



# EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

*Without unity, the heart of A.A. would cease to beat . . . — Bill W.*

AUGUST 2026



Volume 50; Issue 8

## Intergroup News for August

Does your home group have an Intergroup Representative?

The Intergroup Representative serves as your Home Group's voice to ensure that the Intergroup Service Office functions effectively and carries out its Primary Purpose. Representatives facilitate two-way communication between their Home Group and Intergroup.

Meetings are held monthly on the **3rd Monday, except when it falls on a holiday.**

More information can be found at <https://www.etiaa.org/service/intergroup-representative/>

Our web master is working diligently to get our meetings current data and contact information. Please check your email for contact and look at your meetings online or the app to be sure it is current. If there are changes or updates, you can request those from the app or website. Email requests can be made at [manager@etiaa.org](mailto:manager@etiaa.org). Please include your phone number in case we need to reach out.

— *Dawn W.*

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## Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to [manager@etiaa.org](mailto:manager@etiaa.org) Subject line: **Newsletter!**

### Office Service Workers

|        |          |
|--------|----------|
| Robin  | Stephany |
| Dave S | Cathy    |
| Dave R | Bob      |
| Joan   | Peggy    |
| Amy    | Mary     |
| Glenn  | Sara     |
| Jill   | Beth     |
| Pete   | Ulrich   |
| Bruce  | Angie    |
| Gerald |          |

### Hotline

|          |
|----------|
| Anna     |
| Bill     |
| Bob      |
| Brad     |
| Bryan    |
| Chris    |
| Emily    |
| Ericson  |
| Javon    |
| Johnnie  |
| Lee Anne |
| Miles    |
| Rebekah  |

### Intergroup Board

|          |         |
|----------|---------|
| Dave S   | Amber   |
| Barb     | Marian  |
| Jacque H | Fawn    |
| Jack F   | Mel     |
| Susie    | Allison |
| Jimmy    | Amber   |
| Becky    | Ken     |
| Scott    | Letha   |
| Sarah    | Jim     |
| Tiffany  | Nathan  |
| Bryan    | Talia   |
| Dennis   |         |

### Website

|          |
|----------|
| Amy      |
| Sterling |
| Eammon   |

### Spanish Liaison

Julissa



## Wisdom From The Rooms

**"One of the primary differences between alcoholics and non-alcoholics is that non-alcoholics change their behavior to meet their goals and alcoholics change their goals to meet their behavior."** ~ *Window Of Opportunity* - page 423 - 4th edition Big Book

An AA black belt is simply a white belt who kept showing up. – Bill S.

I'm a prisoner of people whom I don't forgive" — *Ralph B.*

"God guide me and love me, so that I may guide and love others, and allow them to guide and love me". —John H. (Buffalo Men's Virtual Mtg)

"I only need one meeting a week, but I don't know which day, so I go every day." — *Walter M. Dothan, AL*

"When the pain behind me got stronger then the fear in front of me, only then was I willing to do something." — Unknown



Nothing teaches you gratitude  
like having walked through  
something hard - knowing that  
at any given time, your whole  
world could come crashing down  
and change again.

I am thankful for  
a past that couldn't  
destroy me.

A present that still  
looks for miracles.

And a future that  
is secure, not because  
I'm holding it all  
together but because  
God is.

ullie-kaye



## DISTRICT MEETINGS

**District 1** Typically meets the first Saturday of odd months @11am at the Prospect Center, 1425 East Center Street, Kingsport, TN 37664.

**District 2** meets the fourth Sunday of the month @2:00pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

**District 3** meets the third Sunday of the Month @2:00pm at Fairmont.

**District 4** meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

**District 50/51** meets the first Monday of the month @6:30pm at the Intergroup Office.

**District 6** meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

**Intergroup Committee** meets at 6:30pm, the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

### Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

#### East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

[Manager@etiaa.org](mailto:Manager@etiaa.org)

[www.etiaa.org](http://www.etiaa.org)

Date: \_\_\_\_\_ \*First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ \*Phone \_\_\_\_\_

\*City \_\_\_\_\_ \*State \_\_\_\_\_ \*ZIP \_\_\_\_\_ Sex \_\_\_\_\_

E-mail address \_\_\_\_\_ Alternative Phone \_\_\_\_\_

\* Required for listing in 12<sup>th</sup> Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

#### Volunteer Service Options

Check only those you are willing to commit time to:

##### 12<sup>th</sup> Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

##### Phones Night & Weekend

☐ Weeknights

☐ Weekends

#### Committees of Interest

Check only those you are willing to serve on:

- ☐ Public Information / Cooperation with the Professional Community
- ☐ Intergroup Representative
- ☐ Office Worker
- ☐ Archives
- ☐ Outreach
- ☐ Spanish Liaison

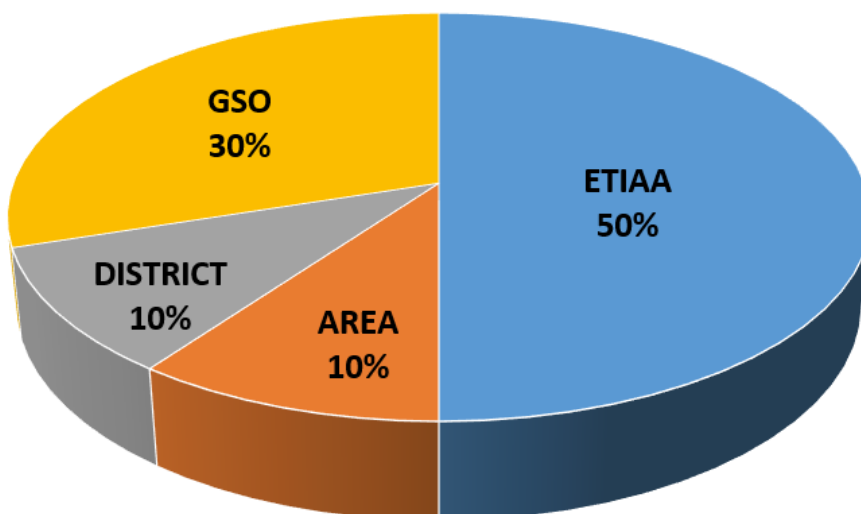
## 7TH TRADITION SUGGESTED CONTRIBUTIONS

### How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: [www.aa.org/assets/en\\_US/f-3\\_selfsupport.pdf](http://www.aa.org/assets/en_US/f-3_selfsupport.pdf)]



***Every AA group ought to be fully self-supporting, declining outside contributions.***

### Contribution Addresses

**ETIAA East Tennessee  
Intergroup of AA**  
9217 Park West Blvd #B3  
Knoxville, TN 37923  
865-522-9667 [www.etiaa.org](http://www.etiaa.org)

#### **New ways to contribute:**

Paypal Manager@etiaa.org or  
865-320-8649  
Zelle Manager@etiaa.org or  
865-320-8649  
Venmo @ETIAA

**General Service Office**  
P.O. Box 2407  
James A. Farley Station  
New York, NY 10116-2407  
[www.aa.org](http://www.aa.org)

**The GSO prefers online contributions**

**Area 64 Assembly**  
2500 Murfreesboro Pike  
Suite 105 Box 235  
Nashville, TN 37217  
[www.area64assembly.org](http://www.area64assembly.org)

**District 1 Treasurer**  
Barb Sapp  
4137 Skyland Dr,  
Kingsport, TN 37664

**District 2 Treasurer**  
PO BOX 1872  
Johnson City, TN 37605

**District 3 Treasurer**  
Mike Johncox  
3121 Three Springs Rd  
Whitesburg TN 37891

**District 4 Treasurer**  
P.O. Box 6642  
Maryville, TN 37802

**District 6 Treasurer**  
Sara L.  
173 Keller Road  
Harriman, TN 37748

#### **NEW ADDRESSES**

**AA District 50/51 Treasurer**  
9217 Park West Blvd  
Suite B-3 (ETIAA)  
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

## Intergroup Financial / Contributions Report

| GROUPS DONATING                 | Jun '26  | Jul '25—<br>Jun '26 | GROUPS DONATING             | Jun '26           | Jul '25—<br>Jun '26 |
|---------------------------------|----------|---------------------|-----------------------------|-------------------|---------------------|
| 1ST THINGS 1ST KNOXVILLE        | 1,395.48 | 2,777.72            | MARYVILLE 12 STEP           |                   | 130.00              |
| 4-WAY GROUP                     |          | 375.00              | MEMORIAL RECOVERY           |                   | 430.41              |
| A FRESH START                   |          | 25.00               | METRO GROUP                 |                   | 760.00              |
| AGE OF MIRACLES 727042          |          | 30.00               | MICHAEL DECILLA             |                   | 10.00               |
| ALPHABET SOUP GROUP             |          | 35.00               | MONDAY NIGHT MEN'S          |                   | 1,081.50            |
| AREA 64 HOST COMMITTEE          |          | 390.00              | NEW BEGINNINGS KNOXVILLE    | 450.00            | 1,350.00            |
| BACK TO BASICS- OAK RIDGE       | 25.00    | 50.00               | NORRIS CLINTON GROUP        |                   | 300.00              |
| BLOUNT COUNTY GROUP             |          | 362.50              | NORRIS GROUP                |                   | 30.34               |
| BREAKFAST CLUB                  |          | 228.50              | NORTH GATLINBURG            |                   | 620.75              |
| CARING AND SHARING              | 100.00   | 200.00              | PHOENIX GROUP               |                   | 1,916.56            |
| COLONIAL GROUP                  |          | 1,150.00            | PRIMARY PURPOSE- OAK RIDGE  |                   | 926.00              |
| COLONIAL HEIGHTS                | 50.00    | 233.65              | RISING FROM THE ASHES       |                   | 206.14              |
| CONCORD GROUP                   |          | 69.95               | RIVERSIDE GROUP             |                   | 256.62              |
| CONTRIBUTION JAR                |          | 140.71              | ROANE COUNTY UNITY          | 171.00            | 1,171.00            |
| COOKIE GROUP                    |          | 360.00              | Rocky Hill Group            |                   | 320.00              |
| DANDRIDGE UNITY                 |          | 70.00               | SAT. MORNING BIG BOOK STUDY |                   | 1,005.00            |
| Design For Living               |          | 409.92              | SAT.MORNING SERENITY        |                   | 701.00              |
| DISTRICT 50/51                  |          | 360.00              | SEE THE GOOD GROUP          |                   | 53.10               |
| DOWN ON THE RIVER               |          | 480.00              | SERENITY IMPROVEMENT        |                   | 1,000.00            |
| FOUNTAIN CITY SERENITY          |          | 686.33              | SERENITY SISTERS            |                   | 913.84              |
| FRIENDS OF BILL W - LENOIR CITY |          | 300.00              | SEYMOUR SHARING             |                   | 1,030.00            |
| GROUP WITH NO NAME              | 100.00   | 542.00              | SISTERS IN SOBRIETY         |                   | 65.00               |
| GRUPO NUEVA ESPERANZA           |          | 150.00              | SOBRIETY SOCIETY- SO-SO     |                   | 260.00              |
| HAPPY DESTINY                   |          | 875.00              | SPIRITUAL PROGRESS          |                   | 115.00              |
| HAPPY HOUR                      | 502.22   | 1,509.47            | Square Customer             | 75.00             | 1,506.11            |
| HIGH NOONERS-P40                |          | 674.25              | Stepping Through Sobriety   |                   | 90.00               |
| I Am Responsible Mountain City  |          | 215.00              | STEPS FORWARD MAYNARDVILLE  | 300.00            | 600.00              |
| Jaywalkers                      |          | 300.00              | TELLICO VILLAGE             |                   | 475.00              |
| Johnson City Women's Group      |          | 150.00              | TENNESSEE GROUP             |                   | 2,082.50            |
| KEEP LEANING FORWARD            | 69.00    | 415.00              | The Jaywalkers              |                   | 450.00              |
| KNOXVILLE PRIMARY PURPOSE       |          | 350.00              | TRUDGING THE ROAD           |                   | 432.28              |
| KODAK HWY 66                    |          | 100.00              | TUESDAY NIGHT LOUDON        |                   | 100.00              |
| LUNCH BUNCH BRISTOL             |          | 211.67              | WEARS VALLEY GROUP          | 100.00            | 249.34              |
| LUNCH BUNCH- GREENEVILLE        | 300.00   | 1,669.50            | WEST KNOXVILLE GROUP        |                   | 342.50              |
|                                 |          |                     | ZOOM GROUP GREENVILLE       |                   | 228.60              |
|                                 |          |                     | Not Specified               |                   | 125.28              |
|                                 |          |                     | <b>TOTAL</b>                | <b>\$3,637.70</b> | <b>\$37,230.04</b>  |



Intergroup meeting.

7-20-2026

Attendees:

- Dawn- Office Manager
- Zach-HD2
- Jim B-Dist.1
- Dave-Trudging the Rd.
- Dave-Special Workers
- Cher-Mobile intergroup
- Eric-Knoypaa
- Pete-1<sup>st</sup> things 1<sup>st</sup>/treasurer
- Fawn-Chair
- Bill- Friday Night Group
- Mark-Cookie Group
- David- W. Knox
- Amy- Website
- Marian- Corrections/TN Group
- Jacque- Treatment
- Brandon-Secretary
- Brianna-Serenity S.
- Bryan-Hotline
- Robert-CPPCI
- Nathan-Fountain City Group
- Sandie-Sat. BB Study
- Richard- Banquet Table
- Al- 4way Group

**Open:** Serenity Prayer – Tradition 7

**Secretary Report: Brandon** Dave S. made a motion to accept, Jacque 2nd-motion passed

**Managers Report: Dawn** Lots of foot traffic. New phones, computer, and monitor have been purchased for around 900.00

**Treasurers Report: Pete** June in the whole \$2,084.84. Positive outcome for fiscal year. Net revenue \$12,204.46. Dave made a motion to accept and Jacque 2<sup>nd</sup> – motion passed

**Corrections Report: Marian** National Corrections Convention November 12-15 in Salt Lake City Utah. Dave made a motion to fund the correction chair up to \$1500.00 to attend the conference. Jacque 2<sup>nd</sup>. Motion Passed.

**Hotline: Bryan** All Good

**Office Service Workers: Dave** Volunteer needed weekly on Tuesdays from 11:00 to 1:30

**Archives: Bobbie** Absent

**Website: Amy** Lots of updating still needs to be done. Over 200 meetings don not have contact information. Please make sure your meeting is up to date. New website is under construction.

**CPCPI: Robert** Robert would like to step down as chair but would be willing to help on a committee. Position is open if you would like to volunteer.

**Treatment: Jacque** District 4 August 6<sup>th</sup>. Rest of the year is scheduled.

**Outreach: Ken** Visited Newport and Flat Iron

**Events: Position:** Church has been reserved for October 10<sup>th</sup> Decades Party

**Mobile Intergroup: Cher** August 1<sup>st</sup> UMC Kingsport. Always looking for volunteers.

**Accessibilities: Colleen** Looking for someone to take over position

**Old Business:**

Update on removal of meeting guide. The Rush and Relax store has closed. Therefore, no further discussion needed.

**New Business:**

Dave S. Time for office manager raise. In lieu of raise office manager will be able to carry over up to 20 hours of vacation pay.

Pete made a motion to allow manager to carry over 20 hours maximum to the next fiscal year. Jacque 2<sup>nd</sup> motion passed

Dave made motion to close. Robert 2<sup>nd</sup> .  
Closed with The Lords Prayer

## New Meetings:

| NEW MEETING NAME                                               | DAY/TIME                                                                                           | LOCATION                                                               |
|----------------------------------------------------------------|----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| Happy Destiny II Women's Meeting                               | Thursday @ 7:30pm<br>Starting on April 2 <sup>nd</sup>                                             | Happy Destiny; 325 Whitecrest Dr,<br>Maryville, TN 37801               |
| Extravagant Promises                                           | Sunday @ 7pm                                                                                       | Bell Avenue Baptist Church<br>902 Bell Ave, Lenoir City, TN 37771      |
| Friendsville Fellowship                                        | Wednesday @ 11am                                                                                   | Union Grove United Methodist<br>1151 Lane Dr, Friendsville, TN 37737   |
| Women's New Way                                                | Monday @ 7:30pm                                                                                    | Flatiron V (Alano Club)<br>710 Maryville Pike, Knoxville, TN 37920     |
| Friendsville Fellowship<br>*New Location*                      | Wednesday @ 11:30am                                                                                | Friendsville Community Center,<br>105 Homecoming Cr., Friendsville, TN |
| Back to Basics<br>*New Location*                               | Saturday @ 7pm; Wednesday<br>@ 4:30pm; First Sat of the<br>month; Food @ 6:30<br>Birthdays-Speaker | Clinton Church of God,<br>635 Hillcrest St.; Clinton, TN 37716         |
| Secret City Sisters<br>*New Location*                          | Thursday @ 5:30pm                                                                                  | Clinton Church of God,<br>635 Hillcrest St.; Clinton, TN 37716         |
| Fountain City Serenity Group<br>*Time Change Effective 6/1/26* | Monday, Wednesday, Friday<br>@ 7:30pm                                                              | Fountain City Methodist,<br>212 Hotel Rd, Knoxville TN 37918           |
| Norris Early Risers Big Book Meeting                           | Thursday @ 7am                                                                                     | St. Francis Episcopal Church<br>154 W Norris Rd, Norris TN 37828       |
| Sandy Beaches Group<br>*Time Change*                           | Friday @ 5:30pm                                                                                    | St. John's Episcopal<br>500 N Roan St, Johnson City TN 37601           |
| Oneida Scott County                                            | Wednesday @ 12pm                                                                                   | Highway 27 Unity Club,<br>17737 S Alberta St, Oneida, TN 37841         |
| Oneida Scott County                                            | Wednesday @ 12pm                                                                                   | Highway 27 Unity Club,<br>17737 S. Alberta St, Oneida, TN 37841        |

**Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to [manager@etiaa.org](mailto:manager@etiaa.org)**

### East Tennessee AA Birthdays Reported to Intergroup

**Aug 1 — Bill M.;** Monday Night Men's Group..... 6 years  
**Aug 1 — Luke B.;** Monday Night Men's Group ..... 6 years  
**Aug 2 — Elvira;** Trudging the Road, Jefferson City..... 6 years  
**Aug 5 — Bill S.;** Monday Night Men's Group .....38 years  
**Aug 6 — Will S.;** Trudging the Road, Jefferson City..... 3 years  
**Aug 6 — Susie;**.....6 years  
**Aug 8 — Keri.;** .....7 years  
**Aug 13 — Caitlin;** .....17 years  
**Aug 15 — Krissa;** ..... 16 years  
**Aug 16 — John W.;** Monday Night Men's Group ..... 39 years  
**Aug 17 — Chad T.;** Monday Night Men's Group ..... 5 years  
**Aug 19 — Sonja;** ..... 27 years  
**Aug 19 — Ryan B.;** Monday Night Men's Group ..... 7 years  
**Aug 21 — Michael T.;** Monday Night Men's Group ..... 5 years  
**Aug 22 — Tiffany;** Oxford Group ..... 5 years  
**Aug 24 — Jimmy Mac;** ..... 37 years  
**Aug 29 — John;** ..... 4 years

**225 years of Sobriety**

*Intergroup  
Birthday Bash / Decade  
Party*

**Planning Committee Meeting**

**MEETING SCHEDULE**



Sunday, July 19th @ 5:00 PM

Sunday, August 2nd @ 5:00 PM

Sunday, August 16th @ 5:00 PM

Sunday, August 30th @ 5:00 PM



Sunday, September 13th @ 3:00 PM



Sunday, September 27th @ 5:00 PM

Sunday, October 4th @ 5:00 PM



**LOCATION**

The Intergroup Office  
9217 Park West Blvd.  
Knoxville, TN 37923



**QUESTIONS? CONTACT US:**

Sheena Wells (Event Chair) – 865-803-1183

Patty Fiendel (Event Co-Chair) – 626-676-8451



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# District 4 Corrections

Will YOU help carry the AA message  
to those incarcerated in Blount, Sevier & Loudon?

Learn more & get involved at:

## **Committee Zoom Meetings**

6:30pm Odd Month 3rd Thursdays

May 21, July 16, Sept 17, Nov 19

ID: 771 0571 3131. Pass: D4C

## **Workshop**

Speaker panel, Q&A and pizza

Sat May 9 @ 12-3pm

Pigeon River Club

240 Pigeon River Rd, Sevierville, TN

## **2026 Volunteer Training Dates:**

### ***Blount County Jail:***

April 7, July 9 & Oct 8 @ 6-9pm

920 E Lamar Alexander Pkwy, Maryville TN

### ***Sevier County Jail:***

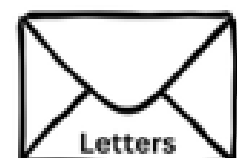
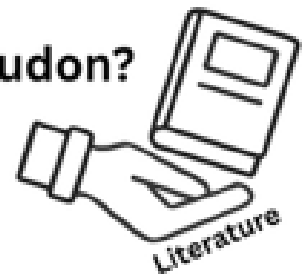
March 26 & 27 @ 9am & 1pm

106 W Bruce St, Sevierville TN

**For more info:** D4CorrectionsA64@gmail.com

Sarah M - 2026 District 4 Corrections Chair - (727) 642-0591

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# THE KEYS OF THE KINGDOM !



Please bring your  
bedding, pillows, towels  
soap, shampoo, etc.

## S.M.A.A.C.C.

Motorcycles  
are not Required  
but are welcome

**Southern Motorcyclists in Alcoholics Anonymous Camping Convention XIII**

**WHEN:** Aug 20-23, 2026 **AT:** Newton Ford Bunkhouse

**WHERE:** Fall Creek Falls State Park, Pikeville, TN

**Registration:** \$75, Register before July 1<sup>st</sup>, you get a free \$20 Tee Shirt.  
The Registration fee will cover meals and lodging.

**To Preregister with CASHAPP:** Pay: \$\$MACC931 on Cash App

**T-SHIRTS:** M, L, XL, 2X use Pay: \$\$MACC931 on Cash App to preorder.

**Speakers:** Raymond N. New York – Marian G. Tennessee – Curtis J. Kentucky

**Workshops:** "Spirituality" Jimmy K. – Curtis J.

"To Be Announced"

**Contacts:** Don R. (931) 239-1523 or Ted S. (423) 619-3772



### PLEASE PRINT LEGIBLY – THANK YOU

Name \_\_\_\_\_ AA ☐ Alanon ☐ Other ☐

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Sober Date \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Like to volunteer? ☐ Special Needs? \_\_\_\_\_ Shirt Size \_\_\_\_\_

Registration: \$ \_\_\_\_\_ Donation \$ \_\_\_\_\_ Total \$ \_\_\_\_\_

Mail to: SMAACC, 370 South Lowe Ave., Box 242, Suite A, Cookeville, TN 38501

# WE HAVE MOVED



## OUR NEW LOCATION

Back to Basics Group  
Clinton Church of God  
(backside of W. Webb Bldg.)  
635 Hillcrest St.  
Clinton, TN 37716

**BACK TO  
BASICS**



Use camera on QR code – will list B2B AA meetings on the meeting guide app. [www.etiaa.org](http://www.etiaa.org)

*Area 64  
DISTRICT 01  
Business meeting  
has MOVED!*

**WHERE?**

*THE PROSPECT CENTER  
1425 E Center St.  
Kingsport, TN 37664*

**WHEN?  
11A-1P**

**Every 1st Sat. of the odd month  
Remaining 2026 schedule:**

**\*June 27\* (for July 4)**

**\*September 05\***

**\*November 07\***



# 79<sup>th</sup> Great Smoky Mountain Recovery Fall Campout

September 17<sup>th</sup> – 20<sup>th</sup>

<https://triplecreekcampground.com/>

*Triple Creek Campground*  
*141 Lower Bogard Rd*  
*Newport TN 37821*  
*423-465-3060*



Open AA and Alanon meetings  
Saturday Potluck lunch (2pm) and  
AA Speakers (3pm):

**Bob and Irene**

Please call early to make your campsite reservation.

All day campers are welcome, but must register  
with the campground prior to the event.

For more information, please call Marci at 865-414-6646.

AREA 64-DISTRICT 01 PRESENTS THE ANNUAL

# PICNIC in The Park



**FOOD - GAMES - SPEAKER-FUN**

**SHELTER#10**

**A.A. SPEAKER AT 1PM**

**ALT DELEGATE CHAR 8. CHATTANOOGA, TN**

**HAPPY, JOYOUS, AND FREE ARE WE!!**

**SATURDAY**

**9-26-26**

**11AM-3PM**

**LAUREL RUN PARK**

**364 LAUREL RUN PARK ROAD**

**CHURCH HILL, TN 37642**

HAMBURGERS, HOT DOGS, AND DRINKS PROVIDED. PLEASE BRING ASIDE OR DESSERT TO SHARE IF ABLE.



SAVE *The* DATE  
District 01 Picnic

FOOD, FUN &  
FELLOWSHIP

~Guest Speaker~  
Area 64 Alternate Delegate

*Char B.*

09.26.26

TIME: TBA

WHERE: LAUREL RUN PARK  
364 Laurel Run Park Road  
Church Hill, TN 37642

# **GIRLS GONE SOBER WOMEN'S BONFIRE**

**SATURDAY, OCTOBER 24**

**ARRIVE AT 5:00 PM - MEETING AT 6:00 PM**

**113 KATHERINE ST. KINGSPORT, TN 37660**

**BRING A BLANKET, CHAIR, SIDES, SNACKS**

**WE WILL ROAST HOTDOGS AND MARSHMELLOWS!**

**WOMEN & CHILDREN ONLY!**



## On The Lighter Side

My emotional support dog after one day with me



When you both know it'll end in disaster but you don't care



Me when I'm alone and the voice in my head says something funny



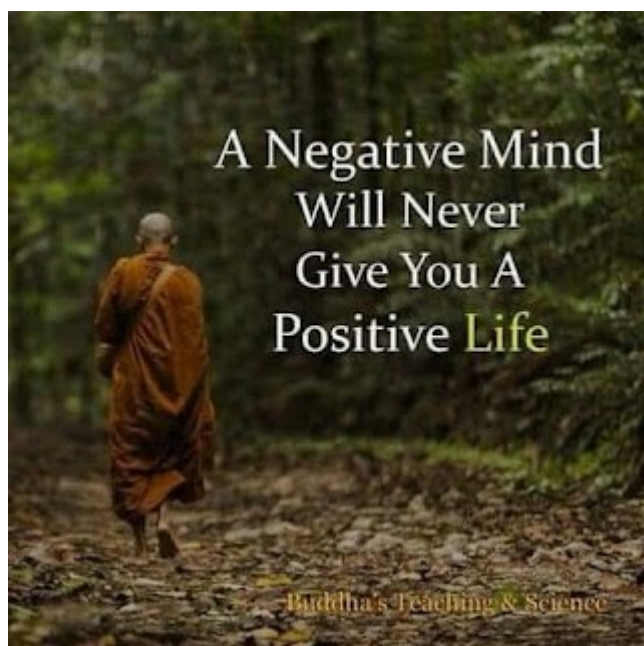
# tomorrow

*(noun)*

a mystical land where 99% of all human productivity, motivation and achievement is stored

# THE SERENITY PRAYER

|                                     |                                                                                                                                                                                                                          |
|-------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GOD .....                           | With the saying of this word, I am admitting the existence of a Higher Power. A being far greater than I.                                                                                                                |
| GRANT .....                         | With the repeating of this word, I am admitting that this Higher Power is an authority who can bestow and give.                                                                                                          |
| ME .....                            | I am asking something for myself. The Bible states that if I ask, it shall be given, it is not wrong to ask for betterment of myself... For with the improvement of my character, people around me will be made happier. |
| SERENITY .....                      | I am asking for calmness, composure, and peace in my life which will enable me to think straight and govern myself properly.                                                                                             |
| TO ACCEPT .....                     | I am resigning myself to conditions as they are right now.                                                                                                                                                               |
| THE THINGS I .....<br>CANNOT CHANGE | I am accepting my lot in life as it is. Until I have the courage to change any part of my life I don't like, I must accept it and not accept it grudgingly.                                                              |
| COURAGE .....                       | I am asking for a quality of spirit to face conditions without flinching.                                                                                                                                                |
| TO CHANGE .....                     | I am asking for conditions to be different.                                                                                                                                                                              |
| THINGS I CAN .....                  | I am asking for help to make the right decisions. Everything is not perfect in my life. I must continue to face reality and constantly work toward continued growth and progress.                                        |
| WISDOM .....                        | I am asking for the ability to form sound judgement in any and all matters.                                                                                                                                              |
| TO KNOW .....                       | I want to be able to understand clearly truths of fact.                                                                                                                                                                  |
| THE DIFFERENCE .....                | I want to see things differently in my life so there can be some distinction. I need to sense a definite value in love over selfishness.                                                                                 |



**Your terrible job  
is the dream of every  
unemployed.  
Your house is the dream  
of every homeless.  
Your smile is the dream  
of the depressed.  
Your health is the dream  
of the ill.  
Your lifestyle is the dream  
of somebody else.  
Don't let difficult times  
make you forget your  
**BLESSINGS.****