

## **EAST TENNESSEE INTERGROUP**

## **UNITY** NEWSLETTER





Without unity, the heart of A.A. would cease to beat . . . — Bill W.

MARCH 2025

## **Intergroup News**

Happy Spring! The office is well stocked, and the warmer weather is bringing out a good number of shoppers. Friday office hours are now 9am – 4pm.

The Area 64 assembly is March 28-30 in Gatlinburg. Information can be found at https://www.area64assembly.org/events/

The East Tennessee Intergroup will be represented at this event.

A special request for submitting flyers: If possible, please avoid colored backgrounds. Printing dark colors uses ink quickly. Also, PDF documents are preferred.

Effective Feb 7, 2025 the office hours for Fridays will be 9am- 4pm. All other days remain unchanged.

Intergroup office hours will be:

Monday 11a - 4p Tuesday 11a - 4p Wednesday 9a - 7p Thursday 11a - 4p Friday 9a - 4p Saturday 8:30a - 12:00p Sunday (Closed)

## \_ Dawn W.

Office Serv	rice Workers	<u>Hotline</u>	[OBJ]		Website
Bryan	Rick	Carol	Dave S	Amber	Amy Sterling
Robin	Cathy	Bob	Barb	Marian	Eammon
Dave S	Bob	Emily	Jacque H	Fawn	SuZanne
Dave R	Peggy	Anna	Jack F	Fawn	Spanish
Joan	Mary	Miles	Susie	Mel	<u>Liaison</u>
Amy	Charlie	Randal	Jimmy	Allison	
Glenn	Gerald	Patrick	Becky	Amber	Maria
Jill	Beth	Lee Anne	Scott	Ken	
Pete	Dennis	Austin	Sarah	Letha	
		Luke	Tiffany	Jim	
		Bryan	Bryan	Nathan	
			Dennis	Talia	

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## **Submissions**

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AArelated questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org
Subject line: Newsletter!



I know God got me sober because he's the only one I asked! -- Jimmy L. Boca Raton

"And finally the pain of hanging on was greater than the pain of letting go."-- Laurie-Anne L.

"I admit I am powerless, but that does not mean helpless or hopeless."-- Tim R.

If you are having a problem with Higher Power today, imagine the problem Higher Power is having with you. -- Stu K.

God doesn't need my permission to change my life; but he does need my cooperation

"I can't get drunk on yesterday's booze, and I can't stay sober on yesterday's sobriety." -- Gary M.

A lighthouse has a lot more value in a rainstorm than on a sunny day. -- Jeffrey A. - Buffalo

"You can choose your choices but you can't choose your consequences." Heard at Bristol's Lunch Bunch meeting

"The Promise of the 12 Steps is that we will wake up spiritually." -- Mildred F.





Left: An old newspaper illustration for the article "The Resilience of Alcoholics Anonymous."

The article can be read here:

https://www.naadac.org/a ssets/2416/aa&r\_winter20 14\_spirituality\_and\_addict ion\_recovery-an\_intervie w\_with\_ernie\_kurtz\_phd. pdf

### **DISTRICT MEETINGS**

**District 1** Typically meets the first Saturday of <u>odd</u> months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information. (*Note change.*)

**District 2** meets the fourth Sunday of the month @6:30pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

District 3 meets the first Sunday of the Month @12:30pm at the Morristown Group.

District 4 meets the first Sunday of ODD months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

**District 6** meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

**Intergroup Committee** meets the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

## Want to do Service Work for Intergroup?

Use the form below, OR sign up online here: <a href="https://www.etiaa.org/contact-us/">https://www.etiaa.org/contact-us/</a>

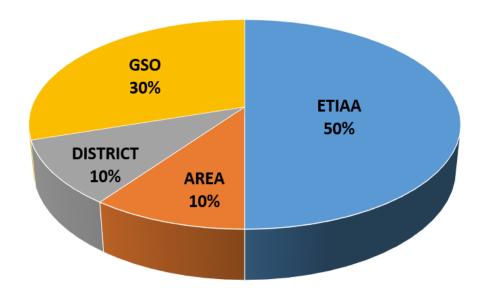
East Tennessee Intergroup of Alcoholics An	onymous – Gratitude With Service form				
Return to: ETIAA; 9217 Park Wes	t Blvd #B3; Knoxville, TN 37923				
865-522-9667 <u>Manager@</u>	etiaa.org www.etiaa.org				
Date: *First Name	Last Name				
Address	*Phone				
*City *State	*ZIP Sex				
E-mail address	Alternative Phone				
<ul> <li>Required for listin ETIAA UNITY Newsletter Subscription / Renewal (Free su</li> </ul>	•				
Volunteer Service Options Check only those you are willing to commit time to:	Committees of Interest Check only those you are willing to serve on:				
12th Step List Volunteer Phones Night & Weekend	Public Information / Cooperation with the Professional Community				
Weeknights Weeknights	Intergroup Representative				
Weekends Weekends	Office Worker Archives				
Weekdays	Outreach				
	Spanish Liaison				

## How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en\_US/f-3\_selfsupport.pdf



Every AA group ought to be fully self-supporting, declining outside contributions.

## **Contribution Addresses**

ETIAA East Tennessee Intergroup of AA 9217 Park West Blvd #B3 Knoxville, TN 37923 865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or 865-320-8649

Zelle Manager@etiaa.org or 865-320-8649

Venmo @ETIAA
General Service Office
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org
The GSO prefers online
contributions

Area 64 Assembly 2500 Murfreesboro Pike Suite 105 Box 235 Nashville, TN 37217 www.area64assembly.org

District 1 Treasurer Barb Sapp 4137 Skyland Dr, Kingsport, TN 37664 District 2 Treasurer PO BOX 1872 Johnson City, TN 37605 District 3 Treasurer John H. 1466 Darbee Dr. Morristown, TN 37814

District 4 Treasurer P.O. Box 6642 Maryville, TN 37802

District 6 Treasurer Richard B. 105 Mariner Point Drive Clinton, TN 37716

NEW ADDRESSES AA District 50/51 Treasurer 9217 Park West Blvd Suite B-3 (ETIAA) Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

## Intergroup Financial / Contributions Report

1ST THINGS 1ST KNOXVILLE	0.00	2,075.00	LUNCH BUNCH BRISTOL	335.39	651.90
4-WAY GROUP	25.00	75.00	LUNCH BUNCH- GREENEVILLE	289.00	1,130.09
A FRESH START	0.00	25.00	MARYVILLE 12 STEP		40.00
ALPHABET SOUP GROUP	51.00	71.00	MEMORIAL RECOVERY	50.00	150.00
APPALACHIAN REGIONAL	0.00	500.00	MONDAY NIGHT MEN'S		1,167.55
ROUNDUP AREA 64 HOST COMMITTEE	0.00	359.93	NEW BEGINNINGS KNOXVILLE	600.00	600.00
	0.00		NORRIS CLINTON GROUP	40.00	40.00
BIG BOOK RECOVERY	0.00	25.00	NORTH GATLINBURG	188.25	665.00
BLOUNT COUNTY GROUP	0.00	200.00	OUR PRIMARY PURPOSE		71.00
BREAKFAST CLUB	60.00	339.25		250 54	
CARING AND SHARING	150.00	150.00	PHOENIX GROUP	356.54	1,066.80
COLONIAL GROUP	100.00	300.00	PRIMARY PURPOSE- OAK RIDGE		1,200.00
COLONIAL HEIGHTS	0.00	90.00	RIVERSIDE GROUP		641.73
CONTRIBUTION JAR	0.00	10.00	ROAMERS		393.00
COOKIE GROUP	120.00	240.00	ROANE COUNTY UNITY		215.00
DANDRIDGE UNITY	0.00	48.00	SAT. MORNING BIG BOOK STUDY	565.00	1,157.00
Design For Living	0.00	64.22	SEYMOUR SHARING	331.00	882.00
DISTRICT 50/51	360.00	360.00	SIMPLY AA		60.00
DOWN BY THE RIVER	0.00	235.74	SISTERS IN SOBRIETY		110.00
DOWN ON THE RIVER	0.00	470.00	SPIRITUAL PROGRESS		10.00
FOUNTAIN CITY SERENITY	300.00	300.00	Square Customer	73.58	1,401.93
FRESH START IN THE	0.00	25.00	Stepping Through Sobriety		50.00
SECRET CITY	0.00	400.00	STEPS FORWARD		300.00
FRIDAY NIGHT MEETING GROUP WITH NO NAME	0.00	400.00 420.00	SUNDAY BREAKFAST CLUB	5.00	5.00
			TELLICO VILLAGE		375.00
HAPPY DESTINY	0.00	100.00	TENNESSEE GROUP 723519		1,022.73
HAPPY HOUR	712.32	1,119.12	TRUDGING THE ROAD	190.00	300.00
Happy Hour Zoom	0.00	10.00	TUESDAY NIGHT LOUDON	100.00	155.00
HIGH NOON ROGERSVILLE	0.00	136.00		E2 70	
Johnson City Women's Group	200.00	200.00	WEARS VALLEY GROUP	53.76	157.26
KEEP LEANING FORWARD	21.00	258.00	WEST KNOXVILLE GROUP		216.50
KNOXYPAA	0.00	500.00	Not Specified		10.00
KODAK HWY 66	0.00	100.00	TOTAL \$	5,176.84	23,450.75

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

## **February 2026 Intergroup Minutes**

Jacque opened with serenity prayer at 6:34pm and 2nd Tradition

Present in person and via Zoom: Dawn, Jacque, Nathan, Dave S., Fawn, Larry, Maria, Amber, Karen, Michelle, Robert, Bob, Jim F., Jim, Sandra, Brandon, Ken L., Sheldon

Groups represented: Primary Purpose, Design for Living, Seymour Sharing, Happy Destiny, TN Group, Sobriety Society, Roamers, First Things First, High Nooners, Prime Time, Marble City

Motion made to accept previous month's minutes by Sandra, 2nd by Nathan. All in favor

## Manager's Report - Dawn

- · Office inventory is stocked again
- Spanish literature is in progress to include newcomer packets

### Treasurer's Report - Dave S.

- Please see Statement of Activity for details. We are in positive this month, envelopes for sub-committee use is in safe
- · Amber made motion to accept report, Brandon 2nd. All in favor.

## **Corrections Report – Marian G.**

- District 5051 attended
- · Will be attending District 4 on March 2nd

### Hotline Report – Bryan G. - not present but report given to Dawn

- Volunteer needed 3rd weekend of the month
- New volunteer hand-out/information on website

Office Service Workers – Dave S.: Volunteer needed 12:30-4pm every other Friday & 1-4pm every other Wednesday

Archives - Allison - not present

**Website – Amy - not present but update given:** Amy trained with Bar over the weekend **Spanish Liaison – Mariah H.** 

- Language of the Heart meeting had 14th anniversary celebration great attendance and Mariah was given special memorabilia to honor her efforts to grow community; flyers given out for new women's Spanish group great contacts made
- Will be attending Nueva Esparanza anniversary

**CPC/PI – Sandra:** Attended Area mtg to discuss Billboards for 2025 - District agreed to split cost with Intergroup again for \$1500

### Treatment Report – Jacques H.

- District 5051 attended
- Will attend Dist 4 on March 2nd

### Outreach Report - Ken L.

- Attended big book study Johnson City
- Attended Steady Hand Kingsport, provided information to GSR Jamie
- · Attended Down on the River, provided information to the group

### Events – Mel & Carrie - not present

### **Mobile Intergroup Report – Colleen**

- Volunteers needed for Gatlinburg assembly March 29th (several members stepped up)
- · Remote Area Medical Health Fair made request for an AA information table

**Accessibilities – Colleen:** Accessibilities committee meeting was February 12th - good turnout & support for next meeting March 12th to discuss getting word out, organizing & obtaining resources

## **OLD BUSINESS:**

- · District & Intergroup will share cost of Billboards for 2025, Dave said we have the funds available to move forward
- · Motion made to do Billboards 2025 by Colleen, 2nd by Dave. All in favor.

### **NEW BUSINESS:**

- · Sober Pride meeting will move to P40 Club
- · Jimmy reminded group of Chili & Pie Cook-Off at Ebenezer Unite Methodist March 22nd

Motion made to adjourn meeting by Dave S., 2nd by Amber. All in favor.

The meeting was adjourned at 7:06pm, and closed with the Lord's Prayer.

Next meeting will be held Monday March 17th at 6:30pm in person and via Zoom.

## **New Meetings:**

NEW MEETING NAME	DAY/TIME	LOCATION
Recovery Warrior Sisters	Monday @ Noon Effective July 15, 2024	The Gateway; 540 W 5 <sup>th</sup> Ave Knoxville TN 37917
Morristown Group	Wednesday @ 6:30am	314 S Fairmont, Morristown, TN 37813
Rockford AROC	Monday Tuesday Wednesday Thursday Friday @ 10am	3722 Old Knoxville Hwy, Rockford, TN 37853
Rockford AROC	Saturday @ 5:30pm Sunday @ 5:30pm	3722 Old Knoxville Hwy, Rockford, TN 37853
Saints We Ain't	Monday @ 7pm	Sacred Heart Cathedral School Library 711 S. Northshore Dr, Knoxville, TN 37919
The Banquet Table	Monday @ 7pm	First Baptist Church; 202 W Lamar Alexander Pkwy, Maryville TN 37803
All Recovery	Saturday @ 6pm	Action Recovery Resource Center; 112 Pioneer Village Dr, Mountain City, TN 37683
Day Drinkers in Recovery	Monday Tuesday Wednesday Thursday Friday @ 1pm	The Meeting Housse 1034 E Woodland Ave, Knoxville, TN 37917
Are You F.I.N.E.?	Friday @ 10pm	Lotus Light Center Arthur St, Knoxville, TN 37921
New Beginnings Knoxville	Saturday @ 9:30am	Norwood UMC 2110 Merchant Dr, Knoxville, TN 37912
A Fresh Start	Tuesday @ 6:30pm	Washington Pike Church 1700 Washington Pike, Knoxville, TN 37917
Mujeres Sobrias	Sunday @ 4pm	Park 40 Club 9217 Park West Blvd, Knoxville, TN 37923

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to <a href="mailto:manager@etiaa.org">manager@etiaa.org</a>

### **Reported AA Birthdays**

111 years of Sobriety

## PRE CONFERENCE REPORT

WITH AREA 64 DELEGATE JIMMY W.

## Saturday March 22, 2025 11:00 am

Renaissance Center
Room 314
1200 East Center Street
Kingsport, TN 37660

Wheelchair accessible/elevator to 3rd floor

This is not just a "service" event, **All AA Members** welcome and encouraged to come and speak to your Delegate directly about this year's General Service Conference agenda items.

## Pizza and Drinks Provided

by Host, District #1





## 29<sup>th</sup> Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation
No children allowed in conference rooms



## August 22-24, 2025, Virginia Beach, Virginia

Holiday Inn Virginia Beach-Norfolk 5655 Greenwich Road, Virginia Beach, Virginia 23462

## RESERVATIONS

Room rates through July 29, 2025:

- King, \$149 + tax
- Double, \$159 + tax

Breakfast is not included.

To make reservations,

- Call (800) 567-3856 and use code SWW
- Register online at https://bit.ly/SEW2W-VB-Hotel

### REGISTRATION

Conference registration: \$65 through March 31, 2025 \$70 April 1-July 18 and on-site.

Registration is transferable by NOT refundable.

- Register online at www.SEWomantoWoman.org
- Complete attached registration form and mail registration form and check payable Southeast Woman to Woman to

SEW2W C/O Diane Stabinski P.O. Box 15031 Chesapeake, VA 23328

## CONFERENCE CONTACTS

 Chair: Tracy U.
 (757) 381-4124
 sew2w2020@gmail.com

 Co-Chair: Natalie S.
 (757) 348-8459
 Natalie.sew2w25@gmail.com

 Registration: Rebecca M.
 (757) 515-3684
 sew2w2012@gmail.com



## 29<sup>th</sup> Annual Southeast Woman to Woman Conference "Secrets Women Don't Share"

A Conference for Sober Alcoholic Women with Al-Anon Participation No children allowed in conference rooms

## **REGISTRATION FORM**

Name:	Badge Name:
Check:   AA, Sobriety Date:	□ Alanon
Address:	City:
State/Zip:	Phone:
Email:	Are you willing to volunteer? ☐ Yes ☐ No
Any special needs?	
Please s	elect items below
Registration Fee (Required, check one):	
□ \$65 (until March 31, 2025) □ \$70 Ap	ril 1-July 18 and on site
Scholarship Donation (not required): \$	
Souvenirs	
☐ Tumbler, \$21	
□ Tote, \$25	
☐ T-Shirt, \$25, specify style and size:	
Style: ☐ Women's ☐ Unisex	
Size: ☐ Small ☐ Medium ☐ L ☐ XL	□ 2XL □ 3XL (unisex only)
☐ Bundle (1 Tumbler, 1 Tote, and 1 T-Shirt), \$	666, specify T-Shirt style and size:
T-Shirt Style: ☐ Women's or ☐ Unise:	×
Size: ☐ Small ☐ Medium ☐ L ☐ X	L □ 2XL □ 3XL (unisex only)
Events	
☐ Banquet, \$75	
☐ Beach Tour, \$25	
☐ Aquarium Tour, \$35	
TOTAL AMOUNT ENGLOSED: \$	

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Area 64 Assembly
2nd Quarter 2025
Gatlinburg, TN

March 28 – 30, 2025



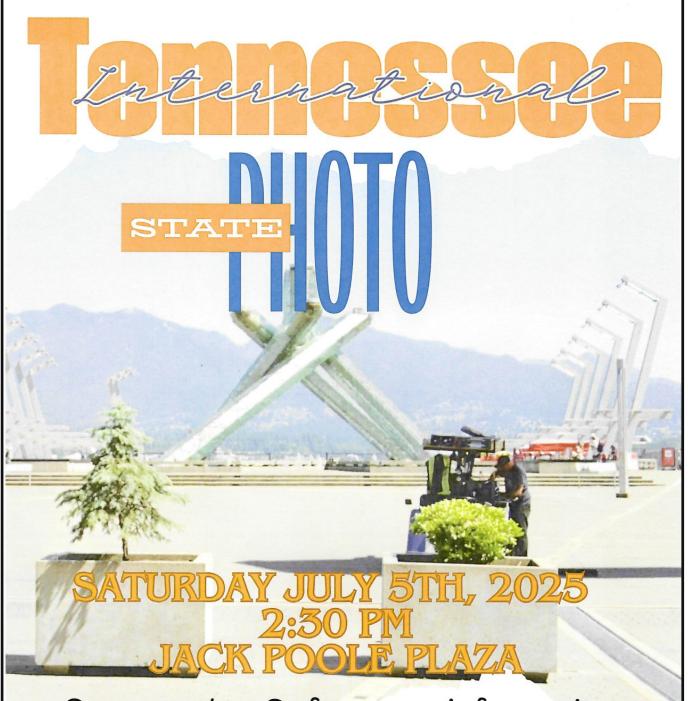
Fellowship! Friends! Fun!



To sign up, scan the QR code or visit: <a href="https://forms.gle/hbJaJZxNrGXDB6DBA">https://forms.gle/hbJaJZxNrGXDB6DBA</a>
Contact: Sarah M. (727) 642-0591



Is Not a 4-Letter Word



Contact: Joy C. for more information Sbrpinkie@gmail.com or @ 901-907-4217

If you are a photographer who is willing to help please contact Joy C.

This photo shoot is for all who attend the international convention in July in Vancouver, BC. On Saturday we are going to meet at Jack Poole Plaza right next to the convention center at 2.30 PM. All Members of the program who live in TN are welcome to join the photo. The location shown in the photo on this flyer is where we will meet to take the photo.

6PM FELLOWSHIP

03/14/2025

7PM SPEAKER

## GET IN THE CAR

FEATURING:



EBENEZER UNITED METHODIST

1001 EBENEZER FD,
KNOXVILLE, TN 37923

50-50 RAFFLE! ALL PROCEEDS GO TO MEETING EXPENSES



## HAPPY DESTINY II CORRECTIONS COMMITTEE PRESENTS



## CHILI COOK-OFF

03.22.2025 BRING THE HEAT! 6:45-7:25 PM

Hot Prizes for the best chili!

Winner announced after the speaker meeting
Disctrict 4 Corrections sponsoring toppings/ drinks
Laura T 865-287-5477 | Katie B 865-313-0967





# Divine.

## Now - March

Bring in any gently used Grapevines to be taken into Blount CountyJail

Laura T 865-287-5477 Katie B 865-313-0967 **Knoxville is hosting...** 

"...THE
BRIGHT
SPOT OF
OUR
LIVES."
p.89 BB

## TCYPAA

TENNESSEE CONFERENCE OF YOUNG PEOPLE
IN ALCOHOLICS ANONYMOUS

## May 30 - June 1 2025 Edgewater

Hotel & Conference Center
402 River Rd, Gatlinburg, Tennessee 37738

Service work and outreach needed

## TCYPAA 2025 HOST COMMITTEE MEETINGS SUNDAYS AT 1:30 PM

FOR MORE INFORMATION ON HOW TO BE OF SERVICE AND LOCATION OF MEETINGS:

CALL/ TEXT: (865) 599-6394

EMAIL: tcypaa2025@gmail.com



Registration now open!!

tcypaa2025.com





## Area 64 Assembly 2nd Quarter 2025

March 28 - 30, 2025



Is Not a 4-Letter Word

## Edgewater Hotel 402 River Road Gatlinburg, TN 37738

For reservations, call 865-436-4151 and use the **Group Code: Area 64 Assembly 2025** for the rate of \$144/night + tax. This rate expires February 25, 2025.

A one night deposit is required at the time of reservation.

This rate will be honored 3 days before and 3 days after the event.

Overnight hotel guests: The hotel allows parking for only ONE vehicle per room. This policy will be strictly enforced, and cars will be towed.

Carpooling is essential.

The Edgewater Hotel parking garage vehicle height restriction is 6'4".

There is <u>limited</u> free overnight parallel parking along River Road only.

Attending for the day only: The free park & ride lots are located at the City Hall Complex on Hwy 321 and the Gatlinburg Welcome Center on Spur Road. Additional limited free day parking may be found on River Road.

Questions?

Contact SuZanne A., District 4 DCM d4dcm@area64assembly.org or 865-226-9313



ALCOHOLICS ANONYMOUS

## 2025





## **September** 5<sup>th</sup> – 7<sup>th</sup> 2025

## Hosted by Area 5 The Greater Los Angeles Area **Sheraton Ontario Airport Hotel**

429 N Vineyard Ave Ontario, CA 91764 (909) 937-8000 Room Rates \$155+tax Room Code BTG

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

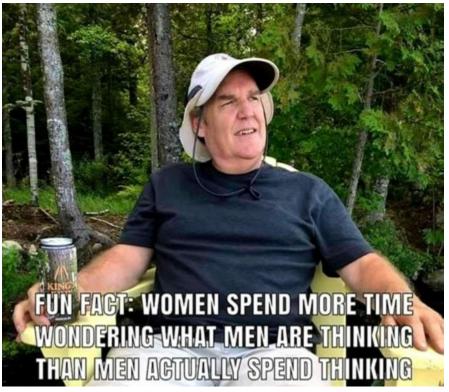
PLEASE PRINT CLEARLY			I would like to volunteer to help						
Email		Se	rvice Po	sition				Area	20
Name			Phone	8.					
Address			City			State	Zip		
breako	ut session topics you would like	Registration			EarlyBird In-Person We	•		\$50	
				July 1st \$60	In-Person We			\$60	
		Saturday Only Da Online Atte			Satu	urday Nite B Vegetar		\$50	
					Total Pe	erson Oı			

Register Online at BTGWW.org or Mail this form to and a check to: **BTGWW** 10001 E Evans Ave #62D Aurora, CO 80247



Person: What's the dumbest thing you've ever done?

Me: Awfully bold of you to assume I've peaked.



## **March 2025**

Name	 
Address	ı
City	i
State	ı
Zip	i
Phone number	I
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