



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat . . . — Bill W.

SEPTEMBER 2024



Volume 48; Issue 9

Intergroup News

Happy 42nd Birthday to Intergroup! Come celebrate this milestone on September 14th at the Decades Party. More information can be found [here](#).

The intergroup office will be closing at 4pm on Wednesdays for the foreseeable future.

Anyone wishing to volunteer for every other Thursday or Friday, email manager@etiaa.org. Requirements are that you have one year of sobriety, a sponsor, and are working the steps.

I attended the ICOAA in August with 86 other Intergroup office workers. It was an information-filled few days and a great place to get ideas.

—Dawn W.

In This Issue

- Wisdom Overheard in the Rooms.....p. 2
- AA Contribution Informationp. 4
- Intergroup Financial Reportp. 5
- Editorial (Opinion) The Seventh Tradition...p. 5
- July 2024 Intergroup Meeting Minutes.....p.6
- New Meetings, Birthdays, etc.....p. 7
- Events.....pp. 8-15
- "On the Lighter Side"...p. 16
- "Ponder This".....p 17

Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**

Office Service Workers

Robin	Bob
Dave S	Peggy
Dave R	Patty
Katie	Maria
Joan	Mary
Amy	Melanie
Glenn	Charlie
Jill	Gerald
Pete	Beth
Rick	Dennis

Hotline

Jack
Carol
Bob
Emily
Anna
Miles
Randal
Patrick
Lee Anne
Austin
Luke

Intergroup Board

Dave S	Amber
Barb	Marian
Jacque H	Fawn
Jack F	Fawn
Susie	Mel
Jimmy	Allison
Becky	Amber
Scott	Ken
Sarah	Letha
Tiffany	Jim
Brian	Nathan
Dennis	Talia

Website

Barb
Sterling
Eammon
SuZanne

Spanish Liaison

Maria



Wisdom From The Rooms

"Spiritually is the relationship an individual has directly with God; and Religion created by man, is the dogma between God and the individual." -- Clardy S.

"If you reach out to help someone you better have something in your hand."

— Pat (Buffalo Men's mtg)

"A man of word and not of deeds is like a garden full of weeds." -- Phil B.

"I listen better at meetings I attend when I am out of town because I don't know who I am supposed to ignore." Dennis C.

"It's easier to eat crow when it's young and tender than when it's old and tough." David P. Buffalo Men's Zoom

"I used to eat my own BS until it tasted like chocolate." Preston W. Monday Night Men's group



The Serenity Prayer

God grant me the serenity
To accept the things I cannot change;
Courage to change the things I can;
And wisdom to know the difference.
Living one day at a time;
Enjoying one moment at a time;
Accepting hardships as the pathway to peace;
Taking, as He did, this sinful world
As it is, not as I would have it;
Trusting that He will make all things right
If I surrender to His Will;
So that I may be reasonably happy in this life
And supremely happy with Him
Forever and ever in the next.

Amen.

DISTRICT MEETINGS

District 1 Typically meets the first Saturday of even months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information.

District 2 meets the fourth Sunday of the month @6:30pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weeknights

☐ Weekends

Committees of Interest

Check only those you are willing to serve on:

☐ Public Information / Cooperation with the Professional Community

☐ Intergroup Representative

☐ Office Worker

☐ Archives

☐ Outreach

☐ Spanish Liaison

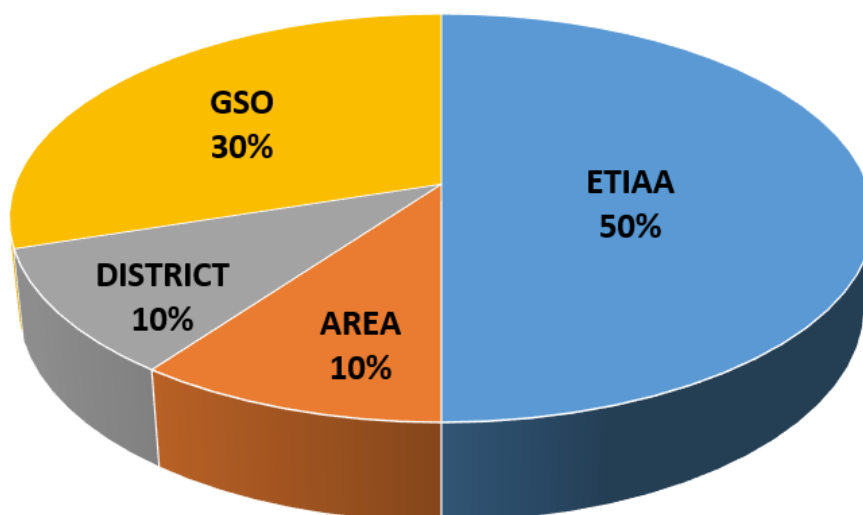
How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]

7TH TRADITION SUGGESTED CONTRIBUTIONS



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
865-320-8649
Zelle Manager@etiaa.org or
865-320-8649
Venmo @ETIAA

NEW! { **General Service Office**
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664
District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
John H.
1466 Darbee Dr.
Morristown, TN 37814

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Richard B.
105 Mariner Point Drive
Clinton, TN 37716

NEW ADDRESSES
AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Please be sure to include your Group Name and Number.

Intergroup Financial / Contributions Report

GROUPS DONATING	Jul '24—	
	Jul '24	Jun '25
1ST THINGS 1ST KNOXVILLE	800.00	800.00
4-WAY GROUP	50.00	50.00
APPALACHIAN REG. ROUNDUP	500.00	500.00
BIG BOOK RECOVERY	25.00	25.00
COLONIAL GROUP	100.00	100.00
DANDRIDGE UNITY	48.00	48.00
DOWN ON THE RIVER	230.00	230.00
HAPPY HOUR	381.80	381.80
HIGH NOON ROGERSVILLE	68.00	68.00
KEEP LEANING FORWARD	30.00	30.00
LUNCH BUNCH- GREENEVILLE	484.40	484.40
MARYVILLE 12 STEP	10.00	10.00
MEMORIAL RECOVERY	50.00	50.00
PHOENIX GROUP	345.00	345.00
ROAMERS	393.00	393.00
SEYMOUR SHARING	247.00	247.00
SQUARE CUSTOMER	35.00	35.00
TELLICO VILLAGE	100.00	100.00
TRUDGING THE ROAD	110.00	110.00
TUESDAY NIGHT LOUDON	80.00	80.00
TOTAL	\$4,087.20	\$4,087.20

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

Editorial On The Seventh Tradition (Opinion)

In a 12-and-12 meeting some weeks ago, our group was on the Seventh Tradition. After reading the entire chapter aloud, our group then discussed this tradition, how money and spirituality do mix in the basket, the necessity of individual contributions to pay the rent, have coffee for the meeting, have literature, and other things needed to run a meeting.

Then an interesting point of view was expressed by one of our members. He spoke of the business concept of “Return On Investment” or ROI. ROI is how any business or investor sees if the investment is profitable or not.

But speaking in terms of AA and the Seventh Tradition, he said that there is no investment company on earth, not a single business or individual, who has a greater ROI than we do in AA.

We may place a dollar, two dollars, or more into the basket at a meeting; but comparing that donation to our reclaimed lives, restored relationships, our abilities to hold down jobs, become responsible citizens, and find a God of our understanding FAR outweigh the small amounts we “invest” when the basket comes around.

And the reverse is true too... if we were to honestly put into the basket what our sober lives are worth, every AA group in the world would be overwhelmed with money and would not know what to do with it.

The ROI in Alcoholics Anonymous, from our donations to the benefits and promises we receive is far greater than any other form of investment on earth.

— Bill S., Friday Night Primary Purpose Group

August 19, 2024 Intergroup Board Meeting Minutes

Present: Jack F., Maria, Jacqui, Bruce, Beth, Letha, Scott S., Jim S., Nathan, Matt, Dave S., Sheena, Dawn, Fawn, Pam S. Sandra, Michelle, Dave R., Susie, Allison, Talia

Jacqui: MTA Secretary Report. Sandra 1st/Sheena 2nd – Accepted

Dawn – Manager's Report:

- The damage to the ceiling is being repaired.
- Please note to your groups that IG office takes special orders ie medallions, books, etc.
- Susie asked if the mobile IG will be bringing Jewelry or other items to sell at the Decades ball.
- Letha asked if there is an IG member phone list.
- Dawn noted that she replies to emails mainly on Monday, Wednesday and Friday. She will sometimes reply on Tuesday and Thursday.
- Beth asked if her email was received about two events happening in District 3. Dawn received the email and has forwarded to the person who uploads to the website.

Dave – Treasurer's Report: Contributions looks good. Jacqui MTA 1st Sandra/2nd Letha. Approved

Jacqui- Corrections Report: Nothing to report at this time.

Jack F.- Hotline: Contact Jack on the hotline number or call the Intergroup Office.

- Hotline status is good. One position is open from Monday at 4pm until Tuesday at 11am. Requirements: one year sober and taking the steps.

Dave S- Office Service Workers:

- IG will be closing Wednesdays at 4pm due to no volunteers working in the office.
- Current needs: Wednesdays 4pm-7pm every week, every other Thursday 1:30pm-4pm and every other Friday 3pm-7pm. One year sobriety required. Call IG office or email manager@etiaa.org

Archives – Dawn for Allison:

- Allison took a photo to Hobby Lobby to be framed for \$106.34.
- Allison is looking for “old items” relating to AA. Please email missy1of6@yahoo.com

Barb S. – not present

Maria – Spanish Speaking Liaison:

- Maria is available to sponsor Spanish speaking members.
- Dave mentioned IG has Spanish speaking literature available.
- Renovando Vidas is a Spanish speaking meeting on Mondays and Fridays 8-9pm. See meeting guide for other days and times.

Sandra- CPC/CI: Sandra attended a health fair and took literature in Oak Ridge. There was a long list of participants present. Need a pamphlet stand for future events.

Jacqui- Treatment: Nothing to report

Ken L. – Outreach: Dawn for Ken: Ken went to the Cookies group. They are experiencing low attendance and would like to see that increase. Ken visited Fresh Start meeting on MLK Blvd. They mentioned needing an IG representative and are having their Group Conscience meeting soon. Dave S. mentioned needing a female to chair in District 6 in Anderson Co. Jail.

Susie- Events: Susie is actively looking outside our district to other areas and surrounding counties to invite to Decades Ball. There are Decades Ball tee shirts available for \$10. Susie needs a bank bag to keep funds in for tee shirt sales. Susie asked if we could go ahead and get Sundays at 5 meeting scheduled to prepare for next year's IG birthday bash event. Next years volunteers for the 2025 event are already established. Susie asked if phone numbers to other GSR's in surrounding counties is available. Jacqui says you can email Secretary@Area64Assembly.org for more information on GSR information. The Secretary's name is Devin.

Colleen- Mobile IG. Went to resource fair and next event is Decades Ball.

Old Business- none **New Business-** none

Question: Letha- Does Mobile IG need volunteers for the Decades Bash or just in general? **Answer:** in general.

Jacqui- Meeting Adjourned. 1st Dave S. / 2nd Dave R. Pray Out. Adjourn.

New Meetings:

NEW MEETING NAME	DAY/TIME	LOCATION
The Next Step	Thursdays @7:30pm	405 Roy Martin Rd #104 Johnson City, TN 37615
12 Step Family Meeting of AA AA/AI-non	Saturdays @7pm	Covenant Presbyterian Church 603 Sunset Rd, Johnson City, TN
Still Waters	Thursdays @8pm	Carter Co Drug Prevention S. Hills Office 210 South Hills Dr, Elizabethton, TN
Open Doors	Mondays @7pm	Blue Springs Baptist Church 956 Highway 92, Rutledge, TN 37861
The Bird House—Women's Meeting; Childcare available & kid friendly	Tuesdays @5:30pm	Birdhouse Neighborhood Center 800 4 th Ave, Knoxville, TN 37917
Girls Gone Sober	Wednesdays @6:30pm	Prospect Center 1426 E Center St, Kingsport, TN 37664
Stone Cold Sober	Tuesdays @6pm	Cornerstone Christian Church 1411 Lantana Ln NW, Knoxville, TN
Lafollette AA Group	Fridays @ Noon	300 Beech St, Lafollette, TN 37766 Back side of building, corner classroom
The Promises Group Closed Big Book Study	Thursdays @ 2pm	The Gateway 530 W Fifth Ave, Knoxville TN 37917
Came to Believe	Wednesday @ 7pm	1010 New Hope Rd Rockwood, TN 37854
4 Way Group	Monday @ 7pm Effective July 1, 2024	Lyons Creek Baptist; 9235 Strawberry Plains Pike, Strawberry Plains, TN
Recovery Warrior Sisters	Monday @ Noon Effective July 15, 2024	The Gateway 540 W 5 th Ave, Knoxville TN 37917
Morristown Group	Wednesday @ 6:30am	314 S Fairmont, Morristown, TN 37813
Rockford AROC	M-Tu-W-Th-F @ 10am	3722 Old Knoxville Hwy, Rockford, TN 37853

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Reported AA Birthdays

Sep 5 — Jack T., Monday Night Men's Group.....38 years
 Sep 7 — Bill R., Monday Night Men's Group.....40 years
 Sep 14 — Bill P., Monday Night Men's Group..... 22 years
 Sep 16 — Cory M., Monday Night Men's Group.....1 year
 Sep 19 — Michael P.....6 years
 Sep 23 — Marvin S.....22 years
 Sep 5 — Angela3 years
 Sep 8 — Cinnamon 1 year
 Sep 16 — Cassidy.....8 years
 Sep 18 — Deb, Tellico..... 2 years
 Sep 28 — Robin Y., Intergroup.....16 years
 Sep 6 — Rickey Y.,.....11 years

**172 years of
Sobriety**




MORNING GLORY

Friday Mornings @ 7:30 AM

3100 W Old Andrew Johnson Hwy,
Strawberry Plains, TN 37871
865.936.4571

*"the only requirement for A.A.
membership is a desire to stop
drinking."*



Maryville

12 Step Group



An Open Meeting of Alcoholics Anonymous

Meets every Sunday at 7pm

**Blount Memorial Hospital
907 E. Lamar Alexander Pkwy
Maryville, TN**

**Meeting is in the Auditorium
- ground floor of hospital**

Contact Bill T with questions 865-314-1261



THIRD QUARTER ASSEMBLY

Hosted by Districts 11 & 12

September 6-8, 2024

SIMPLE,
but not
EASY

MANCHESTER CONFERENCE CENTER

147 HOSPITALITY BLVD
MANCHESTER, TN 37355

Holiday Inn: \$110

Comfort Suites: \$110

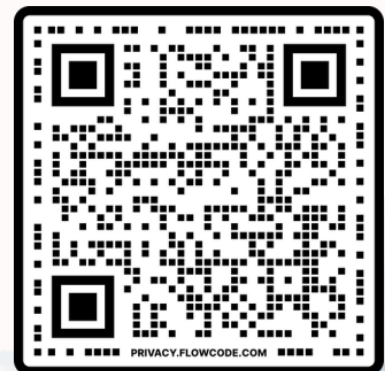
LaQuinta Inn: 20 rooms King Bed: \$119
10 suites: \$129



Code: Area 64



Code: Area 64



Code: AA

CUT-OFF DATE IS AUGUST 6

WOO HOO INTERGROUP IS 42

Your text here

3RD ANNUAL DECADE PARTY

PLACE: TRINITY UNITED METHODIST CHURCH

5613 WESTERN AVE., KNOXVILLE, TN 37921

DATE: SEPTEMBER 14, 2024

TIME: 6:00 – 11:00

- 6:00 – 7:30 - EAT
- 8:00 – 9:00 GUEST SPEAKER, VIDAL, FROM KEY WEST
- 9:00 – 10:00 SOBRIETY COUNT DOWN
- 10:00 - BASKET DRAWINGS



BUDDY'S B-B-Q
PULLED PORK ,
PULLED CHICKEN
AND BIRTHDAY CAKE
WILL BE SERVED

WE ASK EVERYONE
TO BRING A
COVERED DISH TO
SHARE

DONATE A DECADE
BASKET TO BE
VOTED ON: \$1.00
PER VOTE OR 6
VOTES FOR \$5.00

CUSTOM TROPHY
WILL BE PASSED ON
TO THE WINNER
WITH THE MOST
VOTES

GROUP CONSCIENCE
VOTE IN WHAT
DECADE YOU WILL
DRESS UP LIKE AND
COME AS A GROUP

20'S
GANGSTER

50'S
ROCK
HOP

60'S
HIPPIES

70'S
DISCO

80'S
BIG
HAIR

90'S
GRUNGE

00'S
Y2K

RSVP ASAP to 865-223-8266

To book a room:

HOLIDAY INN EXPRESS & SUITES
114 Tulsa Rd.
Oak Ridge, TN 37830

To make reservation call: (865)298-1900

Request a **Special Rate** under the group name **EVIAA**.

A valid credit card will be required to guarantee the reservation.

If you have any questions, contact Joe Valentino at: joe@kisnahospitality.com

You're invited to

**DISTRICT 4
ANNUAL PICNIC
SEPTEMBER 22**

Food, Fun and Fellowship!

**Louisville Point Park
3298 Cox Road
Louisville, TN 37777**

**Fried chicken and soft drinks
will be provided.
Bring a side dish or
dessert to share.**

Eat at 2pm

Speaker at 3pm





CELEBRATE THE 10th ANNIVERSARY of the

TRUDGING THE ROAD GROUP

Holy Trinity Church

475 N. Hwy 92, Jefferson City, TN held in lower building

Sunday September 29th

Doors open 5:00 pm for Ice Cream Social

6:00 pm AA Meeting

Speaker: Tabatha T.

AA GRAPEVINE

Record Your Story Workshop



Here is your opportunity to share your story in the AA Grapevine and you don't even have to write it down!

We'll be meeting together and taking turns recording our stories to the Grapevine by using our cell phones. It could be on a variety of topics, i.e. early sobriety, first sponsor, making amends etc. The Grapevine team will let us know if our stories will be published.

The stories should be between 6-8 minutes.
There will be other instructions to follow on the day of the workshop.

Place: 314 South Fairmont Ave.
Morristown

Date: October 5, 2024

Time: 2:00pm

Please call Dodie A. if you are planning to attend by 9/28 or if you have any questions. (406) 240-5700

Refreshments will be served.

50th Annual Memphis Bluff City Fellowship

The Joy of Living!

The Great Hall &
Conference Center
1900 Germantown Rd
Germantown, TN 38138

Hotel Rooms:
Hampton Inn 1680 S. Germantown Rd
Germantown TN.
(901)-309-0555

Speakers

Bill F. Memphis, TN
Cliff G. Oklahoma City
Leslie S. Atlanta GA
Lori G. Oklahoma City
Snow P. Boca Raton FL
Brenda J. McKinney, TX
Clemente C St Louis Mo,

Oct. 17 – 20 2024

Recovery Repertory Théâtre,
Fellowship, Food & More!

Registration Form

Name: _____

Address: _____

Email address: _____

AA or Alanon: _____

Are you available to help.

Yes or No (please circle one)

Registration or Hospitality? _____

Donate to Scholarship Fund? Yes or No (please circle one)

Is this your first convention? Yes or No (please circle one)

Price: \$25 before June 1, \$30 prior to convention, \$35 at the door



For the latest information, please view our website:
Registration is now open on the website
<https://www.bluffcityfellowship.com>

FOURTH QUARTER AREA 64 ASSEMBLY 2024

RIGHT of PARTICIPATION

**Holiday Inn
and Suites
Memphis
Southeast –
Germantown**

**7730
Centennial
Dr.
Memphis
TN.
38125**

**NOVEMBER
15-17**

**Contact: Mark M.
(662)874-7144**

**ROOM CODE:
AREA 64
ASSEMBLY**

The cut off date to
book at \$119 + tax
room rate is October
16. Please be sure
to book with room
code.

Parking is free and
inside a gated lot.

**Hotel Number:
(901) 730-0015**



On the Lighter Side

Therapist: What do we say to people to let them know we're welcoming them into our lives?

Me: Buckle up.

Therapist: No.

600-pound Man Arrested After Running Drug Operation All From His Bed



Tha' harlem spartans
@retro_markus

"Breaking bed"



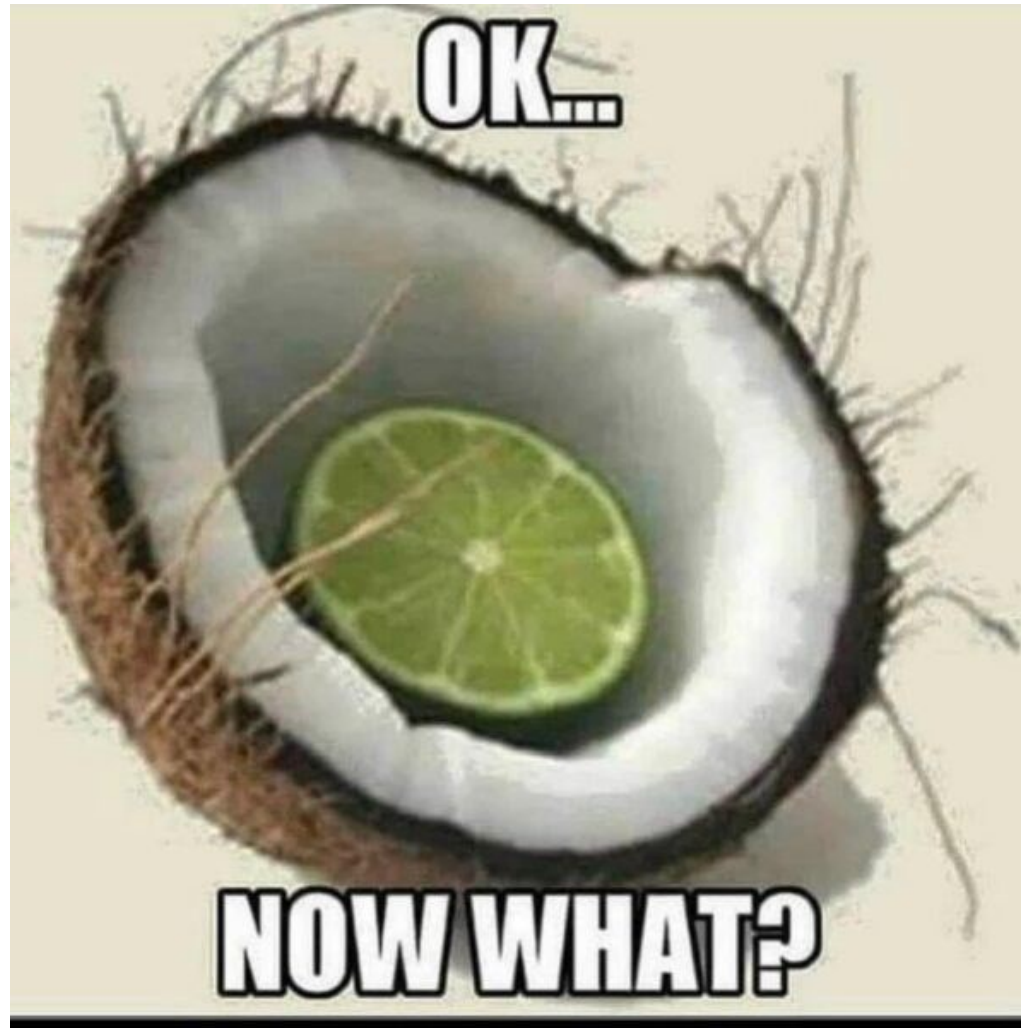
I don't think I get enough credit for the fact that I do all of this unmedicated.

Points to Ponder

I try to take just
one day at a time...



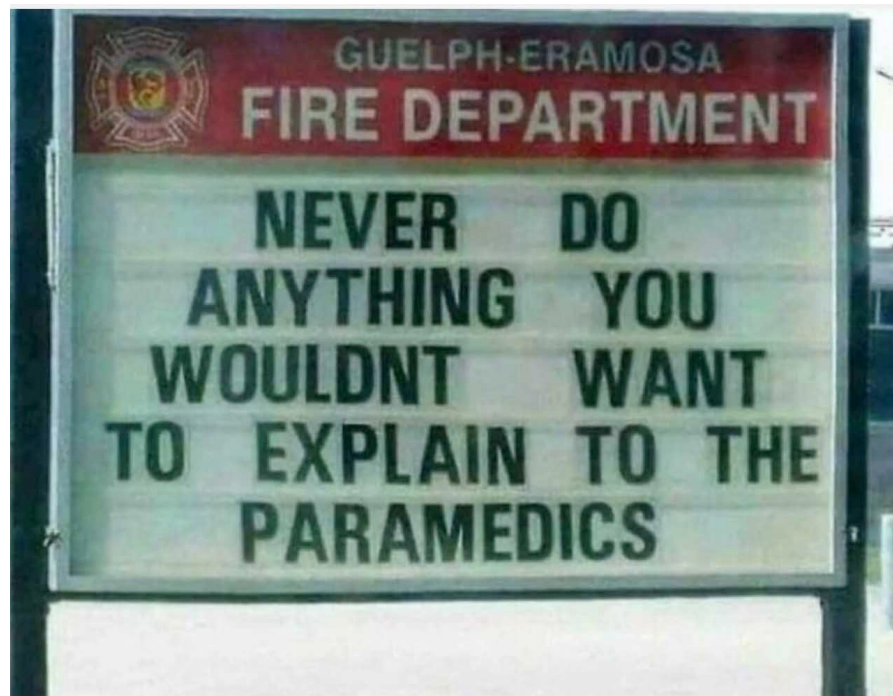
but lately several days
have attacked me at once.



THE PATH TO INNER PEACE BEGINS
WITH 3 LITTLE WORDS



NOT MY PROBLEM



September 2024

Name_____

Address_____

City_____

State_____

Zip_____