



# EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

*Without unity, the heart of A.A. would cease to beat . . . — Bill W.*

NOVEMBER 2025



Volume 49; Issue 11

## Intergroup News for November

Let's talk about *THE GRAPEVINE*! Did you know that for over eight decades *AA Grapevine* and *La Viña*, AA's magazines written by us, for us, convey shared experience, strength, and hope from members across the world?

Beyond the magazines we now carry the AA message in many new forms:

- Apps available worldwide in English and Spanish
- A podcast with more than 1.2 million downloads and 24,000 listens per month
- An Instagram community of 15,000 followers
- A YouTube channel with over 16,000 subscribers and 267,000 views
- ASL Videos for the Deaf on our YouTube Channel
- Over 40 books of member stories and writings
- Free content for the incarcerated on prison tablets
- Free print subscriptions for alcoholics in prisons, hospitals and institutions

*The Grapevine* and *La Viña* need your help — now more than ever. See the letter from Chris C Grapevines Publisher [here](#).

— Dawn W.

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## Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to [manager@etiaa.org](mailto:manager@etiaa.org) Subject line: **Newsletter!**

### Office Service Workers

Robin	Stephany
Dave S	Cathy
Dave R	Bob
Joan	Peggy
Amy	Mary
Glenn	Sara
Jill	Beth
Pete	Ulrich
Bruce	Angie

### Hotline

Bryan
Anna
Austin
Bob
Carole
Caroline
Emily
Lee Anne
Miles
Rebekah
Johnnie

### Intergroup Board

Dave S	Amber
Barb	Marian
Jacque H	Fawn
Jack F	Mel
Susie	Allison
Jimmy	Amber
Becky	Ken
Scott	Letha
Sarah	Jim
Tiffany	Nathan
Bryan	Talia
Dennis	

### Website

Amy
Sterling
Eammon

### Spanish Liaison

Maria



AA gives me what alcohol promised me!

I am thankful to be alive. The joy of just being is enough ... to live in this world/universe of beauty, of goodness, of grandeur, of mystery, of unexplainable bliss, all Created with deep and abiding Love.  
(*Jim H. Little Rock*)

Unsolicited advice is criticism (thanks Chuck B)

I kept waiting for the past to change. -- (thanks Tommye C.)

"When you feel bad, you need a meeting. When you feel good, the meeting needs you" (thanks Sandy R.

"We don't decide what hurts other people." - Rev. Joe Green

"It's the fear of what comes after the doing that makes the doing hard to do."

'My Ego is not My Amigo' (thanks Vince T.)



## Steps Conversation with God

Step one: God help me, I can't keep going like this.

Step two: I understand, can you believe in Me?

Step three: Think this over, Can you trust Me?

Step four: Are you a good candidate for Me. Do things exist that separate you from Me?

Step five: Show Me what you have found.

Step six: Are there things that you could eliminate?

Step seven: Do want Me to take care of defects that you can't handle?

Step eight: Now that you and I are good, what about My people?

Step nine: You really need to get right with them so that while you are working for Me you won't have to carry baggage.

Step ten: Remember that resentments and fears can hinder your performance while working for Me.

Step eleven: Communications is essential for our working relationship. I will talk to you through meditation and your response will be in the form of prayer. We will have conscious contact, which is what you always wanted.

Step twelve: You have gone from lost to being a gainful employee. I need your help.

## DISTRICT MEETINGS

**District 1** Typically meets the first Saturday of odd months @11am at the Renaissance Center. Please contact District 1DCM through ETIAA for most accurate information. **(Note change.)**

**District 2** meets the fourth Sunday of the month @2:00pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

**District 3** meets the third Sunday of the Month @2:00pm at Fairmont.

**District 4** meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

**District 50/51** meets the first Monday of the month @6:30pm at the Intergroup Office.

**District 6** meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

**Intergroup Committee** meets at 6:30pm, the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weeknights

☐ Weekends

#### Committees of Interest

Check only those you are willing to serve on:

☐ Public Information / Cooperation with the Professional Community

☐ Intergroup Representative

☐ Office Worker

☐ Archives

☐ Outreach

☐ Spanish Liaison

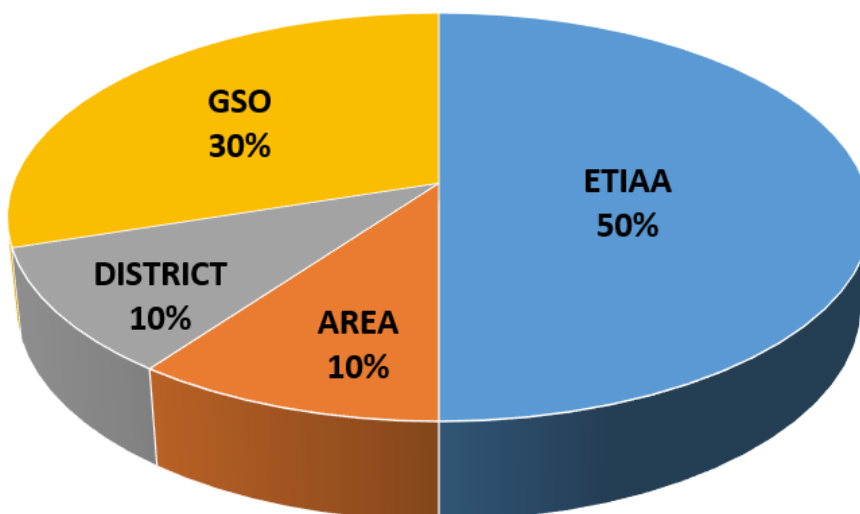
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee  
Intergroup of AA**  
9217 Park West Blvd #B3  
Knoxville, TN 37923  
865-522-9667 [www.etiaa.org](http://www.etiaa.org)

#### **New ways to contribute:**

Paypal Manager@etiaa.org or  
865-320-8649  
Zelle Manager@etiaa.org or  
865-320-8649  
Venmo @ETIAA

**General Service Office**  
P.O. Box 2407  
James A. Farley Station  
New York, NY 10116-2407  
[www.aa.org](http://www.aa.org)

**The GSO prefers online contributions**

**Area 64 Assembly**  
2500 Murfreesboro Pike  
Suite 105 Box 235  
Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
Barb Sapp  
4137 Skyland Dr,  
Kingsport, TN 37664

**District 2 Treasurer**  
PO BOX 1872  
Johnson City, TN 37605

**District 3 Treasurer**  
Mike Johncox  
3121 Three Springs Rd  
Whitesburg TN 37891

**District 4 Treasurer**  
P.O. Box 6642  
Maryville, TN 37802

**District 6 Treasurer**  
Sara L.  
173 Keller Road  
Harriman, TN 37748

#### **NEW ADDRESSES**

**AA District 50/51 Treasurer**  
9217 Park West Blvd  
Suite B-3 (ETIAA)  
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

## Intergroup Financial / Contributions Report

GROUPS DONATING	Sep '25	Jul '25— Jun '26	GROUPS DONATING	Sep '25	Jul '25— Jun '26
4-WAY GROUP		75.00	MEMORIAL RECOVERY		50.00
ALPHABET SOUP GROUP		35.00	MICHAEL DECILLA		10.00
BREAKFAST CLUB		50.00	NEW BEGINNINGS KNOXVILLE	500.00	500.00
CARING AND SHARING	100.00	100.00	NORRIS CLINTON GROUP		160.00
COLONIAL GROUP	900.00	1,000.00	NORTH GATLINBURG		210.75
COLONIAL HEIGHTS		50.00	PHOENIX GROUP		626.00
CONTRIBUTION JAR	10.00	16.00	PRIMARY PURPOSE- OAK RIDGE		126.00
DANDRIDGE UNITY		40.00	RIVERSIDE GROUP		256.62
Design For Living		186.36	Rocky Hill Group	75.00	75.00
DOWN ON THE RIVER		130.00	SAT.MORNING BIG BOOK STUDY		378.00
FOUNTAIN CITY SERENITY		150.00	SAT. MORNING SERENITY	305.00	305.00
FRIENDS OF BILL W		100.00	SERENITY IMPROVEMENT		400.00
GROUP WITH NO NAME	100.00	100.00	SEYMOUR SHARING		328.00
HAPPY HOUR		20.00	SISTERS IN SOBRIETY		65.00
KEEP LEANING FORWARD	28.00	70.00	SOBRIETY SOCIETY- SO-SO	185.00	185.00
KNOXVILLE PRIMARY PURPOSE		350.00	Square Customer		171.11
KODAK HWY 66		100.00	Stepping Through Sobriety		90.00
LUNCH BUNCH BRISTOL	91.85	91.85	TELLICO VILLAGE		100.00
LUNCH BUNCH- GREENEVILLE	216.00	216.00	The Jaywalkers	300.00	300.00
	25.00	25.00	Not Specified	2.00	2.00
			<b>TOTAL</b>	<b>\$2,837.85</b>	<b>\$7,243.69</b>

*East Tennessee Intergroup of AA fiscal year is July 1 -June 30*



## October 20, 2025, intergroup Meeting Minutes

### Attendees:

- Dawn- Intergroup manager; Kathy Joe- Accessibilities Amy, Website; Jacque, Intergroup Chair, Treatment Chair; Sandra, Roamers Group, CPC PI Chair; Kyle, TN Group; Fawn- Vice Chair; Zach, Happy Destiny Dave, West Knoxville; Nathan, Marble City Group; Bob- Seymour Sharing; Brandon- Happy Destiny; Ashe- Alphabet Soup; Mel, Decades; Pete, First Things First; Sandy, P40 Big Book Study; Cathy Joe, Design for Living; Rob, SoSo Group; Marian Gibs, Corrections Chair

**Secretary Report:** Rob Motion to accept- Kathy Joe 2nd- Motion passes

**Manager Report- Dawn:** ·Nothing new to report

**Treasurer Report-** Dave S. (Dawn gave report)

- Group Contributions on coming in more regularly
- \$1386 was brought in from Decades party
- \$2496 was spent on Decades party
- Sandra made the motion to accept. Kathy Joe seconded. Motion passed.

**Corrections- Marian:**

- District 3 November 2nd in Morristown is the next meeting she will attend
- November 7 ,8,and 9 is the National corrections convention

**Hotline- Bryan (Via email)**

- Received false report of water leak at office
- Special thanks to Miles G. for backing up on all the hotline calls that rolled over from the office

**Office Service workers- Dave S.:** All is good

**Archives- Allison:** Absent

**Website- Amy**

- 2000 more views in sept
- Chat GPT is sending referral traffic
- Friday 5 to 7 is most heavily visited time

**Spanish- Marie:** Absent

**CPC/PI- Sandra:** Nothing to report

**Treatment- Jacque:** Nothing to report

**Outreach- Ken**

- Attended Veterans meeting at P40 they have not yet reached group status so no IGR
- Attended Loudon Tuesday Thursday group They are supporting with 7th tradition
- Mike appreciates Thank you notes received for donations

**Events- Mel:** All receipts turned in to Dawn

**Mobile Intergroup**

- This position is currently open
- Volunteers needed for Nov 8th Jefferson City 4-?

**Accessibilities- Cathy Joe:** Nothing to report

**Vice Chair- Fawn:** Nothing to report

**Old Business**

- Secretary position is open ( 1 year sobriety)
- Mobile Intergroup chair is open ( 1 year sobriety)

**New Business Dawn-**

- Microsoft office is discontinuing free service for non profits Tech Soup has updated an offer for \$70 a year
- Windows 10 will no longer be supported
- We will lose protection if we do not update to windows 11
- New hardware is needed and will be acquired as necessary
- GSO responded to Swag question: It ultimately is the Group Conscience that makes the decision as all groups should be autonomous
- Elections are in December for: Chair, Treasurer, Office service workers, CPCI, Spanish liaison, Mobile intergroup chair, Secretary, and Corrections Chair

**Meeting Close**

- Rob made a motion to close- Mel Seconded. Motion passes

## New Meetings:

NEW MEETING NAME	DAY/TIME	LOCATION
Primary Purpose Rogersville Open Meeting	Friday @ 11am	We Care Hawkins County 124 S Church St Rogersville, TN 37857
Veterans AA Meeting	Thursday @ 5:30pm	Park 40; 9217 Park West Blvd Building B Ste A; Knoxville, TN 37923
Grupo Mi Nuevo Camino Co-ed, open, daily reflections	Monday-Friday @ 8:00 pm Saturday & Sunday @ 7:00 pm	210 N. Fairmont Avenue, Morristown, TN, 37814
Maryville 12 Step Meeting	Sunday @ 7pm	Temporary: Fairview Church 2508 Old Niles Ferry Rd, Maryville, TN 37803
Newport 321 Group	Wednesday @ 12pm	Newport Church of God; 407 Old Knoxville Hwy, Newport, TN 37821
Lady Birds	Wednesday @ 5:30pm	The Gateway; 530 W Fifth Ave, Knoxville, TN 37917
12 & 12 @2	Monday @ 2pm	The Gateway; 530 W Fifth Ave, Knoxville, TN 37917
Morning Meditation	Monday – Friday @ 8:30am	Eastview Recreation Center, 456 E Bernard Ave, Greenville, TN 37745
Sober Solutions Group	Thursday @ 7pm	Pleasant Hill UMC, 195 Pleasant Hill Rd, Bulls Gap, TN 37711
Strings in the Desert Closed, Women's Meeting	Sundays @ 1pm Starting October 5, 2025	Powell United Methodist Church 323 W Emory Rd, Powell, TN 37849
Sunset Seekers	Second Thursdays @ Midnight	Covenant Presbyterian Church 603 Sunset Dr, Johnson City, TN 37604
Jefferson City Unity 12 and 12	Thursday @ 6pm	George Avenue UMC 1340 George Ave, Jefferson City, TN 37760
See The Good	Thursday @ Noon	125 E Meeting St, Dandridge, TN 37725 Building adjacent to Subway Restaurant
Strings in the Desert	Sunday @ 1pm	Powell UMC 323 W Emory Rd, Powell, TN 37849

**Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to [manager@etiaa.org](mailto:manager@etiaa.org)**

### Reported AA Birthdays

Nov 1 — Hanna (no further info)

Nov 1 — “Little Blonde Sarah (no further info)

Nov 5 — Donna .....26 years

Nov 8 — Mark G.; Monday Night Men's Group.....20 years

Nov 9 — Troy D.; Monday Night Men's Group.....6 years

Nov 12 — Douglas N.; Monday Night Men's Group.....23 years

Nov 16 — Michael M.; Trudging the Road Group, Jefferson City....10 years

Nov 18 — Donna R.; Trudging the Road Group, Jefferson City.....39 years

**124+ years of Sobriety**



# **The District 4 Treatment Committee**

wants to connect with  
AA Members and Groups

## ***Here is how your group can help.***

- Do you know of any local treatment centers in need of AA meeting support?
- Are any of your group members interested in carrying the message to treatment centers or other recovery facilities?

Our goal is to build awareness, share opportunities for service, and enhance AA accessibility for those in treatment programs or other recovery facilities.

Please reach out if you would like more information or would like to get involved.

**Boomer 865-681-2413**

**Cris E 865-995-8844**

**Jill M 865-660-4658**

***“I am responsible. When anyone, anywhere reaches out for help,  
I want the hand of AA always to be there.  
And for that: I am responsible.”***



# JOIN US!

## HOST COMMITTEE FOR AREA 64'S Q1 2026 ASSEMBLY



**Come Serve!**

*"This is the legacy of world-service responsibility that we vanishing old timers are leaving to you, the A.A.'s of today and tomorrow. We know that you will guard, support, and cherish this world legacy as the greatest collective responsibility that A.A. has or ever can have."*

*- Bill W., ABSI p. 333*

## Volunteers Needed!



Help with the Supportive Events, Group Outreach, Registration, Agenda, Entertainment, and Hospitality Subcommittees!



**EVERY 3<sup>RD</sup> WEDNESDAY, 6:30 PM**

7-9, 7-30, 8-20, 9-10, 10-1, 10-22,  
11-12, 12-3, 12-24, 1-14



**ETIAA OFFICE**

9217 PARK WEST BOULEVARD, #B3



Meetings are In-Person and on Zoom.



For Questions: (321)-446-5288



9217 Park West Boulevard, #B3



**Knoxville is hosting...**

"...THE  
BRIGHT SPOT  
OF OUR  
LIVES."

p.89 BB

**2025  
TCYPAA**

**TENNESSEE CONFERENCE OF YOUNG PEOPLE  
IN ALCOHOLICS ANONYMOUS**

**Registration  
opening soon**

call to  
**ACTION!**

**Service work and outreach needed**

**TCYPAA 2025 HOST COMMITTEE MEETINGS  
SUNDAYS AT 1:30 PM**

**[tcypaa2025.com](http://tcypaa2025.com)**



**FOR MORE INFORMATION ON HOW TO BE OF SERVICE  
AND LOCATION OF MEETINGS:**

**CALL/ TEXT: (865) 202-6984**

**EMAIL: [tcypaa2025@gmail.com](mailto:tcypaa2025@gmail.com)**

# BACK TO BASICS GROUP AA Meetings



***7pm Every Night  
Noon Meetings: Tuesday,  
Thursday, and Friday  
5:30 Thursday: Women's Meeting  
10 am Saturday Morning Meeting***

A&W Plaza  
301-G Oak Ridge Turnpike  
Oak Ridge, TN

If you need help to stop drinking  
AA Hotline 24/7: tel:865-522-9667  
[www.etiaa.org](http://www.etiaa.org)



Click the QR code to see a list of Back to Basics meetings





DISTRICT 4 CORRECTIONS  
COMMITTEE PRESENTS



# CHILI COOK-OFF

11.08.2025 **BRING THE HEAT!** 6:45-7:25 PM

Hot Prizes for the best chili!

Winner announced after the Happy Destiny II speaker  
meeting at 325 Whitecrest Drive.

District 4 Corrections sponsoring toppings/ drinks

Katie B 865-313-0967



Buy Tickets ahead or donate!

\*If donating please note

Katie Bryant

@JemmaRae22



**venmo**

DISTRICT 50/51

# ANNUAL CHRISTMAS PARTY

**DEC SPEAKER**  
**6TH BRAD T**

**PLEASE BRING A COVERED DISH OR DESSERT**

**BASKET & 50/50 DRAWING**

**Open Event! All are welcome!**  
**Special Visit from Mr. & Mrs. Clause**

**DINNER @ 6PM / SPEAKER @ 7PM**

Trinity United Methodist Church 5613 Western Ave. Knoxville, TN 37921

If your group would be willing to donate a basket or you'd like to volunteer contact  
Krisa B 865-919-3311





**62nd  
International Women's Conference  
February 12th - 15th, 2026**

**To Register Online**



**See full 2-page flyer  
with all activities in the  
Intergroup Website**

## **MISSION**

The International Women's Conference is the bridge to a better understanding of the Alcoholics Anonymous philosophy and way of life because of our special needs in sobriety as women. We as women members of Alcoholics Anonymous are survivors. We have found a way to obtain meaning, depth and responsibility in our lives. This came about out of desire, decision, determination and spiritual guidance. An elevated sense of belonging that is brought about by the special services and a special need provided by our Women's Conference is our goal.

## **IWC SELF-SUPPORTING STATEMENT**

This conference is self-supporting through the money paid for by registration fees, banquet tickets, and donations. AA funds are not used to pay for the event. Conferences and conventions are special events and require money, months of planning and preparation. Expenses include contracted costs for the use of meeting rooms, convention center facilities, preparation of food & beverages, printing of registration forms, audio/visual services, flyers, program schedules, postage, supplies and many other costs. The registration fee and banquet fees are kept as low as possible to meet our financial goal of breaking even. Our contractual commitments to the hotel require a guaranteed number of hotel rooms and banquet sales. To achieve this, we must meet our banquet and room night commitments.

## **IMPORTANT INFORMATION**

- The IWC is a CLOSED conference for AA women registrants only.
- The conference begins at noon on Thursday, 2/12/2026.
- PLEASE NOTE: To meet our contractual obligations, there will be **NO REFUNDS AFTER 12/1/2025**.
- The 62nd IWC is not responsible for loss of personal items or any personal injury.

## On the Lighter Side



**Jonathan Edward Durham**   
@thisone0verhere

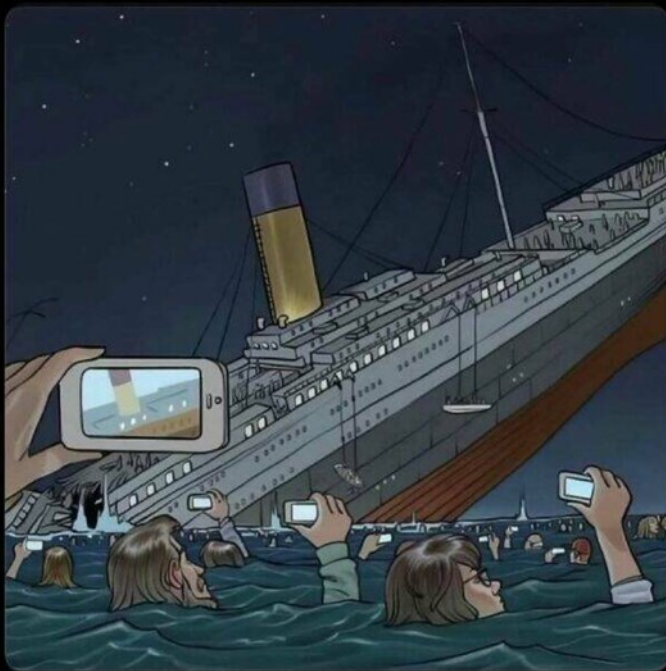
I am a man of mystery.

Where are my keys? Where are my shoes? Why did I walk into this room? What is the name of this person who just told me their name?

Man. Of. Mystery.



If The Titanic Sank Today:



**J**  
@2ndCaptainFly

Follow

“Not us sinking”



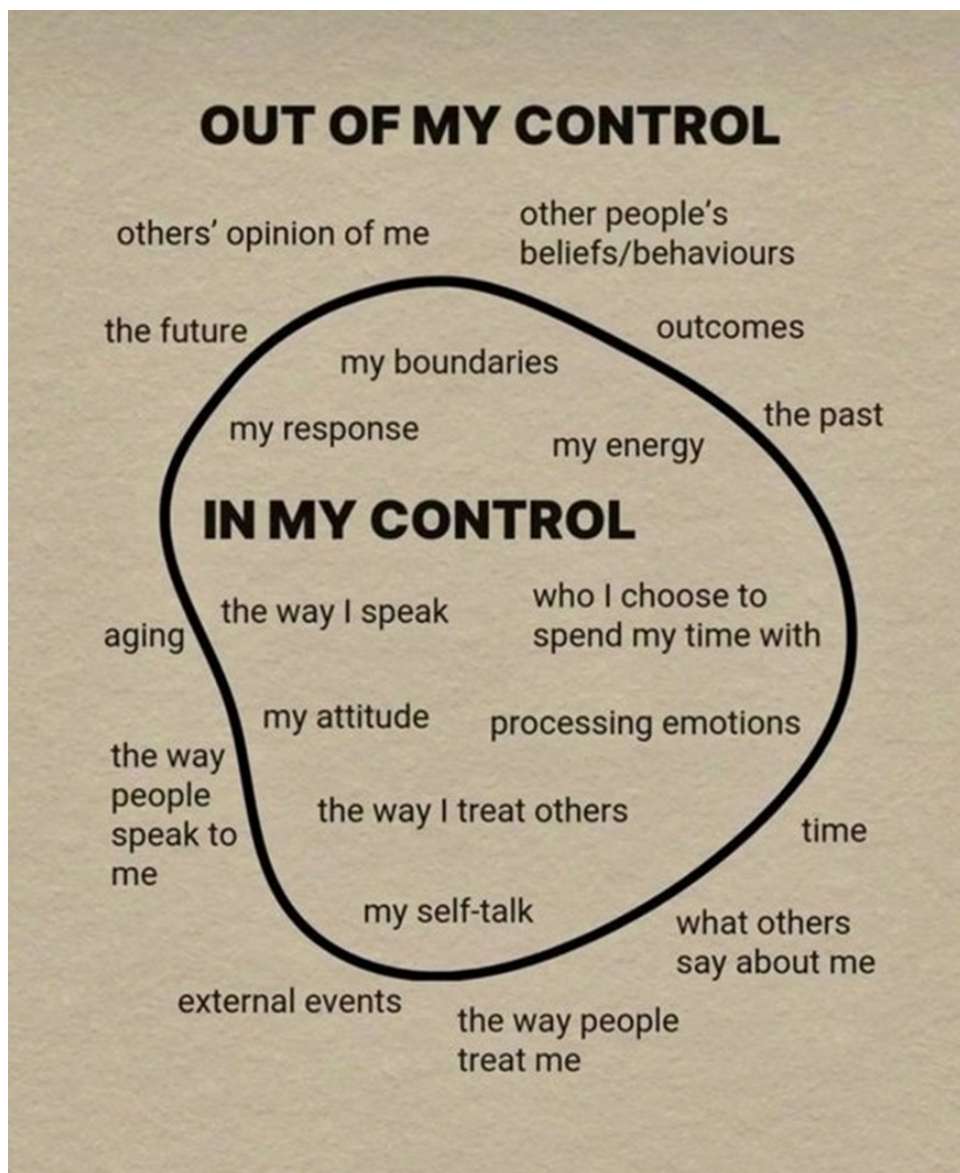
The years have  
been good to me

It's the weekends  
that have done the damage



## Points To Ponder

**One of the hardest decisions made in life is to choose which bridge to burn and which bridge to cross.**



**When you replace "Why is this happening to me" with "What is this trying to teach me?" everything shifts.**