



# EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

*Without unity, the heart of A.A. would cease to beat . . . — Bill W.*



JULY 2026

Volume 50; Issue 7

## Intergroup News for July

**Save The Date! Decades Party!** The 5th Annual Decades Party celebrating Intergroups 44<sup>th</sup> birthday will be October 10th at Trinity United Methodist Church 6pm. It is time for your groups to start thinking about which decade you would like to represent. Bring a Family size covered dish to share.

**What is Intergroup?** Here is a one-page flyer that explains what your intergroup does and needs. Feel free to print off and post at your meetings. Intergroup needs YOU!

<https://www.etiaa.org/wp-content/uploads/2026/06/INTERGROUP-2.pdf>

**AAWS Acquires Everything A.A. App.** Alcoholics Anonymous World Services (AAWS) recently acquired the [Everything AA](#) app. This app will allow AAWS to make A.A. literature and other resources available in a format that reflects how people communicate and seek information today. As they continue to review and develop the app, members will notice phased changes and additions to content and features.

— Dawn W.

### Office Service Workers

Robin	Stephany
Dave S	Cathy
Dave R	Bob
Joan	Peggy
Amy	Mary
Glenn	Sara
Jill	Beth
Pete	Ulrich
Bruce	Angie
Gerald	

### Hotline

Anna
Bill
Bob
Brad
Bryan
Chris
Emily
Ericson
Javon
Johnnie
Lee Anne
Miles
Rebekah

### Intergroup Board

Dave S	Amber
Barb	Marian
Jacque H	Fawn
Jack F	Mel
Susie	Allison
Jimmy	Amber
Becky	Ken
Scott	Letha
Sarah	Jim
Tiffany	Nathan
Bryan	Talia
Dennis	

### Website

Amy
Sterling
Eammon

### Spanish Liaison

Julissa
---------

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### Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to [manager@etiaa.org](mailto:manager@etiaa.org) Subject line: **Newsletter!**



## Wisdom From The Rooms

There are no Big Deals unless I choose to make them Big Deals.-- Robert I.

"AA is not my whole life, but AA makes my life whole" Preacher Bob

"I was a self-made man and I worshiped my creator." -- Gary M.

"I had to drink until I had to stop and I stopped until I had to drink." -- Cindy H.

I spent money that I didn't have, to buy things I didn't need, to impress people I didn't even like  
Russell S.

I never tell my God how big my problems are. I tell my problems how big my God is. -- Bob S. Ocala Men's  
Group

"Acceptance is easier once you are at peace with yourself." -- Frank (heard by Thea B, at meeting)

'I love it because it means to look at what you're not at peace with about yourself when you're struggling with  
acceptance.' -- Thea B.



### 12 steps in reverse - Road to Relapse

12. Having detached ourselves spiritually as a result of ignoring these steps, we let our fellow alcoholics fend for themselves and practiced these principles sporadically.
11. Let our conscious contact with God as we understood him lapse by praying only in emergencies for our will to be carried out.
10. Slacked off on personal inventory and when we were wrong, denied or hid it.
9. Reasoned that no one had been hurt by us more than we had been hurt by them and called it even.
8. Made a game of rationalizing the harm we had done others.
7. Sang "I've Gotta Be Me".
6. Decided that our defects of character were too much fun to give up.
5. Denied to ourselves, to God, and to everybody else that we had ever done anything harmful.
4. Quickly cast a weak flashlight over our moral inventory and decided it was more fun to take yours.
3. Made a decision to keep our will and our lives totally in our own control.
2. Came to believe that since our troubles were of our own making, we would have to solve them without outside help.
1. We decided that we could control alcohol, that our lives were manageable after all.

## DISTRICT MEETINGS

**District 1** Typically meets the first Saturday of odd months @11am at the Prospect Center, 1425 East Center Street, Kingsport, TN 37664.

**District 2** meets the fourth Sunday of the month @2:00pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

**District 3** meets the third Sunday of the Month @2:00pm at Fairmont.

**District 4** meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

**District 50/51** meets the first Monday of the month @6:30pm at the Intergroup Office.

**District 6** meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316  
Password: AA.

**Intergroup Committee** meets at 6:30pm, the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

Weeknights

Weekends

Weekdays

##### Phones Night & Weekend

Weeknights

Weekends

#### Committees of Interest

Check only those you are willing to serve on:

Public Information / Cooperation with the Professional Community

Intergroup Representative

Office Worker

Archives

Outreach

Spanish Liaison

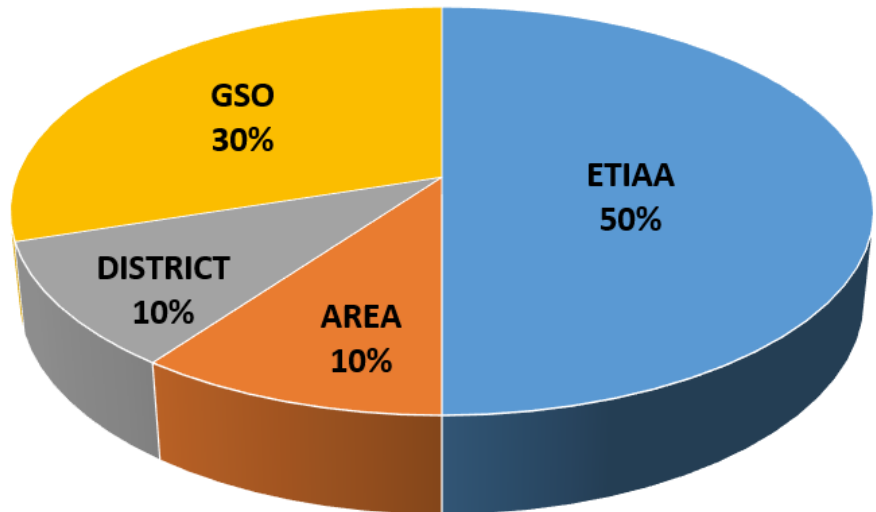
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



*Every AA group ought to be fully self-supporting, declining outside contributions.*

### Contribution Addresses

**ETIAA East Tennessee Intergroup of AA**  
 9217 Park West Blvd #B3  
 Knoxville, TN 37923  
 865-522-9667 [www.etiaa.org](http://www.etiaa.org)

**New ways to contribute:**

Paypal [Manager@etiaa.org](mailto:Manager@etiaa.org) or 865-320-8649  
 Zelle [Manager@etiaa.org](mailto:Manager@etiaa.org) or 865-320-8649  
 Venmo @ETIAA

**General Service Office**  
 P.O. Box 2407  
 James A. Farley Station  
 New York, NY 10116-2407  
[www.aa.org](http://www.aa.org)

The GSO prefers online contributions

**Area 64 Assembly**  
 2500 Murfreesboro Pike  
 Suite 105 Box 235  
 Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
 Barb Sapp  
 4137 Skyland Dr,  
 Kingsport, TN 37664

**District 2 Treasurer**  
 PO BOX 1872  
 Johnson City, TN 37605

**District 3 Treasurer**  
 Mike Johncox  
 3121 Three Springs Rd  
 Whitesburg TN 37891

**District 4 Treasurer**  
 P.O. Box 6642  
 Maryville, TN 37802

**District 6 Treasurer**  
 Sara L.  
 173 Keller Road  
 Harriman, TN 37748

**NEW ADDRESSES**

**AA District 50/51 Treasurer**  
 9217 Park West Blvd  
 Suite B-3 (ETIAA)  
 Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

## Intergroup Financial / Contributions Report

GROUPS DONATING	Jul '25—		GROUPS DONATING	Jul '25—	
	May '26	Jun '26		May '26	Jun '26
1ST THINGS 1ST KNOXVILLE		1,382.24	MARYVILLE 12 STEP	70.00	130.00
4-WAY GROUP	50.00	375.00	MEMORIAL RECOVERY		430.41
A FRESH START		25.00	METRO GROUP		760.00
AGE OF MIRACLES 727042		30.00	MICHAEL DECILLA	10.00	10.00
ALPHABET SOUP GROUP		35.00	MONDAY NIGHT MEN'S		1,081.50
AREA 64 HOST COMMITTEE		390.00	NEW BEGINNINGS KNOXVILLE		900.00
BACK TO BASICS- OAK RIDGE	25.00	25.00	NORRIS CLINTON GROUP	50.00	300.00
BLOUNT COUNTY GROUP		362.50	NORRIS GROUP		30.34
BREAKFAST CLUB		228.50	NORTH GATLINBURG		620.75
CARING AND SHARING		100.00	PHOENIX GROUP		1,916.56
COLONIAL GROUP		1,150.00	PRIMARY PURPOSE- OAK RIDGE	150.00	926.00
COLONIAL HEIGHTS		183.65	RISING FROM THE ASHES		206.14
CONCORD GROUP		69.95	RIVERSIDE GROUP		256.62
CONTRIBUTION JAR	24.00	140.71	ROANE COUNTY UNITY		1,000.00
COOKIE GROUP		360.00	Rocky Hill Group		320.00
DANDRIDGE UNITY		70.00	SAT. MORNING BIG BOOK STUDY		1,005.00
Design For Living		409.92	SAT.MORNING SERENITY		701.00
DISTRICT 50/51		360.00	SEE THE GOOD GROUP		53.10
DOWN ON THE RIVER		480.00	SERENITY IMPROVEMENT		1,000.00
FOUNTAIN CITY SERENITY		686.33	SERENITY SISTERS		913.84
FRIENDS OF BILL W - LENOIR CITY		300.00	SEYMOUR SHARING		1,030.00
GROUP WITH NO NAME		442.00	SISTERS IN SOBRIETY		65.00
GRUPO NUEVA ESPERANZA	150.00	150.00	SOBRIETY SOCIETY- SO-SO		260.00
HAPPY DESTINY		875.00	SPIRITUAL PROGRESS	115.00	115.00
HAPPY HOUR		1,007.25	Square Customer	300.00	1,431.11
HIGH NOONERS-P40		674.25	Stepping Through Sobriety		90.00
I Am Responsible Mountain City	135.00	215.00	STEPS FORWARD MAYNARDVILLE		300.00
Jaywalkers		300.00	TELLICO VILLAGE		475.00
Johnson City Women's Group		150.00	TENNESSEE GROUP		2,082.50
KEEP LEANING FORWARD	67.00	346.00	The Jaywalkers		450.00
KNOXVILLE PRIMARY PURPOSE		350.00	TRUDGING THE ROAD		432.28
KODAK HWY 66		100.00	TUESDAY NIGHT LOUDON		100.00
LUNCH BUNCH BRISTOL		211.67	WEARS VALLEY GROUP		149.34
LUNCH BUNCH- GREENEVILLE		1,369.50	WEST KNOXVILLE GROUP		342.50
			ZOOM GROUP GREENVILLE		228.60
			Not Specified	123.28	125.28
			<b>TOTAL</b>	<b>\$1,269.28</b>	<b>\$33,592.34</b>



# Intergroup Meeting June 15, 2026

**Attendees:** Dawn- Office Manager; Zach-HD2; Jim B-Dist.1; Dave-Trudging the Rd.; Dave-Special Workers; Cher-Mobile intergroup; Sheena-Serenity Sisters; Pete-1<sup>st</sup> things 1<sup>st</sup>/treasurer; Fawn-Chair; Bob -Seymour; Mark-Cookie Group David- W. Knox; Amy- Website; Marian- Corrections/TN Group; Jacque-Treatment; Brandon-Secretary; Brianna-Serenity S.; Bryan-Hotline; Lorna-Serenity S; Patty-Serenity S.; Sandie-Sat. BB Study; Toney; Richard- Banquet Table; Ken- Outreach

**Open:** Serenity Prayer – Tradition 6

**Secretary Report: Brandon** Dave S. made a motion to accept, Jacque 2nd-motion passed

**Managers Report: Dawn** Thank you to all Round up volunteers. Thank you to Fawn for display for store. Assembly is now in middle TN every time. once per year ETIAA will be bringing Mobile Intergroup.

**Treasurers Report: Pete** Financials are in good shape. Financial report was reviewed. Bryan made a motion to accept and Dave S. 2<sup>nd</sup> – motion passed

**Corrections Report: Marian** Visited district 6 June Let them Know Intergroup is available for support.

**Hotline: Bryan** Volunteer stepped down. Bryan reached out and within 10 minutes had 2 volunteers. Always looking for backup volunteers. All slots currently filled.

**Office Service Workers: Dave** One worker stepped down. Position has been filled.

**Archives: Bobbie** Absent

**Website: Amy** Need to add pages to website. Chat GPT made 9 referrals to site. Asked for groups to update info.

**CPCPI: Robert Absent**

**Treatment: Jacque** June 4<sup>th</sup> District 6. July 26 District 2

**Outreach: Ken** Chris visited Extravagant Promises. New meeting in Lenoir City Sundays at 7:00 pm looking for support. It is already on the meeting guide.

**Events: Position:** Sheena was nominated by Bryan to be Events Chair, Dave 2nd. Motion passed

**Mobile Intergroup: Cher** District 3 family picnic June 28, Welcome dinner Kingsport Aug 21. Need Volunteers to help.

**Accessibilities: Colleen** Contacted District 4. They currently do not have an Accessibilities committee. Shared our documents that have been created.

## **Old Business:**

Voting via email is not per our bylaws. Transparency is paramount. Votes need to be taken at the meeting where all groups have the opportunity to have their voice heard and vote counted. Hence the importance of the Intergroup Representative position among groups.

The Rush and Relax meeting was visited by District 3 DSM and a member of the Intergroup committee. It is held in the back of a dispensary. You have to walk through the store where cannabis products are sold. After much discussion it was motioned by Dave to remove the meeting from the meeting guide app. Bryan 2<sup>nd</sup> and the motion passed. The meeting founder and the owner of the establishment are invited to next to months meeting to state their case to be reinstated to the app.

## **New Business:**

New phones need to be purchased for the office. Dave made a motion to spend up to \$200 on new phones. Cher 2<sup>nd</sup> motion passed.

Sheena Requested \$3500.00 for the Decades Birthday party. To cover expenses including flying in a speaker. Dave made a motion for the \$3500 to be granted. Bryan 2<sup>nd</sup> . Motion passed

Dawn has made flyers explains the many things intergroup does and how your group can participate. Intergroup committee members will help get them out.

Dave made motion to close. Bryan 2<sup>nd</sup> .

Closed with The Lords Prayer

## New Meetings:

NEW MEETING NAME	DAY/TIME	LOCATION
Happy Destiny II Women's Meeting	Thursday @ 7:30pm Starting on April 2 <sup>nd</sup>	Happy Destiny; 325 Whitecrest Dr, Maryville, TN 37801
Extravagant Promises	Sunday @ 7pm	Bell Avenue Baptist Church 902 Bell Ave, Lenoir City, TN 37771
Friendsville Fellowship	Wednesday @ 11am	Union Grove United Methodist 1151 Lane Dr, Friendsville, TN 37737
Women's New Way	Monday @ 7:30pm	Flatiron V (Alano Club) 710 Maryville Pike, Knoxville, TN 37920
Friendsville Fellowship *New Location*	Wednesday @ 11:30am	Friendsville Community Center, 105 Homecoming Cr., Friendsville, TN
Back to Basics *New Location*	Saturday @ 7pm; Wednesday @ 4:30pm; First Sat of the month; Food @ 6:30 Birthdays-Speaker	Clinton Church of God, 635 Hillcrest St.; Clinton, TN 37716
Secret City Sisters *New Location*	Thursday @ 5:30pm	Clinton Church of God, 635 Hillcrest St.; Clinton, TN 37716
Fountain City Serenity Group *Time Change Effective 6/1/26*	Monday, Wednesday, Friday @ 7:30pm	Fountain City Methodist, 212 Hotel Rd, Knoxville TN 37918
Norris Early Risers Big Book Meeting	Thursday @ 7am	St. Francis Episcopal Church 154 W Norris Rd, Norris TN 37828
Sandy Beaches Group *Time Change*	Friday @ 5:30pm	St. John's Episcopal 500 N Roan St, Johnson City TN 37601
Oneida Scott County	Wednesday @ 12pm	Highway 27 Unity Club, 17737 S Alberta St, Oneida, TN 37841
Oneida Scott County	Wednesday @ 12pm	Highway 27 Unity Club, 17737 S. Alberta St, Oneida, TN 37841

**Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to [manager@etiaa.org](mailto:manager@etiaa.org)**

### Twelve-And-Twelve Study // The Primary Purpose Group

If you are looking for a 12-and-12 Study Group, the Primary Purpose Group meets each Friday night at 8PM, at Erin Presbyterian Church on Lockett Rd, just off of Bearder Hill in Knoxville TN.

### East Tennessee AA Birthdays Reported to Intergroup

**July 3 — Preston K.;** Monday Night Men's Group..... 2 years  
**July 4 — David S.;** Monday Night Men's Group..... 2 years  
**July 10 — Paul W.;** Monday Night Men's Group .....11 years  
**July 12 — Marian;** .....39 years  
**July 19 — Cliff G.;** Monday Night Men's Group ..... 2 years  
**July 30 — Courtney;** ..... 7 years

}

**63 years of Sobriety**

# BACK TO BASICS GROUP

635 HILLCREST ST.

CLINTON, TN

SPEAKER

## BRIAN D.

### SATURDAY, JULY 4TH

Potluck &  
Literature Raffle

Bring your favorite 4<sup>th</sup>  
of July dish or snack!

6:30 PM  
Fellowship & Food

7:00 PM  
**Speaker**

8:00 PM  
Annual June  
Birthdays  
Recognition



Explosive Evening of Recovery



**Intergroup  
Birthday Bash / Decade**

**Party**

**Planning Committee Meeting**

**MEETING SCHEDULE**



Sunday, July 19th @ 5:00 PM

Sunday, August 2nd @ 5:00 PM

Sunday, August 16th @ 5:00 PM

Sunday, August 30th @ 5:00 PM

★ Sunday, September 13th @ 3:00 PM ★

Sunday, September 27th @ 5:00 PM

Sunday, October 4th @ 5:00 PM



**LOCATION**

The Intergroup Office  
9217 Park West Blvd.  
Knoxville, TN 37923



**QUESTIONS? CONTACT US:**

Sheena Wells (Event Chair) – 865-803-1183

Patty Fiendel (Event Co-Chair) – 626-676-8451



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# District 4 Corrections

Will YOU help carry the AA message  
to those incarcerated in Blount, Sevier & Loudon?

Learn more & get involved at:

## Committee Zoom Meetings

6:30pm Odd Month 3rd Thursdays

May 21, July 16, Sept 17, Nov 19

ID: 771 0571 3131. Pass: D4C

## Workshop

Speaker panel, Q&A and pizza

Sat May 9 @ 12-3pm

Pigeon River Club

240 Pigeon River Rd, Sevierville, TN

## 2026 Volunteer Training Dates:

### ***Blount County Jail:***

April 7, July 9 & Oct 8 @ 6-9pm

920 E Lamar Alexander Pkwy, Maryville TN

### ***Sevier County Jail:***

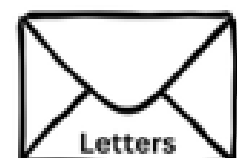
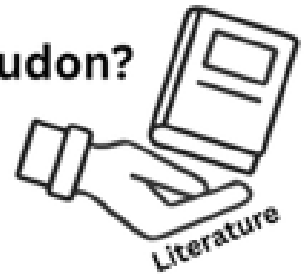
March 26 & 27 @ 9am & 1pm

106 W Bruce St, Sevierville TN

**For more info:** [D4CorrectionsA64@gmail.com](mailto:D4CorrectionsA64@gmail.com)

Sarah M - 2026 District 4 Corrections Chair - (727) 642-0591

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# THE KEYS OF THE KINGDOM !



Please bring your bedding, pillows, towels soap, shampoo, etc.

## S.M.A.A.C.C.

Motorcycles are not Required but are welcome

### Southern Motorcyclists in Alcoholics Anonymous Camping Convention XIII

**WHEN:** Aug 20-23, 2026 **AT:** Newton Ford Bunkhouse

**WHERE:** Fall Creek Falls State Park, Pikeville, TN

**Registration:** \$75, Register before July 1<sup>st</sup>, you get a free \$20 Tee Shirt. The Registration fee will cover meals and lodging.

**To Preregister with CASHAPP:** Pay: [\\$\\$MACC931](#) on Cash App

**T-SHIRTS:** M, L, XL, 2X use Pay: [\\$\\$MACC931](#) on Cash App to preorder.

**Speakers:** **Raymond N. New York – Marian G. Tennessee – Curtis J. Kentucky**

**Workshops:** “Spirituality” Jimmy K. – Curtis J.

“To Be Announced”

**Contacts:** Don R. (931) 239-1523 or Ted S. (423) 619-3772



#### PLEASE PRINT LEGIBLY – THANK YOU

Name \_\_\_\_\_ AA  Alanon  Other

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Sober Date \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Like to volunteer?  Special Needs? \_\_\_\_\_ Shirt Size \_\_\_\_\_

Registration: \$ \_\_\_\_\_ Donation \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Mail to: SMAACC, 370 South Lowe Ave., Box 242, Suite A, Cookeville, TN 38501

# WE HAVE MOVED



## OUR NEW LOCATION

Back to Basics Group  
Clinton Church of God  
(backside of W. Webb Bldg.)  
635 Hillcrest St.  
Clinton, TN 37716

**BACK TO  
BASICS**



Use camera on QR code – will list B2B AA meetings on the meeting guide app. [www.etiaa.org](http://www.etiaa.org)

*Area 64  
DISTRICT 01  
Business meeting  
has MOVED!*

**WHERE?**

*THE PROSPECT CENTER  
1425 E Center St.  
Kingsport, TN 37664*

**WHEN?  
11A-1P**

**Every 1st Sat. of the odd month  
Remaining 2026 schedule:**

**\*June 27\* (for July 4)**

**\*September 05\***

**\*November 07\***



SAVE *The* DATE  
**District 01 Picnic**

FOOD, FUN &  
FELLOWSHIP

~Guest Speaker~  
Area 64 Alternate Delegate

***Char B.***

---

**09.26.26**

---

TIME: TBA

WHERE: LAUREL RUN PARK  
364 Laurel Run Park Road  
Church Hill, TN 37642

# SMOKY MOUNTAIN CONFERENCE



## THE SPIRITUAL LIFE IS NOT A THEORY

REGISTER  
NOW!

**\$40**

REGISTRATION



JANUARY 29-31, 2026



PIGEON FORGE,  
TENNESSEE



THE RAMSEY HOTEL  
& CONVENTION CENTER

ONLY  
**\$133**  
PER NIGHT  
(BREAKFAST INCLUDED)



### SPEAKER LINEUP

- Don L. BELLINGHAM, WA
- Amy D. LOUISVILLE, KY
- Larcine G. (AFG) HAWTHORNE, CA
- Peter M. BOCA RATON, FL
- Marion M. BOCA RATON, FL
- John E. LEBANON, TN



### YOUR STAY INCLUDES:



Hot Breakfast Daily



Complimentary Wi-Fi



Fitness Center Access



Free Parking



REGISTER & LEARN MORE

**SmokyConference.com**



865-428-2700  
Reserve by calling



SmokyConference.com  
Register & learn more

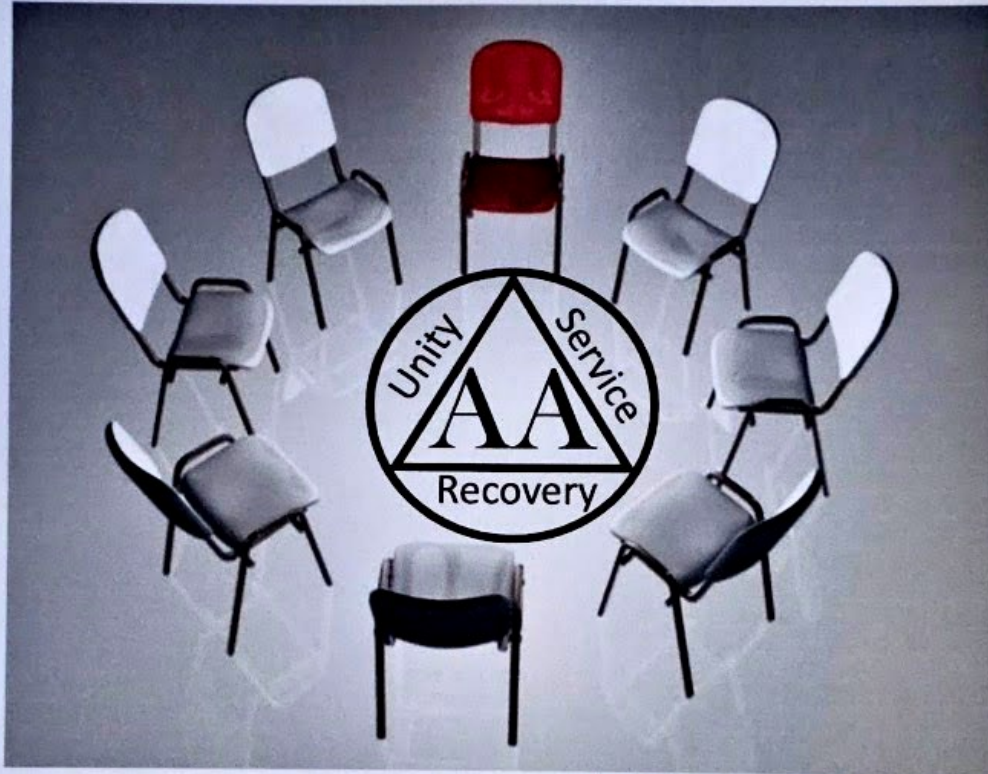


3230 Parkway  
Pigeon Forge, TN 37863

# The Sober Solutions Group

Est'd. 09/11/2025

*"You Don't Know what you don't Know"*



*It's Easier TOGETHER*

Sundays & Thursdays  
7:00-8:00PM  
Open Discussion Meeting

Join US At:  
Pleasant Hill UMC.  
195 Pleasant Hill Rd,  
Bulls Gap TN

**NEW SUNDAY MEETING**  
Starting 2/22/2026

# **The District 4 Treatment Committee**

wants to connect with  
AA Members and Groups

## ***Here is how your group can help.***

- Do you know of any local treatment centers in need of AA meeting support?
- Are any of your group members interested in carrying the message to treatment centers or other recovery facilities?

Our goal is to build awareness, share opportunities for service, and enhance AA accessibility for those in treatment programs or other recovery facilities.

Please reach out if you would like more information or would like to get involved.

**Boomer 865-681-2413**

**Cris E 865-995-8844**

**Jill M 865-660-4658**

***“I am responsible. When anyone, anywhere reaches out for help,  
I want the hand of AA always to be there.  
And for that: I am responsible.”***

# Maryville



## 12 Step Group

*An Open Meeting of Alcoholics Anonymous*

**Meets every Sunday at 7pm**

*The meeting is back at this address  
starting November 9!*

**Blount Memorial Hospital  
907 E. Lamar Alexander Pkwy  
Maryville, TN**

**Meeting is in the Auditorium -  
ground floor of hospital**

**Contact Bill T with questions 865-314-1261**



# THE 955 GROUP



Closed AA Meeting

**SUNDAY  
MORNINGS  
9:55-11:00**

**THE BIRDHOUSE  
NEIGHBORHOOD  
CENTER**

**800 N 4<sup>TH</sup> AVE.  
KNOXVILLE, TN**

CALLED ON  
PARTICIPATION  
FOLLOWED BY  
SPEAKER



★ ——— COME EARLY FOR FELLOWSHIP! ——— ★

*On The Lighter Side*



her: I bet he's thinking about other girls

him: I wonder if the people that work at the liquor store think I died

Old age has come at a bad time, just as I was beginning to know everything, I'm now forgetting everything I knew.



## Points To Ponder



There is a future version of you absolutely begging you to enjoy where you are right now.

**Me trying to fix my life:**



## 7 Rules of Life

- 1. Make peace with your past**  
so it won't disturb your future.
- 2. What other people think of you**  
is none of your business.
- 3. The only person in charge**  
of your happiness is you.
- 4. Don't compare your life to others,**  
comparison is the thief of joy.
- 5. Time heals almost everything.**  
Give it time.
- 6. STOP thinking so much.**  
It's alright not to know all the answers.
- 7. Smile.**  
You don't own all the problems in the world.