



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat . . . — Bill W.

AUGUST 2026



Volume 50; Issue 8

Intergroup News for September

It is almost election time! Service opportunities are available, and you are needed!

All nominees are required to attend at least one meeting to verify their eligibility and willingness to serve before the December elections! The meetings before elections are September 21 st , October 19 th and November 16th. Please attend at least one of these meetings to be eligible to serve on a position. Elections will be held on December 21. Two-year positions available include Vice-Chair, Secretary, Hotline Chair, Archives Chair, Accessibility Chair, Outreach Chair, Treatment Chair and Events Chair. There is a 1-Year Position for CPCPI Chair to also be filled. The requirements are a minimum of 3 years of continuous sobriety.

The Intergroup office will be closed on Monday September 7 in observation of Labor Day.

Fifth Edition Big Book Update: At the July 30 meeting of the A.A. World Services Board, the Publishing Committee recommended, and the full board approved, that the fifth edition hardcover be produced with a removable dust jacket and that a list price of \$20 USD be adopted. We are on track with the production process to publish the hardcover of the fifth edition, updated with 26 new stories of recovery, in February 2027.

— *Dawn W.*

Office Service Workers

Robin	Stephany
Dave S	Cathy
Dave R	Bob
Joan	Peggy
Amy	Mary
Glenn	Sara
Jill	Beth
Pete	Ulrich
Bruce	Angie
Gerald	

Hotline

Anna
Bill
Bob
Brad
Bryan
Chris
Emily
Ericson
Javon
Johnnie
Lee Anne
Miles
Rebekah

Intergroup Board

Dave S	Amber
Barb	Marian
Jacque H	Fawn
Jack F	Mel
Susie	Allison
Jimmy	Amber
Becky	Ken
Scott	Letha
Sarah	Jim
Tiffany	Nathan
Bryan	Talia
Dennis	

Website

Amy
Sterling
Eammon

Spanish Liaison

Julissa

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Submissions

Is your group celebrating Birthdays/Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**



Wisdom From The Rooms

Unsolicited advice is criticism (thanks Chuck B)

"It's easier to eat crow when it's young and tender than when it's old and tough." *David P.* Buffalo Men's Zoom

The object of all growth and all achievement is not to be better than others but to be better able to serve others. —thanks Nancy O'B.

Humility is not a punishment; it is a gift. -- Unknown

The man I was drank. The man I was will drink again.

Truly transforming spiritual experiences are nearly always founded on calamity and collapse.
— AA Co-Founder, Bill W., August 1957, “The Physicians”, The Language of the Heart

When your solution becomes your problem, you've got a **Real** problem!



The ultimate teleportation device



DISTRICT MEETINGS

District 1 Typically meets the first Saturday of odd months @11am at the Prospect Center, 1425 East Center Street, Kingsport, TN 37664.

District 2 meets the fourth Sunday of the month @2:00pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

District 3 meets the third Sunday of the Month @2:00pm at Fairmont.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets at 6:30pm, the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weeknights

☐ Weekends

Committees of Interest

Check only those you are willing to serve on:

☐ Public Information / Cooperation with the Professional Community

☐ Intergroup Representative

☐ Office Worker

☐ Archives

☐ Outreach

☐ Spanish Liaison

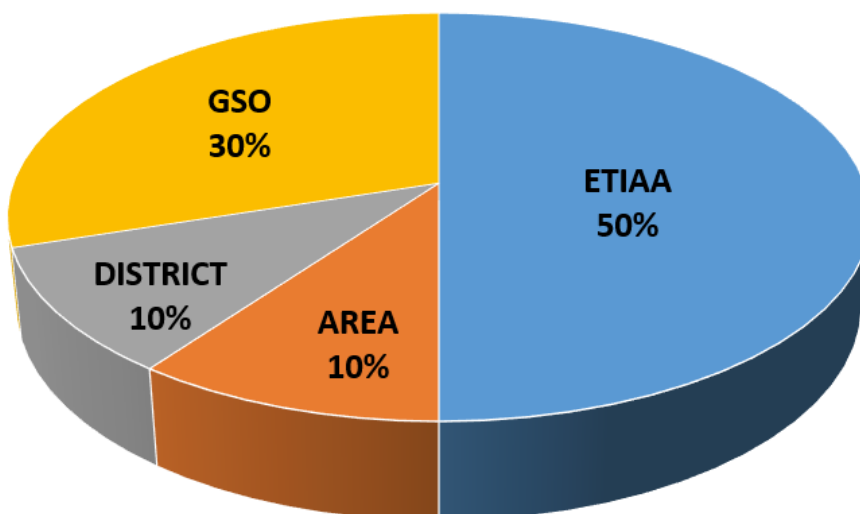
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

ETIAA East Tennessee Intergroup of AA
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or 865-320-8649
 Zelle Manager@etiaa.org or 865-320-8649
 Venmo @ETIAA

General Service Office
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org

The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664

District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
Mike Johncox
3121 Three Springs Rd
Whitesburg TN 37891

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Sara L.
173 Keller Road
Harriman, TN 37748

NEW ADDRESSES

AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Intergroup Financial / Contributions Report

Editorial On The Seventh Tradition (Opinion)

GROUPS DONATING	Jul '26	Jul '26— Jun '27
COLONIAL GROUP	300.00	300.00
CONTRIBUTION JAR	7.00	7.00
COOKIE GROUP	120.00	120.00
DESIGN FOR LIVING	71.68	71.68
FOUNTAIN CITY SERENITY	135.60	135.60
FRIENDS OF BILL W - LENOIR CITY	100.00	100.00
HAPPY DESTINY	100.00	100.00
HAPPY HOUR	893.32	893.32
KEEP LEANING FORWARD	75.00	75.00
METRO GROUP	115.00	115.00
NORRIS CLINTON GROUP	90.00	90.00
NORTH GATLINBURG	226.75	226.75
PHOENIX GROUP	581.00	581.00
PRIMARY PURPOSE- OAK RIDGE	150.00	150.00
SEE THE GOOD GROUP	50.40	50.40
SEYMOUR SHARING	304.50	304.50
SQUARE CUSTOMER	51.00	51.00
TELLICO VILLAGE SERENITY GROUP	100.00	100.00
WEARS VALLEY GROUP	37.50	37.50
TOTAL	3,508.75	\$3,508.75

In a 12-and-12 meeting some years ago, our group was on the Seventh Tradition. After reading the entire chapter aloud, our group then discussed this tradition, how money and spirituality do mix in the basket, the necessity of individual contributions to pay the rent, have coffee for the meeting, have literature, and other things needed to run a meeting.

The discussion started with the inflationary aspect of putting \$1 into the pot is backward looking; the dollar simply does not go as far as it used to. AA's mission and number of members have grown, but contributions have not.

Perhaps every AA member should consider increasing their donations to the pot.

Then an interesting point of view was expressed by one of our members. He spoke of the business concept of "Return On Investment" or ROI. ROI is how any business or investor sees if the investment is profitable or not.

Speaking in terms of AA and the Seventh Tradition, he said that there is no investment company on earth, not a single business or individual, who has a greater ROI than we do in AA.

We may place a dollar, two dollars, or more into the basket at a meeting; but comparing that donation to our reclaimed lives, restored relationships, our abilities to hold down jobs, become responsible citizens, and find a God of our understanding FAR outweigh the small amounts we "invest" when the basket comes around.

And the reverse is true too... if we were to honestly put into the basket what our sober lives are worth, every AA group in the world would be overwhelmed with money and would not know what to do with it.

The ROI in Alcoholics Anonymous, from our donations to the benefits and promises we receive is far greater than any other form of investment on earth.

— Bill S., Friday Night Primary Purpose Group



Intergroup meeting, August 17,2026

Attendees: Dawn- Office Manager; Zach-HD2; Jim B-Dist.1; Dave-Trudging the Rd.; Dave-Special Workers; Cher-Mobile intergroup; Eric-Knoxypaa; Ashe- Sober Pride; Kathy Jo- Design 4 Living; Pete-1st things 1st/treasurer; Fawn-Chair; Scott-So-So Group; Mark-Cookie Group; David- W. Knox; Denise-Serenity Improvement; Marian- Corrections/TN Group; Katie M.- Roamers; Joan- Primary Purpose; Jacque- Treatment; Brandon-Secretary; Ken-Outreach; Bryan-Hotline; Krisa B.- TN Group; Nathan-Fountain City Group; Sandie-Sat. BB Study; Richard- Banquet Table; Al- 4way Group

Open: Serenity Prayer – Tradition 8

Secretary Report: Brandon Pete made a motion to accept, Bryan 2nd-motion passed

Managers Report: Dawn All is good. Waiting on back order. Dawn will be out office Sep. 4th – 16th.

Treasurers Report: Pete Reviewed financial report. Pete will be out next month. Dave will fill in. Marian made a motion to accept and Bryan 2nd – motion passed

Corrections Report: Marian Attended district 1 BBQ. District 3 has no panels going into Hamblin or Jefferson County. Marian will make contact on behalf of ETIAA. Next meeting District 4 September 6.

Hotline: Bryan Full strength

Office Service Workers: Dave All positions currently filled.

Archives: Bobbie Absent

Website: Amy Absent

CPCPI: Position currently open

Treatment: Jacque Met Mike J. District 3 currently taking meetings to West Care, working on getting in Helen Ross McNabb

Outreach: Ken Visited Age in miracles young peoples meeting and Saints We Ain't . Thank you to all the new and current intergroup representatives. Great to see so many groups represented.

Events: Absent

Mobile Intergroup: Cher Next event November 14th . Volunteers needed and a great way for those young in sobriety to get involved.

Accessibilities: Position open

Old Business: No old business

New Business:

Pete- Service workers manual needs to be updated.

Dawn and Dave will update.

Dave made motion to close. Marian 2nd. Motion passed

Closed with We version of Serenity Prayer

New Meetings:

NEW MEETING NAME	DAY/TIME	LOCATION
Happy Destiny II Women's Meeting	Thursday @ 7:30pm Starting on April 2 nd	Happy Destiny; 325 Whitecrest Dr, Maryville, TN 37801
Extravagant Promises	Sunday @ 7pm	Bell Avenue Baptist Church 902 Bell Ave, Lenoir City, TN 37771
Friendsville Fellowship	Wednesday @ 11am	Union Grove United Methodist 1151 Lane Dr, Friendsville, TN 37737
Women's New Way	Monday @ 7:30pm	Flatiron V (Alano Club) 710 Maryville Pike, Knoxville, TN 37920
Friendsville Fellowship *New Location*	Wednesday @ 11:30am	Friendsville Community Center, 105 Homecoming Cr., Friendsville, TN
Back to Basics *New Location*	Saturday @ 7pm; Wednesday @ 4:30pm; First Sat of the month; Food @ 6:30 Birthdays-Speaker	Clinton Church of God, 635 Hillcrest St.; Clinton, TN 37716
Secret City Sisters *New Location*	Thursday @ 5:30pm	Clinton Church of God, 635 Hillcrest St.; Clinton, TN 37716
Fountain City Serenity Group *Time Change Effective 6/1/26*	Monday, Wednesday, Friday @ 7:30pm	Fountain City Methodist, 212 Hotel Rd, Knoxville TN 37918
Norris Early Risers Big Book Meeting	Thursday @ 7am	St. Francis Episcopal Church 154 W Norris Rd, Norris TN 37828
Sandy Beaches Group *Time Change*	Friday @ 5:30pm	St. John's Episcopal 500 N Roan St, Johnson City TN 37601
Oneida Scott County	Wednesday @ 12pm	Highway 27 Unity Club, 17737 S Alberta St, Oneida, TN 37841
Sunday Gathering	Sunday @ 10pm	Montbrook Business Park; 409 Montbrook Lane; Knoxville, TN 37919

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

East Tennessee AA Birthdays Reported to Intergroup

Sep 1 — Donna C.; the Road, Jefferson City..... 38 years
Sep 5 — Angela; 5 years
Sep 5 — Jack T.; Monday Night Men's Group.....40 years
Sep 6 — Rickey Y.; Rockford Group..... 3 years
Sep 7 — Bill R.; Monday Night Men's Group42 years
Sep 8 — Cinnamon;3 years
Sep 12 — Jenna; 7 years
Sep 14 — Bill P.; Monday Night Men's Group.....20 years
Sep 16 — Cory M.; Monday Night Men's Group.....3 years
Sep 18 — Deb; Tellico Group..... 4 years
Sep 19 — Michael P.; Monday Night Men's Group.....20 years
Sep 23 — Marvin S.; Monday Night Men's Group.....24 years
Sep 28 — Robin; 18 years
Sep 14 — Bill P.; Monday Night Men's Group.....20 years
Sep 30 — Chris P.; Monday Night Men's Group.....3 years

247 years of Sobriety

*Intergroup
Birthday Bash / Decade
Party*

Planning Committee Meeting

MEETING SCHEDULE



Sunday, July 19th @ 5:00 PM

Sunday, August 2nd @ 5:00 PM

Sunday, August 16th @ 5:00 PM

Sunday, August 30th @ 5:00 PM

★ Sunday, September 13th @ 3:00 PM ★

Sunday, September 27th @ 5:00 PM

Sunday, October 4th @ 5:00 PM



LOCATION

The Intergroup Office
9217 Park West Blvd.
Knoxville, TN 37923



QUESTIONS? CONTACT US:

Sheena Wells (Event Chair) – 865-803-1183

Patty Fiendel (Event Co-Chair) – 626-676-8451



BACK TO BASICS GROUP

635 HILLCREST ST.
CLINTON, TN

SPEAKER

KAREN W.

SATURDAY, SEPTEMBER 5TH

Potluck & Literature Raffle

Sweet or savory—bring whatever flavor you vibe with.

6:30 PM

Fellowship & Food

7:00 PM

Speaker

8:00 PM

July Birthdays

Good food, great company, pure celebration.

District 4 Corrections

Will YOU help carry the AA message
to those incarcerated in Blount, Sevier & Loudon?

Learn more & get involved at:

Committee Zoom Meetings

6:30pm Odd Month 3rd Thursdays

May 21, July 16, Sept 17, Nov 19

ID: 771 0571 3131. Pass: D4C

Workshop

Speaker panel, Q&A and pizza

Sat May 9 @ 12-3pm

Pigeon River Club

240 Pigeon River Rd, Sevierville, TN

2026 Volunteer Training Dates:

Blount County Jail:

April 7, July 9 & Oct 8 @ 6-9pm

920 E Lamar Alexander Pkwy, Maryville TN

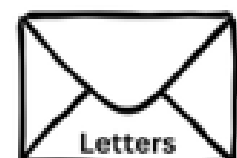
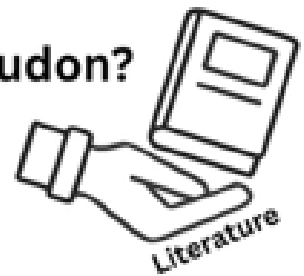
Sevier County Jail:

March 26 & 27 @ 9am & 1pm

106 W Bruce St, Sevierville TN

For more info: D4CorrectionsA64@gmail.com

Sarah M - 2026 District 4 Corrections Chair - (727) 642-0591



THE KEYS OF THE KINGDOM !



Please bring your
bedding, pillows, towels
soap, shampoo, etc.

S.M.A.A.C.C.

Motorcycles
are not Required
but are welcome

Southern Motorcyclists in Alcoholics Anonymous Camping Convention XIII

WHEN: Aug 20-23, 2026 **AT:** Newton Ford Bunkhouse

WHERE: Fall Creek Falls State Park, Pikeville, TN

Registration: \$75, Register before July 1st, you get a free \$20 Tee Shirt.
The Registration fee will cover meals and lodging.

To Preregister with CASHAPP: Pay: \$\$MACC931 on Cash App

T-SHIRTS: M, L, XL, 2X use Pay: \$\$MACC931 on Cash App to preorder.

Speakers: Raymond N. New York – Marian G. Tennessee – Curtis J. Kentucky

Workshops: "Spirituality" Jimmy K. – Curtis J.

"To Be Announced"

Contacts: Don R. (931) 239-1523 or Ted S. (423) 619-3772



PLEASE PRINT LEGIBLY – THANK YOU

Name _____ AA ☐ Alanon ☐ Other ☐

Address _____

City/State/Zip _____ Sober Date _____

Email _____ Phone _____

Like to volunteer? ☐ Special Needs? _____ Shirt Size _____

Registration: \$ _____ Donation \$ _____ Total \$ _____

Mail to: SMAACC, 370 South Lowe Ave., Box 242, Suite A, Cookeville, TN 38501

WE HAVE MOVED



OUR NEW LOCATION

Back to Basics Group
Clinton Church of God
(backside of W. Webb Bldg.)
635 Hillcrest St.
Clinton, TN 37716

**BACK TO
BASICS**



Use camera on QR code – will list B2B AA meetings on the meeting guide app. www.etiaa.org

*Area 64
DISTRICT 01
Business meeting
has MOVED!*

WHERE?

*THE PROSPECT CENTER
1425 E Center St.
Kingsport, TN 37664*

**WHEN?
11A-1P**

**Every 1st Sat. of the odd month
Remaining 2026 schedule:**

***June 27* (for July 4)**

September 05

November 07

3RD ANNUAL LUNCH BUNCH GROUP PICNIC

ALL ARE WELCOME



HARDIN PARK

602 CRESCENT DR

GREENEVILLE, TN 37743

Bring deserts, sides or snacks & lawn chairs

Saturday, September 12 11 - 4pm

Speaker: Shaelyn R – Kingsport, TN at 2 pm



79th Great Smoky Mountain Recovery Fall Campout

September 17th – 20th

<https://triplecreekcampground.com/>

Triple Creek Campground
141 Lower Bogard Rd
Newport TN 37821
423-465-3060



Open AA and Alanon meetings
Saturday Potluck lunch (2pm) and
AA Speakers (3pm):

Bob and Irene

Please call early to make your campsite reservation.
All day campers are welcome, but must register
with the campground prior to the event.
For more information, please call Marci at 865-414-6646.

AREA 64-DISTRICT 01 PRESENTS THE ANNUAL

PICNIC in The Park



FOOD - GAMES - SPEAKER-FUN

SHELTER#10

A.A. SPEAKER AT 1PM

ALT DELEGATE CHAR 8. CHATTANOOGA, TN

HAPPY, JOYOUS, AND FREE ARE WE!!

SATURDAY

9-26-26

11AM-3PM

LAUREL RUN PARK

364 LAUREL RUN PARK ROAD

CHURCH HILL, TN 37642

HAMBURGERS, HOT DOGS, AND DRINKS PROVIDED. PLEASE BRING ASIDE OR DESSERT TO SHARE IF ABLE.



SAVE *The* DATE
District 01 Picnic

FOOD, FUN &
FELLOWSHIP

~Guest Speaker~
Area 64 Alternate Delegate

Char B.

09.26.26

TIME: TBA

WHERE: LAUREL RUN PARK
364 Laurel Run Park Road
Church Hill, TN 37642



EAT and SPEAK

Oct 9, 2026 at 6pm

Rockwood United Methodist Church

801 N. Kingston Ave

Rockwood Tn 37854

6PM Potluck, bring a dish to share " IF" you can

7PM Speaker: Barbara S.

For More Info Call

Barbara at 865-243-0676

GIRLS GONE SOBER WOMEN'S BONFIRE

SATURDAY, OCTOBER 24

ARRIVE AT 5:00 PM - MEETING AT 6:00 PM

113 KATHERINE ST. KINGSPORT, TN 37660

BRING A BLANKET, CHAIR, SIDES, SNACKS

WE WILL ROAST HOTDOGS AND MARSHMELLOWS!

WOMEN & CHILDREN ONLY!





**Changed my alarms to
applause, so I get the
recognition I deserve for
waking up.**



**Some days you gotta make your
own happiness**

**You know that thing in your
mind that tells you when
something is a bad idea?**

How do I get one of those?

**I COMPLETED A CHORE
TODAY THAT I HAVE BEEN
PUTTING OFF FOR 4 WEEKS.**

IT TOOK ME 3.5 MINUTES.

**I WILL LEARN NOTHING
FROM THIS.**

Points To Ponder

An ambulance is noise... until it's at your door. A crying baby is annoying... until you're the one longing for one. Dishes are a chore... until you're eating alone. Your parents stories get old... until you'd give anything to hear them again.

Perspective; The life you're rushing through is the life someone else lost.

Slow down and notice it while you still can.....

I asked a wise man, "Tell me sir, in which field could I make a great career?"



He said with a smile, "Be a good human being. There is a lot of opportunity in this area, and very little competition."