



EAST TENNESSEE INTERGROUP UNITY NEWSLETTER

Without unity, the heart of A.A. would cease to beat . . . — Bill W.

OCTOBER 2026



Volume 50; Issue 10

Intergroup News for October

Decades Party Time!

Saturday Oct 10 ,2026 @ 6pm

Trinity United Methodist Church 5613 Western Ave. Knox, TN. 37921

Bring a Family size covered dish to share

Intergroup has an opening for Wednesdays 11am – 1:30pm starting on October 22nd. Duties include answering phones, coordinating 12-Step calls, selling literature and assisting members and the general public with information about Alcoholics Anonymous. This service position is a great way to meet other members of our Fellowship and to dive into Service Work! You must have 1 year of sobriety, a sponsor, a home group and have worked the 12 Steps. If you are interested and are available to help email manager@etiaa.org.

The 5 th edition of the Big Book has a tentative release date of February 2026. The price will be increasing to \$20. The office is happy to order extra books if your groups would like to have them. Please email manager@etiaa.org with large order requests.

— *Dawn W.*

Office Service Workers

Robin	Stephany
Dave S	Cathy
Dave R	Bob
Joan	Peggy
Amy	Mary
Glenn	Sara
Jill	Beth
Pete	Ulrich
Bruce	Angie
Gerald	

Hotline

Anna
Bill
Bob
Brad
Bryan
Chris
Emily
Ericson
Javon
Johnnie
Lee Anne
Miles
Rebekah

Intergroup Board

Dave S	Amber
Barb	Marian
Jacque H	Fawn
Jack F	Mel
Susie	Allison
Jimmy	Amber
Becky	Ken
Scott	Letha
Sarah	Jim
Tiffany	Nathan
Bryan	Talia
Dennis	

Website

Amy
Sterling
Eammon

Spanish Liaison

Julissa

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Submissions

Is your group celebrating Birthdays/ Anniversaries? Are you? Do you have AA-related questions or myths that East Tennessee Intergroup of Alcoholics Anonymous (ETIAA) can answer for you? Is there an "In Memory" group member to be recognized? We encourage all appropriate submissions by sending them to manager@etiaa.org Subject line: **Newsletter!**



Wisdom From The Rooms

AA is not a self-improvement program. We come here to learn to live with our limitations.

We used to drink to solve the problems we caused while we were drinking. -- Unknown

I think losing yourself in life guarantees finding yourself in God. -- A New Pair Of Glasses.

'It's OK to look back - just don't stare' (*anonymous*) (thanks Vince T.)

"Don't count the days; but, make the days count" - *Preacher Bob*

My actions today may be an important example for a friend. I pray to choose my steps and words wisely. (thanks Bill C.)

You don't have to be well to help someone, but you have to help someone to be well. *Keith G.*



Daily Reflections

LIGHTING THE DARK PAST

Cling to the thought that, in God's hands, the dark past is the greatest possession you have---the key to life and happiness for others. With it you can avert death and misery for them.

ALCOHOLICS ANONYMOUS, p. 124

No longer is my past an autobiography; it is a reference book to be taken down, open and shared. Today as I report for duty, the most wonderful picture comes through. For, though this day be dark---as some days must be---the stars will shine brighter later. My witness that they do shine will be called for in the very near future. All my past will this day be a part of me, because it is the key, not the lock.

From the book Daily Reflections

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DISTRICT MEETINGS

District 1 Typically meets the first Saturday of odd months @11am at the Prospect Center, 1425 East Center Street, Kingsport, TN 37664.

District 2 meets the fourth Sunday of the month @2:00pm at the REBOS Building, 213 E. Maple St., Johnson City 37601.

District 3 meets the third Sunday of the Month @2:00pm at Fairmont.

District 4 meets the first Sunday of **ODD** months @2:00pm at Happy Destiny.

District 50/51 meets the first Monday of the month @6:30pm at the Intergroup Office.

District 6 meets the first Thursday of the month @8:30pm on Zoom Meeting ID: 821 3520 6316 Password: AA.

Intergroup Committee meets at 6:30pm, the third Monday of the month at the Intergroup Office and on Zoom. Meeting ID: 190817 792 Password: 076583.

Want to do Service Work for Intergroup?

Use the form below, OR sign up online here:

<https://www.etiaa.org/contact-us/>

East Tennessee Intergroup of Alcoholics Anonymous – Gratitude With Service form

Return to: ETIAA; 9217 Park West Blvd #B3; Knoxville, TN 37923

865-522-9667

Manager@etiaa.org

www.etiaa.org

Date: _____ *First Name _____ Last Name _____

Address _____ *Phone _____

*City _____ *State _____ *ZIP _____ Sex _____

E-mail address _____ Alternative Phone _____

* Required for listing in 12th Step List

ETIAA UNITY Newsletter Subscription / Renewal (Free subscription for email issues; \$12/year for mailed issues)

Volunteer Service Options

Check only those you are willing to commit time to:

12th Step List Volunteer

☐ Weeknights

☐ Weekends

☐ Weekdays

Phones Night & Weekend

☐ Weeknights

☐ Weekends

Committees of Interest

Check only those you are willing to serve on:

☐ Public Information / Cooperation with the Professional Community

☐ Intergroup Representative

☐ Office Worker

☐ Archives

☐ Outreach

☐ Spanish Liaison

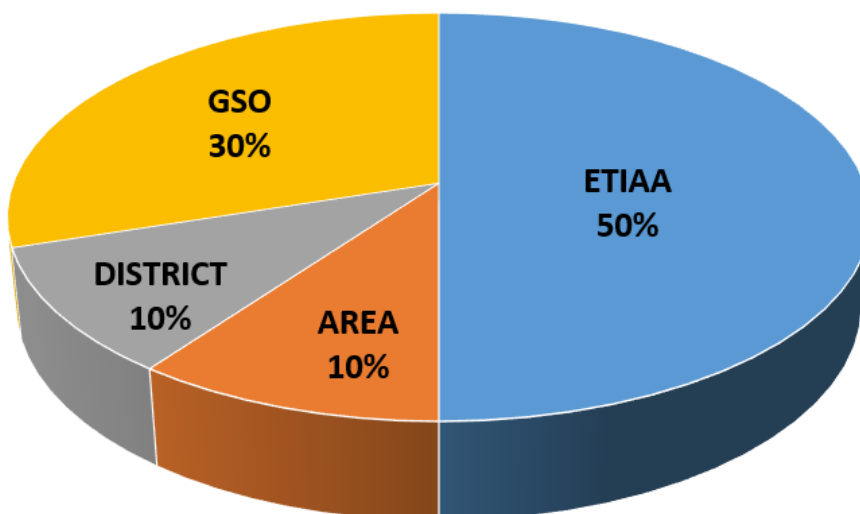
7TH TRADITION SUGGESTED CONTRIBUTIONS

How can groups participate?

To help support AA's essential services, the General Service Conference suggests that individual groups, through an informed group conscience, adopt a specific contribution plan tailored to meet the group's financial situation. Once the basic group expenses have been taken care of (for example, rent, refreshments, AA literature, Grapevine literature, local meeting lists, GSR travel expenses to attend service functions) and a "prudent reserve" has been set aside to cover any emergency contingencies that might arise, the group may decide to further carry the message by sending money to the following AA service entities.

- The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies and serving as a link between the area delegates and the GSRs.
- The area committee, which coordinates vital AA activities over a broad geographic area, sends a delegate to the annual General Service Conference, holds area assemblies to determine the needs of the Fellowship, and provides information at all levels of service.
- The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries, coordination of group activities, AA literature sales, institutions work, public information, and cooperation with the professional community activities.
- AA's General Service Office, which functions as a storehouse of AA information, communicating with members and groups around the world, publishes AA literature, and supplies information and experience to professionals and others interested in AA.

[Self-Support—Where Money and Spirituality Mix. Go to: www.aa.org/assets/en_US/f-3_selfsupport.pdf]



Every AA group ought to be fully self-supporting, declining outside contributions.

Contribution Addresses

**ETIAA East Tennessee
Intergroup of AA**
9217 Park West Blvd #B3
Knoxville, TN 37923
865-522-9667 www.etiaa.org

New ways to contribute:

Paypal Manager@etiaa.org or
865-320-8649
Zelle Manager@etiaa.org or
865-320-8649
Venmo @ETIAA

General Service Office
P.O. Box 2407
James A. Farley Station
New York, NY 10116-2407
www.aa.org

The GSO prefers online contributions

Area 64 Assembly
2500 Murfreesboro Pike
Suite 105 Box 235
Nashville, TN 37217
www.area64assembly.org

District 1 Treasurer
Barb Sapp
4137 Skyland Dr,
Kingsport, TN 37664

District 2 Treasurer
PO BOX 1872
Johnson City, TN 37605

District 3 Treasurer
Mike Johncox
3121 Three Springs Rd
Whitesburg TN 37891

District 4 Treasurer
P.O. Box 6642
Maryville, TN 37802

District 6 Treasurer
Sara L.
173 Keller Road
Harriman, TN 37748

NEW ADDRESSES

AA District 50/51 Treasurer
9217 Park West Blvd
Suite B-3 (ETIAA)
Knoxville, TN 37923

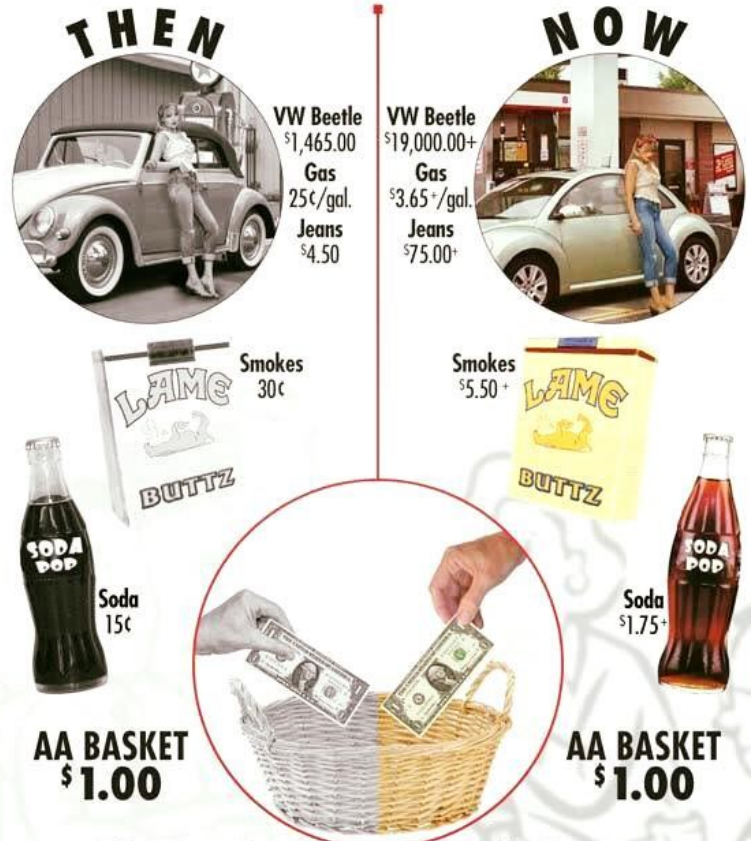
Please mail all District 50/51 contributions to the Intergroup Office. Specify on the check AND on the outside of the envelope that it is for district 50/51.

Intergroup Financial / Contributions Report

GROUPS DONATING	Aug '26	Jul '26— Jun '27
4-WAY GROUP	75.00	75.00
BACK TO BASICS- OAK RIDGE	50.00	50.00
BLOUNT COUNTY GROUP	50.00	50.00
BREAKFAST CLUB	80.00	80.00
COLONIAL GROUP		300.00
CONTRIBUTION JAR	3.00	10.00
COOKIE GROUP		120.00
DESIGN FOR LIVING 000443837		71.68
EXTRAVAGANT PROMISES GROUP	50.00	50.00
FOUNTAIN CITY SERENITY		135.60
FRIENDS OF BILL W - LENOIR CITY		100.00
FRIENDSVILLE FELLOWSHIP	250.00	250.00
HAPPY DESTINY		100.00
HAPPY HOUR		893.32
JOHNSON CITY WOMEN'S AA	125.00	125.00
KEEP LEANING FORWARD		75.00
LUNCH BUNCH- GREENEVILLE	375.00	375.00
METRO GROUP		115.00
MONDAY NIGHT MEN'S	383.50	383.50
NORRIS CLINTON GROUP		90.00
NORTH GATLINBURG 157790		226.75
PHOENIX GROUP		581.00
PRIMARY PURPOSE- OAK RIDGE		150.00
RIVERSIDE GROUP	449.35	449.35
SEE THE GOOD GROUP		50.40
SEYMOUR SHARING		304.50
SQUARE CUSTOMER	20.00	71.00
TELLICO VILLAGE SERENITY GROUP		100.00
THE FAMILY AFTERWARD	240.00	240.00
The Jaywalkers	127.00	127.00
WEARS VALLEY GROUP		37.50
	\$	
TOTAL	\$2,277.85	\$5,786.60

East Tennessee Intergroup of AA fiscal year is July 1 -June 30

Our 7th Tradition: A Perspective



This doesn't add up.

You can do something about it!

The Seventh Tradition states: "Every A.A. group ought to be fully self-supporting, declining outside contributions."

While contributions cover each group's rent and other expenses, the Seventh Tradition is essential at every level of A.A. service. It is both a privilege and a responsibility for groups and members to ensure that not only their group, but also their intergroup / central office, local services, district, area, and the General Service Office remain self-supporting. This keeps A.A. free of outside influences that might divert us from our primary purpose — to help the alcoholic who still suffers.

Where money and spirituality mix is through contributions described in AA.org.

But we do have expenses ... When you "put money in the basket" you support your group and A.A. worldwide:

- Your group gets meeting space
- Phones get answered
- Alcoholic inmates get Big Books
- Professionals get correct information about A.A.
- Loner A.A.s get letters
- Newcomers get literature and meeting lists
- A.A.s around the globe share experience, strength and hope

"I want the hand of A.A. always to be there..."

Self- Support is where money mixes with spirituality.

Intergroup meeting, September 21,2026

Attendees: Dawn- Office Manager; Jim B-Dist.1; Dave-Trudging the Rd.; Dave-Special Workers Eric-Knoxypaa; Ashe- Sober Pride; Kathy Jo- Design 4 Living: Scott-Soso group; David- W. Knox; Marian- Corrections/TN Group; Katie M.- Roamers; Joan- Primary purpose; Troy- Age of Miracles: Bill-Friday Night group; Jacque- Treatment; Brandon-Secretary; Ken-Outreach; Bryan-Hotline Nathan-Fountain City Group; Richard- Banquet Table; Al- 4way Group; Dave- Special workers -Sub chair- Sub treasurer

Open: Serenity Prayer – Tradition 9

Secretary Report: Brandon Bryan made a motion to accept, Eric 2nd-motion passed

Managers Report: Dawn Office is doing well. 5th edition Big Book release set for February. Cost of books will increase to 20.00 per copy. If your group would like to order cases of 4th edition at current price, please contact Dawn. Square has made changes to its tiers offered and will increase to 149.00 a month.

Treasurers Report: Pete Dave for Pete: Contributions are good. Net loss for month. Bryan made a motion to accept and Troy 2nd – motion passed

Corrections Report: Marian Attended district 6 Business meeting, Oct 5th will be attending 50/51

Hotline: Bryan Full strength. Had a question on ASL meeting availability in Knoxville. Working on finding info

Office Service Workers: Dave Position open 1st Monday of every month 11-4 starting February 1st.

Archives: Open position

Website: Amy Absent

CPCPI: Position currently open

Treatment: Jacque District needs assistance for treatment materials. Jacque will supply start up pamphlets to get them rolling.

Outreach: Ken Visited Teliico Village meeting. App will be updated as finding it was difficult. Visited KNOYPAA. Hopeless survivors in Newport is looking to become a group.

Events: Absent

Mobile Intergroup: Cher Absent

Accessibilities: Position open

Old Business: No old business

New Business: No new business

Bryan made motion to close. Brandon 2nd . Motion passed

Closed with We version of Serenity Prayer

New Meetings:

NEW MEETING NAME	DAY/TIME	LOCATION
Happy Destiny II Women's Meeting	Thursday @ 7:30pm Starting on April 2 nd	Happy Destiny 325 Whitecrest Dr, Maryville, TN 37801
Extravagant Promises	Sunday @ 7pm	Bell Avenue Baptist Church 902 Bell Ave, Lenoir City, TN 37771
Women's New Way	Monday @ 7:30pm	Flatiron V (Alano Club) 710 Maryville Pike, Knoxville, TN 37920
Friendsville Fellowship *New Location*	Wednesday @ 11:30am	Friendsville Community Center, 105 Homecoming Circle, Friendsville, TN 37737
Back to Basics *New Location*	Saturday @ 7pm Wednesday @ 4:30pm First Sat of the month Food @ 6:30 Birthdays-Speaker	Clinton Church of God, 635 Hillcrest St. Clinton, TN 37716
Secret City Sisters *New Location*	Thursday @ 5:30pm	Clinton Church of God, 635 Hillcrest St. Clinton, TN 37716
Fountain City Serenity Group *Time Change Effective 6/1/26*	Monday @ 7:30pm Wednesday @ 7:30pm Friday @ 7:30pm	Fountain City Methodist, 212 Hotel Rd, Knoxville TN 37918
Norris Early Risers Big Book Meeting	Thursday @ 7am	St. Francis Episcopal Church 154 W Norris Rd, Norris TN 37828
Sandy Beaches Group *Time Change*	Friday @ 5:30pm	St. Johns Episcopal 500 N Roan St, Johnson City TN 37601
Oneida Scott County	Wednesday @ 12pm	Highway 27 Unity Club, 17737 S Alberta St, Oneida, TN 37841
Sunday Gathering	Sunday @ 10am	Montbrook Business Park 409 Montbrook Lane, Knoxville, TN 37919
Riverside Lunch Bunch	Monday @ 11am	First Church Knoxville 3316 Kingston Pike, Knoxville, TN 37919

Please advise Intergroup if you know of new meetings in the east Tennessee area. Send name of the group, meeting details (place, time, type of group, etc) to manager@etiaa.org

Oct 1 — Davis B.; Monday Night Men's Group.....3 years
 Oct 1 — Paul S.; Monday Night Men's Group34 years
 Oct 1 — Ted F.; Monday Night Men's Group14 years
 Oct 2 — Mike J.; Trudging the Road, Jefferson City..... 42 years
 Oct 4 — Rachel; 11 years
 Oct 5 — Ken L.;21 years
 Oct 12 — Betsy; (No further information available).....
 Oct 18 — Tony B.: Monday Night Men's Group.....9 years
 Oct 19 — Joe S.; Monday Night Men's Group.....44 years
 Oct 21 — Lan J.; Monday Night Men's Group.....3 years

**East Tennessee AA
Birthdays Reported
to Intergroup**

Intergroup Birthday Bash / Decade Party

Planning Committee Meeting

MEETING SCHEDULE



Sunday, July 19th @ 5:00 PM

Sunday, August 2nd @ 5:00 PM

Sunday, August 16th @ 5:00 PM

Sunday, August 30th @ 5:00 PM

★ Sunday, September 13th @ 3:00 PM ★

Sunday, September 27th @ 5:00 PM

Sunday, October 4th @ 5:00 PM



LOCATION

The Intergroup Office
9217 Park West Blvd.
Knoxville, TN 37923



QUESTIONS? CONTACT US:

Sheena Wells (Event Chair) – 865-803-1183

Patty Fiendel (Event Co-Chair) – 626-676-8451



District 4 Corrections

Will YOU help carry the AA message
to those incarcerated in Blount, Sevier & Loudon?

Learn more & get involved at:

Committee Zoom Meetings

6:30pm Odd Month 3rd Thursdays

May 21, July 16, Sept 17, Nov 19

ID: 771 0571 3131. Pass: D4C

Workshop

Speaker panel, Q&A and pizza

Sat May 9 @ 12-3pm

Pigeon River Club

240 Pigeon River Rd, Sevierville, TN

2026 Volunteer Training Dates:

Blount County Jail:

April 7, July 9 & Oct 8 @ 6-9pm

920 E Lamar Alexander Pkwy, Maryville TN

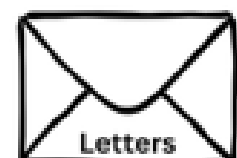
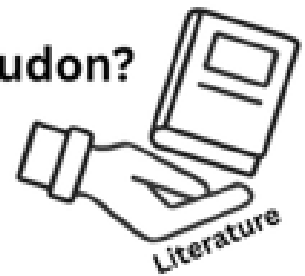
Sevier County Jail:

March 26 & 27 @ 9am & 1pm

106 W Bruce St, Sevierville TN

For more info: D4CorrectionsA64@gmail.com

Sarah M - 2026 District 4 Corrections Chair - (727) 642-0591



THE KEYS OF THE KINGDOM !



Please bring your
bedding, pillows, towels
soap, shampoo, etc.

S.M.A.A.C.C.

Motorcycles
are not Required
but are welcome

Southern Motorcyclists in Alcoholics Anonymous Camping Convention XIII

WHEN: Aug 20-23, 2026 **AT:** Newton Ford Bunkhouse

WHERE: Fall Creek Falls State Park, Pikeville, TN

Registration: \$75, Register before July 1st, you get a free \$20 Tee Shirt.
The Registration fee will cover meals and lodging.

To Preregister with CASHAPP: Pay: \$\$MACC931 on Cash App

T-SHIRTS: M, L, XL, 2X use Pay: \$\$MACC931 on Cash App to preorder.

Speakers: Raymond N. New York – Marian G. Tennessee – Curtis J. Kentucky

Workshops: "Spirituality" Jimmy K. – Curtis J.

"To Be Announced"

Contacts: Don R. (931) 239-1523 or Ted S. (423) 619-3772



PLEASE PRINT LEGIBLY – THANK YOU

Name _____ AA ☐ Alanon ☐ Other ☐

Address _____

City/State/Zip _____ Sober Date _____

Email _____ Phone _____

Like to volunteer? ☐ Special Needs? _____ Shirt Size _____

Registration: \$ _____ Donation \$ _____ Total \$ _____

Mail to: SMAACC, 370 South Lowe Ave., Box 242, Suite A, Cookeville, TN 38501

WE HAVE MOVED



OUR NEW LOCATION

Back to Basics Group
Clinton Church of God
(backside of W. Webb Bldg.)
635 Hillcrest St.
Clinton, TN 37716

**BACK TO
BASICS**



Use camera on QR code – will list B2B AA meetings on the meeting guide app. www.etiaa.org

*Area 64
DISTRICT 01
Business meeting
has MOVED!*

WHERE?

*THE PROSPECT CENTER
1425 E Center St.
Kingsport, TN 37664*

**WHEN?
11A-1P**

**Every 1st Sat. of the odd month
Remaining 2026 schedule:**

***June 27* (for July 4)**

September 05

November 07

COME CELEBRATE THE FOUNDING OF THE SERENITY CLUB

Saturday, October 3, 2026
11:00 A.M – 3:00 PM

Founded in 1982, the Serenity Club moved to its current building in 1989. Over the years hundreds of meetings and thousands of people have found recovery and joy here.

With speakers, a FREE lunch, and a gratitude meeting, this celebration will be just plain FUN!

ANYONE CAN ATTEND – It's family friendly!

11:00 AM – “Long-Timers” Meeting – come hear from folks that have been here since the early days
12:00 PM – Lunch – BBQ and fixin's on us!
1:00 PM – A History of the Serenity Club and drawings
2:00 PM – Gratitude Meeting – share your own stories

*50/50 RAFFLE
GIFT CARD
DRAWING*

BACK TO BASICS GROUP

635 HILLCREST ST.

CLINTON, TN

SPEAKER

GEORGE P.

SATURDAY, OCTOBER 3RD

Potluck & Literature Raffle

Sweet or savory—bring whatever flavor you vibe with.

6:30 PM

Fellowship & Food

7:00 PM

Speaker

8:00 PM

July Birthdays

Good food, great company, pure celebration.



EAT and SPEAK

Oct 9, 2026 at 6pm

Rockwood United Methodist Church

801 N. Kingston Ave

Rockwood Tn 37854

6PM Potluck, bring a dish to share " IF" you can

7PM Speaker: Barbara S.

For More Info Call

Barbara at 865-243-0676

Party Through the Decades

★ 44th Annual ★ Intergroup Birthday Celebration



PLACE: Trinity United Methodist Church
5613 Western Avenue, Knoxville, Tennessee 37921



DATE: Saturday, October 10, 2026



TIME: 6:00 PM – 11:00 PM
Doors Open at 5:00 PM



6:00–7:30 PM — Dinner
7:30–8:30 PM — Speakers: Joe and Katie Valentino
8:30–9:00 PM — Sobriety Countdown
9:00–11:00 PM — Basket Drawings, DJ & Dancing



Buddy's Barbecue, pulled pork, pulled chicken,
and birthday cake will be served.

PLEASE BRING A FAMILY-SIZED SIDE TO SHARE

Choose ONE from the menu below:

Baked Beans • Mac & Cheese • Corn Casserole •
Coleslaw • Potato Salad



DECADE CHALLENGE

Pick a decade with your group • Dress the part •
Donate a themed basket

Raffle & Vote: \$1 each or 6 for \$5

Winning group takes home the custom trophy!

20s
Gangster



50s
Sock Hop



60s
Hippies



70s
Disco



80s
Big Hair



90s
Grunge



2000s
Y2K



Groups RSVP ASAP to
Sheena: 865-803-1183 or Patty: 626-676-8451



GIRLS GONE SOBER WOMEN'S BONFIRE

SATURDAY, OCTOBER 24

ARRIVE AT 5:00 PM - MEETING AT 6:00 PM

113 KATHERINE ST. KINGSPORT, TN 37660

BRING A BLANKET, CHAIR, SIDES, SNACKS

WE WILL ROAST HOTDOGS AND MARSHMELLOWS!

WOMEN & CHILDREN ONLY!



Holiday Luncheon

Townsend's DOWN ON THE RIVER Group



November 8, 2026 after the Noon Meeting

Fried Chicken & Drinks provided; *Please bring a side dish to share.*

“What a great time to gather!”

Meet at St. Francis of Assisi Catholic Church
7719 River Rd, Townsend, TN 37882
12-1 Mtg / 1:10 to 2:30 or so - Luncheon

SMOKY MOUNTAIN CONFERENCE

THE SPIRITUAL LIFE IS NOT A THEORY

REGISTER
NOW!

\$40

REGISTRATION



JANUARY 29-31, 2027



PIGEON FORGE,
TENNESSEE



THE RAMSEY HOTEL
& CONVENTION CENTER

ONLY
\$133

PER NIGHT
(BREAKFAST INCLUDED)



SPEAKER LINEUP

- Don L. BELLINGHAM, WA
- Amy D. LOUISVILLE, KY
- Larcine G. (AFG) HAWTHORNE, CA
- Peter M. BOCA RATON, FL
- Marion M. BOCA RATON, FL
- John E. LEBANON, TN



YOUR STAY INCLUDES:



Hot Breakfast Daily



Complimentary Wi-Fi



Fitness Center Access



Free Parking



REGISTER & LEARN MORE

SmokyConference.com



865-428-2700
Reserve by calling



SmokyConference.com
Register & learn more

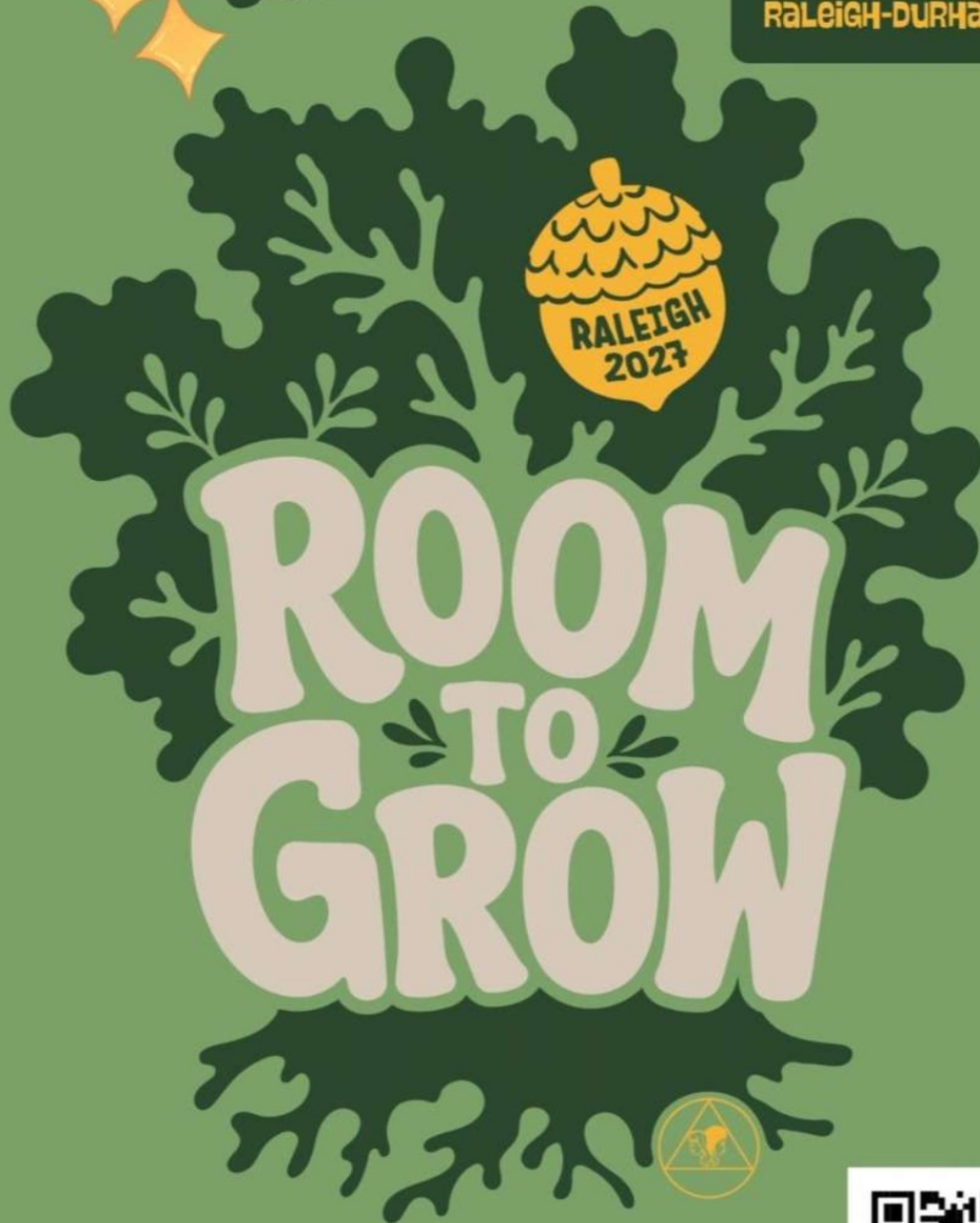


3230 Parkway
Pigeon Forge, TN 37863

SOUTHEAST WOMAN TO WOMAN CONFERENCE

AUG 20-22,
2027

RALEIGH-DURHAM, NC



SCAN TO REGISTER NOW
SEWomanToWoman.org



The problem is
that the younger
me never thought
there would be
an older me!



You never know what
I have up my sleeve.
Today, for example, it
was a dryer sheet.



Points To Ponder

