WEARS VALLEY GROUP		81.00
LAFOLLETTE AA GROUP	387.75	872.79	WEST KNOXVILLE GROUP		192.75
LUNCH BUNCH BRISTOL		1,637.22			
LUNCH BUNCH- GREENEVILLE		669.81			
MARYVILLE 12 STEP	70.00	70.00			
			TOTAL	\$2,622.05	\$31,293.35

East Tennessee Intergroup of AA fiscal year is July 1 -June 30



April 15th, 2024 Intergroup Board Meeting Minutes

Jacques opened with serenity prayer at 6:31pm.

Present in person and via Zoom: Amy, Clara, Dave G., Dave S., Fawn, Letha, Becky B., Tiffany, Barb, Bryan G., Marian, Linda, Amber, Rhonda, Sandra, Jacques, Mel, Pam S., Amy, Karen, Bruce M., Scott, Maria H., Colleen, Rob, Nathan, Melanie, Will V.

Groups represented: Primary Purpose, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Happy Destiny Group, Rockford Group, West Knox Group, Design for Living, High Nooners, Sisters in Sobriety, Serenity Sisters, Roamer's group, Lenoir City group, TN Group, Seymour Sharing, Blount Cty Group.

Sandra made a motion to accept previous month's minutes, 2nd by Rob. All in favor.

Manager's Report – Clara

- Clara stepping down - needs to have position filled by June 2024.
- Still working through and sorting all of the Roundup sales and inventory information.
- Orders placed for more merchandise.

Treasurer's Report – Dave S.

- CONTRIBUTIONS ARE DOWN FOR LAST YEAR.
- 2 big merchandise orders in to restock office.
- Checking account has been balanced.
- Statement of Activity is available on the website (ETIAA.org).
- Report accepted. Mel made a motion, Amber 2nd. All approved.

Hotline Report – Jack F. - not present

Office Service Workers – Dave S.: All positions are covered but new volunteers are always welcome as back-up or replacements.

Archives – Allison: Getting established with GSO as Archives Chair for our area.

Website – Barb S. - not present: Time to find a replacement for this role.

Accessibilities – OPEN

Spanish liaison – Maria H. - no report at this time.

CPC/PI – OPEN

Treatment Report – Jacques H.

- Inclement weather prevented attendance of Dist 2.
- There will be a hybrid workshop for treatment development in our area.

Corrections Report – Marian G.

- District 2 is next meeting to attend May 5th.
- Request for attendance at Corrections Conference (new business).

Outreach Report – Ken L. (not present but report given to manager)

- Attended Conscious Contact group.
- Attended 12th Step meeting in Maryville - group needs support.

Events – Jimmy-not present, Mel sub'd in: September 14th date for Intergroup birthday party @ Trinity United Methodist.

Mobile Intergroup Report – OPEN

OLD BUSINESS: No evaluation of OM, position coming open.

NEW BUSINESS:

- Applications for OM will be accepted through April - Evaluation Committee agreed to be Interview Process Committee; interviews targeted for beginning of May in order to get new person trained in time prior to Clara's departure in June
- Marian requested to attend Committee Conference Nov. 8-10 in North Carolina- will keep costs under \$1000. Dave S. made motion, Amber 2nd. All accepted.
- CPC/CPI position opening to be filled with Sandra; All accepted.
- Mobile Intergroup position opening to be filled with Colleen P.; All accepted.
- Motion made by Dave S. to close the meeting; Mel 2nd. All approved.

The meeting was adjourned at 7:08pm, closed with the Responsibility Statement.

Next meeting will be held Monday May 20th at 6:30pm in person and via Zoom.

New Meetings:


When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this than to support new meetings in our area?

NEW MEETING NAME	DAY/TIME	LOCATION
Maryville 12 Step Meeting	Sundays @ 7pm	Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN Meets in Auditorium
KNOXYPAA	Sundays @ 11am	The Gateway 530 W Fifth Ave.; Knoxville, TN
The Solution	Wednesdays @7:30pm	Polly Bales Building 4726 Airport Hwy.; Louisville, TN 37777
The Next Step	Thursdays @7:30pm	405 Roy Martin Rd #104 Johnson City, TN 37615
12 Step Family Meeting of AA AA/Al-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd.; Johnson City, TN 37604
Still Waters	Thursdays @8pm	Carter Co Drug Prevention South Hills Off. 210 South Hills Dr. Elizabethton, TN 37643
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92; Rutledge, TN 37861
The Bird House Women's Meeting Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 th Ave.; Knoxville, TN 37917
Girls Gone Sober	Wednesdays @6:30pm	Prospect Center 1426 E Center St.; Kingsport, TN 37664
Stone Cold Sober	Tuesdays @6pm	Cornerstone Christian Church 1411 Lantana Ln NW; Knoxville, TN 37912
Lafollette AA Group	Fridays @ Noon	300 Beech St Lafollette, TN 37766 Back side of building, corner classroom
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway 530 W Fifth Ave Knoxville TN 37917

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Reported AA Birthdays

Apr 4 — Davis G., Monday Night Men's Group **3 years**
Apr 7 — Melissa R., TN Group **11 years**
Apr 12 — Severo K., Monday Night Men's Group **7 years**
Apr — Don C., Dandridge Unity Group **52 years**
Apr — Justin D., Dandridge Unity Group **16 years**
Apr — Tara R., Dandridge Unity Group **12 years**
May — Len A., Dandridge Unity Group **8 years**
May 4 — Debbie, TN Group **36 years**
May 10 — Bob, 1st Things 1st Group **39 years**
May 16 — David G., TN Group **32 years**
May 31 — Amy, 1st Things 1st Group **2years**



Hello, my name is _____
and I'm an alcoholic....

Welcome to the Wednesday
night Speaker Tape meeting

AA Speaker Tape Meeting

Back to Basics

301 Oak Ridge Turnpike

Every Wednesday at 7pm

Come listen to a good AA speaker and the discussion to follow.

Maryville

12 Step Group



An Open Meeting of Alcoholics Anonymous

Meets every Sunday at 7pm

**Blount Memorial Hospital
907 E. Lamar Alexander Pkwy
Maryville, TN**

**Meeting is in the Auditorium
- ground floor of hospital**

Contact Bill T with questions 865-314-1261

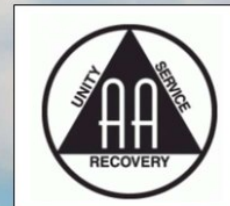
**EXCITING
OPPORTUNITY AT
PARK 40 CLUB**

**Join Our Team
as Clubhouse
Manager**



Send Notice of Interest to park40club@gmail.com

May 10 – 12th, 2024
Fall Creek Falls State Park
[Newton Ford Bunk]
Spencer TN



2nd Annual

3 LEGACIES WEEKEND

Speakers On: Recovery/Steps | Unity/Traditions | Service/Concepts
Dick C. . Jamie H. . Heather L.

Includes 5 meals and lodging with showers and a kitchen. Bring chairs, bedding, and/or sleeping bag and pillow. Join us for hiking, kayaking, and campfire meetings.

Price is \$70 prior to April 20th and \$75 after. Check, Cash, or Cash App accepted.

Check In 3:00-5:00 PM Friday.

For reservations, more information, or to mail the fee:

Ted S. (423) 619-3772

Make check or Money Order out to (3 Legacies Weekend)

28563 SR30, Pikeville, TN 37367

**Scan for
Cash App**



Name/s _____

Address _____

Phone _____ Email _____

Amt Included _____ Like to Volunteer? _____



Celebrating 3 Years!



The Friday Night Group
is Celebrating!



When: Friday, May 17th

Come Join Us!

For Dinner and a Speaker

Fellowship: Starts at 6 p.m.

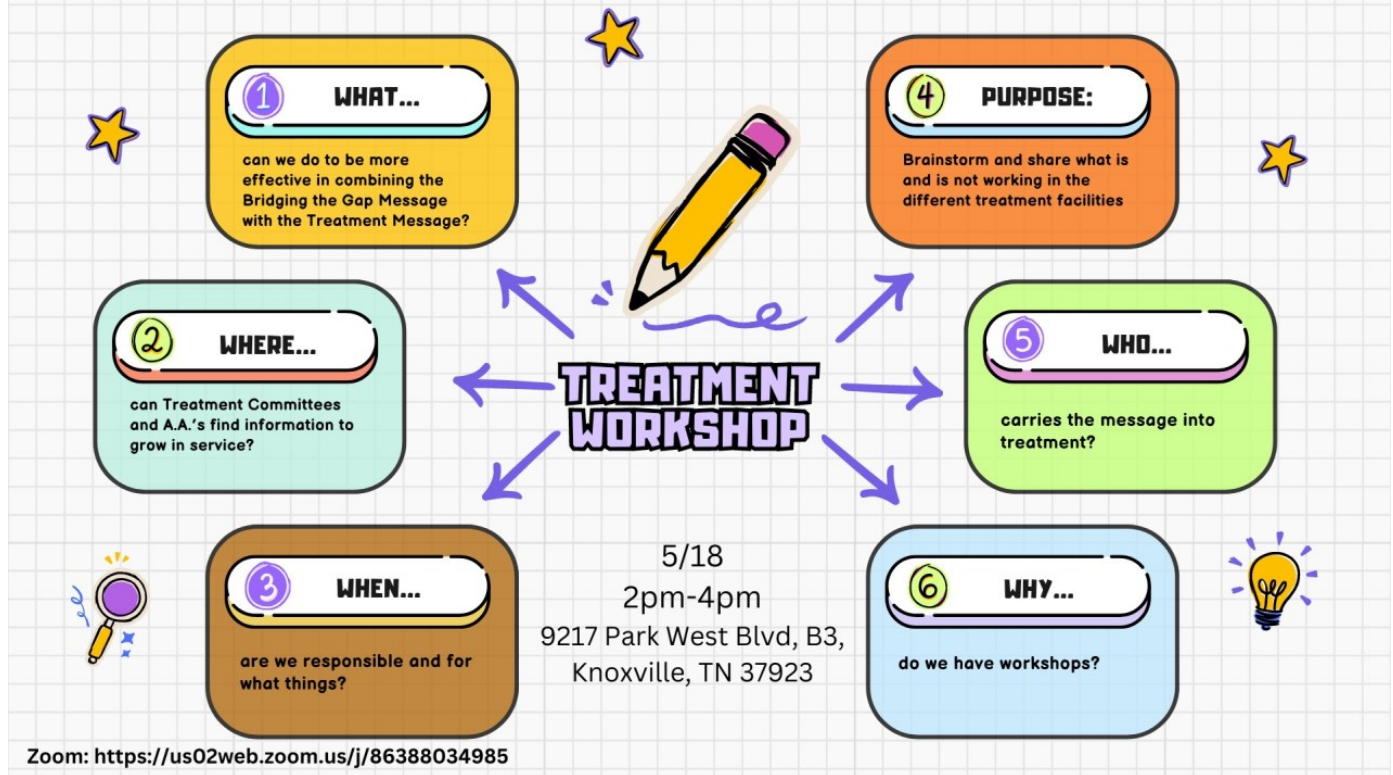
Dinner: Buddy's BBQ at 6:30 p.m.

Speaker: Judie B from Naples, FL at
7:00pm

Where: Concord United Methodist
11020 Roane Dr.
Knoxville, TN



*****Bring a Dish or a Dessert to Share***



**Games Fun and
Food!**

Bring the family

Serenity Club Picnic
170 N Jefferson Cir
Oak Ridge

May 25
1:00 – 4:00 PM

The Club will provide hot dogs,
hamburgers & potato salad.
Please bring a side dish or
dessert to share if possible.



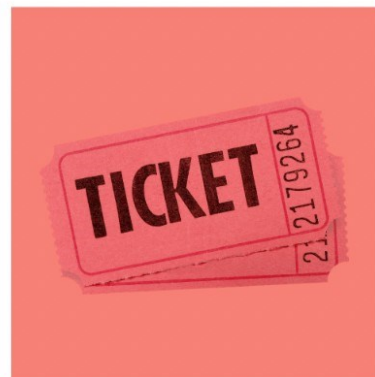
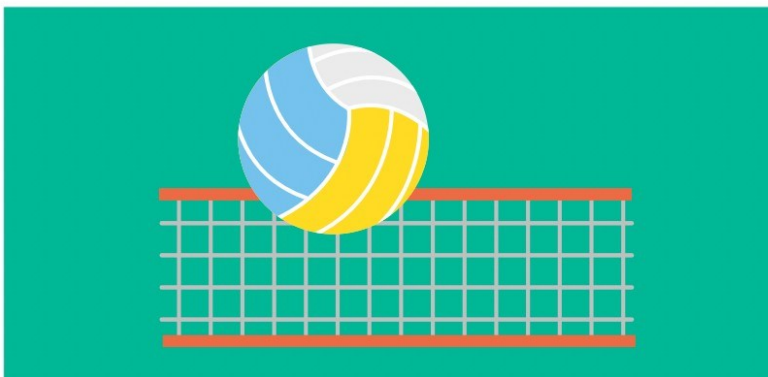
COOKOUT VOLLEYBALL 50/50 RAFFLE ANYTHING AUCTION

**GOT THINGS
YOU WANT
TO GET RID
OF? BRING
IT AND
WE'LL
AUCTION IT
OFF!**

**CONCORD PARK
11808 S.
NORTHSHORE DRIVE**

**TCYPAA
2025**

**JUNE 1
12-4**



**\$5 CCONTRIBUTION HIGHLY ENCOURAGED FOR FOOD
ALL PROCEEDS GO TO TCYPAA 2025**

SPEAKER: JACQUE H.

FOUNDER'S DAY CELEBRATION



**BRING YOUR FAVORITE:
MAIN DISH, SIDE DISH, OR DESSERT!**

DELICIOUS MEATS WILL BE PROVIDED

ALL FRIENDS AND FAMILY ARE WELCOME

BRING YOUR LAWN CHAIRS!



**SUNDAY, JUNE 9TH 2024
4:00 - 8:00 PM
TYSON PARK**

**Basket Raffle! All proceeds to
benefit District 50/51**

MUSIC CITY ROUNDUP

41st Annual Music City Roundup

July 4-7, 2024

Music City Sheraton
Nashville, TN

REGISTER
ONLINE

REGISTRATION
opens
March 1st

www.musiccityroundup.com

- Registration is \$25 per person
- You must book your hotel room separately

Call 888-627-7060 for assistance with our
room block or book via our website.

NOTE: Please check the hotel cancellation
policy as it has changed.

AA Speakers

Sammie G - Powhatan, VA
Bob D - Las Vegas, NV
Heidi S - Grove City, PA
Tom T - Staten Island, NY
Joe C - Palm Coast, FL

AA Workshops

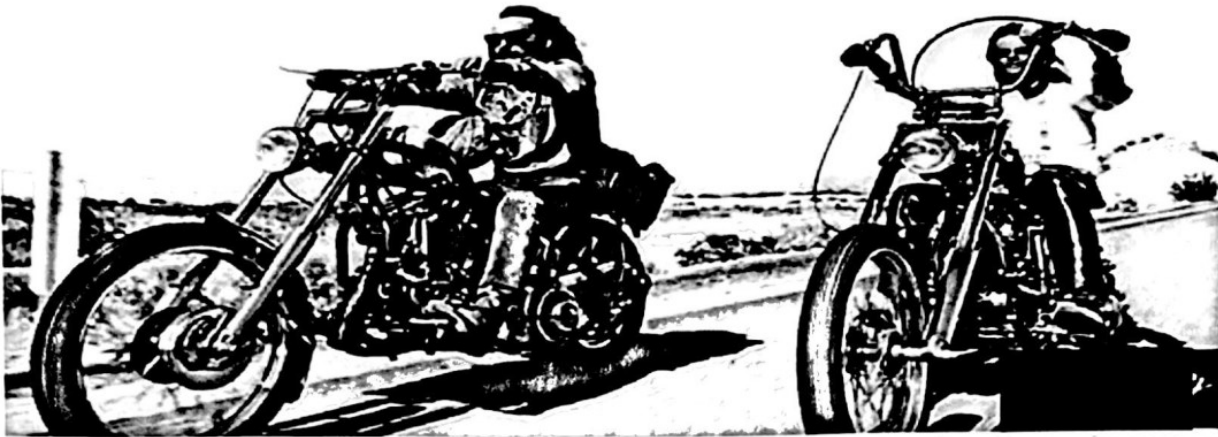
Georgia B - Los Angeles, CA
Joe C - San Diego, CA

Alanon Speakers and Workshops

Rick J - Ontario, CA
Sue L - Broomall, PA

Limited Alateen activities - Saturday only

United We Recover



SMA Δ CC

Motorcycles
Not Required

Southern Motorcyclists in Alcoholics Anonymous Camping Convention, XI

WHEN: Aug. 22-25, 2024

WHERE: Fall Creek Falls TN State Park,
Newton Ford Bunk House.

REGISTRATION: \$50, after Jul. 31st – \$60.
The registration fee will cover meals & lodging.



TO PRE-REGISTER WITH CASHAPP: Pay \$SMAACC931 on Cash App

TEE SHIRTS M, L, XL, 2X \$20 Use Pay \$SMAACC931 on Cash App to preorder

SPEAKERS: Jason J - Chattanooga, TN. Stacy N. Akron, Ohio -

Workshop: James B. and Tom O, - Cookeville TN

CONTACTS: DON G 270-576-8035 or DON R 931-239-1523

Name _____ AA _____
Address _____ Al-Anon _____
City, State, Zip _____ Others _____
Email _____ Sobriety Date _____
Would you like to volunteer? _____ Yes _____ No If yes, phone number _____

Please, let us know about any special needs _____

Pr-registration: \$50 _____ After July 31st, \$60 _____ Donation: _____ Total: _____

Mail to: SMAAC, 370 South Lowe Ave., BOX 242, Suite A, Cookeville, TN 38501



THIRD QUARTER ASSEMBLY

Hosted by Districts 11 & 12

September 6-8, 2024

SIMPLE,
but not
EASY

MANCHESTER CONFERENCE CENTER

147 HOSPITALITY BLVD
MANCHESTER, TN 37355

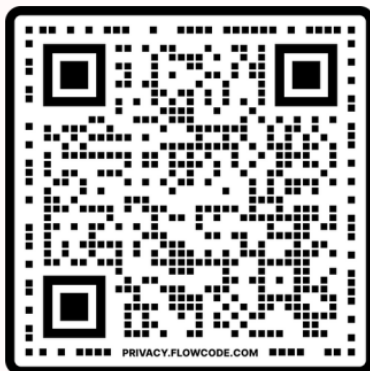
Holiday Inn: \$110

Comfort Suites: \$110

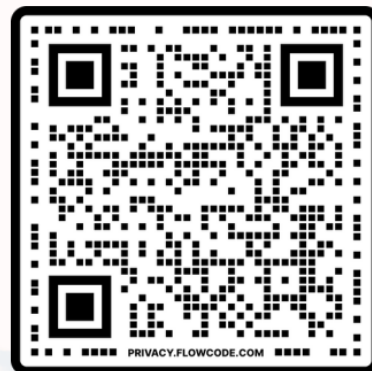
LaQuinta Inn: 20 rooms King Bed: \$119
10 suites: \$129



Code: Area 64



Code: Area 64



Code: AA

CUT-OFF DATE IS AUGUST 6

We know it's far away but...

We'd like you to save the day!

East Tennessee Intergroup's

Annual Decades themed Birthday Bash

will be held the evening of

September 14th

at Trinity United Methodist Church

5613 Western Ave Knoxville, TN 37921

Encourage your Home group and Friends to dress up
like the Decade of your choice!!

The basket contest is how we determine the most
spirited group!

We ask groups to put together a themed basket.

The basket that receives the most tickets determines
the winner of the Birthday Bash.

Dinner, Speaker and lots of Fun!!

**SEX
DRUGS
& ROCK
& ROLL**
*
just coffee
for me,
thanks



The awkward moment when you drive your Chevy to the levy and the levy isn't dry.



*This is what happens
when you're drinking
whiskey and rye.*

**DO YOU EVER GO OUT, AND
WHILE YOU'RE OUT, YOU
THINK, 'THIS IS EXACTLY
WHY I DON'T GO OUT'?**



"Some folks go through life pleased that the glass is half full. Others spend a lifetime lamenting that it's half-empty.

The truth is: There is a glass with a certain volume of liquid in it. From there, it's up to you!"

— Dr. James S. Vuocolo



May 2024



Name _____

Address _____

City _____

State _____

Zip _____