EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat... — Bill W. JUNE 2024

Intergroup News

Thank you East Tennessee Intergroup for giving me (Clara M., the outgoing office manager) the opportunity to work in such an encouraging environment for the last two years! My life has drastically changed in the last year, and it was time for me to work towards a different career. I'm excited to move forward as a Flight Attendant but will miss my AA family in East Tennessee tremendously. Luckily, I've learned that AA is everywhere and all I have to do is to call the local Intergroup or Central office to get plugged in.

We are excited to bring on Dawn W. as our incoming Office Manager. She is a quick learner with 20+ years of non-profit experience. She is a member of the Primary Purpose Group in Oak Ridge and will be celebrating 11 years of continuous sobriety on June 14^{th.} You can reach her by emailing <u>manager@etiaa.org</u> during her PART TIME office ours.

Please be gentle with her as she learns her new role!

— Clara M.

Volume 48; Issue 6

In This Issue

- Wisdom Overheard in the Rooms......p. 2
- AA Contribution Informationp. 4
- Intergroup Financial Reportp. 5
- May 2024 Intergroup Meeting Minutes......p.6
- New Meetings, Birthdays, etc.....p. 7
- Events.....pp. 8-18
- "Ponder This.....p. 20

Submissions

Is your group celebrating Birthdays/ Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: *Newsletter!*

| Office Servi | ice Workers |
|--------------|-------------|
| Robin | Bob |
| Dave S | Peggy |
| Dave R | Patty |
| Katie | Maria |
| Joan | Mary |
| Amy | Melanie |
| Glenn | Charlie |
| Jill | Gerald |
| Pete | Beth |
| Rick | Dennis |

Hotline Jack Carol Bob Emily Anna Miles Randal Patrick Lee Anne Austin Luke

Intergroup Board Dave S Amber Barb Marian Jacque H Fawn Jack F Fawn Susie Mel Allison Jimmy Becky Amber Scott Ken Letha Sarah Tiffany Jim Brian Nathan Dennis Talia

Website Barb Sterling Eammon SuZanne

Wisdom From The Rooms

The Record for Sobriety is 24 hours. — Sober Voices - Raleigh Zoom Meeting

Self Will can't stop Self Will.

"Part of the magic of AA is that the Fellowship, like the loving God who presides over us all, never gives up hope for the suffering alcoholic." West Palm Beach, FL, September 1986

Seen in a Alano club in Phoenix - "Magic happens in these rooms"

Sympathy, Empathy and Compassion are all free.

It's never really about me until I make it about me.

I came to this program to save my butt and found out it was attached to my soul."

— Anonymous

"True Humility means not thinking less of yourself, but thinking of yourself less."

— Anonymous

"Progress is making the same old mistake a little less often " -- Scott L. (2022 Appalachian Regional Roundup)

Dr. Bob's Third Step Prayer

Dear God, I'm sorry about the mess I've made of my life. I want to turn away from all the wrong things I've ever done and all the wrong things I've ever been. Please forgive me for it all. I know you have the power to change my life and can turn me into a winner. Thank You, God for getting my attention long enough to interest me in trying it your way. God, please take over the management of my life and everything about me. I am making this conscious decision to turn my will and my life over to your care and am asking you to please take over all parts of my life.

Please, God, move into my heart. However you do it is your business, but make Yourself real inside me and fill my awful emptiness. Fill me with Your love and Holy Spirit and make me know Your will for me. And now, God, help Yourself to me and keep on doing it. I'm not sure I want You to, but do it anyhow. I rejoice that I am now a part of Your people, that my uncertainty is gone forever and that You now have control of my will and my life. Thank You and I praise Your name.

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of even months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information.

District 2 meets the second Thursday of the month @6:30pm at the Mountain Home VA in Johnson City.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of ODD months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here: https://www.etiaa.org/contact-us/

| Lust remessee mergro | up of Alcoholics Anonymous – | Gratitude With Service form |
|---|---|---|
| Return to: ETI | IAA; 9217 Park West Blvd #B3; K | (noxville, TN 37923 |
| 865-522-9667 | <u>Manager@etiaa.or</u> | g <u>www.etiaa.o</u> |
| Date:*First N | ame Last N | ame |
| Address | *Ph | one |
| *City | *State*ZIP | Sex |
| E-mail address | Altern | ative Phone |
| ETIAA UNITY Newsletter Subscr <u>Volunteer Service O</u> Check only those you are willing t | | mail issues; \$12/year for mailed issues) <u>Committees of Interest</u> only those you are willing to serve on: |
| 12th Step List Volunteer Phon Weeknights Weekends | es Night & Weekend Public Weeknights Interg Weekends Office | Information / Cooperation with the ssional Community roup Representative Worker ves |
| Weekdays | Outre | ach |

7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

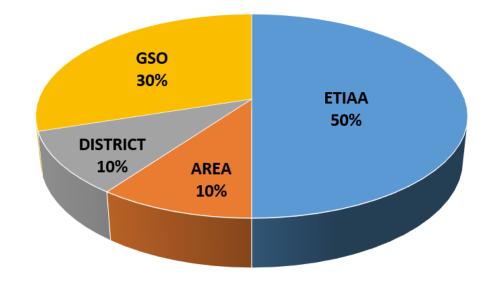
• The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.

• The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellow-ship, and provides information at all levels of service.

• The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.

• AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/ en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA 9217 Park West Blvd #B3 Knoxville, TN 37923 865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or 865-320-8649 Zelle Manager@etiaa.org or 865-320-8649 Venmo @ETIAA

General Service Office P.O. Box 2407 James A. Farley Station New York, NY 10116-2407 <u>www.aa.org</u> The GSO prefers online contributions

NEW

Area 64 Assembly 2500 Murfreesboro Pike Suite 105 Box 235 Nashville, TN 37217 www.area64assembly.org

District 1 Treasurer Barb Sapp 4137 Skyland Dr, Kingsport, TN 37664 District 2 Treasurer PO BOX 1872 Johnson City, TN 37605 District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer P.O. Box 6642 Maryville, TN 37802

District 6 Treasurer Richard B. 105 Mariner Point Drive Clinton, TN 37716

NEW ADDRESSES AA District 50/51 Treasurer 9217 Park West Blvd Suite B-3 (ETIAA) Knoxville, TN 37923 Please mail all District 50/51 contributions

to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Intergroup Financial / Contributions Report

| | | Jul '23— | | | Jul '23— |
|---------------------------------|----------|----------|------------------------------|------------|-------------|
| GROUPS DONATING | Apr '24 | Jun '24 | GROUPS DONATING | Apr '24 | Jun '24 |
| 1ST THINGS 1ST KNOXVILLE | 1,039.99 | 3,220.99 | MEMORIAL RECOVERY | 50.00 | 200.00 |
| 4-WAY GROUP | | 200.00 | METRO GROUP | | 500.00 |
| BIG BOOK RECOVERY | 30.00 | 55.00 | MONDAY NIGHT MEN'S | | 812.95 |
| BLOUNT COUNTY GROUP | 50.00 | 450.00 | MORRISTOWN GROUP | | 90.00 |
| BREAKFAST CLUB | 40.00 | 709.02 | NEW BEGINNINGS KNOXVILLE | | 290.00 |
| CARING AND SHARING | | 150.00 | NORRIS CLINTON GROUP | | 60.00 |
| COLONIAL GROUP | 100.00 | 400.00 | NORRIS GROUP | 60.00 | 60.00 |
| COLONIAL HEIGHTS | | 150.00 | NORTH GATLINBURG | | 531.60 |
| CONCORD GROUP | | 49.27 | PHOENIX GROUP | 308.56 | 1,305.56 |
| CONTRIBUTION JAR | 7.00 | 40.00 | PRIMARY PURPOSE- OAK RIDGE | 600.00 | 1,200.00 |
| COOKIE GROUP | 120.00 | 360.00 | RISING FROM THE ASHES | 73.03 | 633.03 |
| DAILY REPRIEVE- MARYVILLE | | 50.00 | RIVERSIDE GROUP | | 610.84 |
| DANDRIDGE UNITY | | 64.00 | ROANE COUNTY UNITY | 475.00 | 925.00 |
| DANIEL ELLIS | | 75.00 | ROCKY HILL GROUP | 200.00 | 505.00 |
| DESIGN FOR LIVING | 75.52 | 287.09 | ROGERSVILLE GROUP | | 271.67 |
| DISTRICT 50/51 | | 1,860.00 | SAT. MORNING BIG BOOK STUDY | | 1,276.00 |
| DOWN ON THE RIVER | | 329.83 | SERENITY IMPROVEMENT | 600.00 | 600.00 |
| FOUNTAIN CITY SERENITY | | 300.00 | SERENITY SISTERS | 584.54 | 584.54 |
| FRIDAY NIGHT OUT | | 40.00 | SEYMOUR SHARING | 312.14 | 1,430.51 |
| GROUP WITH NO NAME | | 370.00 | SIMPLY AA | 50.00 | 50.00 |
| GRUPO NUEVA ESPERANZA | 150.00 | 150.00 | SISTERS IN SOBRIETY | | 80.00 |
| HAPPY DESTINY | 100.00 | 250.00 | SPIRITUAL PROGRESS | | 120.00 |
| HAPPY HOUR | | 2,149.28 | SQUARE CUSTOMER | 40.00 | 3,281.00 |
| HAPPY HOUR ZOOM | | 50.00 | STEADY HAND GROUP | | 200.00 |
| HIGH NOON ROGERSVILLE | 110.00 | 433.00 | STEPPING THROUGH SOBRIETY | | 100.00 |
| HIGH NOONERS-P40 | | 1,375.00 | TELLICO VILLAGE | 100.00 | 220.00 |
| JOHNSON CITY WOMEN'S GROUP | 125.00 | 125.00 | TENNESSEE GROUP | | 958.12 |
| KEEP LEANING FORWARD | 30.00 | 299.00 | TRUDGING THE ROAD | | 320.00 |
| KODAK HWY 66 | 150.00 | 550.00 | TUESDAY NIGHT LOUDON | | 200.00 |
| LAFOLLETTE AA GROUP | | 872.79 | TURNIP PATCH | | 144.16 |
| LUNCH BUNCH BRISTOL | | 1,637.22 | WEARS VALLEY GROUP | 114.86 | 195.86 |
| LUNCH BUNCH- GREENEVILLE | | 669.81 | WEST KNOXVILLE GROUP | | 192.75 |
| MARYVILLE 12 STEP | | 70.00 | TOTAL | \$5,695.64 | \$35,739.89 |
| | | | | | |

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

May 20th, 2024 Intergroup Board Meeting Minutes

Jacques opened with serenity prayer at 6:32pm.

Present in person and via Zoom: Jacques, Clara, Fawn, Jack, Amber, Dave S., David, Jim, Pam S., Marian, Tiffany, Becky B., Bruce, Letha, Dawn, Karen, Jimmy, Bryan, Allyson, Scott, Nathan, Amy, Matt

<u>Groups represented</u>: Primary Purpose, So-So Group, Friday Night Group, Colonial Heights Group, Happy Hour Group, First Things First Group, Happy Destiny Group, Rockford Group, West Knox Group, Design for Living, High Nooners, Sisters in Sobriety, Serenity Sisters, Roamer's group, Lenoir City group, TN Group, Seymour Sharing, Blount Cty Group

Bryan made a motion to accept previous month's minutes, 2nd by Jack . All in favor

<u> Manager's Report – Clara</u>

• Clara has started training Dawn - highly experienced, will add Dawn Wyrick and Jacque Hollingsworth to Regions Bank account and removing Clara Mount and Rhonda Miller

Treasurer's Report - Dave S.

- · Contributions good in April but expenses were high
- Statement of Activity is available on the website (ETIAA.org)
- Report accepted. Bryan made a motion, Sandra 2nd. All approved.

Hotline Report - Jack F. : All is status quo

Office Service Workers - Dave S.: Gerald is available to return to service

Archives - Allison: Asking about storage for Archives

Website - Barb S. - not present

Accessibilities - OPEN

Spanish liaison - Maria H. - not present

CPC/PI – Sandra

- Gathering information and getting organized
- Treatment Report Jacques H.
- Attended District 3, provided info
- Attended hybrid workshop for treatment development in our area-very productive

Corrections Report – Marian G.

- Attended District 3
- Registered for attendance at Corrections Conference

Outreach Report - Ken L. (not present but report given to manager)

- Attended Central Group in JC, sharing info to get them involved
- Asking for co-chair to visit in tri-state area contact Ken via email or mobile kplaflamme@gmail.com, 865-456-7836
- Attended the First 164 downtown

Events – Jimmy: September 14th date for Intergroup birthday party @ Trinity United Methodist

Mobile Intergroup Report – Colleen P. - not present

OLD BUSINESS: n/a

NEW BUSINESS: Help spread word about Transformers meeting and its purpose to connect and assist newcomers.

The meeting was adjourned at 7:01pm, closed with the Responsibility Statement.

Next meeting will be held Monday June 17th at 6:30pm in person and via Zoom.

New Meetings:

When we support each other, we all grow! Tradition One states: *Our common welfare should come first; personal recovery depends upon AA unity.* What better way to practice this than to support new meetings in our area?

| NEW MEETING NAME | DAY/TIME | LOCATION |
|--|--------------------|---|
| Maryville 12 Step Meeting | Sundays @ 7pm | Blount Memorial Hospital 907 E Lamar Alexander Pkwy Maryville, TN Meets in Auditorium |
| ΚΝΟΧΥΡΑΑ | Sundays @ 11am | The Gateway 530 W Fifth Ave.; Knoxville, TN |
| The Solution | Wednesdays @7:30pm | Polly Bales Building 4726 Airport Hwy.; Louisville, TN 37777 |
| The Next Step | Thursdays @7:30pm | 405 Roy Martin Rd #104 Johnson City, TN 37615 |
| 12 Step Family Meeting of AA AA/AI-non | Saturdays @7pm | Covenant Presbyterian Church 603 Sunset Rd.; Johnson City, TN 37604 |
| Still Waters | Thursdays @8pm | Carter Co Drug Prevention South Hills Off. 210 South Hills Dr. Elizabethton, TN 37643 |
| Open Doors | Mondays @7pm | Blue Springs Baptist Church 956 Highway 92; Rutledge, TN 37861 |
| The Bird House Women's Meeting Childcare available & kid friendly | Tuesdays @5:30pm | Birdhouse Neighborhood Center 800 4 Th Ave.; Knoxville, TN 37917 |
| Girls Gone Sober | Wednesdays @6:30pm | Prospect Center 1426 E Center St.; Kingsport, TN 37664 |
| Stone Cold Sober | Tuesdays @6pm | Cornerstone Christian Church 1411 Lantana Ln NW; Knoxville, TN 37912 |
| Lafollette AA Group | Fridays @ Noon | 300 Beech St Lafollette, TN 37766 Back side of building, corner classroom |
| The Promises Group Closed Big Book Study [*] | Thursdays @ 2pm | The Gateway 530 W Fifth Ave Knoxville TN 37917 |

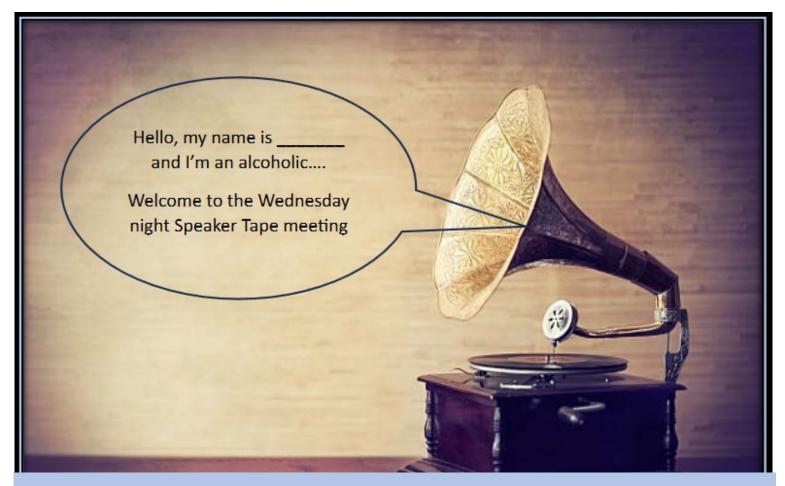
⁴ This meeting, because of its location and time of day, attracts a high percentage of participants who are very new to AA and recovery. The meeting would really benefit from participation from those with longer -term sobriety and a good understanding of the Big Book who can share their experience, strength, and hope during the meeting discussion. This meeting is frequented by several men and women in halfway houses and homeless shelters who are genuinely and earnestly seeking sobriety.

Please consider grabbing a friend, bringing your Big Book, and joining our meeting from time to time. This would be a great opportunity for a sponsor and sponsee to take in a meeting and carry the message

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to <u>manager@etiaa.org</u>

Reported AA Birthdays

| May 27 — Levi K., Monday Night Men's Group | . 15 years |
|---|------------|
| Jun 14 — Dawn W., Primary Purpose Oak Ridge | .11 years |
| Jun 28 — Jack F., Friday Night Group | .11 years |



AA Speaker Tape Meeting

Back to Basics

301 Oak Ridge Turnpike

Every Wednesday at 7pm

Come listen to a good AA speaker and the discussion to follow.



An Open Meeting of Alcoholics Anonymous

Meets every Sunday at 7pm

Blount Memorial Hospital 907 E. Lamar Alexander Pkwy Maryville, TN

Meeting is in the Auditorium - ground floor of hospital

Contact Bill T with questions 865-314-1261

DISTRICT 3 ANNUAL FAMILY PICNIC SUNDAY June 2, 2024



Guest Speaker: Mike T. from District 4

Where: Panther Creek State Park in Spoon Pavilion, Morristown, TN Time: 2pm to 5pm

Bring a side dish and/or chips! District 3 Providing: Burgers, Dawgs, Buns, Cheese, Condiments, Sodas, Ice, Plastic Ware, Cups and Plates. Activities: Games, Sober, 50/50 Sober

Annual Founders Day Dinner



Hosted by the Lunch Bunch and TSDD

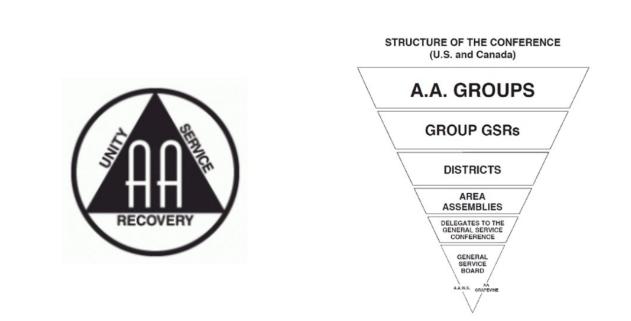
Friday evening, June 7, 2024

State Street United Methodist Church 650 Valley Drive, Bristol VA

Dinner at 6pm Speaker at 7:30 Mary H. Bristol, TN

Entrees and drinks provided. Please bring a side dish or dessert to share. Park in the back lot of the church and use back entrance.

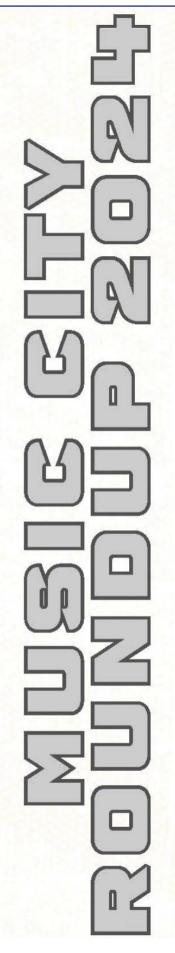




Districts 4, 50, 51 Post-Conference Discussion With Area 64 Delegate Jimmy W. Saturday June 29th 1:00PM – 4:00PM Eastern Time

Ebenezer United Methodist Church 1001 Ebenezer Road, Knoxville, TN 37923

Feedback on important AA issues discussed at the General Service Conference. All AAs Welcome!!!



41st Annual Music City Roundup

July 4-7, 2024

Music City Sheraton Nashville, TN



www.musiccityroundup.com

- Registration is \$25 per person
- You must book your hotel room separately

Call 888-627-7060 for assistance with our room block or book via our website.

NOTE: Please check the hotel cancellation policy as it has changed.



AA Speakers Sammie G - Powhatan, VA Bob D - Las Vegas, NV Heidi S - Grove City, PA Tom T - Staten Island, NY Joe C - Palm Coast, FL

AA Workshops Georgia B - Los Angeles, CA Joe C - San Diego, CA

Alanon Speakers and Workshops Rick J - Ontario, CA Sue L - Broomall, PA

Limited Alateen activities - Saturday only

28th Annual Southeast Woman to Woman Conference



- -

"Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation No Children Allowed in Conference Rooms



"OUR COMMON BOND" AUGUST 16-18, 2024

Hilton Charlotte University Place

8629 JM Keynes Drive – Charlotte, NC 28262

Reservations: 704-547-7444 or online at https://www.sewomantowoman.org/

King or Double rooms \$169 – Code SEW (Cutoff 07/10/24)

[Breakfast Saturday and Sunday mornings for registered hotel guests included in the room rate.]

Chair: Betty G. 704-491-1519 chairsew2w24@gmail.com Text Message Contacts

Co-Chair: Lisanne S. 704-905-1706

treassew2w24@gmail.com

Registration: Claudia H. 630-362-9086 RegisSEW2W24@gmail.com

CUT OFF DATE FOR ONLINE AND MAIL IN REGISTRATION IS 7/31/2024

Conference Registration: \$65.00 until March 31st \$70.00 April 1st to July 31st, then On-site Registration REGISTRATION IS TRANSFERABLE BUT NOT REFUNDABLE!

Register Online at https://www.sewomantowoman.org/ beginning October 15, 2023

Or: Clip and mail the Registration Form at the bottom with your payment

Queens Banquet: \$75.00 (Capacity is 400) Register Early Optional Dress Code: "Gowns, Crowns and Tiaras" Colors: Purple and Silver/White "We do clean up nicely!"

Clip and Mail Registration with payment **Payable to: Southeast Woman to Woman** Mailing Address: SEW2W, c/o Claudia Howard, 8705 Fox Chase Lane, Charlotte, NC 28269

| Name: | | Badge Name: | | |
|--|---------------------|--------------------|----------|-----------|
| Address: | | City: | , State | Zip |
| Contact Phone: | Email: | | Sober | Date: |
| Registration Fee: \$65.00 \$70.00 (AFTER 3/31/24) | | Banquet: \$75.00 |) AA | A Al-Anon |
| Are you willing to Volunteer? | Special Need | s: | | |
| | Souve | enirs: | | |
| Tumbler: \$20.00 T-Shirt: \$22.0 | 0 Hoodie: \$32.00 | Ball Cap \$15.00 S | _ M L XL | 2XL 3XL |
| тот | AL AMOUNT ENCLOSED: | \$ | | |

United We Recover



Southern Motorcyclists in Alcoholics Anonymous Camping Convention, XI

WHEN: Aug. 22-25, 2024

WHERE: Fall Creek Falls TN State Park, Newton Ford Bunk House. 0....0

REGISTRATION: \$50, after Jul. 31st – \$60. The registration fee will cover meals & lodging.

TO PRE-REGISTER WITH CASHAPP: Pay \$SMAACC931 on Cash App

TEE SHIRTS M, L, XL, 2X \$20 Use <u>Pay \$SMAACC931 on Cash App</u> to preorder SPEAKERS: Jason J - Chattanooga, TN. Stacy N. Akron, Ohio -Workshop: James B. and Tom O, - Cookville TN <u>CONTACTS: DON G 270-576-8035 or DON R 931-239-1523</u>

| Name | | | AA |
|------------------------------------|-----------------|--------|----------------------|
| Address | | | Al-Anon |
| City, State, Zip | | | Others |
| Email | | | Sobriety Date |
| Would you like to volunteer? | Yes | No | If yes, phone number |
| Please, let us know about any spec | ial needs | | |
| Pr-registration: \$50 After Ju | ıly 31st , \$60 | Donati | on: Total: |

Mail to: SMAAC, 370 South Lowe Ave., BOX 242, Suite A, Cookeville, TN 38501



THIRD QUARTER ASSEMBLY

Hosted by Districts 11 & 12

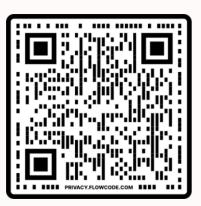
September 6-8, 2024



MANCHESTER CONFERENCE CENTER

147 HOSPITALITY BLVD MANCHESTER, TN 37355

Holiday Inn: \$110



Code: Area 64

Comfort Suites: \$110



LaQuinta Inn: 20 rooms King Bed: \$119 10 suites: \$129



Code: Area 64

Code: AA

CUT-OFF DATE IS AUGUST 6

We know it's far away but...

We'd like you to save the day!

East Tennessee Intergroup's

Annual Decades themed Birthday Bash

will be held the evening of

September 14th

at Trinity United Methodist Church

5613 Western Ave Knoxville, TN 37921

Encourage your Home group and Friends to dress up like the Decade of your choice!!

The basket contest is how we determine the most spirited group!

We ask groups to put together a themed basket.

The basket that receives the most tickets determines the winner of the Birthday Bash.

Dinner, Speaker and lots of Fun!!

On the Lighter Side





Is an emotional support dog supposed to look at you like this? Asking for a friend.

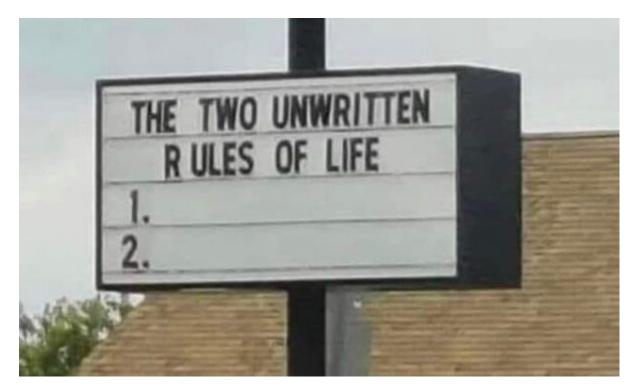


People who say they don't have enough time for my crap really need to manage their time better.

Points to Ponder

I feel you Emma

Name Emma Knight TO CELEBRATE THE 100th DAY OF SCHOOL When I am 100 years old ... When I turn bo years 010 be tired of everything t everyone. will tell everyone will I'm going to but accustall ando Bahamas Lill live the tiny hut In with order my tiny dag. will hungery & tacos when m fish life ive with MY best no crap.



June 2024

| Name | |
|----------|---|
| Address | - |
| i City | |
| State | - |
| | |
| <u> </u> | |